

quality and richness of ordinary milk is apt to vary considerably from day to day and many dishes fail to please because of the milk used.

Borden's St. Charles Milk is so widely used by good cooks because it is always of exactly the same creamy richness. It can be depended on to give the dish that appetizing goodness that not only pleases the palate but nourishes the body as well. It can be used in rich recipes just as it comes from the just as it comes from the can, or it may be diluted with an equal quantity of water. And it is so convenient. You can buy it at any grocery and it keeps perfectly in the pantry in the unopened tin. Order a few tins today.

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Every woman will find the St. Charles Recipe Book helpful. It contains dozens of tested, simple recipes for soups, breads, cakes, puddings, des-serts and candy. It is free. Write to

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LETTER HEADS

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It Pays to Advertise in the Mail

FAKE STOCK SELLERS STILL FIND PLENTY OF SUCKERS; HOW THE GAME IS WORKED

occasionally one screws up his cour-epiglottis. He hasn't been heard age to the sticking point of confes- from since. But at least his past Eachern thus describes the prelimin-ing but sinks. ary weaving of a web which later was "When it came to sheer cold to drag in the savings of men who bloodedness our financial guardian

was pending a vacation with some the last cent from a starving man. I friends in Montreal. Only one of them know of one woman a widow who man namd Robinson had actually upon his artful persuasion, put a seen him face to face, but all had three thousand dollar mortgage on heard reports of his rapid rise to her house. He took the whole whack wealth by grain speculation in Chi- without the slightest indication of cago and by various stock manipula- compunction and she never saw a

meal and I confess that when Robin-surance policy. He got that. As for son rang me up to say that we were myself, I was so fascinated by the to meet A-for dinner at a fashion- ure of easy money that when it able hotel my main interest was came to the third transaction I scrapsimply to have a look at the fellow ed up every cent of my own and as a scientific prenomenon.

in the rotunda-no less than eight the savings of a lifetime. Men and of us-and were escorted by the women of the professional classes head waiter to a private table in the seemed to be his special meat but corner of the great dining hall, he seemed to have an almost uncanny where I had my first good look at ability to 'get' even shrewd business the Croesus.

evidently relying upon the prospect sive that it caught victims from of an elaborate banquet to make us Quebec to Vancouver. feel at home, and to get us gas- "Henceforth this for me at the tronomically prepared. Never in my end of each month: "Here, Mr. frugal life had such a menu been Teller, please deposit this sum to presented to me, and we were des- my account, Savings M 234." perately hungry. Crab Canapes, followed by Tomato Soup with Marrow Balls had just started the gastric uice and the conversation.

"Planked Shad next with radish and parsley and a little further conversation with Jones, a librarian taking the lead.

"I would strongly urge you to keep out of speculation unless you have a considerable amount to spare. turing in their Montreal factory. The pressures and only those who are \$65,000. on the inside have any chance. The public get socked in the eye every

"This sounded like a true ring. and it evoked plenty of satisfied

"Lobster / Hollandaise; Sauce Tartare: Tomato Fritters; Aspic Jelly; Macedoine; Waldorf Salad. Each order was rendered like a motif in

friend, five hundred dollars on mar- but died on his way. gin in a distillery stock and in three months I made just seventy-five

"That's quite possible. You happened to buy at the right time. You three months or later. Your broker was probably honest and friendly, and simply gave you a reliable tip. But the great fortunes are made out of pools, where a group of men de cide to get behind a given stock and drive it up a number of points, selling out when they believe it has reached the peak.

