

TRANSPORTING SPUDS IN THE WINTER MONTHS

(Experimental Farms Note.)

The potato tuber, which is in reality a living plant stem is very sensitive to freezing temperatures and unless considerable precaution is taken to protect it during periods of cold weather, serious injury may result. Therefore, this sensitiveness of the potato tuber should always be carefully borne in mind when transporting potatoes during the late fall and winter months to prevent frost damage. This can be readily achieved by shipping potatoes in cars properly provided with heat. Two types of insulated and heated freight cars are now in general use: the adapted refrigerator with suitable heaters introduced from the outside at each end into the compartments occupied by the brine tank units, and the Eastman Heater—a lined car provided with a heater located under the car. These types are attended to and charged at junction points by the railway staff when heat is required. Heat should be applied to all types of cars six to ten hours prior to loading, during periods of extreme cold weather. Precautions should always be taken, where applicable, to ensure that the false floors and floor racks are thoroughly cleaned, that the throat to the bunker space is positively open to permit free air circulation, that the bulkheads are closed tightly and evenly against the bunkers or tanks, that the ventilator openings in the face of the tanks are opened to permit heated air unrestricted entry into the car, that the hand holes in the bottom of the tanks are opened, that the tanks are clear of ice and water, and that the washout plugs in the corner of car floor and drip openings to the outside are without fail closed and plugged loosely from the outside.

Heavy sheathing paper or pulp paper should be placed over the floor and side walls, and secured with laths to a height of at least three feet. The sheets should overlap at least six inches and be folded carefully over all corners and junction points of the floor and side walls. In the case of refrigerator cars, however, no paper should be placed over the end walls or central floor rack between the side doors. The floor should be bedded with dry hay or straw, leaving the bunker ends free, and exercising due care to prevent its sitting under the racks or false floors. Place side racks or scantlings to prevent the load from touching the sides of the car and in order to provide an air channel. The doors of the car should be carefully fitted and protected on the outside around all the seams by building paper battened with laths. The new refrigerator car equipment of the railways is generally of very good construction and well insulated. Driving nails through the car floors, walls or ceilings destroys the insulation. Such practices cannot be condemned too severely and the shippers and railway companies should co-operate to save this high grade equipment.

HOLLYWOOD STARS POOH AT TALKING FILMS

Hollywood, Nov. 7.—Many motion picture stars do not seem to be perturbed about the new talkies. They believe they are only a fad and will not in the long run affect the silent drama or the actors or actresses of the films.

Some of Scoffers

Clara Bow, Sally Eilers, Emil Jennings, Lionel Barrymore and Cecil De Mille are among those who have said that they do not believe the silent drama will be affected by the new talkies.

Clara Bow said: "They're just a lot of hokey. They can't possibly last. Dialogue will reduce the quality of acting about 50 per cent. If actors must think about what they are going to say they can't give full attention to their performance. A few players in Hollywood might be able to do that. But most of them can't."

Sally Eilers is quoted as follows: "I would like to make a talking picture, although I don't think they will remain popular with the fans. I think the producers are going at this talking business all wrong. They think too much of voice and too little of screen personality and acting ability. If the voice is good all other necessary qualities are forgotten."

A haughty customer entering a restaurant was accosted by the waiter with the question: "Soup sir? Soup sir?"

The customer took no notice and calmly removed his overcoat on which the waiter repeated his question. Becoming angry the man said: "Is it compulsory?"

"No" was the reply; "it's oxtail sir."

Toronto, Nov. 6.—William M. McDonald, charged with theft of \$500,000 in connection with the failure of the Manufacturers' Finance Corporation, of which he was secretary, was today remanded in police court to Nov. 17, on renewed bail of \$100,000.

