

# Theatre of The Air

## THURSDAY'S PROGRAMMES

CFNB, FREDERICTON, 550 K.  
8.10—"The Listening Post."  
9.00—Enterprise Foundry Program  
9.30—Birthday Party  
9.30—Maytag Melodics  
10.00—Concert Period  
10.15—Studies in Black and White  
10.30—Strings  
10.45—Dance Music  
11.00—Happy Warrior Hour  
12.00—Purina Program  
12.15—Building Products Program  
12.30—Sherwin-Williams Musicales  
1.00—Waltz Time (Frigidaire)  
1.30—Marconi Hour  
2.30—Royal York Concert Orchestra  
4.30—Music Box Revue  
5.00—Monitor News  
5.30—Dance Music  
5.45—Symphonic Gems  
6.15—Canada Cement Program  
6.30—Burgess Battery Program  
6.45—McDonald Program  
7.00—News Bulletin  
7.15—Souvenirs in Music  
7.30—Canadian Press News  
7.45—Dinner Hour  
8.00—Rex Battle and His Orchestra  
8.15—Adolf Wantroff  
8.30—Young Tim  
8.45—Herring's Novelties  
9.00—The Plainsmen  
9.20—Agricultural Talk  
9.30—Ben Kye and Orchestra  
10.00—For You, Madame!  
10.30—Gentleman Jim  
11.00—Chamber Music  
11.30—University Lecture  
11.45—Canadian Press News

## WEAF, NEW YORK, 660 K.

5.00—Radio Review  
5.30—Girl Alone  
5.45—Tintype Tenor  
6.00—Dorothy Dresslin  
6.30—Three Scamps  
6.45—Clara, Lu and Em  
7.00—Flying Time  
7.15—Esso News Reporter  
7.30—Press-Radio News  
7.35—Talk  
7.45—Billy and Betty  
8.00—Amos 'n' Andy  
8.15—Popeye, the Sailor  
8.30—Music is My Hobby  
8.45—Life Studies  
9.00—Rudy Vallee  
10.00—Show Boat  
11.00—Paul Whiteman's Music Hall  
12.00—John B. Kennedy, talk  
12.15—Leonard Keller's Orchestra  
12.35—Meredith Willson and Orch.  
12.45—Jesse Crawford, organist  
1.00—Ben Bernie's Orchestra  
1.30—Willie Bryant's Orchestra

## CKAC, MONTREAL, 730 K.

4.30—Do You Remember?  
5.00—Beauty Talk  
5.15—Steel Pier Hawaiians  
5.30—Greetings from Old Kentucky  
6.00—Social Announcements  
6.15—Odette Olinig  
6.30—Fireside Program  
7.15—Classical Interlude  
7.25—L'Heure Recreative  
8.00—News  
8.05—Langlier Presents  
8.15—Le Cure de Village  
8.30—Familex Program  
8.45—Queen Hotel Concert Trio  
9.00—Little Theatre  
9.00—Dr. J. O. Lambert  
9.30—Par Dessus les Toits  
9.45—Radio-Fontenac  
10.00—Commentator  
10.15—Organ Recital  
10.45—Variety Show  
10.30—Les Melodiers.  
11.00—Geo. Simm's Orchestra  
11.15—Alex. Lajoie Orchestra  
11.45—Mary Eastman  
12.00—Molson Sports Reporter  
12.15—Vin St. George Orchestra  
12.30—Dick Gardner Orchestra  
1.00—George Olsen Orchestra  
1.30—Phil Scott and Orchestra  
2.00—Sign Off

## WJZ, NEW YORK, 760 K.

5.00—Betty and Bob  
5.15—Chas. Sears, tenor  
5.30—Radio Guilo  
6.30—The Singing Lady  
6.45—Little Orphan Annie  
7.00—Esso News Reporter  
7.05—Arthur Long, Baritone  
7.15—Animal Closeups  
7.30—News  
7.35—Kurt Brownell  
7.45—Lowell Thomas  
8.00—Easy Aces  
8.15—Symphony Concert  
8.45—Ruth Lyons, soprano  
9.00—Nickelodeon  
9.30—Cyril Pitts, tenor  
9.45—Hendrik von Loon, Talk  
10.00—Death Valley Days  
10.30—American Meetings  
11.30—Roy Shields' Orchestra  
12.00—Esso News Reporter  
12.30—Joe Rines and his Orchestra  
1.00—Shandor, violinist  
1.08—Ranny Weeks and his Orch.  
1.30—Chas. Dornberger and Orch.

