Of Interest to Women

TENDERFOOT HIKERS SHOULD READ THIS

A Little Trouble Saves Many Miles of Agony

powder before starting out.

into the skin with your fingers, using holiday provides. & circular motion from toes to ankles. This removes loose skin and helps circulation. Gently rub off hard skin with a pumice stone, and give your feet another starch-and-boracic dusting before going to bed. The nails sweetened condensed milk. The latter States and "we maybe could make Quen second. Remove all the titles case. If the time ever comes when should be cut straight across, not too cannot be used as a substituted for some arrangements with them satis- and you could remove all splendor and you feel like it, it will be all right with

swollen with walking, so buy them at milk and sugar in its manufacture. least half a size larger for hiking than

badly dried are very harmful to the feet. Stuff a wet pair with dry bran; in ice cream makes a smooth inexthe uppers and prevents them from losing their shape. * * *

HOLIDAYS

From the point of view of mental and physical hygiene, the summer holiday is a most valuable institution, writes Sir W. Arbuthnot Lane. One need not be a profound psychologist to appreciate how modern life with its ofttime depressing routine, its rush and bustle, tends to wear down the with discontent and weariness. In factory or office and professional act. ivities is much more exacting than and forms of tender obtained at the ever before in the history of civiliza- offices of the Chief Architect, Departtion. Expecially, too, in these times of economic stress, the social responsib
Resident Architect, Old Post Office
Building, Saint John, N. B., and the

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To prevent footsoreness following a man and woman take their job more long tramp, dust your feet all over seriously. The struggle for existence with a mixture of starch and boracic in the industrial and professional worlds is more keen, Sheltered occupations are few and the net result is On your return, give your feet a that summer finds all classes of workbath all to themselves. Use plenty of ers yearning for that break from the antiseptic soap, lathered, and rub it routine of their lives which the annual

CONDENSED MILK

Do not confuse evaporated milk and short, for they protect the tenderest cream in a frozen dessert because its factory to them that we could get that couple, with us. Your views we know are honestly He devils the life out of you English high concentration of sugar would re- back with 'em' Tight stockings that compress the tard freezing. When used in frozen The comedian, speaking from Holly- as representative a British family as to be any loss of friendship, I assure of fond of you and he can't go back toes are responsible for as many tendesserts, sweetened condensed milk wood over the radio said that the Un- I imagine it would be possible for you you. der feet as are tight shoes. Those that serves the purpose of a cream-egg-and ited States "had bit off a little more to find in your whole Empire. fit closely when first put on will imsugar custard base, due to the thorliberty than we can handle". pede circulation after the feet are ough blending and pre-cooking of

Ice cream made with tapioca in the lows: Shoes that have got wet and been do not require stirring in the tray great week, haven't you? We have has ever been invited over there. Big pensive ice cream, which requires no and I guess you are pretty well worn ing of inviting them. We are kind of attention from the time it is placed in out. To make your fatigue complete, crude anyhow, but maybe we have the tray until it is removed for serv- have asked me to speak to you, and overlooked that. I will take it on my-

> Gelatin, cornstarch and junket are also used as thickening agents in ice over there. Well, it's early in the cream bases



dersigned and endorsed "Tender for and bustle, tends to wear down the alterations and additions to Armoury, nervous system, filling our minds Saint John, N. B.", will be received untili 12 o'clock noon (daylight sav- styled good-will ambassadors. That's do it. He is a good guy. Come over spite of the shortened working hours the erection and completion of alof today, I am convinced that work in terations and additions to the Ar-

Caretaker, Post Office Building, Fred- no message from America is so busy

with the conditions set forth therein.

of the Canadian National Railway Company and its constituent companbonds and a certified cheque if required to make up an odd amount.

-The Department, through the Chief Architect's Office, will supply blue prints and specification of the

> By order, N. DESJARDINS,

Department of Public Works, Ottawa, August 12, 1935.

CRAIG'S GARAGE

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WILL ROGERS' ADDRESS TO ENGLAND DURING JUBILEE **CELEBRATION WAS NOTEWORTHY**

Regarded As More Than Mere "Stunt" His Words Now Recalled With Redoubled Interest—Admits He is Admirer of the English

lee celebrations of the King and the accent. Queen. At the time they made a re- | "This jubilee is a great tribute to markable impression, and were re- your King and Queen, but it was their ets at the tea interval. Fifteen thousples of the two nations.

TEXT OF SPEECH

without an interpreter. "I imagine it is just about tea time

and death. I know we have over here.

"I am one speaker that brings you jumping from one scheme to another that we haven't any time to send a mes-he Department and in accordance sage to anybody. Any one goin' or speakin' from one country to another Each tender must be accompanied y a certified cheque on a chartered says, 'I bring a message', I don't think bank in Canada, payable to the order he was ever authorized to do so by of the Honourable the Minister of anybody else and I am sure these anybody else, and I am sure these of the amount of the tender, or Bearer Bonds on the Dominion of Canada or come from your country bringing us good-will were not doing so by popular the just wants to talk about his cause. ies, unconditionally guaranteed as to vote of the British Isles; and you principal and interest by the Dominion of Canada, or the aforementioned over but not for that recent over, but not for that reason.

