Are Your Nerves on Edge?

Does the least bit of noise bother you? Do you often feel that you simply can't do another tap of work? Do you have dizziness, faintness and weakness? Don't get the idea you can't get relief. Of course you ran! Let Milburn's Health and Nerve Pills soothe your nerves, renew your health and vigor and make life worth living again. By all means, try this time-proven remedy now.



The T. Milburn Co., Limited, Toronto, Ont.

for Weak and Nerrious People

MAN WHOM WE UNDERSTAND, RESPECT AND TRUST

Moving Address Delivered by The Archbishop of Canterbury in St. Paul's

Archbishop of Cantenbury's address bond of their unity. at the Jubilee service held in St. It may be that by the mere force Paul's Cathedral, London:

began.

Looking back upon them we realize centre of their unity as he of all men must, that more perhaps than in any previous period of our long history they have been strain.

embittered party strife. Into the the hearts of his subjects. ever been summoned to face.

of settled peace

Throne is Bond of Our Unity

Yet beneath the troubled surface there has been in the life of our na- example. tion, the deep underflow of a spirit strength. That spirit has found centre in the Throne.

been swept away by the storms of re- try to be founded-on the Faith and the loyalty of our hearts . volution. Here the Throne has been Fear of God. established in every stronger secur- Honor aud Affection For Our Queen

ship of self-governing peoples. Yet fills the heart of his Realm and Eming high school. Connie used to play was in jail at Elizabethtown today, their freedom has not lessened but pire.

Here are the moving words of the Throne that they find the symbol and ing us the Will of God, silent, patient, born outside Canada, and, mainly, live 10 to 15 minutes, stirring constantly.

of circumstances or of sentiment the giving, so let us bow them in humble No one is on the pay list in this con- double boiler. It requires less time but Twentyfive years have passed since Throne itself would have been ac- prayer for our King and Queen that nection. The duty of hanging con- the flavor is not as good as when the the reign of our beloved Sovereign cepted by the people of this realm God may continue to bestow His demned people rests with local sherand the nations of the Empire as the blessings upon them, and for us all iffs, who are provincial officers. Ot-

A Man We Understand, Respect, Trust

What is certain is that the personyears of almost unbroken anxiety and ality of the King has given to the

cest ordeal which the nation has Sovereign a man whom they could example of a community wherein all understand, respect and trust.

Since then have followed years of They have seen in him a quiet digntoilsome effort in the midst of a ity worthy of his high office, and with world restless, bewildered, broken by it an unaffected friendliness. They the fleeting shadows of time see and the shock of war, to revive the trade have seen a constant care for their follow the light which comes from and industry o nwhich the lives of welfare and an unselfish devotion to that ideal and eternal city whose multindes depend and to find the basis their service. In times of crisis, be- maker and builder is God. fore, during and after the war, they have found in his own calmness and steadfastness an inspiration and an

They have rejoiced in his associaof unity, confidence and steadfast tion with their sports and pleasures; a yet they have felt that his life was by singing the old time-honored words founded as they instinctively desire and within them today we shall con-Elsewhere ancient monarchies have the life of themselves and of their coun centrate the gratitude, the hopes,

Thus in the passage of the years Across the seas during these twen- he has come to be not the King only

monwealth; and it is in the oneplace of honor and affection. has to class.

IN THE BAXTER - RICHARDS -TILLEY MACHINE AGE

been won by our gracious Queen, unwearied in her care for the health, APPLICANTS the happiness, the homes of all the people.

The Prince of Wales and the Royal Family have brought to all classes and to all parts of the world that personal touch which has moved the whole Empire to adopt the King's Job, However, Is Not family as its own.

For all that our King has meant for us and has given to us and for the way by which during the stress of these five and twenty years this people has been led, it behoves us dent attraction for a lot of Canadians. to offer our thanksgiving to Almighty God.

This Dear Land and The Empire

sure is reigning.

As we lift our hearts in thanks-

the citizens are the willing servants of the common weal.

May we as a people through all

Our Gratitude, Our Hopes, Our Loyalty

When we have thus presented our vows and prayers for King and country before the Throne of our fathers' God, we shall close our thanksgiving

God Save the King.

