



Her Baby Wakes up Laughing and Cooing

"I started using Eagle Brand for my five months old baby two months ago. Now she wakes up laughing and cooing and is more than satisfied. No more getting up nights, as she gets only one bottle, going to bed, and no more till 7 a.m. She won a third prize at a recent baby show and I know Eagle Brand helped her to win. She weighed 6 lbs. at birth but is now over 13 lbs. If any mother would like me to tell her about Eagle Brand I would be pleased to do so. I only wish I had known about it sooner as it cannot be too highly recommended."

"Mrs. W. J. P. Ontario."

(Original letter on file)

EAGLE BRAND
CONDENSED MILK

THE BORDEN CO. LIMITED, MONTREAL
Please send FREE Baby Books to

NAME.....
128 ADDRESS.....

BABY'S WELFARE

THIS MILK IS ENTIRELY A MARITIME PROVINCE PRODUCT

CONDENSARY - - - TRURO, N.S.

WOMEN'S COLUMN

SMART SWEATERS ARE VERY COLORFUL

Lightning may not strike twice in the same place, but it seems to strike some place on at least every sweater. The basic colorings are taupe, tan, beige and the other sober shades but violent bands of color hit sweaters and scarfs any and everywhere. Most of these are in diagonal stripes and chevrons, although nearly a half of the garment may be blasted with color. Sleeves offer a special field for these contrasting designs.

SUGGESTIONS FOR THE HOUSEWIFE

Cereals should absorb all the water they are cooked in. If too moist when they are nearly done, cook uncovered for a time.

One half quantity of tart apples, cut fine, and one half quantity of shredded pineapple make a good foundation for a salad, according to Gas Logic. Serve with mayonnaise.

Try this breakfast dish: To an egg well beaten, add one cup of milk dip pieces of stale bread into this and fry in butter until a golden brown.

Cut stale cake into slices, spread preserves between them, place in a deep dish and serve with meringue or whipped cream.

Very tasty crackers may be made by spreading grated cheese on the crackers and then placing them in the oven to brown.

To test potatoes, take two halves and put them together. If they are juicy enough to stick together you have a good potato.

Vegetables that are to be eaten in a raw state should be dipped quickly into boiling water to destroy any germ, and put in cheese cloth and placed directly on the ice to preserve their crispness.

Shin of beef makes a most nourishing soup and the meat can be taken from the pot afterward and served with a horseradish sauce.

The cross rib of beef makes an excellent pot roast, and there is no waste.

DATE BARS

- 1 cup stoned dates
- 1 cup nut meats
- 1 cup powdered sugar
- 2 eggs
- 1 tablespoon melted butter
- 2 tablespoons flour
- 1-4 teaspoon salt

Put dates and nuts through food chopper. Add sugar and beaten eggs and mix well. Add melted butter, lemon juice, flour and salt and mix thoroughly. Spread evenly in a greased shallow pan, having mixture 1-4 inch deep. Bake in a moderate oven 325 degrees F., about 30 minutes. Cut in strips and roll in powdered sugar while hot.

LEMON TAFFY

- 2 tablespoons butter
 - 2 cups sugar
 - 1 tablespoon lemon juice
 - 4 tablespoons water
- Melt butter, remove from heat, add sugar, lemon juice and water.

Severe Colds Always Ended In Bronchitis

Mrs. John Wilson, 143 Mamelon St., London, Ont., writes:—"I have always been troubled with severe colds which always ended in bronchitis, but since taking



Dr. Wood's Norway Pine Syrup

I have no fear of this trouble, as it acted like magic, and the desire to cough was entirely gone. The soothing feeling it imparts to the bronchial tubes is simply wonderful.

"One day my husband came home with a heavy cold, but after a few doses he was entirely free of it."

Price 35c. a bottle; large family size 60c. at all druggists and dealers.

Put up only by The T. Milburn Co., Ltd., Toronto, Ont.

stirring until well mixed. Bring to boiling point and cook until mixture becomes brittle when a little is tried in cold water, or when the temperature of 270 degrees F. is reached. Pour on buttered plate and when cool enough to handle pull until white.

It is customary in almost every family to hold open house some time between Christmas eve and Epiphany. Squares of fruit cake and a hot drink can be served "stand-up" style.

THE OLD YEAR AND THE NEW

The candle is now burning low. That through the year had shed its glow.

