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- RICE GRIDDLE CAKES.
- 1 cup flour
- 1 cup cold boiled rice
- 1 cup milk
- 1 egg
- 1 tablespoon molasses
- 1 tablespoon melted butter or oil
- 1 teaspoon salt 2 teaspoons baking powder

cakes should be made small. If too thin. thick, add a little more milk to

batter

### OATMEAL GRIDDLE CAKES.

- 1 cup cooked oatmeal
- 1 cup flour
- 1 1-2 cups milk
- 1 egg
- 1 teaspoon salt
- 1 tablespoon syrup

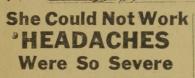
well greased griddle.

1 tablespoon cooking oil or melted butter

3 teaspoons baking powder Rub the oatmeal until smooth add the milk, well beaten egg, salt, oil and syrup and beat three minutes; then add the sifted flour and baking powder and mix lightly. Fry on hot

BREADCRUST GRIDDLE CAKES.

1 cup of ends or crust of bread 1 cup flour



Mrs. A. Riehl, Burstall, Sask., writes: -"'I was troubled with very severe headaches, and sometimes I could not "One day a friend told me about

and advised me to give it a trial. I decided to do so, and after taking a few bottles I found it had done me a world of good, and I haven't had any

## 1 cup milk 1 or 2 eggs 1 tablespoon molasses 1 tablespoon melted shortening 3 teaspoons baking powder 1-2 teaspoon salt

CORNMEAL GRIDDLE CAKES. 1 cup cornmeal 1-2 cup flour 1 cup boiling milk 1 egg 1-2 teaspoon salt 1 tablespoon melted butter 2 teaspoons molasses Put the cornmeal into bowl: pour over the boiling milk, add the salt, butter and molasses; when cold, add the flour and baking powder sifted together and the well beaten egg; mix well. Blake on hot, well greas-

ed griddle, using a small amount of butter for each cake. If the batter is too thick add more milk.

BAKING POWDER BISCUIT

2 cups flour 4 teaspoons baking powder 1-2 teaspoon salt 4 tablespoons shortening 3-4 cup milk (or more) cut in the shortening add the milk

cutter. Bake in a hot oven (450 minutes.



To every person comes his day So calmly wait your chance-Pedestrians have the right of way When in the ambulance

Coughing at Night

# CANADIAN INTERNATIONAL PAPER COMPANY MADE GOOD **PROGRESS DURING YEAR 1927**

Montreal, Jan. 18-During the generators, making a total of three ear 1927 the Gatineau River de- generators operating today.

elopment program of Canadian Inernational Paper Company and Chelsea and Farmers stations have growth to meet expanding require-Jatineau Power Company was well a combined installed capacity of ments. advanced and is now nearing com- 174,000 horse power and are supply-

pletion of its first stage. The news- ing power for the operation of the print paper mill at Gatineau was Gatineau Mill. The two plants are completed as were the Chelsea and designed for five generators each Farmers hydro-electric plants and the and a combined installation of 290, Cover the dry bread with cold Mercier storage dam. Work was 000 horse power. Adding 272,000 water for ten minutes; press be pushed throughout the year on the horse poyer-the designed capacity have already become vital parts of tween the hands until dry; put into hydro electric development at Pau- of the Paugan plant-and the capac- the economic life of Canada and bowl with milk and salt; beat until gan, twenty-six miles above the ity of the smaller plants of the Com- they are destined to be of ever Put the flour, rice and salt into the bread is smooth; then add the Chelsea and Farmers plants and pany, gives a total of about 600,000 greater importance as growing de a bowl; mix and add the milk, mo- well beaten eggs, molasses and shor- it is expected that the first genera- horse power, greater than the delasses, melted butter or oil and the tening; mix well. Add the sifted tor in the plant will be in operation veloped horse power on the Ameri-

well beaten egg; mix lightly. Brush flour and baking powder and mix and delivering electric energy in can side of Niagara Falls. hot griddle with oil or drippings lightly. Bake on hot well greased June of this year. This will be one In addition to the progress on its put a spoonful of batter on and griddle until nicely browned on both of the largest hydro-electric plants program of developing its water- forever and that they may endure brown nicely on both sides. These sides. This batter must be quite on the North American Continent. powers on the Gatineau River, Gat- them shall continue to prosper.

