

CAMPAIGN SHOTS

Reports received today from both York and Sunbury County are to the effect that W. G. Clark, the Liberal candidate, is gaining ground daily in all parts of the riding, and is bound to carry the joint counties by a substantial majority. A well known resident of Sunbury County who was in the city today, when asked about the election, said: "There is nothing to it. You watch the majority which the Liberals will roll up, down in our county on Monday next."

There are only two parties to consider in the present election—the Liberals and the Conservatives. The others are only freak parties.

No sane person wants to try new freak forms of government at the present time. The Conservatives have had a trial during five years and failed. Even their best friends know that the Conservative party has no chance. The only party that has a chance is the Liberal party led by Hon. Mr. King.

If York-Sunbury wants to be in the procession after October 14, send W. G. Clark to Ottawa with a good majority.

If the good Lord should take Brother Stevens who would lead his party out of the wilderness? He is the top, sides and bottom of it.

The incompetent Canadian Radio Commission outfit which has sought as much as possible to control the air in the interests of the Tories, will soon get the run. The Commission is a frost anyway and will soon get the run.

Have you had enough of the conditions of the past five years? If you want more of these depression conditions vote for Bennett and Hanson. If you want prosperity vote for King, Clark and prosperity. It's up to you, boys and girls.

According to careful observers King will have 60 supporters in Quebec, at least 40 in Ontario and 20 from the Maritimes. This would mean, at the very least, 120 or practically half the 245 seats, which constitute the House of Commons. Does anyone think for a moment that the Liberals will have no supporters in the remaining four provinces of Canada? Does it seem reasonable? It looks like a wave, upon whose crest Mackenzie King will have a big, clear majority over all parties when the votes are counted on Monday night.

Concerning the interruptions that have punctuated meetings of all political parties since the campaign got hot, Rt. Hon. W. L. Mackenzie King, Liberal leader, speaks in this vein: "If I had suffered as some of those people have suffered, would I sit silent and make no protest?"

That is a question every individual can ask himself. It will require some diligent heartsearching to give a correct answer.

In the British Empire, said Mr. Bennett at Brandon, there was a traditional policy of accomplishing ends by the peaceful means of persuasion.

When Rt. Hon. W. L. Mackenzie King went to church in his Prince Albert constituency during his trip there, the minister met him at the door.

"I am glad to meet you, Mr. King. But I am not a Liberal," said the minister.

"The vilest sinner may return," answered the Liberal leader.

Mr. Bennett says that "poverty is an asset. So he has been trying to give Canada assets. That's it. Eh!"

Night Coughs

Quickly checked without "dosing." Just rub on VICKS VAPORUB

HOUSEHOLD PRICES

In addition to the two cents per pound which the housewife has to pay for every bit of sugar, under the present Bennett tax, on many articles of household use we are compelled to pay through the nose in comparison to the price paid for the same article in our neighboring country side of the State of Maine. Why is there such a difference in the price paid by the consumer in Canada? Compared with those in the United States for hundreds of articles that are in everyday use in our household and upon the pantry shelf, the Canadian retail merchant is not to blame. He sells on a closer margin of profit than does the merchant in the United States. The wages and standards of living are if anything a little higher in the United States than in Canada. Our Canadian workmen are just as efficient and are just as anxious to work as those in the United States.

While the sales tax which had been reduced by the Liberals from six per cent in 1930, was raised to again six per cent by Messrs. Bennett and Stevens. Most of the articles sold in Canada are now subject to the sales tax. This does not account, however, to the great difference in prices shown in the list given below. Why then is the difference?

A partial list of articles of household use represents good of the same quality. The list is interesting.

