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... OF ...

Interest to Women

CARD GAMES THAT ARE RINGED WITH EXCITEMENT

If your friends and neighbors are tired of the routine bridge games (which are so frequent at summer resorts), why not try them out on a card mixer? You can use any short card game you know to make up the relay, playing them in definite rotation. Fan Tan, I Doubt It, Put and Take, Red Dog, Red and Black, and various kinds of poker.

One way to play is 'dealer's choice' each time. Another is to keep the same dealer throughout the entire relay. For instance, supposing a relay of Put and Take, Red Dog, Red and Black and I Doubt It has been decided upon. The procedure would be somewhat as follows:

Put and Take

Each player has an equal number of chips and the dealer is the banker. Five cards are dealt to each player, and the dealer starts by turning over the top card on the remaining pack. Whoever holds a card of the same number as that turned over must put one chip in the centre. Dealer then turns the next card, and all those holding cards like it put in two chips, the third card he turns requires three chips in the centre; the fourth four, and the fifth, five.

When he turns the sixth card, who ever holds a card of the same number may take a chip from the centre; if they hold one like the seventh; they take two; eighth, take out three; ninth, take out four; and tenth, take out five.

Red Dog

After this game, the dealer reshuffles the pack and deals five to each player to start Red Dog. Before betting starts, each player contributes one chip to the central pool. Each player has a chance to get or pass. Then the cards are all gathered up and the deal passes. If a player bets, he can bet from one chip up to as many as are in the pool. He bets that he holds a card of the same suit but of higher rank, than that on top of the pack. The cards rank from the ace and king down to the deuce. The bet made, the dealer turns the top card face up. Suppose it is the club 10. If the better can show a higher club, he wins from the pool as many chips as he bet. If he fails, his bet goes into the pool. The turned card and the better's hand are then thrown into the discard, and it is the turn of the next player to bet or pass.

Red and Black

The dealer collects and shuffles and cards. He deals three to each player, face up. Each player then bets in turn as to whether the next card turned will be red or black. If he guesses correctly, he wins his bet from the banker; if not he pays the bank; if all four cards are of the same color, he wins or loses double.

I Doubt It

All cards are dealt out for this game; and if there are any left over, after every one has an equal number, they go in the centre. Player to the left of the dealer begins by laying three cards, face down, and saying, "These are three twos," or any other number he chooses. If another player doubts that they are three twos, he says, "I doubt it." The first player then shows the cards he has laid down. If they are three twos, the doubter must take them into his hand together with all the cards then on

the table. If they are not three twos, the first player must take them back as well as all the other cards on the table. If no one doubts the statement, the cards remain face down. The next player then repeats the process. The object of the game is to get rid of one's cards first. The person winning collects a chip from each player for every card he holds at the end of the game.

Dummy Cards

This is merely an application of silence to any popular game. It can be bridge, poker, pinochle, whist, hearts, or whatnot—but whatever the game is, it must be played in silence. Nobody is permitted to utter a sound and any bids or bets or comments must be made by signals or in writing. Try it next time you have a regulation bridge party.

Animal Whist

For this two packs of ordinary playing cards are used, dealt out evenly to the four players at the table. Each lays his cards face down on the table before him and each in turn exposes the top card, laying it face up, forming a second pile.

Before the game starts each player chooses the name of some animal, anteater, jaguar, rhinoceros, etc., the more difficult to remember and pronounce the better. The moment two people expose cards alike, each calls out the name assumed by the other. The first to name the other correctly transfers his pile to the pile of the other. The object of the game is to get rid of all your cards.

DANDRUFF A PART OF HEALTHY SCALP

Many ask me if dandruff is dangerous, what causes it and how to prevent it. I then explain that dandruff in itself does not stop or prevent the hair from growing. Its chief damage is to the pride of the individual concerned.

It is also important to know that a reasonable amount of dandruff is a normal condition of a healthy scalp. It is only when it occurs in excessive amounts, or is allowed to accumulate that it causes concern.

Dandruff is a natural product of the scalp and its presence should not be feared as a menace. It is only an annoyance when it is neglected. If you had no dandruff you would probably have no hair. It is a product of excretion similar to the sweat that comes from the pores, and it is to be understood and controlled rather than feared.

It is commonly believed that dandruff may be transferred to others by the comb or brush. This is untrue.

Dandruff as a destroyer of hair has been much exaggerated. It is true that dandruff that is never washed off may eventually lead to definite hair and scalp disorders. That is true of any unclean condition. Dandruff becomes a menace to the hair and beauty and scalp health only when we neglect it.

GREAT BRITAIN—July 20—rumors were strong in Liverpool that formal letting of a contract for a sister ship of the R.M.S. Queen Mary would be announced today by the Cunard-White Star Line.

NERVOUS TENSION CREATES TEMPER IN SMALL CHILD

A considerable number of the difficulties parents have with children, and teachers with pupils can be traced to the tensions they create themselves. Nervous tension that creates fear, anxiety, irritability and temper in the mind of the adult seeps through to the children. They feel what is going on in the minds of those about them, and their conduct is affected by that feeling.

Parents do not know this. A highly nervous mother, tense in every muscle, her voice sharp, her movements abrupt and restless, goes to the school and says, 'I wish you would do something about Carl. He is getting on my nerves so that I'm ready to fly out of the window. He fusses and fidgets, he talks back, he cries when I scold him. What can be done with him?'