## WTIC, HARTFORD, 1040 K.

4.15—Ma Perkins  
4.00—Pat Kennedy  
4.30—Vic and Sade  
4.45—The O'Neils  
5.00—Radio Review  
5.30—Girl Alone  
5.45—Oriental Art  
6.00—Blue Room Echoes  
6.30—Dick Tracy  
6.45—Clara, Lu 'n' Em  
7.00—Wrightville Clarion

## 7.30—News

7.40—Gems from Memory  
7.45—The Harmonizers  
8.00—Amos 'n' Andy  
8.15—Popeye, the Sailor  
8.30—Amateur Program  
9.00—Rudy Vallee's Variety Show  
10.00—Captain Henry's Showboat  
11.00—Paul Whiteman's Music Hall  
12.00—News  
12.15—Leonard Keller's Orchestra  
12.30—Meredith Willson's Orchestra  
12.45—Jesse Crawford

## WABC, NEW YORK, 860 K.

4.30—Do You Remember?  
5.00—Salvation Army Staff Band  
5.15—Steel Pier Hawaiians  
6.45—Tito Guizar, tenor  
5.30—Greetings from Old Kentucky  
6.00—Piano Duo  
6.15—Jimmy Farrell, Songs  
6.30—Keyboard and Console  
6.30—Organ and A.M.A. Speaker  
7.00—Buck Rogers  
7.30—News  
7.35—Russian Bear Orchestra  
8.00—Myrt and Marge  
8.00—Buck Rogers  
8.15—Buddy Clark  
8.30—Kate Smith's Coffee Time  
8.45—Boake Carter  
9.00—Harv and Esther  
9.15—Three Brown Bears  
9.30—Atwater Kent Hour  
10.00—Camel Caravan  
10.30—To Arms for Peace  
11.00—Alamite Half Hour  
11.30—The March of Time  
11.45—Mary Eastman  
12.00—Myrt and Marge  
12.15—Claude Hopkins Orchestra  
12.30—Johnny Hamp and Orchestra  
1.00—Frankie Masters' Orchestra  
1.30—Henry Busse and his Orch.

## WGY, NEW YORK, 790 K.

5.00—Betty and Bob  
5.15—Women's Radio Review  
5.30—Book News  
5.45—Stock Reports  
6.00—Musical Program  
6.15—Federal Housing Scheme  
6.30—Matinee Musicale  
6.45—Clara, Lu 'n' Em  
7.00—Flying Time  
7.15—Bart Dunn and Orchestra  
7.30—News  
7.45—Esso News Reporter  
7.50—Musical Program  
7.55—Sports Talk  
8.00—Amos 'n' Andy  
8.15—Popeye the Sailor  
8.30—Musical Program  
8.45—Florence Rangers Band  
9.00—Rudy Vallee and Orchestra  
10.00—Show Boat  
11.00—Paul Whiteman's Music Hall  
12.00—Esso News Reporter  
12.30—Dance Music