	Canadian	U.S.
	Purchase Price	Purchase Price
Maxwell House Coffee	42c	28c
Chase & Sanborn Coffee—1 lb.	37c	25c
Miracle Whip Mayonnaise Dressing—1 qt.	53c	35c
Gold Dust Powder, 4 1-2 oz. pkg.	5c	
Gold Dust Powder, 14 oz. tin	5c	
Matches—6 large boxes	50c	21c
Ivory Soap, medium—12 bars	84c	50c
Lifebuoy Soap—1 cake	8c	5c
Old Dutch Cleanser—3 cans	20c	15c
Kraft Relish—1 jar	23c	17c
Aunt Jemima Pancake Flour—1 lb. 4 oz.	16c	12c
Ovaltine—16 oz. tin	96c	
Ovaltine—14 oz. tin		48c
Canned Peaches, Aylmer—16 oz. can	21c	
Delmonte—29 oz. can		24c
Canned Peaches, Aylmer—16 oz. can	21c	
Delmonte—29 oz. can		20
Gillette Blue Blades—10	50c	37c
Bayer Aspirin tablets—100	98c	43c
Pepsodent Tooth Paste—large tube	39c	29c
Lifebuoy Shaving Cream—1 tube	35c	26c
Noxema—4 oz jar	54c	39c
Woodbury's Cold Cream—3 oz jar	50c	
3 1-3 ozs.		39c
Mead's Dextrin Maltose—1 lb.	79c	59c
Heater plug	30c	15c
Eveready battery—No. 950	15c	10c
Porcelain Electrical receptacle	20c	10c
Double socket	20c	10c
Brass socket	25c	15c
Knife switch—2 pull	50c	19c
No. 226 Radio Tube	\$1.10	59c

SOCIAL WORK BODY TO FIGHT GAMBLING

TORONTO, Oct. 9.—In a bulletin released yesterday, the Social Service Council of Canada announced that an educational campaign against gambling will be instituted.

Vote Clark and get action.

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Of Interest to Women

EVERYDAY ANTISEPTICS ARE HOUSEHOLD NECESSITIES

It is Most Important to Maintain Supply of Efficient Drugs for Reducing Bacteria

At first, antiseptic drugs were used for the purpose of killing bacteria, but we have learnt that strong antiseptics often kill the cells of the body or poison them so severely that they either die or recover very slowly, published by the Canadian Social Hygiene Council. In consequence even physicians usually content themselves with drugs that are not so poisonous to bacteria, but simply lead to their reproducing less frequently.

Tincture of iodine will kill bacteria fairly rapidly if it reaches them. It, however, irritates the cells of the body more or less. There are three solutions which are termed tinctures of iodine, the Strong Tincture containing 7 1-2 per cent iodine, the Weak Tincture which contains 2 1-2 per cent and the 5 per cent, Tincture of the Canadian Formulary. All these tinctures are made with alcohol, and for this there is a very good reason.

Why Use Alcohol

Normally to the naked eye the skin of the back of the hand, for example, though crossed with many fine folds, looks smooth. This smooth look, however, is partly due to a thin layer of the fatty secretion from the glands in the skin. If one dissolves off the fat with alcohol, the skin looks much rougher, and indeed is so, for now many of the little dead scale-like cells which form the outer coat, are no longer lying flat, but are partly detached. These scales are constantly being shed and replaced by cells from below, and bacteria may easily find a shelter under them. Bacteria are always present on the skin. Washing with soap alone will remove many of them, but not all. But the skin offers another excellent hiding place for bacteria, in what are commonly called the pores of the skin. These are really little tubes from which is poured out the sweat and the fatty secretion, and on many parts of the body there are also the little tubes through which the hairs emerge. Bacteria can readily gain access to these tubes and live in their content. If the right variety gains access and grows luxuriantly, boils or pimples are produced.

The advantage of using a solution of a drug in alcohol is that the alcohol can readily dissolve in the fatty covering and can, because of this, also gain access to the pores and take in the iodine or other poison with it, so reaching many bacteria. A solution in water runs off the surface, as it does off a well-greased duck's feathers.

When the surgeon is compelled to cut through the skin he paints the area with tincture of iodine, usually 5 per cent because then as he cuts the skin and squeezes out some of the content of the pores most, if not all, the bacteria will be dead and after he sews up the wound, living bacteria are not apt to be poured out by the sweat and spreading over the skin reach the cells and tissue he has damaged with his knife.

The Small Cut

Tincture of iodine is used for the small cut for the same reasons. Where the cut has been made tissue has been damaged and the scale-like outer layer has been broken, exposing cells which the bacteria can easily poison and live upon. When one applies the tincture it will kill the bacteria lying in the wound and also those lodged nearby. But it hurts because the alcohol and the iodine irritate the fine nerves which have been exposed by the cut. If the cut is bleeding freely, the iodine is washed away as fast as it is put on. The bleeding also washes away bacteria and it is often well to wait a few minutes till bleeding stops. The damaged nerve fibres also soon become less easily irritated and the iodine causes less pain. Where the skin is not broken, tincture of iodine does not hurt.

Mercurochrome is a dye which will kill most bacteria. If it is used in solution in water it does not hurt so much as iodine, but it will probably not reach so many bacteria. If dissolved in alcohol it will reach more of them but then it hurts.