The question should be, "What can be done for him?" And the answer might be, 'Send him away for a vacation or send his mother away for a rest.' The boy feels the tension that is working in his mother. He is uneasy under her constant reproaches, her constant follow-up. He is never certain about her feelings or her actions, and consequently he takes on tension in his turn.

It is not always mother who is the tense one. Other members of the family are afflicted with the same trouble. These are trying days for everybody, especially for those of us who have to earn our living. Nerves are strained and fidgety.

We cannot all go on vacation. We cannot break up a family and send each to a quiet place to restore his soul. But we must try to find release in some pleasant way and help ourselves to establish better atmosphere in our homes.

It is good to get out of the house and away from the usual routine, away from the familiar duties and

the familiar things at home. Most people have cars, and the roads are good. Why not pack up the troubles and take them out to the open country and leave them there on the bosom of Old Mother Earth herself?

Get away. Lose each other for the hour or the day. Throw away the feeling of family responsibility for the brief period of freedom. The whole family will come back refreshed, brightened, and far more affectionate. The tensions will be lessened and the problems so much simpler than one dreamed possible. And the children will be "good."

WOULD MAKE JELLY FROM SEA WEED

CHARLOTTETOWN, July 21—Prince Edward Island may shortly have a new industry which would make use of the practically unlimited supply of Irish moss, a form of sea growth which is to be found almost anywhere along the coast of the island province.

Inquiries about quantity and quality of the seaweed, known here as "Carraghiheen Moss" have been received from outside interests who would be interested in extraction of a jelly it yields, for commercial purposes.

Irish Moss jelly is similar to agar-agar made from Japanese seaweed and used in the manufacture of flavored jellies and blanc mange. The weed already is used for such purposes by islanders.

It is believed locally the proposed industry would have great possibilities in view of the almost inexhaustible supply of Irish Moss and the splendid European market for its jelly product.

POLAND, July 21—General Gustav Orlicz-Dreszer, Chief of the Polish Air Force, was killed today in an airplane accident near Orlowa on the Polish-Baltic coast.

COLIC AND CRAMPS PAINS IN THE STOMACH



has been on the market for the past 38 years; its action is pleasant, rapid, reliable and effective and relief from cholera, colic, cramps and pains in the stomach comes promptly. Price, 50c. a bottle at all druggists or dealers; put up only by The T. Milburn Co., Limited, Toronto, Ont.

TRACY

School meeting of District No. 4, Tracy, was held in the School House Monday evening, July 13th. Ernest Tracy acted as chairman. The secretary's report was read and adopted. Trueman Wood was elected trustee in place of retiring trustee Raymond Seely. It was decided to paint the school house and install new seats in primary department with the assistance of the W. I. The trustees for the year are Maurice Phillips, Harland Harris and Trueman Wood.

The Fredericton Junction soft ball team met the Tracy team at Tracy Wednesday evening. Tracy won with a score of 37 to 7. Batteries for Fredericton Junction, Merseureau and Stuart; Tracy, Boyce and James.

CHILDREN OPEN THEIR OWN BANK

Children of this and surrounding coastal villages have formed their own bank and are doing a co-operative business in a big way. "Children's Co-operative Saving Association" they call it. They line-up in front of their own teller, balance their own books and declare their own interest once a year.

The idea is to teach youngsters the rudiments of banking and encourage saving. The new bank threw open its doors June 26 when 57 depositors panned down sums ranging from five cents to \$3.30. Toy banks were turned upside down and their merry jingle was rung up in the ledgers of the Children's Co-operative Association.

Amazingly fast, the young people are learning banking terms and the worth of money, and for the first time they are realizing the value of arithmetic.

The regulations of the association are:

(1) Any boy or girl under 21 years of age may become a member of the association.

(2) Any amount, no matter how small may be deposited and the current rate of interest on savings accounts will be paid on some.

(3) Interest and dividends will be paid annually.

(4) Money deposited must remain in the bank until depositor has attained his or her 21st year.

(5) Death or removal from the district shall be an exception to the above regulation.

ALMOST UNANIMOUS

Author—Here's the manuscript of my new story, and I tell you plainly, two hundred won't buy it.

Editor—I don't doubt it—I'm one of them.

THE GOOD OLD DAYS

To what do you attribute your remarkable health?

Well, replied the very old gentleman, I reckon I got a good start on most people by bein' born before germs was discovered, thereby havin' less to worry about.

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Tomato or Vegetable
Large pkg. of Lux and 1 cake
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MOONLIGHT INN

DUMFRIES, R. R. 2

CHICKS Means CHEQUES

A lot of smart people have found out that there's money in chickens. Some of them are turning "chicks" into "cheques" on poultry farms.

—And the most successful by far are those who are starting their chicks on

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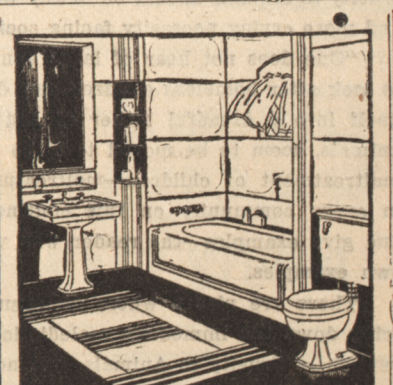
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