

Grand CULINARY CONTEST

The Final Judging For The Main Prizes in The Daily Mail Culinary Contest will take place Wed. Jan. 15th at the Store of Colwell & Jennings, Ltd.

Of Interest to Women

"APRICOTS FOR IRON" ARE A GOOD WINTER FRUIT

Cold Weather Desserts are Substantial and Flavorful

Apricots, besides being "good for you" because of their high mineral content, are attractive and appetizing. The cleverest chef could not make a better looking, more flavor-some dessert than Apricot Meringue Tapioca yet the newest cook can make a perfect dish by following this simple recipe.

Apricot Meringue Tapioca
4 tablespoons quick-cooking tapioca
4 tablespoons sugar
¼ teaspoon salt
2 egg yolks
2 cups milk
1 teaspoon lemon juice.
¼ teaspoon grated lemon rind
1 cup canned apricots, drained
2 egg whites
4 tablespoons sugar

Combine tapioca, sugar, salt, egg yolks, and milk in top of double boiler and stir enough to break egg yolks. Place over rapidly boiling water, bring to scalding point (allow 3 to 5 minutes) and cook 5 minutes, stirring frequently. Add lemon juice and rind. Turn into greased baking dish. Cover with apricots. Beat egg whites until foamy; add sugar, 2 tablespoons at a time, beating after each addition until sugar is thoroughly blended. After the sugar is added, continue beating until mixture will stand in peaks. Pile lightly on pudding and bake in moderate oven (350 degrees F.) 15 minutes.

Cocoa Chocolate Whip is high in nutriment—the very thing to make the family feel well-fed and satisfied on a below-zero day.

Cocoa Chocolate Whip
1 square unsweetened chocolate, cut in pieces.
¼ cup cold milk
1-3 cup sugar
3½ tablespoons flour
1-3 teaspoon salt
2 egg yolks, slightly beaten
2 egg whites, stiffly beaten
2 teaspoons vanilla
½ cup coconut, southern shired, toasted.

Add chocolate to milk in double boiler, and heat. When chocolate is melted, beat with rotary egg beater until blended. Combine sugar, flour, salt, and ¼ cup milk. Add to chocolate mixture, and cook until thickened, stirring constantly. Cover and cook 20 minutes longer stirring occasionally. Pour small amount of mixture over egg yolks, stirring vigorously. Return to double boiler and cook 2 to 3 minutes longer. Add vanilla and cool. Just before serving, fold in egg whites. Pile lightly in serving dishes and sprinkle with coconut. Serves 6. To toast coconut, spread on baking sheet and brown in hot oven (400 degrees F.)

RED HAired GIRL IN THREE TYPES

Fashion Expert Prescribes for the Flame, Carrot and Brown-Eyed Specimens

PARIS—An English fashion expert classifies red-haired women in three types and writes what each one should wear.

In the first group are the girls with flame-colored hair and greenish eyes. They have the most distinctive coloring, although their skins are usually so thin and clear that they have freckles. This type should wear plain black or white with one splash of color in a scarf, flower or jewel. Severe clothes are best and all deep, rich colors suit her. She should dress somberly so that her eyes and hair will dominate the color scheme of her clothes. She must never wear beige, as it makes the freckles more prominent.

In the second group are those with carrot-colored hair and pale, clear blue eyes. They look best in all

shades of purple and lavender as well as in lime and olive greens. They will find that blue emphasizes their freckles but if they are freckle-free it will be a becoming color.

The third type has gold-brown or hazel eyes and looks best in deep rich browns, although they also can wear dull greens, dusty mauves and certain yellows.

The fashion expert advises all red-haired women to stick to monotonous, as checks, stripes and large patterns drown out their delicate coloring. She says that cosmetic success depends upon the right shade of lipstick, which must never have an orange or purple-pink base. Powder should be darker than the natural skin tone, and if eye-brows and lashes are too light, they should be touched up with cinnamon brown and never black.

CANADIAN MOVIES GOOD PUBLICITY

OTTAWA, Jan. 6—A report issued by the Department of Trade and Commerce says Canada is getting valuable publicity abroad through screening of 5,437 copies of motion pictures of Canadian scenery and industrial activity, representing about 5,000,000 feet of film. The films were taken by the Canadian Government Motion Picture Bureau.

Of these films, 2,831 were in circulation in the United States, 1,280 in Canada, 387 in the United Kingdom, 150 in Australia, New Zealand and Tasmania, 120 in Germany, 100 in South America and 84 in Austria. In smaller volume, the films circulated also Japan, South Africa, Turkey, East Indies and many other countries.

Films obtained during the year depicted scenes in the principal cities of the Dominion and the national parks, with outdoor-life pictures to encourage tourist traffic.

Installation of sound-recording equipment and improved laboratory equipment has proved a great aid in connection with the new material on the fruit, fisheries, lumbering and agricultural industries in the form of travelogues. Work on a series dealing with the cultivation, harvesting, storage, inspection and transportation of Canadian grain has also been completed, the report states.

