

Grand CULINARY CONTEST

Of Interest to Women

WINNERS OF WEEKLY PRIZES
IN THE DAILY MAIL COOKING CONTEST

Three Weekly Prizes Awarded in Keen Contest —
9 Honorable Mentions

Oatmeal Date Cookies
3 cups rolled oats
1 cup flour
1 cup brown sugar
¾ cup butter and shortening
1 teaspoon baking soda in 2 table-
spoons cold water
1 teaspoon almond
Pinch of salt.
Mix dry ingredients together, work
in butter and shortening, add soda,
water and almond. Roll very thin.
Bake in moderate oven.
Put together with filling made with
1 cup dates
½ cup water
½ cup sugar
Cook until soft, add 1 teaspoon vani-
lla and 1 teaspoon butter.
—Mrs. Douglas Terry

VIENNA CAKE
4 egg yolks
1 1-2 teaspoons baking powder
1 cup sugar
Salt
3 tablespoons water (cold)
6 egg whites
1 1-2 tablespoons cornstarch
1 teaspoon lemon extract
Flour
Beat yolks thick, add sugar gradu-
ally while beating, then add water.
Put cornstarch in cup and fill with
flour, mix and sift with baking pow-
der and salt and add to first mixture,
then add egg whites beaten until stiff
and lemon extract. Turn into an angel
cake pan and bake in a moderate

oven for fifty minutes. Remove from
pan, cool, thin cut crosswise so as to
make four layers of equal thickness.
Put between the top and bottom lay-
ers Mocha filling flavored with sweet-
ened chocolate. In centre and over the
whole outside of cake use Mocha fill-
ing flavored with vanilla. Sprinkle
entire surface with nut brittle.
Mocha Filling
Mix 1-3 cup sugar, 1-3 cup flour, 1-4
teaspoon salt together and add gradu-
ally two cups scalded milk. Cook
this in double boiler, stirring con-
stantly until mixture thickens and
afterwards occasionally. Wash one cup
butter, add to cooked mixture and let
stand until cold, then add one tea-
spoon vanilla.
Nut Brittle
Ranch and chop almonds, there
should be ¾ of a cup. Put in a small
omelet pan with 1-3 cup sugar, place
on range and stir constantly until sug-
ar is well caramelized. Turn into
slightly buttered pan, cool and roll un-
til quite fine. Add this to the frosted
surface just before serving.—Mrs.
Earl M. Young.
**HONORING THE FIRST
AMERICAN COOKS**
In the month of October, we honor
each year the memory of Christopher
Columbus on the anniversary of the
day when he sighted the land of the
New World—now nearly five hundred
years ago.

Running for 12 Weeks

Mother's Day or the Modern Way

WHICH IS THE BEST?

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THERE IS NO ENTRANCE FEE

All that it will cost you is a few cents worth of
material and a little extra time

Enter the Contest Today!

As a part of this celebration school
children study the history of corn,
one of the most important gifts to
mankind from the New World. We
are all familiar with the old story of
how corn saved the first settlers in
the Americas from starvation and
helped the pioneers in the struggle to
push westward. Too often the prin-
cipal character in the story is over-
looked. The kind of corn Columbus
found was developed from a wild
grasslike plant by generations of cul-
tivation. It was a crop which had to
be harvested, stored and cooked for
use. In all this work the Indian woman
took the leading role.
Like women everywhere, the squaw
did more than keep body and soul to-
gether with enough to eat. She put
some imagination into the job and
had many recipes for cooking corn to
pass on to the pioneer white woman
who fed her family with this unfa-
miliar grain.
The Indian homemaker of Col-
umbus' time made ash cakes, or
Columbus' time made ash cakes or
no-ake, the forerunner of journey or
johnny cake. There were corn panes
or pones; corn dumplings with veni-
son stew; corn pudding with maple
syrup; parched corn with one Indian
name that sounded like hominy to the
English settlers; samp made by re-
moving the hulls of corn by soaking
in ash water (a weak lye solution);
beverages of ground, parched corn
sweetened with honey or maple syrup.

PRIZE WINNERS
FIRST—Mrs. R. S. Curll, Chocolate
Cake.
SECOND — Miss Greta Crewdson,
Scotch Cakes.
THIRD—Mrs. James Kirkpatrick;
Lemon Pie.
HONORABLE MENTION — Mrs. J.
B. Kileen, mustard pickles; Mrs. Earl
M. Young, Vienna cake; Mrs. Douglas
Terry, oatmeal date cookies; Mrs.
Gordon Garvie, date macaroons; Mrs.
Thos. L. Kane, white bread; Mrs. John
M. F. McKenzie, Experimental Sta-
tion, cinnamon buns; Miss M. M.
Green, milk rolls; Mrs. T. C. Barker,
Ritz bars; Mrs. Byron Brewer, cho-
colate cake.
The prizes were: Two pairs of Silk
Stockings, donated by Fred Barnes,
the new Dry Goods store; Large Py-
rex Pie Plate, donated by E. M.
Young; Ladies' Handworked Cooking
Apron, donated by The Novelty Shop.

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