



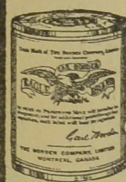
Her Baby Wakes up Laughing and Cooing

"I started using Eagle Brand for my five months old baby two months ago. Now she wakes up laughing and cooing and is more than satisfied. No more getting up nights, as she gets only one bottle, going to bed, and no more till 7 a.m. She won a third prize at a recent baby show and I know Eagle Brand helped her to win. She weighed 6 lbs. at birth but is now over 13 lbs. If any mother would like me to tell her about Eagle Brand I would be pleased to do so. I only wish I had known about it sooner as it cannot be too highly recommended".

"Mrs. W. J. P.
Ontario."

(Original letter on file)

EAGLE BRAND CONDENSED MILK



THE BORDEN CO. LIMITED, MONTREAL
Please send FREE Baby Books to

NAME.....
128 ADDRESS.....

BABY'S
WE CARE

**THIS MILK IS ENTIRELY A
MARITIME PROVINCE PRODUCT**
CONDENSARY TRURO, N.S.

NOWADAYS YOU PRESS A BUTTON

Or perhaps a switch, or some little gadget, and a lot of things happen around home that lighten labor and banish trouble.

A Whirling Fan brings a cooling breeze, and a little copper, dish-like affair throws out a sizzling blast that warms the room in no time.

Another button boils coffee, toasts bread and cooks waffles. Another does a better job than a broom. Another makes a happy laundress out of a dismal washwoman. Another one cools the ice-box. Another—but why go on?

Labor and time saving devices have come and are today within the reach of the humblest home.

And one of the chief reasons why they have come and why they are within the reach of the humblest home is the power of advertising.

Advertising has carried the news of these better ways of doing things to every home. It has created a desire to possess them, and countless thousands have purchased them, and live better because of them.

Reading advertising not only tells you about new, helpful mechanical devices for the home, but it is an unerring guide to reliable products.

READ ADVERTISING REGULARLY. IT POINTS THE
WAY TO BETTER LIVING.

Useful Xmas Gifts

ASSORTMENT OF GOOD

Jack knives

CHOICE FOR 98c.

A GOOD PAIR OF

Shoepacks

for the Boy or Man is a Useful Gift

ONE DOZEN SILVER BRIGHT

Teaspoons

FOR 50 CENTS

We sell MEN'S HEAVY ALL WOOL
WINDBREAKERS, PANTS, SHIRTS and
UNDERWEAR.

We Handle
RAWLEIGH'S REMEDIES

Currie Brothers

NEXT TO GRAND HOTEL

WOMEN'S COLUMN

HOUSEHOLD HINTS

Discolored tan shoes may be converted into smart footwear if given a coat or two of a good shoe blacking.

Inexpensive flower-holders for shallow bowls may be made of galvanized wire netting cut to fit the bowl in which they are to be used. Bend the four corners of each piece to form legs about an inch high.

In making cereal gruels, jellies or cream soups for invalids, careful blending long cooking and straining are essential. In making meat broths, slow simmering and careful skimming of all grease before serving should be observed.

LUNCHEON SALAD

1 can pineapples
18 green grapes
3 cups shredded lettuce
1-2 cup French dressing made with the best olive oil
Cranberry jelly

Line bowl or individual plates with lettuce and lay the slices of pineapple on the lettuce. In the centre where the core has been removed put a small ball of the red jelly. The green grapes are washed, cut in half, seeded and four halves laid on each side of the pineapple. The French dressing is made with four tablespoons of olive oil and two tablespoons of lemon juice with a pinch of salt and is served with (not over) the salad. This makes a very light salad.

WHITE FRUIT CAKE

1 cup butter
2 cups granulated sugar
1 cup sweet milk
2 1-2 cups flour
1 cup shredded cocoanut
2 teaspoons baking powder
1 teaspoon lemon extract
1 pound blanched almonds
1 pound blanched raisins
1-2 pound candied pineapple
1-4 pound candied cherries
1-4 pound candied citron peel
Whites of 7 eggs beaten stiff

Cream butter and sugar, add milk and eggs. Dredge raisins and almonds in flour, add all ingredients mix thoroughly. Bake in ordinary bread tins two hours in a slow oven.

TOASTED BANANA SANDWICH

Cut thin slices of bran or white bread and butter slightly. Skin and scrape the bananas, cut in four pieces; lay on slices of buttered bread and dust with a little salt; press another slice of buttered bread on the banana. Place in hot oven and toast on both sides a nice brown. Serve hot. Garnish with jellied cranberries.

CRANBERRY PUDDING

2 cups cranberries
1 cup seeded raisins
1 cup chopped suet
1 cup breadcrumbs
1-2 cup sugar
1-2 cup flour
1-2 teaspoon cinnamon
1 teaspoon salt

Wash and cut the cranberries in half. Mix all the dry ingredients together; add enough water to make a stiff mixture; then add the rest of the ingredients and mix well.

Going Upstairs Had to Sit Down Breath So Short

Mrs. H. Brousseau, Magog, Que., writes:—"For many years I suffered with shortness of breath; then four years ago I had palpitation of the heart, and was so bad I had to sit down two or three times when going upstairs. I read about



so I got a box, and in no time I felt better, so I took three boxes more and I have never had shortness of breath since."

Price 50c. a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

Brush mold with butter put in the pudding and steam 3 1-2 hours. Serve warm with fruit or vanilla sauce.

SPANISH BUN

1-2 cup shortening
1 cup sugar
1-2 cup milk
2 eggs
2 cups flour
2 teaspoons baking powder
1-2 teaspoon salt
1 teaspoon vanilla
1 cup currants

Cream the shortening and sugar until light, add the well beaten 2 eggs. Sift the flour, baking powder and salt, add half the flour, alternating with the milk and flavoring; then add the currants, which have been washed and dried and sprinkled with part of the flour mix well and add the remainder of the flour; put in the mixture and bake in moderate oven 45 to 50 minutes.

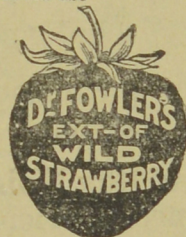
Paris, Dec. 26—The amount of wine in French cellars after this year's harvest has been figured at 1,840,372,160 gallons, or 222,000,000 gallons more than a year ago.

That mythical Greek who gained new strength each time he was crushed to earth must have been something like the last fly.

DURING BABY'S TEETHING TIME

The Bowels Become Loose

Diarrhoea, dysentery, colic, cramps, etc., manifest themselves; the gums become swollen, and cankers form in the mouth. This is the time when the mother should use



and perhaps save the baby's life. On the market for 80 years. Price, 50c. a bottle at all druggists or dealers.

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GINGER

BEER

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BRUNSWICK STREETS

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to neglect
your
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FOR VACATION
NEVER
FORGET**

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50c box, all Druggists and Stores.

ZAM-BUK

Cook's Regulating Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO. TORONTO, ONT. (Formerly Windsor)

W. J. IRVINE, L. D. S.,

D. D. S.

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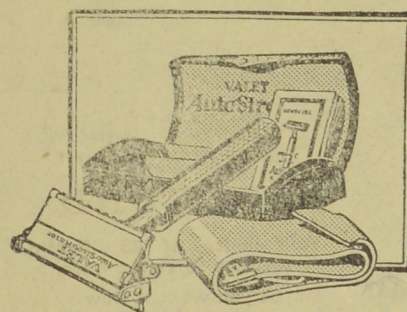
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