Educational programs have been provided for men attached to the unemployment scheme camps in various parts of the Dominion and for the militia training camps at Petawawa, Barriefield, Camp Borden and Niagara-on-the-Lake.

One of the outstanding achievements of the Motion Picture Bureau, says the report, was the completion of

VASELINE GOOD FOR FINE SHOES

It is a simple matter to make boots and shoes waterproof, according to the Manchester Guardian. The more delicate leathers, like kid and patent leather, should be wiped over with a little vaseline, which preserves them besides rendering them waterproof. The soles should be soaked in linseed oil, left to dry, and the process repeated three times. Heavier golf and walking shoes can be rubbed all over with castor oil or melted mutton fat. Linseed oil is most effective, but should be used only on dark uppers, as it darkens the leather.

New shoes should never be worn in the street before being treated with some grease. Patent leather should be left coated with vaseline for some days before being worn, and brown leather shoes should be well polished with furniture cream or white shoe cream. Stains can be removed with methylated spirits before polishing.

Suede shoes are best cleaned with a rubber brush, as this brings up the pile without removing the suede. Shiny portions should be rubbed with fine, worn emery paper, but this should be avoided as far as possible as it is rather drastic treatment. Emery paper will not remove shine due to grease, however; these marks should be removed with petrol or benzine. When not in use, heavy tramping boots should be lavishly coated with some thick grease, like whale oil or dubbin, to keep them supple and comfortable.

the official Canadian Government film history of the Canadian Corps in the war, entitled "Lest We Forget".

CANADIAN WINTER HOLDS NO TERROR FOR DUCK COLONY

Flocks Remain in Harbor Throughout Cold Season; Fed by Bird Lovers.

TORONTO, Ont., Jan. 6 — Down along the waterfront where piercing winds sweep in off Lake Ontario, tossing frigid sheets of spray across the jagged ice-sheets, lives a tiny colony of creature who ignore the rigors of a Canadian winter and laugh at the coal man.

Several Families
The colony is composed of ducks, several families of them. There are American Mergansers, Old Squaw ducks, Blacks, Golden-eye ducks—and just plain ducks, with a large variety of ancestors.

According to Lester L. Snyder, ornithologist at the Royal Ontario Museum, who is one of Canada's foremost bird authorities, some of these fowl—particularly the Old Squaw ducks—hang around Toronto in the winter because they haven't the required ambition to fly further south. They spend their summers in the far reaches of the Arctic, and Toronto is like Bermuda in comparison to their native haunts.

Another section of the colony, the Black ducks, is 'semi-domestic'. Toronto bird lovers, who desire to keep the ducks here all year round, supply them with food in order to encourage their presence.

No doubt many persons have watched the birds dip into the icy waters and have marvelled at their powers of resisting the cold. Mr. Snyder explains that they are well protected. "They are well equipped by nature," he says, "because, in the first place, their feathers are tightly packed and very oily, forming a waterproof coat. Under their skins is a heavy layer of fat."

In the spring, the Old Squaw ducks wing their way to the north, where they nest on the edges of the Arctic Ocean.

"A number of Toronto persons are ambitious to make our waterfront a sort of bird sanctuary, and it is largely because of their efforts that we have so many ducks in the vicinity at this time of the year", said Mr. Snyder.

Most of the flock live on fish, and they find an abundance of this fare along the waterfront, which is supplemented by the scraps of bread and handfuls of grain scattered along the ice by their human friends.

Feudal Relics Surrender

Whether or not the prospective abolition of Queen Anne's Bounty and the hereditary coal mines royalties in England is a concession to the tenets of socialism, it must be agreed that these two levies on leading primary industries have for years brought justifiable protests. They are relics of feudalism which clashed increasingly with changing conditions, and it was evident that they had to be dealt with in the course of time. Each worked the same. The tithe had to be paid by farmers at any cost to their livelihood. Royalties had to be provided by the mine operations, regardless of the level of wages.

Collection of the Bounty during the last year or two has attracted much attention because of the resistance offered. Sheriffs have been obliged to raid barricaded farm properties and seize furnishings and cattle,

ELECTRIC MOTOR and GENERATOR REPAIRS OF ALL CLASSES

Harry C. Moore, E.E.
860 KING STREET

FOR GOOD HOME COOKING

Use Fresh and Pure full strength Flavoring Extracts. Ross Drug Extracts are the best that money can buy. It's real economy to use the best.

3 oz. bottles, 29c

Ross-Drug-United

which were sold to satisfy the claims. The situation became so acute that a Royal Commission was appointed to investigate the problem, and the report, now made public, proposes that a loan of \$300,000,000 be made to remunerate the tithe-holders and free the land from further claims.

The fund, originally levied on clerical incomes as part of the Crown revenue, was transferred by Queen Anne to trustees for use in improving poor "livings." The "first fruits" and "tithes" did not increase in value with the property, the valuation of the time of Henry VIII being retained. The sum involved, however, is considerable, and the idea behind it has not been meeting with cordial reception from hard-pressed farmers. Many of the clergy and wealthy persons have also been opposing it as unfair and contrary to modern policy.