ADMIRER OF CUSTOMS "I am just a humble admirer of a

few of your-well, in fact, of many of on deposit of a sum of \$10.00, your customs, and a great many of in the form of a certified bank cheque your people. I hope no one has ever

"We both have manners and cus- eral strike of '26. toms that drive each other pretty near | "I landed in England on the opencrazy and an American with a mouthing morning of that strike and was

and we want no war with anybody had consideration for the other's view else. If you get new planes, our papoint. It was a great insight into the pers' are full of it. If we get a new nature of the British people. propeller for the old plane, we have "And I was there during the Hatry it's war preparation.

foreign news that is printed in any paper men who left the conference-

THE SAVING GRACE "We will never have trouble with each other, England, you or us. We "We used to be with them and we funny to us and we are like a mickey liberty than we can handle. nouse cartoon to you'

The tragic end to the life of Will at the opening of the disarmament Rogers recalls the words he address conference. He spoke with very little ed to England during the Silver Jubi- English accent, almost an American in the fifth and final cricket test match

garded by many as more than a humanness that made the jubilee pos-"stunt", actually as a contribution to sible. It wasn't the fact that they had better understanding between peo- ruled for twenty-five years. You wasn't honoring years. You were honor-Rogers made the suggestion that ing people. There has been a real would be liable to mention something

INVITES KING AND QUEEN

"We'd like to have the King and morning over here. I am just drink- Queen come over - we all admire ing my coffee-coffee; you wouldn't them. They ought to see this country know what that was, I mean-I have- -got a lot of fine British subjects n't had my breakfast yet. There are over here, and everybody has left it not many countries I would get up to everybody else to do the inviting, and I never heard of them being invit "I'd like to say right away, please ed so I am going to do it. Tell the don't mistake me for one of those self- Prince of Wales to get after them and

moury, Saint John, N.B.

about good-will. So get me right, stepped on in Hyde Park, when Mr.

Plans and specification can be seen England, I bring you no good-will. You Mosley had his Black Shirts there. It about good-will. So get me right, stepped on in Hyde Park, when Mr have, I know, been good-willed to showed me England, like America can never have Communism, Fascism, or nudism, or any other ism. Here was the Black Shirts, and about a hundred yards away was the Communists, and in between was half of London laughing at both of them, and when I thought there was going to be a war it

"They sang 'God Save the King' and all went home satisfied. They all had had their say, and, after all, nobody wants his cause near as bad as

"England, you solved that problem. You certainly let 'em talk. I wish we would do a little more of that over here. Maybe it would be better for us. We would let 'em get it off their

Calmness in Strike

"I could go on and repeat a lot of payable to the order of the Minister of Public Works. The deposit will be released on return of the blue prints abroad, and perhaps you have sent taken place in the twenty-five years of and specifictation within a month from the date of reception of tenders. If the date of reception of tenders. If not returned within that period the deposit will be forfeited.

It is a many nonrepresentative dies of two or three things I happened to or in any country are the ones that see with my own eyes, because I was in England. I saw you people when you were really under fire, in the gen-

> ful of chewing gum can get on your there throughout it, and it was the nerves almost as much as an English-spirit of the way the people acted, man can with only one eye full of monocle can get on ours, but, after all, neither commodity contributed to the success that the nations have the success that the nations have Well, it really got on us Americans "You want no war with us, nor, nerves that nothing did happen. Each for that matter, with anybody else,

your papers headline the fact, saying trial, which took place at the same time as the disarmament conference, "Anything of a war nature is all the when there was over a hundred newscountry. In fact, every country has wasn't much doing there-and they to read the papers every morning to went to the trial and wrote millions see who you are sore at that day. Yet of words lauding English justice and every nation must be doing many fine the courts, and the points of view of and beneficial and humanitarian handling the giant swnidler like that things, but if it is not about war, it is fellow Hatry was. I will never forget not in the other countries's papers. the judge's talk to that fellow after the verdict.

A Large Bite

both have humor. If we started to maybe could make some arrangement fight, we would have to stop in the with them satisfactory to them that middle and start laughing at each we could get back with 'em. It looks other. I don't know-you are naturally like maybe we hit off a little more

"Lots of my friends thought on ac "I heard your King make a speech count of my having so little tact I DEFENSES STRENGHTENED

PANAMA, R. P., August 15-Strengthening of anti-aircraft defenses of the Republic of Panama by the U.S. Army, particularly in the vicinity of he Costa Rican frontier, was reported unofficially yesterday. Radio detection stations to advise headquarters of the approach of enemy aircraft will also be established, accord-

LONDON, Aug. 19—Batting stolidly against England today, South Africa and spectators watched the opening

their families of children, would be well-founded and there is never going folks, but I know at heart he is kind

base are among the ice creams which "Hello, England! You have had a people like that. I doubt if Roosevelt sensitive to little things like that. on."

LISTER and **EMBLETON**

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"Before I close, give my love to "So, long life and happiness to your "By the way, I don't believe he was Lady Astor and Lloyd George. I know King and your Queen, and even if they ever over here, even in his sailor days. him. Give him my best regards and don't come over, let us know if there The text of Mr. Rogers's speech fol- Maybe, it was because nobody ever in- oh, Bernard Shaw, but don't tell him is any chance of us joining you all on vited him there. I know how it is with I left him to the last. He is kind of about the same terms as Canada is

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