## FRIDAY'S PROGRAMMES

## CFNB, FREDERICTON, 550 K.

8.10—"The Listening Post"  
8.30—Enterprise Foundry Program  
9.00—Popular Songs  
9.15—Novelty Program  
9.30—Maytag Melodics  
10.00—Concert Period  
10.15—Tangoes  
10.30—Piano and Violin  
10.45—Dance Music  
11.00—Happy Warrior Hour  
12.00—Purina Program  
12.15—Building Products Program  
12.30—Sherwin-Williams Musicales  
1.00—Waltz Time (Frigidaire)  
1.30—Marconi Hour  
2.30—Royal York Concert Orchestra  
4.30—Musical Comedy Memories  
5.00—Monitor News  
5.30—Dance Music  
5.45—Dinner Music  
6.00—Aladdin Program  
6.15—Canada Cement Program  
6.30—Burgess Battery Program  
6.45—MacDonald Program  
7.00—News Bulletins  
7.10—Real Life Dramas  
7.15—Radio Short Story  
7.30—Canadian Press  
7.45—By Candlelight  
8.00—Rex Battle and His Royal York Hotel Orchestra, Montreal  
8.15—Paul Corbell, baritone  
8.30—Young Tim  
8.45—Artist Recital  
9.00—Live, Laugh and Love  
9.30—Concert Hour  
10.00—Anything Goes  
10.30—Concert Canadian  
11.00—Up to the Minute  
11.30—Gene Fogarty and his Orchestra  
11.45—Canadian Press News

## CKAC, MONTREAL, 730 K.

4.30—Down at Herman's.  
5.00—Grab Bag  
5.30—La Peptoline  
6.00—Social Announcements  
6.15—Odette Olinig  
6.30—Fireside Program  
7.15—Real Life Dramas  
7.25—L'Heure Recreative  
8.00—News  
8.05—French songs  
8.15—Le Cure de Village  
8.30—Lazy Dan  
9.00—The Provincial Hour  
10.00—Hollywood Hotel  
11.00—Variety Shows  
11.30—Commentator  
11.45—Jerry Cooper  
12.00—Molson Sports Reporter  
12.05—Corey Thomson, News  
12.20—Talent on Parade  
12.30—Variety Show  
1.00—Dick Messner's Orchestra  
1.30—Freddie Bergen Orchestra  
2.00—Sign Off  
WABC, NEW YORK, 860 K.  
5.00—Grab Bag

## 5.30—U. S. Army Band

6.00—Mark Warnow's Orchestra  
6.30—Jack Armstrong  
6.45—Og, Son of Fire  
7.00—Kaltenborn Edits the News  
7.15—Bobby Benson and Sunny Jim  
7.30—News  
7.35—Football Results  
7.45—Loretta Lee, Songs  
8.00—Myrt and Marge  
8.30—Lazy Dan  
8.45—Boake Carter  
9.00—Sketch-book  
9.30—Broadway Varieties  
10.00—Hollywood Hotel  
11.00—Richard Himber  
11.30—The March of Time  
11.45—Mary Eastman, Soprano  
12.00—Frank Dailey and his Orchestra

## WEAF, NEW YORK, 660 K.

4.45—The O'Neils  
5.00—Woman's Radio Review  
5.30—Girl Alone  
5.45—Betty Marlowe Orchestra  
6.00—Al Pearce and his Gang  
6.30—Tom Mix Adventures  
6.45—Clara, Lu 'n' Em  
7.00—Flying Time  
7.15—Esso News Reporter  
7.30—News  
7.35—Talk by Stanley High  
7.45—Billy and Betty  
8.00—Amos 'n' Andy  
8.15—Uncle Ezra  
8.30—March Through Life  
8.45—Ed Sullivan, Columnist  
9.00—Cities Service Concert  
10.00—Waltz Time  
10.30—Court of Human Relations  
11.00—Campagna's First Nighter  
11.30—Campus Revue  
12.00—George R. Holmes  
12.15—Leonard Keller's Orchestra  
12.30—Esso News Reporter  
12.45—Jesse Crawford, organist  
1.00—Phil Harris' Orchestra  
1.30—Henry King and Orchestra