To a reader of detective fiction the end is already forseen: "A" discloses himself as a member of such great favor he agrees to put his guests' tiny savings in one of his financial undertakings. In their first and second ventures they net phenoemnal profits and then:

"How the bubble was pricked is a

Despite the constant arrests of story in itself. He left the city the windlers selling fake stock the suck- following day for—Heaven knows ers—and an old honored and wise where—possibly for the Orange Free proverb tells us that one is born State to stage a dinner to entrap the every minute—are still being robbed wealthy Dutch burgesses. All I hope of their poor little tail feathers every it that when he gets to the fish hour and minute of the day. Very course, the bones will stick in his sion. This is the case with Alexander career has been sufficiently investi-Duncan McEarchern who, in Mac- gated to show that we had been in Lean's Magazine for March 1, exposes the hands of an international crook, the methods of a particularly 'slick' clever as the devil, and as blackand unprincipled 'con' man, Mr. Mc- hearted. There were no pools; noth-

had worked a lifetime to amass them: angel was in a class by himself. I "I first heard of Mr. A --- when I firmly believe he would have taken cent of it again. He found out that a clergyman had just received a "Thrift is as native to me as oat- thousand dollars from a matured inmy wife's that I could lay my hands "Sharply at seven o'clock we met on. I've paid for my blindness with men. We have ample evidence now "He was slow in getting into action to show that his web was so exten-

Dartmouth, N. S., March 4-The Our vision sees your perfect day 320 to 158 decided yesterday to extend total tax exemption for a period of arnings by a little judicious invest- seven years and fifty per cent. exempthe Consumers Cordage Company, which had previously announced that they were going to close their Dartmouth plant and do all their manufac Stocks are the most sensitive things company previously announced that in in the world. They are subject to consideration of receiving these ex- Four ducks on a pond lost every day by purely artificial ploy 75 men with an annual payroll of

Paris, March 5-Three young peas ants met in a wineshop in the village of Villers Bocage, near Caen, Thursday night and started a bee: drinking how much each could drink in a half "You say that the money is made hour. Georges Laprince, 24, had conby people on the inside track. Well sumed 24 glassfulls and still had a know nothing of the stock market minute to go when he fell from his and yet I put, on the advice of a chair. He was rushed to a hospital

Short of Breath Dizzy, Sinking Spells COULDN'T WALK FAR

Mrs. L. A. Oliver, Granville Ferry, N.S., writes:—"A few years ago I had dizzy, sinking spells so bad I could hardly stand up without taking hold of something to support me, and I could not walk any distance on account of being so short of breath.

"I had taken a lot of doctor's medicine, but it did me no good, only for the time being, so reading in the B.B.B. almanae about

almanae about



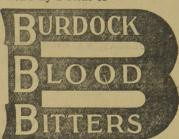
I decided to try them and found them to be just what they are recommended to be, and I feel that I owe my life to them."

Price 50c. a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Dyspepsia Troubled Him for Many Years

Mr. J. Savoy, Loggieville, N.B., writes:—"I have suffered for many years from dyspepsia and could not seem to get any relief.

"One day I told my wife I thought



and when I had half of it taken I felt a lot better, so I continued until I had taken two bottles, and now have no pains and no coated tongue, and feel that I am completely rid of my

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

YOUTH

You are the spirit of the spring, Of life, of joy, of blossoming! Across fair fields of asphodels The music of your advent swells. In the wide spaces of the winds Your shout and elfin echo finds

You are the hope of earth grown old Its budding morn, it's time of gold; You are the poem sages sung-Sung to the stars when earth was

starry diadem you wear Of lilies in your wind blown hair; Within your eyes deep azure glow Visions celestial come and go.

Pure joy is in your fresh young voice The song birds ilsten and rejoice; While in your wake the wild flowers

O Youth's bright spirit passed this way!"

Radiant in beauty, strong you stand The wondrous futre to command No fear, no shadow on your brow; Life, once was ours, it is yours now.

The Grail you carry in your hands With bits of myrrh from far off lands;

While in your heart earth's best hope lies-

Resplendent there and never dies.

Love, love to speed you on your way ratepayers of Dartmouth by a vote of While from our heart of hearts we

You are earth's springtime bossom

-Dorothea Hoaglin Hayden in The

A MEMORY.

A grass bank beyond A blue sky of spring White clouds on the wing What a little thing To remember for years-To remember with tears

W. J. IKVINE L.D.S., D.D.S

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