All of these projects, comprising ineau Power Company in 1927 ac parts of a unified plan for the in- quired several hydro-electric plants tensive development of the power on tributaries of the Ottawa River and wood resources of the Gatineau running into it from the north be-River, rank this program among the tween Ottawa and Montreal. These greatest of its kind in the world smaller plants are to be intercontoday. It is believed that this is nected with each other and with the first time in history that the the Gatineau River power plants of forests and water powers of as the Company by a system of modern large a river have been developed high tension transmission lines, thus on such a scale in such a short insuring greater continuity of power supply and a more complete use length of time. individual of generating facilities. Not only are these

plants great undertakings in them-Gatineau Electric Light Company selves but the speed with which Limited was organized in the past they are being completed is an out-year as a distributor of electric standing achievement even in these power in the area lying between days of fast construction work. Ottawa and Montreal. The Company Excavation on the Gatineau Mill owns over 360 miles of high tension was started on November 18, 1925 distribution lines and serves a terriconstruction work on January tory of 5,000 square miles, having 13, 1926. A little over a year later a population of 220,000. The area March 31, 1927, the sulphite mill of this territory is nearly half the began production. Five days later size of Belgium. Besides providing it was followed by the ground wood current for domestic and farm use mill. The first machine began mak- a wide variety of industrial estabing paper for shipment on April 14 lishments is served and the territory of last year, seventeen months after has many advantages to contribute excavation work was started. The to its continuing growth.

second machine began turning out International Fibre Board, Limited Mix and sift the dry ingredients paper on May 19, being followed by a new subsidiary which has a plant the third and fourth machines on at Midland, Ontario has a second one Toss on a floured board roll out June 28 and August 19, and the under construction at Gatineau, Quelightly and cut with a small biscuit mill was then in complete operation. bec. The new mill is being designed The four machines which are for a capacity of 100 tons a day degrees Fahrenheit) for about ten operating in the mill have an ag- of fibre board of which there will gregate designed capacity of 600 be an initial installation of 50 tons tons of newsprint paper a day and daily. The board is used for buildare the largest single producers of ing and insulating purposes and has paper thus far installed in the valuable acoustic properties. The new world. Each machine will produce a plant, which is expected to be in sheet of paper over twenty-one feet operation this spring, will be the wide and is designed to run at the largest of its kind in the British rate of twenty feet a second. The Empire. Operated by electric power mill is located in the Province of supplied from the plants of Gatineau Quebec on the Ottawa River, five Power Company the new mill will miles below the cities of Hull, Que mark the establishment of another Ontario and nd Ottawa, Wo industry in the area served by the miles below the confluence of the power company. Gatineau and Ottawa Rivers. The development of the natural

This marked another step in the coordination of the operations of these several companies.

Hydro-electric power is the key note of Canadian progress today and it is the foundation of the various enterprises described above. They are being carried forward under a carefully co-ordinated plan which includes the full development of the natural resources in the area 'n The six generators running in the which they are operating and plant

> These plants are all new, they have been especially designed to meet modern conditions and they reflect the best that present day engineering skill can devise. Built to last for all time, these enterprises mand results in continued expansion It is the policy of all of these companies to build surely and solidly to the end that they may endure



THAT's why modern mothers prefer Vicks—it cannot upset delicate stomachs. Rubbed on throat and chest, it acts two ways at once:

(1) Its healing vapors, released by the body heat, are inhaled direct to the air passages;

(2) It "draws out" the soreness like an old-fashioned poultice.



Patient-So you've really been practicing since 1895?

Dentist-If you don't believe just look over the magazines in the waiting room.

Here and Theil

lokohama is seen th that a five storeyed cially opened recently. The build-ing, known as the Hotel New Grand. s of fireproof and earthquake-proof construction and is modelled after style of the best

Toronto.—The Province of Ontario is at the close of the greatest gold producing year in its history, ac-cording to officials of the Departcording to officials of the Depart-ment of Mines, who forecast an in-crease in gold production this year of \$2,000,000 as compared with last year's output. In addition, the total mineral production is expected to be more than \$91,000,000—a gain of \$6.000,000 over 1926.

Halifax.—Boys' and Girls' Swine lubs are now well established here, alf Feeding Clubs are also on the and recently Clubs are also on the ncrease and it is expected that in 1928 the latter will attain the same number in the province as the ormer. Egg marketing circles are so being organized and much bod work is already reported. should prove a valuable aid

Preparations for the Banff Winer Carnival, to be held February -11, are well under way. Cana-4-11, are well under way. Cana-dian mushers are training and in-tend to make a strong effort to bring back to Canada the "Strong-heart Trophy" which was carried to the United States by Warren Cord-ingly, of Ashton, Idaho. It is an-ticipated that there will be several teams from the United States com-neting again this year beting again this year.

Saint John .- An epoch in the cransportation of cargo between Canada and the United Kingdom is feted here recently when MacInnes, vice-president in charge Machnes, vice-president in charge c2 traffic of the Canadian Pacific Railway; W. A. Wainwright, assist-ant to the chairman, with other officials of the railway, inspected the C. P. fast cargo liner "Beaver-burn," which recently docked here, ompleting her maiden voyage.