## WJZ, NEW YORK, 790 K.

5.00—Betty and Bob  
5.15—Jackie Heller, tenor  
5.30—Ward and Muzzy, piano duo  
5.45—Strolling Songsters  
6.00—To be Announced  
6.30—The Singing Lady  
6.45—Little Orphan Annie  
7.00—Esso News Reporter  
7.05—Animal News Club  
7.15—Ken Sparron String Ensemble  
7.30—News  
7.35—The Chariteers  
7.45—Lowell Thomas  
8.00—Dinner Concert  
8.15—Stamp Club  
8.30—Lum and Abner  
9.45—Dangerous Paradise  
9.00—Irene Rich  
9.15—Bob Crosby Orchestra  
9.30—College Prom  
10.00—Beauty Box Theatre  
11.00—Highlights in Harmony  
11.30—Chamber Music  
12.00—Esso News Reporter  
12.05—Dorothy Lamour  
12.15—Negro Male Quartet  
1.00—Shandor, violinist  
1.08—Billy Lossez' Orchestra  
1.30—Billy Bissett and Orchestra

## WTIC, HARTFORD, 1040 K.

4.00—Pat Kennedy, songs  
4.15—Ma Perkins  
4.30—Vic and Sadee  
4.45—Th O'Neils  
5.00—Woman's Radio Review  
5.30—Girl Alone  
5.45—Grandpa Burton  
6.00—Al Pearce and his Gang  
6.30—Studio Program  
6.45—Clara, Lu 'n' Em  
7.00—Wrightville Clarion  
7.30—News  
7.40—Gems from Memory  
7.45—Strange as it Seems  
8.00—Amos 'n' Andy  
8.15—Banjo Serenaders  
8.30—News Magazine of the Week  
8.45—Frank and Flo  
9.00—Jessica Dragonette  
10.00—Travellers' Hour  
10.30—Court of Human Relations  
11.00—First Nighter  
11.30—Elgin Campus Revue  
12.00—News  
12.15—Leonard Keller's Orchestra  
12.30—Madriguera's Orchestra  
12.45—Jesse Crawford, organist  
1.00—Silent

## WGY, SCHENECTADY, 790 K.

5.00—Betty and Bob  
5.15—Woman's Radio Review  
5.30—Stock Reports  
5.45—Smiling Ed McConnell  
6.00—Al Pearce and his Gang  
6.30—Adventures of Tom Mix  
6.45—Clara, Lu 'n' Em  
7.00—Flying Time  
7.15—Joe LaTour, comedy sketch  
7.30—News  
7.35—Evening Brevities  
7.45—Esso News Reporter  
7.55—Sports Talk  
8.00—Amos 'n' Andy  
8.15—Uncle Ezra  
8.30—Col. Jim Healey  
8.45—Morton Downey  
9.00—City Services Concert  
9.30—Farm Forum  
10.00—Waltz Time with Frank Munn  
10.30—Court of Human Relations  
11.00—First Nighter  
11.30—Elgin Campus Review  
12.00—Esso News Reporter  
12.30—Dance Music  
12.45—Jesse Crawford, organist  
1.00—Dance Music

## TIENTSIN OPIUM TRAFFIC THRIVES UNDER JAPANESE

TIENTSIN, China—Through a broad street of the French concession bright with the neon lights of shop fronts, our rickshaws have brought us past the boundary of the Japanese concession, famous as the headquarters of the north China Japanese garrison—and also as the centre of the north China dope traffic.

The street we first traverse here, not so brightly illuminated as its extension in Frenchtown, is flanked by respectable little shops past which crowds—overwhelmingly Chinese, with a little minority of Japanese and Koreans—come and go. The loose long robes or cotton jackets and trousers of China are the garb of the great majority, but here and there one notices a Japanese woman in a bright kimono, the familiar obi at her back, and most of the Japanese or Korean men whom we pass are in western clothes.

We step down from the rickshaws and turn afoot into narrower, darker streets, upon which, nevertheless, the crowds continue.

### Odor of Opium Smoke

As we pass a cheap hotel in one of these thoroughfares—my companion, who knows most of the bypaths and nocturnal ways of the concession, breaks off a discourse upon the attributes of near-by Sing-Song houses to ask if I notice anything peculiar.

