

Of Interest to Women

SPORTING CHANCES

Football Is the Attraction for Boys of High School Age

Not the least of the problems confronting the parents of high or prep school students at the beginning of the scholastic year is whether or not their boy should be allowed to play football, whether or not he should play any sport at all.

Unless a boy is crippled or chronically ill, he will certainly play some sport. If either he or his parents dislike contact sports, let him play non-contact sports such as tennis, handball or squash. Track and field sports are also good for such boys, although a boy under seventeen should run nothing but sprints and not too many of these.

Athletics teach a boy to think on his feet, to draw order out of confusion—to think swiftly. It makes for a balance which often seems sadly lacking in precocious intellectuals among the undergraduates of our colleges. Most of these particular boys might be said never to have played any sport, or at least never to have played for long.

Athletics gives a boy confidence in himself and in his body, and in his mastery over his body. Too often, lack of confidence is mistaken by an adolescent for lack of courage and he spends many unnecessarily miserable hours thinking he is "yellow" and shunning or fearing his comparison. Confidence bred by the supervised or even, at times, unsupervised playing of games may do away with this. Finally, the playing of games gives an adolescent a proper outlet for his energy.

While injury of one kind or another may be sustained in almost any game played, the two games which generally have the highest quota of injuries in high and prep school are football and track. In football, of course, the injuries sustained are usually obvious and definite. In track and field, or more specifically, in track, the injuries are not so obvious and often indefinite. Injury to an adolescent in track may result from his running too much, running too far, or running too hard when not properly trained.

Injuries in track and football should be avoidable through proper coaching and equipment. In general, though, it may be stated that if the boy is nor-

mal and healthy, if he trains only three times a week, and does no middle nor long-distance running until he is seventeen or eighteen, he will probably not sustain any injury.

(Specifically how shall parents know whether to let their boy play or not? Football is the attraction now, more than anything else. The size and age of your boy are important. But still more important is how well-knit the boy is. A boy who is big for his age may be flabby or skinny, and such a boy should not be allowed to play football until he has hardened up, or built more muscle by less violent forms of exercise.

If a boy is well-made and fairly hard, it should be safe to let him play with others of approximately his own size and weight. Some prep schools have carefully graded teams for their students, the boys of similar weights playing on the same team and against other teams in similar weight classes.

Secondly, find out what kind of coach your boy will be under. Right now, let it be said, that young boys should not be allowed to play football without supervision. By watching the coach at his work once or twice, a boy's parents may discover whether or not this man is skillful and a good teacher, able to impart his knowledge thoroughly to his charges.

Holidays

From the point of view of mental and physical hygiene, the summer holiday is a most valuable institution, writes Sir W. Arbuthnot Lane. One need not be a profound psychologist to appreciate how modern life with its off-time depressing routine, its rush and bustle tends to wear down the nervous system, filling our minds with discontent and weariness. In spite of the shortened working hours of today I am convinced that work in factory or office and professional activities is much more exacting than ever before in the history of civilization. Especially, too, in these times of economic stress, the social responsibilities are heightened. The average man and woman take their job more seriously. The struggle for existence in the industrial and professional worlds is more keen. Sheltered occupations are few and the net result is that summer finds all classes of workers yearning for that break from the routine of their lives which the annual holiday provides.

In The Garden

There is something in the orange-tinted sunbeams that endows all Nature with a soft radiance. There is still much color in the garden, late planted lilies and gladioli hold their heads erect while the roses, if possible, are lovelier than in June.

Yet amid Autumn scenes, the freshest tints of Spring flowers float before the imagination—the bulbs of the crocuses, anemones, hyacinths, scilla, aconites and snowdrops require an early start, and should be planted soon—and later the tulips and daffodils. If desired for the house they can be grown in pots, several of each kind together for the best effect. They should soon be potted up, and "plunged" in coal ashes covering them two or three inches, in order to start root growth. Place in a dark spot in the basement or elsewhere. They must be

WHERE THE WORLD GETS A LAUGH

For some time past Signor Mussolini has been making faces—shooting his eyebrows, thrusting his jaw, baring his teeth, breathing rapidly through his nose and giving the world the jitters. The poor old League of Nations is in the last stage of hopeless panic.

Believe it Duce, who is probably the greatest home base hero that twentieth century Europe has yet produced, the Italians are a nation of warriors who are destined to give a repeat performance of the grandeur that was Rome with himself as Julius Caesar.

Brushing aside the fact that after the disappearance of the ancient Roman Republic Rome won her victories and conquered the world with mercenaries, there is nothing at present to indicate that Italy is the world beater that Mussolini cracks her up to be.

Let Italy arm to the teeth and let Ethiopia remain hog-tied by the color line inhibitions of the League of which she is a member and the black men will probably be a push over for Mussolini who must have an easy mark for a war or go flop as a dictator who failed to deliver the goods.

The changes are that Mussolini will have his war but it will be only a third rate affair and there will not be enough fire in it to be in any danger of spreading.