Connie Gates, the young Cleveland ty-five years the attainment of full but the Father of his people, and to contralto currently featured on sev- Saved from lynching after a band of nationhood by the great Dominion has loyalty has been added the warmth eral CBS programs, attributes her 30 irate men had him perched on a or fish stock for milk and add one teather than 1, and 1, a The Empire has become a Fellow- real personal emotion, which today ways missed her lunch while attend- Raymond Curry, 19 year old Negro, or baked fish. and sing for the girls during lunch awaiting trial on a charge of attempt-

DESIRE JOB OF HANGMAN

Official One, Justice Dept. Reports

OTTAWA, June 14-The supposed job of "official hangman' has an evi-Nearly every week some one applies

for it to the Justice Department, it was learned today on the highest authority. Some tell of their experience We lift up our eyes unto the hills and profess to be able to produce tes- Remove from fire and add flour, salt, skill and ease with which Monsieur from whence has come the help by timonials from sheriffs for whom they and pepper. Stir to form a smooth compounded a superb Hollandaise, one which both he and they have been have officiated. Others, inexperienced, paste. Add milk gradually, stirring wondered why that particular sauce sustained, to that high region, where are sure they can do it. For the larger constantly. Place over hot water and ever presented hazards. above the mists and clouds surround- part, but not wholly, they are people cook until thickened. Cover and cook out West.

There is no job of official hangman. over the direct heat instead of in a that He would pardon the sins we tawa is concerned only with the ques- sauce may be made by adding a seashave committed, the mistakes we tion of whether the law should take oning or making substitutions to inhave made, the chances we have lost. its course or the clemency of com-Pray for this dear land and for mutation be extended. When the forthe Empire which has grown around mer course is decided on, it is the Throne the power of a personal at- it, that by God's help they may up- sheriff's duty either to do the hanging cheese and a dash of paprika. Stir second piece of butter; and as it They began in an atmosphere of tachment. He has brought it into hold before the world the cause of himself or hire some one else to do it. until cheese is melted and sauce is thickens still more, and the third peace among all nations, the prin- One of several who, from experience, evenly blended. Serve with egg and piece. Remove from the fire, add midst of them came suddenly the fier. For they have discerned in their ciples of liberty and justice, and the are known to be qualified, is usually vegetable entrees, omlets, and mac salt and cayenne and serve at once. engaged, but there is no complete mo- caroni dishes. nopoly of it and in no sense is the job official.

Toronto Swimmer To Try Channel Swim

TORONTO, June 15-Marvin Nelson, noted Toronto swimmer, announced today that he has planned to make a round trip swim of the English channel late this summer. Gertrude 'Ederle of New York, holds the record for a one-way crossing, 14 hours, 44

NEGRO, 19, IS RESCUED

MUNFORDVILLE strengthened loyalty to the one Com- In that common heart a special hour, then grab a sandwich en route ing to assault Mrs. Esther Jolly, 18,

Town Marshal Burt Hodges and Dr. Maher Speevack of Munfordville, rescued the Negro from the barn of allow it to brown before adding the wine to taste. Serve with fish. Henry Jolly, the victim's father in law flour, then stir in the flour and cook, where the men had made ready for stirring constantly, until the flour is To Hollandaise sauce, add anchovy

the Negro was moved.

a bride of two months

an impromptu hanging.

Special VACATION

Get particulars of these Bargains in comfortable travel before planning your vacation. Save money. Travel by rail and avoid congested highways. Arrive 'Fresh and ready for fun!"

FARES

For long or short vacations, or seashore, ask about

LOW WEEK-END FARES Going Friday Noon to 2.00

p.m. Sunday; returning leave destination up to Monday midnight. On sale all year. 16 DAY FARES to

National Parks-Banff, Jasper, etc., until Sept. 30.

45 DAY FARES to Western Canada (until Sept. 30), to Pacific Coast (until

Nov. 10),—good for passage in (A) Standard Sleeping Cars—(B) Tourist Sleeping Cars—(C) Coaches. ALL-EXPENSE

GREAT LAKES CRUISES June 22 to Sept. 18.

SPECIAL SUMMER FARES to Ontario, Quebec, Maritimes and many United States points, until Sept. 30.

. TRAVEL BY RAIL Ask any Railway Agent about low fares and vacation resorts.

CANADIAN | CARADIAN NATIONAL! PACIFIC

Of Interest to Women

"SOME SAUCE-Y TRICKS"

The master recipe for Cream Sauce smooth, and with the soft sheen of is incredibly simple and easy to fol-yellow satia, it adds the touch mag-

Cream Sauce

2 tablespoons butter 2 tablespoons flour Quarter teaspoon salt Dash of white pepper 1 cup milk, scalded.

This sauce may be made in a saucepan

Many delightful variations of this

Cheese Sauce

Golden Malaga Sauce

cut. Serve with broiled fish fillets cooked or it will separate. The addir white boiled fish. Pimiento Sauce

to puree. Serve with cheese timbales, sauce will entirely prevent separation. buttered noodles, or egg dishes.

