A WRITER IN M'LEANS DESCRIBES A PULLMAN CAR AS AN HOTEL ON WHEELS

cle on Hotels on Wheels in McLean's plicity, however, a modern sleeping Magazine in which he sasy:

parlor and dining car services are the elimination of superfluous adorngrouped in one department. The Cana- ments. A modern dining car costs apdian Pacific and Canadian National proximately the same as a sleeper, but together have sufficient sleeper ac an extra fifteen thousand dollars is recommodation to 'put up' over thirty quired to equip it.

United States, the sleeping coaches time with passengers enough to fill six are owned and operated by the Pull- coaches-and the extra coaches must cific owns and operates its own sleep- "The majority of transconting

duly decorated with symbolic carv- available, and the number of through the coming of the vacuum cleaner and information taken in conjunction with tion enough for any seeming chasity who will board the train at the given things with oil lamps, silk slips and

SAINT

Live Stock Agriculture Industries

Amusements

Labor Day

Week नगत्त्व वर्षा वर्षा वर्षा क्ष

SEPT. 1. to 8, 1928

-JOHN EXHIBITION

Arthur Lowe has an interesting arti- | colored cushions. In spite of its simcoach costs anything from sixty thous-

thousand travelers at night—exclud- "With a railway, the supply of availing those who make the best of a bad able sleeping coaches must always exjob in the day coach. At a pinch the ceed the demand, for the demand is two companies could take care of an exceedingly elastic. A train may pull equal number of people in the dining out of Winnipeg fifty times with only "On the majority of railways in the coaches; it may pull out the fifty-first

Do you and Doris always dress

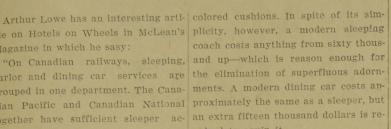
No; just on alternate evenings

SUMMER COMPLAINT

CAUSES MANY DEATHS AMONG INFANTS Thousands of mothers throughout



during the past 80 years it has been on the market, and their child's life no doubt saved by its timely use. Price, 50c. a bottle at all druggists or dealers; put up only by The T. Mil-burn Co., Limited, Toronto, Ont.



BAKED TOMATOES WITH FRESH CORN

6 good sized firm tomatoes

- 4 ears of corn
- 1 egg

1 teaspoon butter

VEGETABLE LOAF

- 3 cups grated fresh corn
- 2 tablespoons melted butter or may

Dash of pepper or seasoning to

17 teaspoon grated onion or a little

To the hot mashed potatoes add the grated corn, butter, seasoning. Beat the eggs until light, keeping 1 Brush bakedish with butter or margarine put in the mixture; smooth he top and brush with the egg. Place in moderate oven and bake 30 minutes, or until a nice brown. Serve with tomato sauce made as

TAPIOCA AND BANANA SPONGE

- 1-4 cup tapioca, granulated
- 2 eggs 4 ripe bananas
- 1-2 cup sugar



NURSES know, and doctors have declared there's nothing quite like Aspirin to relieve all sorts of aches and pains, but be sure it is Aspirin the name Bayer should be on the package, and on every tablet. Bayer is genuine, and the word genuine—in red—is on every box. You can't go wrong if you will just look at the box:



1 cup milk

Of Interest to

the Women

- 1 teaspoon salt
- 1 teaspoon lemon flavoring

1 teaspoon butter

Add the tapioca slowly to four cups of boiling water and boil 1 teaspoon salt and pepper to taste until clear. Separate the eggs and 1 tablespoon bread or cracker beat the whites, sugar and salt, together and add to the boiling tapioca OFFICEskin and scrape the bananas; cut Cut stem end from tomatoes and in half the long way; put in shalfrom cob, add well beaten egg, salt with butter; place in hot oven 15

Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Masson, Que.-"I was very nervous, Masson, Que.—'I was very nervous, on rervous that sleep was almost impossible and I was all run-down. I saw your ad in the paper and have taken eleven bottles of Lydia E. Pinkham's Vegetable Compound. I could not wish to feel better than I do, and I recommend it to all."—MRS. DELPHINE LAFRAMBOISE, Masson, Quebec.

New Carlisle, Que.—"I took Lydia . Pinkham's Vegetable Compound or a run-down system and it helped ne. My nerves are better and I have a ME BUTTLE, JR., New Carlisle, Quehec.



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Ottawa, August 2, 1928.

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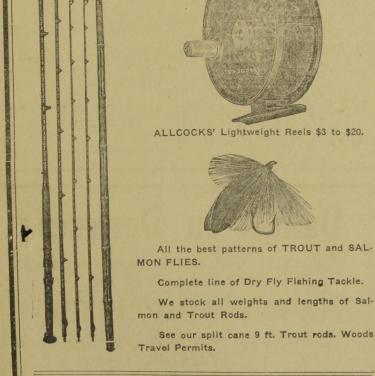
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