COLORLESS BUILDING IN LONDON IS CENTRE OF ROMANCE TO SAILORS

don, unknown to the many passers-by past master in the art. over Tower Hill, stands a gaunt build- The deserter who has received his days of Nelson as the "Chain Lock- entry in, and he will have a harder er," where he goes when he wishes time getting a ship without one. He to know the whereabouts of a quon- therefore takes it along to the fixer dam shipmate, or on other occasions who makes his price according to the the whereabouts of his "book."

terior and the forbidding business- remove all marks of a bad nature. like atmosphere of its interior, for By means of various ink removers fighting for sea supremacy, just in other entries in the book. the same manner that the steamships

is an intragal part, it is known as the ing with that ship, and "signs him General Register and Record Office up" for a second voyage on the ship of Shipping Seamen. The oficials in before that, forging the master's sigthis building are finest judges of sea nature. character in the world. They know what they want before you ask for it. They can distinguish the sailor from the landlubber, the anxious wife from the landlady who some sailor has "sloped" without paying up, the sh. . officer from from the irate boarding house runner who has been taken in deserter, who slinks up to the coun- forces to take to sea, but unless they ter, and in a humble voice asks, "Got had discharge books they were not my book here, mister?"

The laymen ashore cannot realize the vital necessity that causes a man ing for his book in the "Chain Lock- price, which was naturally very stir." to humble himself enough to go looker." It is is livelihood, and is his most as much as \$500 being asked at this important asset in the shipping game. time. It contans all the information that is required by the Shipping Master or the ship's officer signing him on, as to his ability and his character. Never does it find it way into the Chain lished by His Majesty's Stationerv Locker without a man has left a gbip Office. and cannot be found, or is dead; and The discharge books in war days also the books arrive there from all par 5 had to contain a photograph of the of the world.

In these days of competition, the A. B. or ordinary seaman has small did not deter the fixer. He had dies charce of signing on a ship without of the same kind made. He has also his discharge book, and usually there come requests through the mail for him to "put a man aboard ship" that the return of somebody's book. They the man in question never even saw get them back and are not surprised Yet a certain ship did sail on a cer to see stamped across the last entry tain date, under a certain master, but of signing: "Voyage not Completed."

The only entries under the stamp are those pertaining to the shir signed, the length of time signed fof, and the master's name.

"spoiled book" in asilor language.

Many of the old-timers are not unludy worried over this, as they know means of the "fixer."

of a decent size, and is to be found ly if they suspect the least entry in here in Montreal. He is the man em- it, and woe betide the suspect if there ployed by the seamen to make a good is cause for complaint.



that Just use Catarrhozone; it is a quick relief. It never yet failed to end any Cough, Cold, Bronchitis, or Catarrh. Thousands have used it with uniform success—that ought to le proof enough of what it can for you. The pleasant germ-killing medication is breathed from the inheals the sore membranes; it stops these diseases quickly. Nothing so entired the sore membranes and heals the sore membranes; it stops these diseases quickly. Nothing so entired the sore membranes and heals the sore membranes and heals the sore membranes. Large and heat well add more large and heat well. (size, lasts two months, price \$1.00; trial size, 50c. All dealers.

In the shadows of the Mint, in Lon- book out of a spoiled book, and is a

ing, known to sailors of the British book back knows that he will have a Mercantile Marine since before the hard time getting a ship with a bad work eh has to put in on the book, Romance fills every shelf and or the size of the man's pocket. The drawer in this building of shelves and usual fee on this side is about \$25, and drawers despite the hard looking ex- for this he guarantees that he will

within its walls the old salt can hark he first takes away all signs of the back to the times when the English stamp with the fatal story, "Voyage barque and the Yankee clipper were not Complete," and then looks up the

If he cannot get an entry which of today are carrying on the same old will give him some index to the writing of the clerk who made the first To the Board of Trade, to which it entries, he removes all writing deal-

> This is done in order to get the next entry to take on the apearance of having been newly made, and by various methods of treating the ink he is able entry to take on the appearance of hav

It became a common practice in the with an "advance note," or he can in Old Country during the war for men spoon by a long thread (238 degrees a minute distinguish from any the who did not wish to serve with the able to sign on. The fixer then did This frosting will not run. a roaring trade, and manufactured discharge books with plenty of good entries for anyone who cared to pay the

The books were almost identical with those issued by the Government, and even contained the words telling that this particular book was pub-

owner, which was stamped with a special Shipping Office stamp. This in his possession data which enables not with the man in question aboard, although his discourse book says this.

