



ASPIRIN

The whole world knows Aspirin as an effective antidote for pain. But it's just as important to know that there is only one genuine Aspirin. The name Bayer is on every tablet, and on the box. If the name Bayer appears, it's genuine; and if it doesn't, it is not! Headaches are dispelled by Aspirin. So are colds, and the pain that goes with them; even neuralgia, neuritis, and rheumatism promptly relieved. Get Aspirin—at any drugstore—with proven directions.

**Physicians prescribe Aspirin;
it does NOT affect the heart**

Aspirin is the trade mark (registered in Canada) indicating Bayer Manufacture. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Tablets will be stamped with their "Bayer Cross" trademark.

DEVIL TREES ABODES OF EVIL SPIRITS

"If you aren't good the devil tree will get you" or words to that effect may be the warning given to children by mothers of some of the wild native tribes of Africa, Asia, Java, Madagascar and the back country of Australia. Certain trees are believed to be bewitched the abodes of devils or evil spirits.

Among the trees about which such superstitions have been arisen are the silk cottons, a family of many species found in various tropical climes. They are characterized by large leaves which by a stretch of the imagination such as primitive peoples are capable of, may be considered to resemble, human hands being divided into four, five or six fingers. They have a large showy

flower with five petals sometimes a brilliant red, and capsular fruits full of cottony or woolly substance which feels like silk to the touch whence they get their name.

It is these peculiarities which made them feared or worshipped by natives. The trees are of giant size and from them are obtained a few economic products, such as balsa wood and kapak, the latter often used in manufacturing mattresses, cushions and life preservers.

A wild story about the existence in Madagascar of a "man eating tree" which was believed even in Europe and America was recently proven baseless by investigations of Dr. Ralph Linton, leader of the Captain Marshall Field Madagascar Expedition.

The Office Crab says as far as he is concerned if a food is no good in the beginning it doesn't help matters much if it is au gratin.

WOMEN'S COLUMN

BUTTONS A-PLenty

Conspicuous and Numerous in Paris Fashions for Milady

It is several years since buttons have been so conspicuous and so numerous in Paris fashions for milady as they are this fall and winter reports Bettina Bedwell from the French style capital in Liberty Magazine.

"This winter Paris is using a good many brass buttons and, acting on the inside information supplied by experts when brass buttons are used Paris gives a suggestion of the military to the costume on which they appear," continues Miss Bedwell. "There is no special class of dress or wrap that has the exclusive style concession for brass button. And this applies to any other kind of button which Paris employs. Among other favored types are steel brass, crystal, rhinestones and bone amber and marcasite."

RAISIN COOKIES

- 1-2 cup shortening
- 1 cup sugar
- 1 egg
- 2 cups seeded raisins
- 1-2 teaspoon salt
- 1-4 cup milk
- 4 cups flour
- 4 teaspoons baking powder

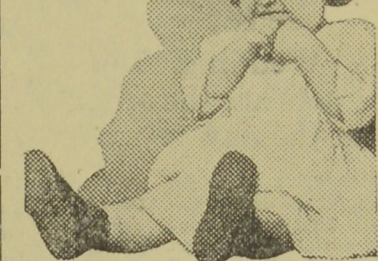
Rub the shortening and sugar together until smooth; add the well-beaten egg and milk slowly; add the salt and raisins which have been washed dried and put through food chopper. Mix well, add the flour sifted with the baking powder, enough flour to roll out the dough 1-4 inch thick; cut with cookie cutter. Bake in hot oven 10 to 12 minutes! This not only makes a very tasty cookie but a very nutritious one as there are plenty of raisins in it. It is a soft cookie and will keep a long time under lock and key.

RICE SALAD WITH SARDINES OR CANNED FISH OF CHOICE

- 1 cup rice
- 2 cups lettuce
- 2 tablespoons grated onions
- 2 tablespoons finely chopped green peppers
- 1-2 cup boiled dressing mayonnaise or French dressing
- 1 teaspoon salt
- 1 sweet pickle
- Fish of choice

Wash, boil and blanch the rice as usual. When cold, add the onion chopped green peppers, salt and dressing of choice; mix lightly. Line salad plate with lettuce put the rice mixture in the centre and garnish with the sweet pickle cut into rings or thin strips. This may also be garnished with four stuffed olives cut into rings. Place the sardines or canned fish of choice around the salad.

What Will you do



**When your
Children Cry
for It**

There is hardly a household that hasn't heard of Castoria! At least five million homes are never without it. If there are children in your family, there's almost daily need of its comfort. And any night may find you very thankful there's a bottle in the house. Just a few drops, and that colic or constipation is relieved; or diarrhea checked. A vegetable produce; a baby remedy meant for young folks. Castoria is about the only thing you have ever heard doctors advise giving to infants. Stronger medicines are dangerous to a tiny baby, however harmless they may be to grown-ups. Good old Castoria! Remember the name and remember to buy it. It may spare you a sleepless, anxious night. It is always ready, always safe to use; in emergencies, or for everybody ailments. Any hour of the day or night that Baby becomes fretful, or restless. Castoria was never more popular with mothers than it is today. Every druggist has it.

PINEAPPLE LEMON CREAM FILLING.

- 7-8 cup of sugar
- 1-2 cup of flour
- 1-8 teaspoon salt
- 2 cups scalded milk
- 2 tablespoons lemon juice
- 2 eggs
- 1-2 cup crushed pineapple (if fresh pineapple is used increase the sugar to one cup)

Mix dry ingredients, add eggs slightly beaten and pour on the scalded milk. Cook fifteen minutes in double boiler, stirring constantly until thickened, afterward occasionally. Cool, add lemon and pineapple.

LEMON APPLE FILLING

(Sufficient for two cakes)

- 4 apples
 - 2 lemons, juice and grated rind
 - 2 cups sugar
- Pare apples and grate into a sauce pan. Add the juice and grated rind of the lemons and the sugar. Cook for five minutes, stirring constantly. Cool before spreading on the cake.

Two Ways to Avoid Sour Stomach



AMPERING the stomach as you grow older is one way to keep out of trouble! But it's far more pleasant to eat what you choose, and let Pape's Diapepsin keep the stomach free from excess acid. Plenty of people past "three-score-and-ten" keep stomachs young because they know this one secret.

Because it is so quick, so safe and so sure in ending digestive troubles, millions recommend "Pape's Diapepsin." "Pape's Diapepsin" is unequalled as an indigestion remedy and food corrective, yet it costs only 60 cents a package at all druggists.

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