M. A. Staples of Moncton is in the city today.

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WOMEN'S COLUMN

PRIZE DOUGHNUTS

1 cup sugar
1 egg
Grated nutmeg
1-3 teaspoon salt
3 1-2 cups flour
1 cup sour milk (buttermilk is better)
1 teaspoon soda
2 scant tablespoons lard
Enough more flour to roll
Mix sugar, egg, spice and salt until thoroughly blended add sour milk in which soda has been dissolved part of the flour, then the lard and rest of the flour. Roll out, cut out and fry in deep hot fat.

FILLED DOUGHNUTS

Turn dough on floured bread board and roll out in a rectangular shape one fourth inch thick. Brush dough with water, place 1 1-2 teaspoons of jelly on half of the dough three or four inches apart. Fold the second half over the first. Cut out with a round cookie cutter and let rise until light or double in bulk. Fry in deep fat until brown. Drain on unglazed paper and roll in a mixture of powdered sugar and cinnamon.

SQUASH DOUGHNUTS

1-2 cup mashed and sifted squash
3-4 cup sugar
2 teaspoons corn oil
1-4 cup sweet milk
2 well beaten eggs
Pinch salt
1-3 teaspoon mace
2 1-4 cups flour
2 teaspoons baking powder
Mix squash, sugar, oil, milk and eggs together. Sift and mix salt, mace, flour and baking powder together. Mix into liquid. The dough should be very soft. Roll a small amount at a time. Fry in oil 375 degrees F. for three minutes.

ORANGE SPICE DOUGHNUTS

2 1-2 cups flour
1 teaspoon mace
1-2 teaspoon salt
3 teaspoons baking powder
1 cup sugar
2 eggs
1 cup milk
1 teaspoon orange extract
10 tablespoons melted shortening
Sift the flour and measure. Combine with other dry ingredients and sift three times. Beat the eggs well add the milk, extract and shortening. Sift dry ingredients in slowly, mixing well, and beat until mixture is smooth. Store in coldest part of refrigerator until ready to bake. When baked sprinkle with powdered sugar. Makes about two dozen doughnuts.

CHOCOLATE DOUGHNUTS

1 cup sugar
2 squares chocolate
1 egg
1 teaspoon salt
1 cup milk
4 teaspoons baking powder
3 cups pastry flour
1 teaspoon vanilla
2-3 cup chopped nut meats
Grated rind of 1-2 orange
Beat egg and sugar together with a spoon and add melted chocolate. Sift the dry ingredients together saving out a little flour to mix with the nut meats. Add the flour mixture alternately with the milk and then stir in the nuts, vanilla and grated orange rind. Roll, cut and fry in deep fat.

Short of Breath Smothering Feelings Choking Sensation

Mrs. H. Day, Dartmouth, N.S., writes:—"For over a year I was troubled with smothering spells and shortness of breath, and it was impossible for me to walk, even a short distance, because of the choking sensation which followed.

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BAKED PRUNES

1 pound prunes
Water to cover
Pick over the prunes and place in a baking dish, cover with water and soak several hours. Cover and bake in a slow oven an hour or more. The long, slow cooking will bring out the natural sugar and no sweetening will be needed. Other dried fruits may be cooked in the same way but a small amount of sugar is desirable with the more acid fruits.

INDIAN BLANKETS

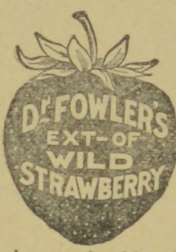
Sumac fires are burning brightly Ruby-red the embers glow, Indian council fires rekindled From the ash of long ago; And the wind's a runner passing With his feet in deerskin shod And a chief's tall feather tosses In the dusty goldenrod.

Wild grapes ripen in the thicket, Purple asters edge the stream And the braves to earth returning By the moon's enchanted beam Hang their red and yellow blankets On the windy maple bough When the frosty night is over For it's Indian summer now.

—MINNA IRVING in New York Sun.

Little Barbara (saying her prayers)—And bless Gaddy and mummy and make them happy—if they are not too old for that sort of thing."

DYSENTERY IS DANGEROUS CHECK IT AT ONCE



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