

Sealed for You

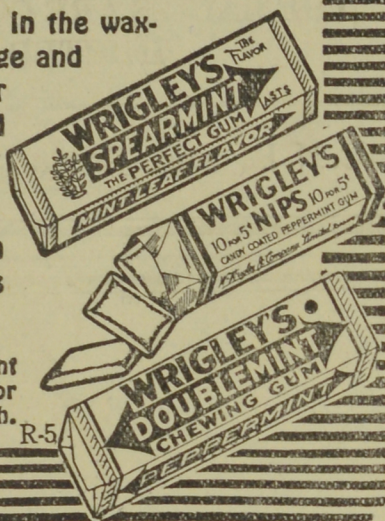
Wrigley's is made of pure chicle and other ingredients of highest quality obtainable.

But it is no use to make WRIGLEY'S 100% in quality and then reach you in poor condition.

So we put it in the wax-wrapped package and SEALED IT TIGHT to keep it good—for you.

Aids digestion—keeps teeth white—helps appetite.

Wrigley's Doublemint is peppermint flavor in double strength.



WOMEN'S COLUMN

HOUSEHOLD HINTS

Soak new sash cords in boiled linseed oil and dry well before putting them up and they will last longer.

Soft collars look like new when ironed on a folded Turkish towel.

Unbleached muslin window shades will help lighten a dark kitchen.

Wash wicker chairs and apply a coat of light oak enamel and they will look like new.

China and glass are not as likely to be chipped when washing them if a Turkish towel is placed in the bottom of the dishpan.

Serve honey dressing on an orange and banana salad.

A pie will cool quickly if placed on a high metal rack.

Add a little butter and salt to peanut butter for use in sandwiches.

Chesee added to the yolks of deviled eggs gives them a pleasing flavor.

Pieces of old velvet make good polishing cloths.

When baking cake do not open the oven door for the first five minutes or it will be apt to fall.

Tea brewed in an earthen pot is superior to that made in a metal one.

A leaky cork for a bottle may be made watertight by soaking a few minutes in salad oil.

Crooked brooms may be straightened by soaking them in hot water and drying in the sun.

For a good mint sauce substitute dissolve a dozen after dinner mints in half a glass of vinegar.

Place jars on a wet cloth when filling with jelly and they will not break.

RAISIN CAKE

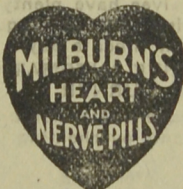
1 cup seeded raisins
1-2 cup hot water
1-2 teaspoon soda
1 1-2 cups light brown sugar
2 tablespoons shortening
2 egg yolks
2 cups cake or pastry flour
2 teaspoons baking powder
Pinch salt
1-2 cup sour milk or buttermilk
Grind raisins and pour over them the hot water to which soda has been added. Cream sugar and shortening together and add beaten egg yolks. Add raisin mixture and flour which has been sifted with baking powder and salt. Add milk and beat well. Bake in layer pans in a moderate oven (350 degrees Fahrenheit) twenty-five minutes.

RAISIN BREAD

4 cups pastry flour
1 teaspoon salt
1 teaspoon soda
2 teaspoons baking powder
1-4 cup shortening
1-4 cup sugar
1 1-2 cups raisins, coarsely chopped
2 tablespoons flour
2 eggs, well beaten

Going Upstairs Had to Sit Down Breath So Short

Mrs. H. Brousseau, Magog, Que., writes:—"For many years I suffered with shortness of breath; then four years ago I had palpitation of the heart, and was so bad I had to sit down two or three times when going upstairs. I read about



so I got a box, and in no time I felt better, so I took three boxes more and I have never had shortness of breath since."
Price 50c. a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

1 1-2 cups buttermilk or sour milk
Sift together the flour, salt, soda and baking powder. Cut in the shortening. Add the sugar, raisins and two tablespoonfuls of flour, lightly mixed. Add eggs to buttermilk or sour milk and stir into the dry ingredients, then beat thoroughly. Turn into a greased pan let stand ten or fifteen minutes then bake in a moderate oven (350 degrees Fahrenheit) for one hour or longer if necessary.

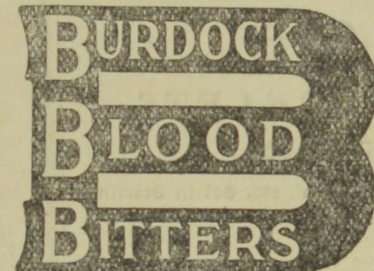
CANDIED SWEET POTATOES

1 teaspoon salt
1 tablespoon butter
6 sweet potatoes (two pounds)
1-2 cup corn syrup
Scrub and pare the potatoes, boil until tender and cut them in halves lengthwise. Put the salt, butter and corn syrup in a baking dish and add the potatoes. Bake in a moderate oven (375 degrees Fahrenheit) about twenty minutes basting once or twice during the cooking.

Mrs. H. V. B. Bridges, wife of the principal of the Normal School and sister of the late Mr. J. Fraser Gregory of Saint John is now in Montreal undergoing medical treatment.

Was Bothered With Severe Headaches Is Not Troubled Now

Mrs. James Rossiter, Riverside, N.B., writes:—"I was bothered with severe headaches, for years, and tried many different medicines, but to no effect. One day a friend told me about



and after I had taken three bottles I found it had done me a world of good. Now I don't know what a headache is like. I certainly have great faith in Burdock Blood Bitters."

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