The practice continued after the war, when it became difficult for any one but a good man to get any sort of a job aboard ship, and work ashore and ability are left ominously blank, was even scarcer. A good book her for three hours. Serve with lemon nd the book is then known as a came more a necessity than anything sauce. at this time, and the possessor of one was a lucky man.

Some were sold, others were manuthat they are ways and means of factured, but there had to be an end crossing such bridges for a slight con- to it all some time, and when the sideration. Sume resort to the prac- books began to find their way into tice of borrowing another man's book, the "Chain Locker" it was discovered but it is not long before the deception that something was wrong, and the is discovered, to the borrower's dis- hapless possessor of a manufacture comfiture. Others take a harder road or doctored book found out to his cos which sometimes works. That is by that forgery did not pay when he wen to the office behind Tower Hill.

The fixer plies has trade in any por. The oficials scan the book minute

That is not the only branch of the

Every day there is a British seaman sent ashore to hospital in some) part of the world, or there is sometimes a death at sea, and this means that the mail for the Chain Locker is increased by the man's book, and the record of his death, so that relatives can consult the files and find out what they wish to know to obtain pos session of his effects which are kept in the shipping office at the first port of call.

Officers receive their "tickets" from the department. They are is Are you sneezing and sniffling, is sued upon the recommendation of the your head stuffed up? No need for Board of Trade examiners, and it is

QUICK FROSTING.

- 2 cups confectioners' sugar 2 or more tablespoons hot cream
- Add hot liquid all at once to sugar and beat well. Add more liquid it needed to spread easily.



Of Interest to the Women

1-2 cup cut nuts

ween lavers of cake

MACARONI SALAD.

1 cup cooked macaroni

1 1-2 cups grated cheese

2 small tomatoes and olives

Mix the macaroni and mayonnaise

and place on crisp leaves of lettuce.

Sprinkle the grated cheese thickly

over the top. Slice the hard boiled

eggs and tomatoes and place around

the edges. Add a few whole olives

SPONGE GINGER CAKES.

for added attraction. Serve cold.

1 tablespoon butter

1-2 cup sugar

1-2 cup milk

1-2 cup molasses

1 1-2 cups flour

1-2 teaspoon soda

1 teaspoon ginger

Bake in muffin tins.

1 teaspoon baking powder

Mix ingredients in order given

one application of

Vicks. Just rub on

throat and chest

OVER TYMILLION JARS USED YEARLY

VAPORUB

1 egg

2 hard boiled eggs

Head of lettuce

Mayonnaise

CHOCOLATE FILLING

- 4 squares chocolate
- 1 cup sugar
- 1-2 cup cold water
- 1 1-2 cups milk 5 tablespoons pastry flour
- 2 tablespoons cold water
- 2 tablespoons butter or other shortening

1 teaspoon vanilla

Cut chocolate into four or five pieces and put with water in sauce pan. Stir over direct heat until smooth. Add sugar and milk and bring to the boiling point, stirring constantly. Mix flour with water and add slowly to the first mixture, stirring until thickened. Remove from fire add butter and vanilla. Cool and spread.

BOILED FROSTING.

(Two-layer Recipe)

- 2 cups sugar
- 3-4 cup water

2 egg whites Boil the sugar and water until when tested it will hang from the Fahreiheit). Pour it over the beat en whites. Beat well and place the bowl in hot water. Beat until fluffy.

BUTTER FROSTING.

1-2 cup butter

- 2 egg yolks
- 1 1-2 cups confectioners' sugar

1-2 cup almonds

Cream the butter, add the sugar and the egg yolks. Spread on the cake when ready to use. Blanch the almonds bake in a moderate oven until light brown. Cut in pieces and sprinkle on the frosting.

ST. JAMES PUDDING

- 1-2 cup dark molasses
- 2 tablespoons melted fat 1-2 cup sour milk
- 2 cups flour (scant)
- 3-4 teaspoon soda
- 1-4 teaspoon each of salt, clove allspice, nutmeg
- 1 cup dates

Mix molasses, fat and milk, sift flour with soda, salt and spices add dates to flour mixture. Combine liquid and dry ingredients. Steam

MOCHA FROSTING.

For this frosting add three tablespoons of cocoa to the sugar. When well mixed add strong coffee, a few drops at a time, until of the right consistency to spread.

SOUR CREAM FILLING

- 1 cup sour cream
- 1-2 cup sugar
- 1 tablespoon cornstarch



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