

# :- MINTO SHOPPING PAGE :-

## Of Interest to Women

### NOW'S THE TIME TO PUT UP MUSTARD PICKLES

With plenty of good things on the market for making mustard pickles, now is the time to replenish the pickle shelf.

There are times when it looks as though this problem of preparing three meals a day, seven days a week, seems just too much for a woman's ingenuity.

And then you add a good mustard pickle to the menu, and everybody tells you what a good dinner your served!

#### Vegetable Mustard Pickle

1 quart cabbage  
1 quart tomatoes  
1 quart green cucumbers  
1 cup green peppers chopped fine  
Cover with a weight for 24 hours, then drain well. Mix together thoroughly 1 cup flour, ½ cup mustard, butter size of an egg, 1½ cups sugar, ½ tablespoon turmeric, 1 quart good vinegar. Pour over the vegetables, boil well and bottle.

#### Sweet Mustard Pickle

4 quarts small cucumbers  
4 quarts white onions  
4 quarts cauliflower  
3 pints vinegar  
1-4 pound mustard  
1-4 cup flour  
1 ounce turmeric  
3 cups brown sugar.  
Peel onions, break up cauliflower, wipe cucumbers, place all in strong brine overnight. In the morning drain and wash, add to the above sauce, and boil ten minutes. Bottle while hot.

#### BEACH BAGS

Every community has its bathing beach today, be it natural water or a man-made pool. One girl, noting the number of people who came with their towels over their arms, and their suits dangling at their sides, decided there was a money-making field in making serviceable bags that would hold the belongings, dry or wet.

She used a rough-weave goods for the outside, and she took orders for large brightly embroidered monograms on some; others had coarse needlework designs on them. The bags were lined with rubber and a strong woven handle made them easy to carry. Some had zipper fastenings and others were left open. As one sold and it appeared at the beach or the pool, inquiries were made where the

bags could be procured; and thus the girl had many orders.

#### SPICY BEET SALAD

1½ tablespoons gelatin  
1-4 cup cold water  
1 cup boiling water  
2 tablespoons granulated sugar  
½ teaspoon salt  
2 tablespoons horseradish, grated  
2 cups pickled beets, diced  
1-3 cup pickled beet juice  
Lettuce  
Mayonnaise  
Sprinkle gelatin onto cold water and allow to soften five minutes or dissolve immediately in the boiling water, according to directions on the package. Add sugar, salt and horseradish and stir until sugar is dissolved. Chill mixture until thickened. Stir in beets and beet juice and pour into a shallow pan. Place in refrigerator to become firm. Cut into any desired shapes as hatchets, arrows or hearts to suit the occasion. Arrange on crisp lettuce leaves and serve with mayonnaise. This makes 8 salads.

### English Miners and Their Ancient Customs

(Continued from Page Two)  
they were, he informed me they were what were called the 'Seven Whistlers', and that whenever they were heard it was considered a sign of some great calamity, and that the last time he heard them was before the great Hartley Colliery explosion. He had also been told by soldiers that if they heard them they always expected a great slaughter would soon take place. Curiously enough, on taking up the newspaper the following morning I saw headed in large letters, 'Terrible Colliery Explosion at Wigan.'

Once more, in the 'Times' of September 1, 1874, another interesting instance of this superstition occurs, where it is related how a large number of the men employed at some of the Bedworth Collieries, in North Warwickshire, refused to descend the coal-pits in which they were employed affirming that the 'Seven Whistlers' had been distinctly heard in the neighbourhood of Bedworth.

English Miners had their special days in the calendar. Many of these are connected with their work. In

Cornwall, the second Monday before Christmas Day is a festival kept by the tinnners, and known as 'Pierous Day' in the neighbourhood of Blackmore. It is not at present marked by any distinctive ceremonies, but it is the occasion of a merry-making and the owner of the tin mine contributes a shilling a man towards it.

Hitchens in his 'History of Cornwall' says that it was at one time also customary in his country on the last Thursday that was one clear week before Christmas Day — popularly termed 'White Thursday', for the tinnners to claim a holiday, owing to a tradition that on this day black tin or ore was first melted or turned into whitt tin in this part of the country. The same authority also informs us that the 5th of March was observed by the tinnners of Cornwall as a holiday, which they call St. Piran's Day, because this saint is reported, in days gone by, to have communicated some important information relative to the tin manufacture. The three days in the year most rigidly kept by miners were Christmas Day, Good Friday, and Holy Innocents' Day; it was with them a popular notion that to enter a mine on one of these days would be followed by some misfortune.

The first Friday in March, popularly known as 'Friday in Lide', so called from Lide, Anglo-Saxon for March, has been observed among the tinnners in Cornwall by a serio-comic custom of sending a young man to the highest mound or hillock of the work, and allowing him to sleep there as long as

he can, the length of his siesta being the measure of the afternoon nap for the tinnners throughout the ensuing twelve months. In Saxon times mid-day sleep was common during the day shift.

#### SEND IT IN

If you have a bit of news,  
Send it in.  
Or a joke that will amuse,  
Send it in.  
A story that is true,  
An incident that's new,  
Never mind the style,  
If the story is worth while,  
It may help or cause a smile,  
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