Parsley Sauce

To cream sauce, add 1 tablespoon ful gloss, finely chopped parsley and serve at once with new potatoes, carrots and

peas, or fish timbales. Sauce Alexandra

To cream sauce, add 34 cup cooked asparagus, cut in small pieces. Serve souffle.

Drawn Butter Sauce

of love. This is the secret of the grand figure to the fact that she al- shaky bedstead with a noose ready, spoon lemon juice. Serve with boiled One teaspoon finely chopped parsley

Drawn Butter Sauce

One-third cup butter 4 tablespoons flour

2 cups boiling water Quarter teaspoon salt

Melt 4 tablespoons of the butter and

brown too. Gradually add the boiling essence to taste. Serve with egg and A crowd of about 150 persons, ap- water, stirring constantly over hot fish entrees. parently more curious than aroused to water until the sauce comes to a boil. violence, gathered at the jail here and Simmer until thick and smooth. When To Hollandaise sauce, add 1/2 cup ready to serve add salt and remaining diced drained cucumbers. Serve with butter in small pieces, beating con-fish. Picallili or chopped watercress stantly.

Egg Sauce

juice, or to cream sauce, add 1 chop- which truly supplements and perfects ped hard-boiled egg. Serve with boil- it. Flavor and texture are equally imed salmon or fish loaf.

Hollandaise Sauce is unquestionably Color also adds its note to the final the supreme triumph in sauces. Rich, harmony.

nifique to many fine dishes. Yet its ways are so tricky that more often than not some more staid member of the sauce family is served in its W. 7 1988

Here is Hollandaise news straight from a Chef Professor at Le Cordon Melt butter in top of double boiler, Bleu in Paris. Watching the expert

Hollandaise Sauce

1/2 cup sweet butter or washed butter 1 tablespoon lemon juice 2 egg yolks, well beaten

Dash of salt Dash of cayenne.

Divide butter in three pieces. Put one piece in double boiler and add lemon juice and egg yolks. Place over hot water and beat with an acrossand-around motion, using small wire whisk or piano wire beater. As the To cream sauce, add 34 cup grated mixture foams and thickens, add the

The main thing to remember in making Hollandaise is that it is large-To cream sauce, add one egg yolk ly eggs and must be cooked at a very and cook two minutes. Then add 1/2 low temperature; also that it must cup peeled white grapes, seeded and be removed from the fire as soon as tion of hot water or heavy cream will help to prevent separation and the ad-To cream sauce, add ½ cup pimien dition of one-quarter cup of cream However the cream sauce changes the fine flavor and takes away the beauti-

Sauce Mousseline

Into Hollandaise sauce, fold 1/2 cup cream, whipped. Serve with artichoke hearts, asparages, fish, and chicken.

Sauce Bearnaise

The true Bearnaise flavor is obtain-FROM LYNCHING MOB with green peas, timbales or ham ed by cooking 1-4 cup tarragon vinegar with two chopped shallots until only one tablespoon vinegar remains. In cream sauce, subtsitute hot water This vinegar is then used instead of is added to the finished sauce and also one teaspoon chopped fresh tarragon if the herb is available. Serve with broiled steak, fillets of beef, lamb cutlets, smelts, or boiled salmon.

Hollandaise Trianon

To Hollandaise sauce, add sherry

Sauce Henriette

Cucumber Sauce

may be added instead of cucumber. The accompanying sauce should be

To drawn butter sauce, add 1.3 cup the touch that lifts an entree and capers, drained from their liquor many another dish to epicurean Serve with boiled fish or mutton. heights. The delicate entrees which can be made with chicken, meat, fish, To drawn butter sauce, add two egg cheese, eggs, and vegetables, are inyolks, beaten, and one teaspoon lemon finite, For each one there is a sauce portant in selecting the correct sauce.

AN UNHAPPY MOTHER

The mother of the Dionne quintup-

other mothers are happier than I, who have been separated from these chil-

There is no denying that the parents of the babies have suffered. It is true they had literally none of the facilities which have insured the safety of the girls for the first year of their lives. For the first time in medicine, children doomed to succumb by the history of all parallel phenomena have had enlisted in their behalf every device of science toward their man who sat at the adjoining table,

must feel for this consummation is her desolation at being denied a mother's place in their lives. To say this is Lets touches every heart with her message to the thousands who have wished hre world-famous children many happy returns on their first anniver-"On this, the birthday of the quintuplets," she says, "it is my hope that other methods.

There is no denying that the par-

survival, and have survived—rlump, said to her friend: "Isn't it remarkearty and beaming.

Against the gratitude a mother their age?"

THE MACHINE WORKS; MEN AND HORSES ARE IDLE