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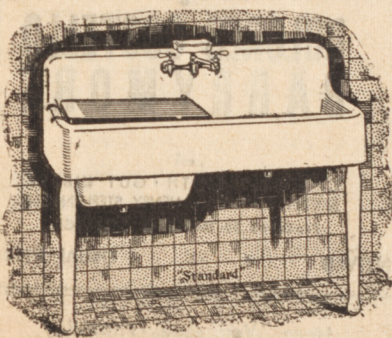
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## Nervous Mother Frequently Cause Of Child's Temper

"Please tell me how I can make Clara behave? She doesn't do a thing I tell her to do without a fuss. If I say she can't do something she wants to do, she lies down and yells—may be right on the street so I have to give in to her. She even kicks and bites me when I try to make her mind."

"Is she perfectly well? Eats well? Plays well? Sleeps well?"

"The doctor says she is in perfect health. But her temper is awful, and she does not mind me at all."

"Does she mind anybody else?"

"O. yes. She minds her father perfectly, and he not so strict with her as I am. Never lifts a hand to her. He just speaks, like that, and she does everything he says. And her teacher says she is lovely in school. It is only for me she is so dreadful. What can I do with her to make her mind me?"

"O. yes, she is a good child, except for me. Maybe it is my fault, but I try so hard. I am so nervous. I want to do the best for my child. And I can't do anything. I do try so hard."

There is such a thing as trying too hard, caring too much. The person who tries too hard, who lives anxiously, and in fear, passes his fear and anxiety to the children.

That is like asking, which would you rather have to eat, a dose of poison or a ton of ice cream? Either will kill you. There is always a saner way out of a difficulty than the extremity. The nervous, anxious mother should have herself treated for fear. She needs treatment more than the child does. As long as she is tense and rigid, quivering as she hovers over an anxious child, she will create disturbance in the mind and body of the child, and so set the stage for tantrums, rebellions, scenes of all sorts.

The best way for such a mother is to learn to relax.

"Willing" hard always causes tension. Instead of "willing" to relax, try accepting relaxation. Try just letting it come. Try thinking of the pleasantest thing possible; try repeating some favorite passage. But always without effort. Effort is what causes the trouble.

"Has your wife learned to drive the car yet?"

"Yes, in an advisory capacity."

"A boxer's life is full of reverses," says a referee. O. K. one minute and K. O. the next.

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... OF ...

## Interest to Women

### COTTON PUFFS ON CARDS

### ANNOUNCE HAPPY EVENT

### Games For the Affair Tangle the Guests in Endless Hilarity—Cynthia Proctor Explains the Entire Procedure

The first wedding anniversary celebration is usually quite an amusing event, and so we hope Mrs. W. F. D., of Lynn, Mass., will have a lot of fun with this Cotton Festival.

Oh, yes, Mrs. D., before we get to the cotton celebration, if you'll tell us a little more about the nature of the banquet—just what it is in honor of and such, we'll be able to do a little better in suggesting decorations and favors.

**Cotton Wedding**  
Most of the guests, when they receive invitations in the form of plain white correspondence cards with the Roman numeral "I" written under puffs of cotton (tied to the card with white bows), will guess the meaning of the party and arrive armed with amusing gifts.

Spools of cotton and balls of cotton for the family work basket; rolls of absorbent cotton for the medicine cabinet; huge and gaudy cotton bandannas and some really pretty articles such as a laundry bag, a handkerchief bag, etc. Guests are asked to wear cotton dresses or aprons over their dresses, and the men overalls.

The hostess explains that little tufts of cotton are hidden all over the house, except the dining room, which is "forbidden territory." The girl who "picks" the most cotton wins a dainty powder puff in a leather case and the winning man, a pencil wrapped carefully in cotton. An amusing feature of the cotton-picking contest is that several of the tiny tufts have fortune-telling charms hidden in them: A silver wedding ring; silver old maid's thimble; lucky coin, etc.

Card tables are set out, and four people seated at each table. The hostess goes about from table to table, laying on each a tangled handful of cotton threads of short lengths and of four colors—red,

green, blue and yellow.

A color is assigned to each player and they are supposed to disentangle the threads of their own colors from the mass. Every thread, when pulled out of the tangle must then have a loop knotted at one end which is slipped over a little pearl-headed pin stuck in the table top in front of each player. The first player at each table who is able to loop all threads of one color around his pin, and braid them in a neat pigtail, receives a pretty cotton denim shoe bag. (A great stunt for straightening out a messy workbasket!)

### [Supper]

The dining table is cleverly arranged to look like a field of cotton, with darky-dolls in gay colors, bending over filled baskets. The centerpiece is a big market basket, apparently filled with cotton. However, the cotton proves to be merely a cover which is lifted off and discloses the basket to be full of homemade brown doughnuts and rosy-cheeked apples. Another basket—also cotton covered—at one side of the table, holds sandwiches, cut in the shape of the Roman numeral 1. A similar basket opposite holds oranges, which, on investigation, prove to have been hollowed out neatly, lined with waxed paper and filled with chopped chicken, celery and nut salad. There is a big chocolate layer cake, too, its top filled with fluffy, cotton-like mounds of whipped cream.

