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NEXT TO GRAND HOTEL

### WOMEN'S COLUMN

FRUIT CAKE

1-2 pound of butter

8 eggs 3-4 pound of raisins

1-4 pound citron 1 nutmeg grated

1-4 pound candied or preserved

1-4 pound candied or preserved

pineapple 1-2 pound candied orange

emon peel

1-8 ounce cloves 1-2 pound pulverized sugar

1-2 pound sifted flour 3-4 pound Sultanas

1-4 pound candied or preserved cherries

1-4 ounce cinnamon

1-2 cupful orange juice or grape Pick over the Sultanas. Shred the orange and lemon peel and citron very fine. Cut all the remaining fruit into tiny dice. Beat the butter to a cream, add the sugar gradually give a thorough beating eat, the eggs without separating until creamy; add them to the butter and sugar, then gradually add the flour; beat well. Mix all the fruit together and flour it well. Add the spices to the batter; add the fruit, mix thoroughly; and the orange or grape juice; mix again. Line, a round straight sided cake pan with buttered paper, turn in the mixture and bake in a very slow oven four and a half hours. When done take it from the pan and let it stand over night to cool. This will make a seven pound cake.

#### CORNFLAKE MACAROONS

2 egg whites, beaten stiff

1 cup sugar

Few drops almond extract 1-8 teaspoon salt

2 cups cornflakes

1 cup shredded blanched almonds pecans or walnuts

To beaten egg whites add the su-ar extract and salt. Lightly fold ENGINEERS gar, extract and salt. Lightly fold in cornflakes, cocoanut and nuts 60 Prince William St. 'Phone M.5980 cornflakes. Drop with a tablespoon on to an oiled sheet. Bake 45 minutes at 300 deg. F. Let cool and remove with a spatula. They should be a very light brown.

### PRIZE PINEAPPLE PIE

Heat 1 1-2 cups milk. Mix 1-2 cup sugar, 1-8 teaspoon salt and 2 table spoons cornstarch and slowly add hot milk. Clook in double boiler until thick and cornstarch is thoroughly cooked, or about 40 minutes. Pour on to two egg yolks; return to double boiler and cook until the eggs thicken for about three minutes. Cool and add 1 cup well drainspoon vanilla. Pour into a baked crust and cover with a meringue made of 2 stiffly beaten egg whites and 2 tablespoons powdered sugar Brown quickly in a hot oven.

### ISLE OF NEVER MIND

(From Washington Star) Maybe, some day, we'll drift away From shores that seem unkind And reach, across the Twilight Bay The Isle of Never Mind. Perhaps to Cloudland we must And leave dull Earth behind; But somewhere we shall surely know The Isle of Never Mind. Resentments will no longer win Ambitions well designed Only Forgiveness waits us in The Isle of Never Mind. -PHILANDER JOHNSON

### The "Flu" Left Her With A Wretched Cough

Mrs. E. A. Brooks, 1164 Robson St., Vancouver, B.C., writes:—'Lest winter I had the 'flu' twice, and the last time it left me with a wretched cough that seemed to stay right with me until I

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Price 35c. a bottle; large family size 60c. at all druggists and dealers. Put up only by The T. Milburn Co., Ltd., Toronto, Ont.

### Here and There

"An average of 1.888 cars per day have been loaded with grain by the C.P.R. since the middle of September," said J. G. Sutherland.

head of the transportation department at Winnipeg This means about 2% million bushels moved daily—a record never before approached. The International Dog Sled Der-

The International Dog Sled Derby that is one of the outstanding attractions of the winter sport season at Quebec City will take place from February 21 to 23, it has been announced. The course is 120 miles in length and famous 'mushers' from all parts of the courtry compete. country compete.

President Calles of Mexico, has purchased 176 prize British Col-umbia hens for stocking his farm near Mexico City. He paid \$5,550 cash for these birds, all of which have a record of more than 300 eggs a year and all of which are White Leghorns. The purchase was made through two agents of the president who came up from Mexico for this purpose.

An ingenious machine for the repair and maintainance of railroad tracks has been experimented with for some time by the Canadian Pacific Railway, it is reported. A gasoline motor generates power for an electric metallic arc welder and a grinder. These in turn build up and smooth out worn sections of rail near joints. It can operate anywhere on the lines, quite apart from any outside source of electric

Shipping beer by tank cars is an innovation alike for the brewing industry and railroading. A London brewery is now using insulated and refrigerated glass lined tanks containing 4,800 gallons to ship beer to their Montreal bottling plant. The tanks are the same as those used to ship milk in bulk, but have the addition of a safety valve to release pressure in excess of twelve pounds that may be generated in transit.

Reg. Prof. Eng'r N. B. Mem. R.A.I.C. Associate Mem. Eng'r Inst. Canada Mem. American Ass'n Eng'rs

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