Mines royalties have been a bone of contention whenever the question of miners' wages came up. Being hereditary and immovable, they stood between the workers and better pay, as the cost of coal had to be kept at a minimum in order to find markets. Sir Thomas Inskip stated in the House of Commons that the Government's plan to purchase the royalties involved "a change in ownership and direction from 4,000 private owners to single public ownership, controlled by the State in the interests of the community." The size of the financial undertaking is not made known. It has been stated, however, that the Church of England receives \$1,850,000 annually in royalties and that several peers have incomes exceeding

"NOVELTY SHOP"

Call and see the NEW BIAS TRIM which is very effective for Aprons, Luncheon Sets, etc.

Needles, Sewing Thread, Hair Nets, Bias Tape, Embroidery, Yarns and Stamped Goods.

EDNA GILMORE
Phone 68-21 57 Carleton St.

How You May Get Rid of Those Painful Boils

BURDOCK BLOOD BITTERS

When boils start to break out it is an evidence the blood is clogged up with impurities and requires to be thoroughly purified by a good blood medicine.

We believe there is no better blood cleansing medicine than Burdock Blood Bitters. It helps to remove the foul matter from the blood, and once the blood is purified the boils disappear and your misery at an end. Try it!

\$500,000 from the same source.

It is not clear that the step suggested would mean complete nationalization of the coal industry, as all ownership does not involve hereditary royalties. It would eliminate the the Government with a freer hand in

management of a most essential commodity in case of war.

These two landmarks of feudal days the coal tithes and land tithes, are surrendering to British tradition as demonstrated in the march of progress.

1600 homes could have had a month's Refrigeration

Think of it! Enough EXTRA ELECTRICITY at NO EXTRA COST to provide a month's safe, healthful refrigeration for 1600 families was not used during the first 8 months the new electric rates were effective. This EXTRA ELECTRICITY was for use at no cost or obligation. It would have cooked a month's meals for 645 families and done a hundred other big jobs. Don't waste the Extra Electricity you get at No Extra Cost. Put it to work. Bring more comfort and more leisure into your home.

Maritime Electric Co., Ltd.

FREDERICTON NEW BRUNSWICK



New Year Prices for January 3-4-6

SPECIAL
CANADIAN BEANS
H. P. WHITE 4 lbs. 19c
YELLOW EYE, 3 lbs 19c

SPECIAL
RED ROSE COFFEE 38c
1's Per tin Packed in Saint John

SPECIAL
SCHWARTZ PREPARED MUSTARD 10c
9 oz. Per jar

SPECIAL
MAGIC SOAP 39c
10 cakes Made in Windsor, N. S.

SPECIAL
RANKINES STAR MIXED CAKES 29c
2 pounds

BONELESS COD From the Maritimes, Per lb. 15c
BRUNSWICK SARDINES Oil or Mustard Per tin .05c
"Packed in the Maritimes"
SANI FLUSH Per tin 25c
KOKO BUDS Per pound 25c
LOGGIE'S BLUEBERRIES 2's 2 tin 25c
BROCK'S BIRD SEED 10 oz. Per package 15c
AUNT JEMIMA PANCAKE FLOUR Per package 18c
SPLIT PEAS 3 pounds 19c
MARVEN'S CREAM SODAS 15 oz. Per package 17c
"Made in the Maritimes"
OXYDOL, Large, per pkg. 25c
50 per cent more suds means 47 per cent less work
SUPER CLEANSER, 2 packages 19c
"Made in the Maritimes"
WAXED BALOGNA per lb. 17c
Bayers ASPIRIN TABLETS, per tin 22c
Nature's Best Asparagus Tips, 12 oz. per tin 25c
EXERCISE BOOKS 10 books for 25c
SCRIBBLERS, 10 for 25c
WASHBOARDS, zinc, each 40c; Glass, each 60c
Cod Liver Oil, Newfoundland, 8 oz. per bottle 29c
Cod Liver Oil, Newfoundland, 16 oz. per bottle 49c
TYBURGS ZWIEBACK, per package 15c
"Made in the Maritimes"

Prosperity Begins at Home -- At Home-Owned Stores

LISTEN IN TO THE M. M. A. RADIO BROADCAST OVER STATION CFNB EVERY MORNING EXCEPT SUNDAY AT 8.30 a.m.

See Our Wonderful

GIFTS

that are Priced Very Low

SEE OUR WINDOWS

Mavor Bros., Ltd.

Jewellers
Opp. Prov. Normal School

Fred Barnes

DRY GOODS
76 York St.
FREDERICTON, N. B.
Tel. 1190-21

STOCK TAKING SPECIALS

36 inch Fancy Prints 18c
32 inch Fancy Cretonnes .. 16c
SPLENDID VALUES

"Spring time Effects in Indoor Rations"

In the spring your hens find young grass and tender green shoots everywhere. You know how they go for it.

From this tender young green stuff the Vitamin A activity of their diet is stepped away up.

"PUR - A - TENE"

gives this same effect scientifically in winter indoor rations and increases egg production.

SOLD ONLY IN THE CHECKERBOARD BAG

A. H. VANWART AND SON

Phone 150
FREDERICTON, N. B.