Faint but unmistakable a sweet odor hangs on the air—opium smoke. "When one can actually smell the fumes in front of a hotel," says my friend, "it is evidence enough that the traffic here does not need to be kept under cover. There is some drug traffic in Tientsin elsewhere than in the Japanese concession, but elsewhere it has to be clandestine and hence cannot thrive so much. You will see how openly it thrives here where the Japanese have control."

In another street, somewhat darker still, we notice that a number of the doors of rickety little dirty shops stand open and that one cannot discover from the exteriors what is to be had within. We step into one of these.

A Chinese youth in faded cotton pants and undershirt greets us. Through a door in the rear we see a Korean family—the father in western clothes, a panama-type hat on his head—sitting at ease. The place, like countless other drug dives in the Japanese concession in Tientsin and through the northern section of Hopei province which Japan rendered a demilitarized zone following the Manchurian undeclared war, is operated by Koreans. Most of the opium and derivatives used come from Manchuria and Jehol.

The Chinese employee in the front room asks what he can do for us.

"We want heroin. Have you got it?" "How much?"

"A dollar's worth." The clerk disappears. Presently he returns and, in exchange for \$1 (Mexican) something less than forty cents in American money, he gives us a small packet containing heroin. In cheaper shops, I am told, cheaper heroin can be had. Heroin smoking, far more demoralizing to the addict than opium, is also cheaper and has made great inroads in China. Its use is harder to detect than that of opium, an important point in view of the drive of the Nanjing authorities against the opium and drug traffic and the punishment which may lie in store for users when caught in Chinese-administered territory. To smoke the heroin the addict may merely take a little tobacco out of the end of a cigarette, insert a bit of the drug and light up.

### Sends Out for Opium

We leave the shop, stroll along for a quarter of a block and enter another door. On the front step we pass a slatternly Korean woman nursing a baby. Inside we see no wares for sale, but a Chinese boy, under 20, is ready to serve us.

When we tell him that we want opium, he says he will have to send out for it. We wait. The Korean woman, having come in and taken the baby to a back room, re-enters and dusts off a couple of chairs for us. We sit in characteristic Chinese fashion at the sides of a narrow Chinese table against the wall.

The Chinese youth is inclined to be garrulous. He can muster a few words of English and a little French and is proud when we can understand a snatch of his language in either tongue. He used to work as a waiter on the Peiping-Hankow line and he wants to know if we can't get him or give him an office job. His application is made with evidence of self-respect, one gathers he feels that nothing in his record—the record of a Chinese selling dope in a Korean dive of the Japanese concession—should be held against him.

### Morphine Also on Sale

The opium, a dollar's worth, white, wrapped up in a half-dozen separate little packets of paper, each packet sufficient for a pipe, arrives and is handed to us. The Chinese youth mentions that morphine can be had also, but we take our leave, the young salesman nodding courteously to us, quite as respectfully as would the keeper of the most respectable corner drug shop.

Within a stone's throw of such establishments, dedicated to human depravity, family life in proper Chinese mold may be flourishing. The head of one such household, as we come to the gate of his courtyard, recognizes my friend as the employer of his son.

He invites us in and we find that his paved court, upon three sides of which stand his tiled-roofed rooms, with characteristic latticed paper windows, is resplendently bright tonight. Lights are shining upon a great bridal sedan chair in the centre of the court. Its carriage is all enclosed in red silk. It is gorgeous with tassels and trappings. Farther back in the court guests are eating and playing mah-jong. There is an odor of rice wine. We have chanced upon a wedding feast—the kind of celebration upon which humble Chinese families like this may spend all that they can borrow.

The host, a big genial northerner in a blue silk robe, invites us to an inner room with a brick floor, a hard Chinese bed, a couple of carved chairs and two tables, upon one of which wedding gifts tied up in red paper are arrayed. The room holds a smell of dampness but all has been swept clean.