As a matter of fact the heart went out of the war when the big prize that Mussolini had in his eye, the oil field concessions were sold out to an American syndicate for the next seventy-five years, a clever move on the part of Emperor Haile Selassie which goes to show that the Queen of Sheba took a goodly show of King Solomon's wisdom home with her when she gave Haile Selassie an ancestor with a strain of Jewish blood in him.

watched lest the soil gets too dry.

On a wet day or some spare evening prepare the labels for roots that are to be stored over winter. Gladioli may be lifted before the leaves have yellowed. Labels should be attached and plants removed to some airy place to dry. Later soil can be shaken from root, foliage stems removed with a sharp knife and bulbs stored in paper bags. Dahlias, too, should be lifted. Tuberous-rooted begonias, if carefully lifted, will continue to bloom in the house. Fuchsias, geraniums and tub hydrangeas should be watched in case of frosty nights.

One of Solomon's most insistent maxims is "Get wisdom and with all thy getting get understanding".

The dusky monarch seems to have taken these words to heart.

At all events, having got a clear understanding that the League was leading him like a lamb to the slaughter he "got wise" to the extent of putting himself in clover for many millions of dollars and at the same time doing something for his country that will tend to keep the peace for three quarters of a century. While it is not likely that the United States will be drawn into a war to protect its concessionaires, and while England may start a probe to uncover the clever people who put a fast one over, the general opinion of mankind will be that it was a smart trick for peace and harmony and Signor Mussolini will have little heart to go up against such a formidable combination of Anglo-Saxon interests.

And Mussolini has no kick coming. The coup is in the best tradition of Machiavelli and if anyone is to blame it is Il Duce himself for not thinking of it first and taking the money he intended for war and applying it to peaceful penetration along financial lines. What's more Mussolini is not cheated of his war. He can still save his face by giving the army a little exercise—like the brave old Duke of York who had ten thousand men and he marched them up to the top of the hill and he marched them down again. Now that the investment seems safe we doubt if Emperor Haile Selassie is so keen on winning or perishing in the attempt as he was say three weeks ago and certainly the Italian army, which has been hustled into it by Il Duce's personal ambitions, is not going to take the same interest in it.

With the stuffing out of the duck Mussolini's legions will find it hard to recapture the first rapture with which it set out.

The noble causes remain—civilizing Ethiopia and abolishing slavery—but we fancy sometime or other that they will lose their charm when there is no hard cash in sight.

Still Mussolini gets something out of it—a laugh—a world-wide laugh—on himself.

It must be a great blow to his vanity that while he was making himself look like a Gorgon and telling the world what a devil of a fellow he was, a few quiet fellows, unaccompanied by a brass band stepped in and out-smarted him.—Montreal Star.

It pays to advertise in The Daily Mail.

GHOST WRITERS TURN GAGS INTO BIG MONEY

Ghost writers of gags or scripts for comedy and other shows have become established institutions in radio, with such big-time artists as Jack Benny, Eddie Cantor, Fred Allen, Ed Wynn and others leaning heavily upon them for ideas and for copy. Forthwith, the knowledge of these "ghosts" usually brings up another query: "But aren't there any radio stars who write their own stuff?"

There are, indeed, and they include some of the topnotchers in radio.

Amos 'n' Andy for instance, would not recognize a script writer if he sat between them at lunch. From the start they have written every word they speak into the microphones. Amos, (Freeman Gosden) is the chief idea man, and Andy (Charles Correll) supplies the typewritten power. They spend from one to three hours a day on their program and usually keep a few scripts ahead.

Then there is Raymond Knight, originator of the Cuckoo Hour, among other shows, who turns out literally reams of copy not only for radio, but for magazines. He's a Harvard "47 Workshop" product. For a while he was in the NBC continuity department and he once wrote scripts for Rudy Vallee.

Col. Stoopnagle and Budd have always prepared their own foolishments ever since they were respectively continuity writer and announced in a Buffalo station. Stoopnagle is the author of most of their mad ideas and Budd is a sort of board of review.

It pays to advertise in The Daily Mail.

OTTAWA, Ont., Sept. 16—Favours to political opponents in the thick of an election campaign are few and far between, but here's one for the book.

Through the co-operation of the Conservative Dominion Organization here and the Conservative provincial organization in the province of Nova Scotia, a half hour previously reserved by the Conservative party in that province has been made available to complete a Canadian Radio Broadcasting Commission coast-to-coast hook-up for Right Hon. MacKenzie King, Liberal leader, for the evening of September 17.

The broadcast for Mr. King had been arranged through all provinces except Nova Scotia for 9:00 to 9:30 P. M. Eastern Standard Time. The Conservative party agreed to accept the half hour following, from 9:30 to 10:00 o'clock to accommodate the Liberal chief.

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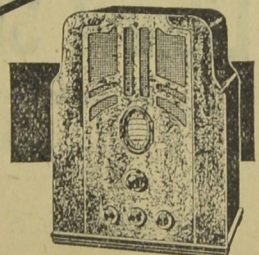
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