Or, if you want something a little "dressier," a buffet supper menu consisting of Louisiana shrimps, chopped chicken and horseradish sandwiches, hot rolls, lemon jelly with whipped cream, gold cake and coffee, would be suitable.

For further decoration, you might tie pieces of cotton batting loosely to every available plant in the dining and living rooms.

## OPPENHEIM STILL FULL OF ENERGY

69 Year Old Novelist Has 100 Novels to His Credit

Dictates to Secretary, Recreation

His First Novel Was Written When He Was a School Boy

ST. PETER PORT, Guernsey Channel Islands, Aug. 4.—With his 100th full-length novel to be published in August, E. Phillips Oppenheim, writer of mystery fiction, still is working with an energy that has seldom failed him.

At 69 he has settled here, with his yacht, fishing tackle and guns, for what he describes as "probably my last lap" in a career that has brought him international fame. Sturdy in appearance, he has come through a recent illness excellently.

One of the most prolific writers in the world, he works entirely through dictation to a secretary. From the typewritten sheets he afterwards constructs, remolds and revises the story. He dictates during the morning and late afternoon, always reserving two hours during the day for recreation.

His first novel, "Expiation," was written while he was a boy at school. It was published before he was 21. "It was very bad," he says.

Oppenheim has traveled since boyhood in the capitals of Europe to gather material for his detective stories and tales of international intrigue.

"I have visited all the principal centres where crime seems to have flourished, including London, Paris, Marseilles, New York, Chicago and many of the smaller centers of corruption in the Far East," he says. "I knew something of Port Said two years ago and a little more of Shanghai still more recently."

"Thinking over this question of criminal centers, I came to one definite conclusion, and that is that the vicious spirit has never really impregnated a place which has not been first whitewashed with the veneer of a spurious civilization."

To what extent does this veteran writer consider fiction writing inspirational and to what extent a matter of training?

He smiles:

"If you can withdraw a certain grandiloquence attached to the word 'inspirational,' I should say that imaginative work is wholly inspirational. Training has very little, if anything, to do with an author's success. I have no advice for young writers except not to write unless they have a genuine urge."

Oppenheim still loves an outdoor life. During the last 15 or 20 years he has never been without a small yacht. He prefers the English country, likes rough weather sailing and sea fishing. He hopes before long to revisit New York and Boston.

## HOW TO HOLD A MODERN CORN ROAST

Just what to do and how to do it when one is conducting a corn roast, is the problem confronting one of our readers today. In the first place, whenever possible, an evening of a full moon should be chosen. If desired, a word or two may be added to the invitations, urging the guests to wear old clothes, slacks and sweaters, culottes, etc. If you're living at the beach where the corn roast is to be held, you might like a few decorations for the house where the guests congregate. A table trimmed with bouquets of corn tassels and daisies, candles with shades of orange crepe paper, tiny orange paper baskets with salted nuts and candies are attractive.

Or, you might choose bouquets of deep blue cornflowers in glass vases. Nut containers, etc., made in the same color crepe paper with a knot of flowers tied to the handles.

For a short contest before the roast, the men are given little card score pencils, using as many different colors as there are men. The same colors are passed to the girls of the party and all are given sheets of paper with the following list of questions:

### Farmer's Almanac Examination

- 1—What vegetable does a policeman walk on? Beet, beat.
- 2—What vegetable has been through the fire? Chard, charred.
- 3—What vegetable always gives an invitation? Lettuce, "let us".
- 4—What vegetable is found in a crowd? Squash.
- 5—What vegetable is the plumb's favorite? Leek, leak.
- 6—What herb do women dread? Thyme, time.
- 7—What herb is found in the stable? Sorrel.
- 8—What herb is full of regret? Rue.
- 9—What herb is the most learned? Sage.
- 10—What herb is the most comforting? Balm.
- 11—What vegetable is used in a laundry? Mangel, mangle.

Of course the answers are not included in the list of questions, and when the time limit is up, the guesses are collected and prizes given for the best and worst lists.

After all the guests have arrived, the hostess announces that the first thing to do is to find the bonfire. That is, of course, if the house is some distance from the beach. The location should be not too far away, and the way there should have been previously marked with chalk arrows by the hostess, taking care to make the route as long and as roundabout as possible. After showing the couple the first arrows, she leaves them to follow the course, while she is free with her helpers to superintend the last arrangements.

When the guests, following the chalk arrows, reach the place where the bonfire is to be, they find the fire all laid and needing only a match. There are plenty of rugs and cushions in evidence and a long stick, pointed on one end, for each person.

Here's a recipe for roasting corn—but may we offer an added suggestion? Only those who have tried the method can realize what a difference this one point can make. That is, steam your corn first. The hostess should steam or boil her corn until tender, before her guests try to roast it, and she will be well repaid for the little extra trouble. However, here's the usual way for roasting corn.

### Corn-On-The-Cob

Dip each ear of corn (leaving husks on) in water and wrap up with wet papers. Bury in hot coals for 30 minutes. Remove wrapping and husks and serve with butter, salt and pepper.

About the clams, Mrs. H. allow one quart of clams per person. We're sure you'll have a grand time.

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