Alcohol (70 per cent) alone will kill many bacteria, but not very quickly.

Mouth, Eye And Nose One rarely uses tincture of iodine

In the mouth, eye or nose because it would be too irritant. Here we must make use of much weaker and less efficient remedies, a solution of boric acid (or boric acid) for example. The best way is to boil some water and add boric acid until when it cools some little amount of boric acid falls to the bottom. Then if it is to be used in the eye one adds an equal amount of boiling or boiled water. All the boric acid will do is to kill a few bacteria and keep the rest from multiplying so rapidly. Stronger remedies should be left to the doctor. The saturated solutions of boric acid is often put in cotton or gauze under oiled silk or rubber over a boil. Here its main purpose is to bring the boil to a head and when the boil bursts to aid in keeping the bacteria from being rubbed into the nearby pores of the skin.

Argyrol and many other silver preparations are used in solution in water in the eye and nose. They have no greater effect than boric acid.

Head Colds

In this country with its overheated buildings in winter, the nose often becomes unduly dry and the sudden changes in temperature from within the buildings to without, may lead to changes in the body and the nose, such that the germs which are always present get a chance to multiply and produce a cold in the head. It is indeed possible that the swelling within the nose and the marked secretion may precede the infection. Many physicians recommend today oily solutions of drugs which may be used either in an atomizer or even better is the form of drops. The spray from even the best household atomizer does not spread over a very large part of the nose, but if one puts in two or three drops and closes the nostrils, and then does a little gymnastic exercise, a larger area may be covered. The exercise consists in holding the nostril while putting the head between your knees and trying to kiss them or the calves of your legs; then as you bring the head back twist it from side to side and finally tilt it as far back as possible and do the same. The antiseptic drugs used in the nose are not very potent and many people can stand only weak solutions in oil (liquid paraffin). The drugs so used, thymol, menthol, eucalyptol, have marked odors. They would be more apt to poison the bacteria could they be readily dissolved in water, but unfortunately they are insoluble in it. Argyrol and the other silver preparations may be used dissolved in water in the atomizer or as drops. Again, they are not very efficient.

Killing Germs

These are the common antiseptics useful for household use, apart from a physician's instructions, save those which are used for killing germs in household articles, chambers, sputum cups or linen. For these, boiling is much the best and safest means. Mercuric chloride (corrosive sublimate) is sometimes used, but is very dangerous as but a little of it causes a fatal type of poisoning. It should never be kept in a household cabinet but put away out of reach. Crude carbolic acid or creosol may also be used for cups and basins, as on account of their vile smell they are less likely to be taken, but are also dangerous poisons and will burn the skin if they get on the body.

Chloride of lime, mixed with water, gives off a little chlorine which will kill bacteria and also decrease many odors.

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CAMPBELLS VEGETABLE SOUP 1's Per tin	10c	MATCHES BLUE RIBBON 3 boxes	25c
PUFFED WHEAT 2 packages	19c	Imperial MUSTARD 1/4's Per tin	15c
RANKINES CREAM SODAS 15 oz. Waxtite pkg. Per package	15c	WOODBURY'S FACIAL SOAP 2 cakes	19c
QUALITY PEACHES 2's HEAVY SYRUP Per tin	15c	Old Dutch CLEANSER Each	11c
NATURES BEST TOMATO JUICE 1's 5 tins	25c	PEERLESS GROUND NUTMEG 2 oz. Per package	10c
OXYDOL Buy 1 Large Package for	25c	KELLOGG'S CORN FLAKES 3 packages	25c
Get 1 Small Package for	01c	OVALTINE 4 oz. tin	39c
INGERSOLL MALTED CREAM CHEESE 5 oz. Per pkg.	10c	8 oz. tin	59c
FRY'S UNSWEETENED CHOCOLATE 1/2's Each	25c	BRETTS MARMALADE 32 oz. jar	35c
Marachino Cherries 3 oz. Per bot.	15c	TRU-FRUIT 16 oz. jar	23c
PATTERCRISP Per pound	29c	GILLETT'S LYE Per tin	12c
PEERLESS SAGE or SAVOURY Per package	12c	RANKINES DERBY MIXED Per lb.	15c
		Aeraxon FLY STOPS 4 coils	9c
		COW BRAND SODA 1's Per package	10c
		ROMAN MEAL Per package	35c
		PEERLESS BLUEING Per package	10c