

Grand CULINARY CONTEST

Of Interest to Women

WINNERS OF HONORABLE MENTION IN THE DAILY MAIL COOKING CONTEST

The following is another of the recipes which was awarded honorable mention in the judging of The Daily Mail Cooking Contest which took place on Wednesday, October thirtieth:

Ritz Bars

1 cup flour
½ cup butter
2 tablespoons sugar
Mix together and bake in cake pans for five minutes. Let cool.
Spread following on top:
½ cup coconut
1 cup walnuts
1 cup dates
2 tablespoons flour
½ teaspoon baking powder
1½ cups brown sugar.
2 eggs, well beaten
Flavoring
Pinch of salt
Put back in oven for ¾ hour. Cool, add frosting.

Frosting

Butter size of an egg
2 tablespoons orange juice with a little of the rind grated.
1 egg yolk, vanilla.
Mix with icing sugar, spread thin coat on top. Cut in strips.

—Mrs. T. C. Barker

LESS SPINACH AND MORE APPLESauce FOR CHILDREN

(By Jean Lyon)
What the modern mother needs is a little less ambition and a little more fun with her children. She's too serious about this business of child rearing by chapter and verse. She takes things so to heart. Like prune juice, for instance, and kisses.

"She'll find out later that she might better have mixed some pears with the prunes, and some kisses with her tactile restraint", said Helen Merrell Lynd, professor of social science at Sarah Lawrence College when she spoke yesterday to members of the Child Study Association. She was talking to ultra-modern mothers, and she told them that they might learn a thing or two from savage tribes where mothers nurse their babies until they are 4 to 5, and where children are happy despite their lack of French and piano lessons.

A Break in Training

"We modern mothers", she said, (and she included herself in the phrase, for she is a mother of two young children as well as a professional woman, and a wife who writes books with her husband), "know that it is important to be consistent with children. But do we know when to be inconsistent? Do we know when to let the child suck his thumb?"

"We know", she continued, "that fathers and mothers should agree about their children. But do we know when to disagree? Do we realize that the child may get a richer knowledge of his parents' differing personalities from hearing some disagreements rather than from being continually surrounded by a superficial show of agreement?"

She Was Right

Mrs. Lynd feels that the root of the whole trouble lies in the modern American woman's desire for success. With the free choice which women have acquired in the last

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generation—choice of whether or not to marry, choice of profession, choice of when to marry, choice of the mate, choice of whether or not to be mothers—the modern woman feels a compulsion to succeed in the thing she chooses.

"Having chosen marriage and parenthood", said Mrs. Lynd, "we feel that we must justify our choice by succeeding". This desire to succeed as a parent is just as strong. Mrs. Lynd said, in the woman who continues to hold a job as with the woman who turns entirely to motherhood. In either case she feels it necessary to prove that she was right in choosing to have children.

PRIZE WINNERS

First—Mrs. W. H. Williams—Waldorf Squares.

Second—Mrs. Douglas Terry — Sea Foam Raisin Spice Cake.

Third—Mrs. E. M. Young—Doughnuts.

Honorable Mention—Mrs. B. S. Morton small cakes; Mrs. Thos. L. Kane, puff pastry tarts; Miss Doris McMaster, Ginger Snaps; Mrs. Beatrice Jones, plain biscuits; Mrs. Gordon Garvie, plain white cake; Mrs. Byron Brewer, doughnuts; Mrs. Ralph Henderson, ripe cucumber pickles (Russian Bear); Mrs. H. F. McLeod, doughnuts; Mrs. Arthur Crowley, layer cake.

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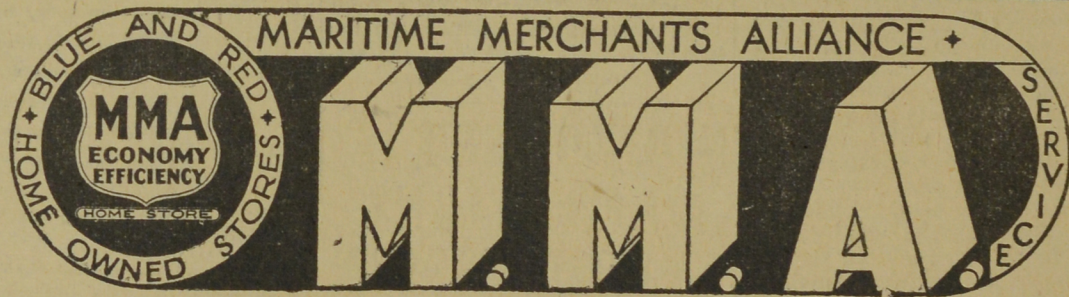
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