Soon Father Time will give a puff—A flicker—ah, wick to snuff.

Like other years that came and went It, too, shall follow as God meant Then a new year will cast its light Where lowly plains reach mountain height.

Each passing year shall lend a trace Where weary feet may walk by grace Ah then, give heed while in the run That we may hear "Well done, well done."

—ALVENA E. WIEMANN in Detroit News.

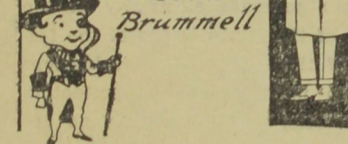
Halifax, N. S., Dec. 27—With a full cargo of automobiles, automobile parts, tractors, newsprint and general freight the Canadian National steamer Canadian Commander sailed from Halifax today for Australia via the Panama Canal. She will be followed in a day or so by the Canadian Conqueror of the same line with similar cargo for Newfoundland. The Canadian Inventor in from St. John sailed from Halifax yesterday with general cargo for London and Antwerp, inaugurating the Canadian National service from this port for the winter season. The Canadian Rancher is due from Saint John to complete loading cargo for Cardiff and Swansea opening that service from Halifax for the winter.

FERGUSON'S SOFT DRINKS

are the Best. Try our
STONE GINGER BEER

F. H. FERGUSON
COR. NORTHUMBERLAND and
BRUNSWICK STREETS

It is bad policy to neglect your appearance
Beau Brummell



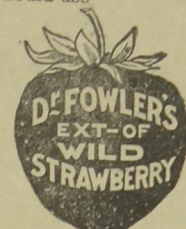
Neglect your appearance and you soon fall into disrepute among your best allies. It is a sure sign of a man going the downward path. As long as we tailor for you your appearance will remain above par.

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Walker Bros., LTD.
Phone 276-41.
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61 CARLETON ST. FREDERICTON

DURING BABY'S TEETHING TIME The Bowels Become Loose

Diarrhoea, dysentery, colic, cramps, etc., manifest themselves; the gums become swollen, and cankers form in the mouth. This is the time when the mother should use



and perhaps save the baby's life. On the market for 80 years. Price, 50c. a bottle at all druggists and dealers.

Cook's Regulating Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO. TORONTO, ONT. (Formerly Windsor).

W. J. IRVINE, L. D. S., D. D. S.

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Best and Most Modern Funeral
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Residence Telephone 1047
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NOWADAYS YOU PRESS A BUTTON

Or perhaps a switch, or some little gadget, and a lot of things happen around home that lighten labor and banish trouble.

A Whirling Fan brings a cooling breeze, and a little copper, dish-like affair throws out a sizzling blast that warms the room in no time.

Another button boils coffee, toasts bread and cooks waffles. Another does a better job than a broom. Another makes a happy laundress out of a dismal washwoman. Another one cools the ice-box. Another—but why go on?

Labor and time saving devices have come and are today within the reach of the humblest home.

And one of the chief reasons why they have come and why they are within the reach of the humblest home is the power of advertising.

Advertising has carried the news of these better ways of doing things to every home. It has created a desire to possess them, and countless thousands have purchased them, and live better because of them.

Reading advertising not only tells you about new, helpful mechanical devices for the home, but it is an unfailing guide to reliable products.

READ ADVERTISING REGULARLY. IT POINTS THE WAY TO BETTER LIVING.

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CHOICE FOR 98c.

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for the Boy or Man is a Useful Gift

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Teaspoons

FOR 50 CENTS

We sell MEN'S HEAVY ALL WOOL WINDBREAKERS, PANTS, SHIRTS and UNDERWEAR.

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RAWLEIGH'S REMEDIES

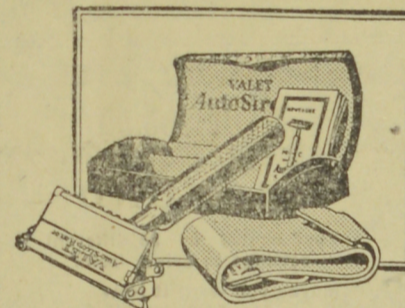
Currie Brothers

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GET A RAZOR

For

25 CENTS



5 cents extra if Postage is required

Valet Auto Strop SAFETY RAZOR

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Enclosed find the sum of Twenty-five Cents for which please send me a Valet Auto Strop Safety Razor and case.

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