"As you know, my son is getting married tomorrow," says the father. "You see we are having an old-fashioned Chinese wedding."

The son, tall, cheerful, good-looking, wearing new occidental woolen trousers and white shirt, comes in. His bride is to be brought on the morrow in the beautiful chair. He and his father repeatedly suggest that they must send out for beer for us. As we know that this would mean another very real strain on the family purse, we resolutely decline. Tea is brought instead and the father offers me a pointed fan.

"This is an old-fashioned wedding," he tells us, "but my son has seen the bride."

The prospective groom smiles gravely. When we depart there are mutual bows and mutual exchanges of wishes for longevity and felicity.

### Contrasts in Night Life

We could wander all night in search of contrasts in the Japanese concession. In one alley, in the course of a block's walking, we encounter three miserable beggars, black and tattered bending over garbage containers in the dark, searching for any food or materials worth salvaging. We passed through other, brighter alleyways distinguished by their Sing-Song houses, and cabarets with dancing girls from different lands. Alcohol rather than opium is dispensed at the cabarets. At the "Paris," for instance, gaudy with painted murals, men and women of a half-dozen nationalities sit nightly with their whisky and beer, the men dancing, when they choose, with partners whom they bring or with Chinese or Russian dancing partners furnished by the management at a rate of \$1 for three dances. The Chinese girls, tall and slender usually graceful, are in Manchu gowns, the much more stalwart Russians usually in evening gowns. Russians and Chinese are the "hostesses" at most of the other cabarets in town but there are at least two with Japanese partners.

Of one of these the management is more than commonly proud, as the following advertisement in English will indicate.

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Excellent Music  
Looking and Snappiest  
Japanese Partners  
AT THE  
Golden Slip Dance Hall.  
Such is night life in the Japanese concession.

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*Dr. J. H. H. H.*  
A HEALTH SERVICE OF  
THE CANADIAN MEDICAL  
ASSOCIATION AND LIFE  
INSURANCE COMPANIES  
IN C.  
ADULT DIET

It is widely known that the diet of growing children must contain certain food elements if the child is to have a strong well-formed body. It is not so generally accepted that the diet of those who have attained adult years is also important.

We are largely creatures of habit. A suitable diet in children is not only of importance to the child, but out of the proper feeding of the child grows a habit which, carried into adult life, means a sensible selection of food at all ages, and thus, a real contribution to adult health.

The ill effects of a deficient diet are not so readily seen in the adult as in the growing child. Nevertheless, it is equally true that a balanced diet is essential in physical vigour at all ages, and that it does make a difference what kinds of food adults eat.

About one pint of milk a day should be used, either as a beverage or in any other form. A simple way to increase the use of milk is to drink a glass of milk at lunch or at another meal. Milk is the most nearly perfect food we have, as it contains many of the food essentials and is valuable at all ages.

Meat, fish and eggs supply most of the proteins which adults require to repair the worn-out tissue of the body. The older we grow, the less protein we require. It is wise to reduce gradually the intake of proteins, which are expensive foods and which, when in excess of what the body needs, must be excreted.

If physical activity declines with age, as it usually does, it is obvious that less of the foods which are the source of energy are required. Some whole-grained cereal or bread, limited amounts of butter, cream and other fatty foods, with some of the natural sugars, in the form of honey, molasses or maple syrup, will meet the energy needs and provide some minerals and vitamins.

In addition to potato, the diet should include, each day, one green leafy vegetable, such as cabbage or lettuce. Together with this should go, each day, some fresh or dried fruits or tomato, fresh or tinned.

A variety of foods, which includes the regular, daily use of vegetables and fruits, together with a pint of milk will meet the needs of the normal adult. The amount of food required depends upon physical activity. After forty, the food intake should be limited so as to keep the weight down to the average. Eating too much or too little, or failing to observe the right foods leads to poor health if nothing worse.

Questions concerning health, addressed to the Canadian Medical Association, 184 College St., Toronto, will be answered personally by letter.

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