According to a report covering the activities of the past year of the Canada Colonization Associa-tion, a subsidiary of the Canadian Pacific Railway, 626 families, con-sisting of 3,443 persons, were set-tled on 162,982 acres of land by the association. The value of these sociation. The value of thes ansactions is in excess of \$6,000. 000. Nearly 300,000 acres of land are ready for settlement and proscts for the current year are very 0

Vancouver.—In an address be-ore the Board of Trade upon the ervices rendered the Dominion by he late Sir William Van Horne, cunder of the city of Vancouver nd president of the Canadian Pa-ific Railway, C. A. Cotterell, gen-ral superintendent of the railway's critish Columbia district, said: "The anadian Pacific Railway is the hadian Pacific Railway is the gest taxpayer and the largest chaser in the province; it spent t year \$20.750,000 in stores and upplies, taxes, wages, etc.



headaches for a long time now.". Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Ferguson, Brunswick Street.

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# **Assessment Notice**

The Board of Assessors of Taxes for the City of Fredericton hereby require all persons liable to be rated for the 1928 forthwith to furnish to the Assessors true statements of all their Personal Estate and Income, which is assessable under the City of Frederic-ton Assessment Act, 1926, and true statements of wages or salaries paid to employees, and hereby give notice that blank forms on which such statements may be furnished, may be ob-tained at the office of the Chairman of the Board of Assessors, and that such statements must be perfected under oath and filed in said office on or be-fore the 15th day of February, 1928. Dated this 12th day of January, 1928.

PETER FARRELL, Chairman of the Board of Assessors of Taxes.

Quickly Relieved Easy enough to stop the cough if you will employ that wonderful throat remdy CATARRHOZONE.

ose, throat and lungs.

Wherever Catarrhozone goes, it carphlegm, and takes irritation out of the

50c. At all dealers.

BLUNDERS

# WHY IS THIS WRONG?

One of the many annoyances that the postal service has to content with is the receipt of bundles of carelessly sealed lecters, many of which are stuck together. Since letters can be run through the can celling machines only one at a time celling machines only one at a tim all those stuck together must fir be pulled apart by some postal en-ployee. This may result in mut lation of the addresses or in plach the letters to one side until or mail has been handled.

Although most of the men who resources of the Gatineau River and When breathed into the mouth, CA- work in Gatineau Mill come from the development and co-ordination of FOR SALE — Several Barred Rock Cockerels from stock with egg records from 225 to 275 Price \$5 each, J. H. trates to the tiniest recesses of the built by the Company. The village of Montreal, are destined to make which has sprung up was erected in this area one of the great industrial Wherever Catarrhozone goes, it car-ries a healing influence that quickly conformity with the best of modern centres of North America. Abundant allays the cough; it loosens the hard community design. The streets are electric power efficient rail and wide and the houses have been water transportation, proximity to For Colds, Coughs, Catarrh, Hoarse- built along attractive architectural labor centres, ideal water supply and ess and Bronchitis, Catarrhozone can lines. The houses are sold to the excellent drainage-these are some be relied on to give prompt relief. The houses are sold to the excellent drainage—these are some Complete outfit, \$1.00; smaller size, employees on a deferred payment of the factors in this district awaitplan. The community is supplied ing further use by manufacturing with pure water from the large establishments.

# filtration plant in the mill.

### Grand Falls Work.

Good Progress Made. At Grand Falls, New Brunswick While the erection of the Gatineau construction during the year was Mill proceeded at a rapid rate, con- well advanced on the hydro electric struction work on the power develop- development of Saint John River ments on the Gatineau River has Power Company and the plant is gone forward even faster. In No- nearing completion. It will be the vember 1925 work was started on largest hydro-electric development the Chelsea hydro-electric develop- in the Maritime Provinces. Designed ment of Gatineau Power Company for an installation of 80,000 horse on the Gatineau River, seven miles power it will have an initial installanorth of the City of Ottawa. Work tion of 60,000 horse power in three was carried on steadily regardless generators of 20,000 horse-power of weather or season and the first each. The year saw a continuation generator in the power house was of the assembly of timberland returned over a year and two months serves for the mill which New Brunslater, on January 4 of last year. wick International Paper Company Two more generators were started will soon build in northern New soon afterward, so that today there Brunswick.

are three generators in operation. Toward the close of the year At the Farmers hydro-electric de- Canadian Hydro Electric Corporation velopment a mile below Chelsea Limited a Dominion company was work was commenced in January organized to acquire and control 1926 and the first generator was Gatineau Power Company, Gatineau started , early in May of last year Electric Light Company, Limited It was later followed by two more and St. John River Power Company. At great expense we developed the product to meet our ideals in quality and flavor.

Then we spared no expense to make the package worthy of the > contents.

Sealed Tight - Kept Richt

Pure chicle and other ingredients of highest quality obtainable, made under modern sanitary conditions.

Keeps teeth white Aids digestion

Wrigley's Doublemint ls a delicious perpermint flavor. fter Every Meel