

## Of Interest to Women

### FILL YOUR PICKLE JARS WITH SPICY CONCOCTIONS

It's Time to Prepare Those Tasty Relishes That Add Zip and Tang to Meat Dishes

And now readers are reminding us that it is time to think of pickle-making.

But before giving any recipes here are a few rules which must be kept if your pickles are to be successful.

First, always buy the best quality vinegar. Second, never use copper saucepans for pickling. The action of the vinegar affects the metal, and causes small portions of it to dissolve in the liquid.

Use a wooden spoon for stirring, and put the pickles in wide-necked glass jars. They may have patent stoppers or corks, or be tied down with parchment paper, provided they are perfectly airtight.

See that the vinegar completely covers the pickles. If after keeping, the vinegar appears cloudy, it may be poured away, and the jar filled with fresh vinegar and spices. Store pickles in a dry place.

#### Onions

The family favorite is generally pickled onions:

Skin two pounds of small onions or shallots, and pack them into jars, taking care not to break them.

Boil up a quart of vinegar with a tablespoon of salt, one ounce each of chillies and mustard seeds, three pieces of bruised ginger and a few cloves, and continue boiling for 20 minutes.

When slightly cooled, fill each jar to the top with the vinegar. Make quite airtight, and store in a dry place.

#### Piccaililli

Mustard pickles are liked by most people.

Vegetables of all kinds can be used—shallots, small onions, sprigs of cauliflower, green tomatoes, nasturtium seeds, peeled cucumber, gherkins and apples.

Clean and prepare four pounds of mixed vegetables and twenty small onions, cutting the vegetables into small pieces, but leaving the onions whole, sprinkle with salt and leave overnight. Boil together two quarts of vinegar, three tablespoons of salt, 2 ounces each of bruised ginger and mustard seed, cup sugar and eight chillies. Continue boiling for twenty minutes, then strain off the salty water from the vegetables, and add to the vinegar and spices.

Boil gently for another 20 minutes, then add a paste made with ½ ounce turmeric powder and a little vinegar, and continue boiling for a few minutes.

Thicken with a tablespoon of cornstarch, then pour into glass bottles and when cold, cork tightly.

#### Mixed Vegetables

Almost any vegetable may be used

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#### BOY PROBLEMS GROW UP

To most men, a boy is one of the most interesting things on earth. No two are alike. To one, the description "a noise with dirt on it" may apply. Another will be shy and serious with oddly conflicting ideas struggling for expression in action. Wise adults understand this, for they know that the growing period of a youngster is above all a time of adjustments to a constantly expanding social and physical environment.

But boys grow up, and so do their problems. Youngsters have had an especially difficult time in making their adjustments in the past five years, for the conditions about them with which they would come to terms have themselves been shifting. Uncertainty in the world has hyper-complicated the task of "getting set" faced by youth in the late teens and twenties.

Every nation has its "youth problem." Superficially, it may vary from country to country, but the same economic and social factors that baffle a young man in North America today underlie the situation of the unadjusted youth in England, or France, or Australia, or elsewhere.—An editorial from the Rotarian Magazine.

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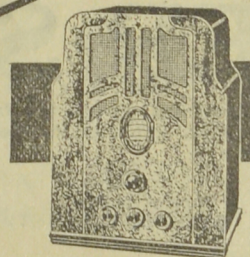
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