

ARTHUR F. BETTS
Plumbing and Heating
315 QUEEN ST. PHONE 512

OUR BREAD

is always fresh

Smooth in texture, crisp in crust—a perfect bread for toasting — and every loaf the same high quality.

TRY IT TODAY

GRAHAM'S BAKERY

Devon, N. B. Phone 857-21

Modernize Your Kitchen

with electrical appliances

Use your No-Cost Electricity

Mar. Electric Company

We're In Business For YOUR Health

Your Health can best be trusted to a trained Pharmacist who has a professional responsibility—who is not merely "making a sale."

P. G. Long
Druggist, Marysville, N. B.

DR. A. A. ROWAN

General Practice

Ear, Nose and Throat Surgeon
Phone 321

117 YORK ST.
Fredericton, N. B.

... OF ...

Interest to Women

TASTY FROZEN DESSERTS CAN BE MADE WITH FRESH STRAWBERRIES IN SEASON

When you look at your chart on vitamins you'll notice that citrus fruits and tomatoes contain considerable vitamin C, in fact they have three 'plus' signs while most of the others listed as containing this same substance have only one or two. But this is what I want to tell you now: Scientists have been doing work on vitamin content of strawberries and have found that they contain as much of this C unit as do either oranges or tomato juice! So again we'll have no difficulty in getting this anti-scorbutic vitamin for it is placed in such pleasantly flavored foods. Raspberries, pineapples, peaches and apples are other sources.

But it is not vitamins I want to stress today. It is the rich red berry which is so delicious in so many ways. No one tires of shortcake, but you mustn't have it all the time so here are several other suggestions.

First I want you to have one of the very simplest and one of the best for hot weather serving. It is a delicious dessert or splendid as the sherbet to the more formal meal. The more juice the berries have the better, when it comes to this recipe.

Frozen Berries

Wash ripe berries thoroughly. Hull and crush thoroughly. (You'll find a potato masher to be best for this). Sweeten well, and place in freezing tray and freeze until stiff. Serve plain.

I suppose you might use firm whipped cream on this for dessert but the mixture is so very delicious alone here is one place it may be omitted. You might save a little of the crushed mixture, to use as the foundation flavor, and the liquid, in a confectioners' sugar frosting. You'll find of course use butter for the rich flavor, and for a means of keeping the mixture creamy, then add sugar and berries to make the necessary quantity. The frosting should be fairly soft.

This next recipe makes a very generous quantity of delicious smooth parfait. It is so smooth that you will think it mousse.

Strawberry Parfait

1 quart strawberries
2 cups cream
2 egg whites
6 tablespoons water
2 cups granulated sugar
2 tablespoons corn syrup
Sprinkle of salt
Put egg whites, water, syrup and sugar in the top of a double boiler and beat over boiling water until the mixture follows the beater up in firm peaks. Cool and fold in the berries which have been put through the ricer. Add whipped cream and pour into freezing trays. Freeze until firm. The colder the refrigerator, the faster the creams will freeze and the faster they are frozen, the better they will be.

YELLOW FOR CHIC

Summer's sunniest color—yellow! It's growing in popularity every day because it works flattery for blondes, brunettes and red-heads. Try it for the basic color in your costume or for an accent—it's grand either way. You'll outshine the buttercups in a casual wool swaggar, soft as angora. Carry a glistening yellow patent leather bag. With black or navy sheers wear palest yellow chambray gloves. Shine by night in yellow satin with a corsage and coronet of flaming nasturtiums. Accent a yellow crepe dress with brown, or, brightest

combination of all, wear a red patent belt with a yellow frock faintly striped in red and white.

PIQUE CARDIGAN

Pique is spreading itself. Evening dresses, shirts and shorts, culottes, bathing suits—they're all pique, this season, the smartest sport cotton of them all. Now fine quality pique cardigans and slip-ons are cut just like classic sweater sets. Wear them together for active sports; wear the slip-on as a blouse under your summer suit. White, pink and yellow with white bindings.

Complete the outfit with a linen stride skirt for 1936 sports chic. The skirts have 16 gores, expertly cut, buttoned down the front with pearly white buttons that detach easily for laundering. They are tremendously good looking with sweaters, and other blouses besides the cardigans.

Helpful Hints

Never starch linens that are to be stored away for a long time. They are apt to crack. Rinse free from starch, dry and fold away, if possible, in blue paper. The blue paper prevents them turning yellow.

Hybrid tea rose bushes thrive well in partial shade. They give good results if they get direct sunlight for three or four hours a day.

When preparing parsley for garnishing, chop it very fine, tie it up in the corner of a clean cloth, hold it for a few seconds under the cold water faucet, and squeeze it as tightly as possible. Then shake it out of the cloth and it will fall like a green powder. Unless it is done in this way the parsley will gather in little lumps.

If you have left-over chicken, beef or ham, chop, season well, spread on three-inch square of pastry. Moisten with a little gravy or milk, roll up like a jelly roll, pressing the ends together tightly. Bake in a quick oven and serve hot for luncheon.

Sheriff Not to Marry in Order to Win Banquet

LONDON. (By Mail)—Colonel J. D. Laurie, senior sheriff of the City of London, has no intention of marrying in order to win a banquet from Sir Percy Vincent, the Lord Mayor. Sir Percy invited Colonel Laurie to "a magnificent banquet" if he would get married during Sir Percy's term of office.

Colonel Laurie said the other day: "Sir Percy seems to hold the view that it is not right for the senior sheriff of the city to be unmarried. 'I've been a bachelor for 64 years. I do not think it likely that Sir Percy will have to provide the banquet."

"Some optimists have already applied for invitations, but I am afraid that they will be disappointed. There is nobody in view. Still, I suppose I must not be too certain. Only two things in life are certain—death and taxes."

'SALADA' TEA is delicious

LONDON WAITER GIVES ACTRESS STYLE LESSON

LONDON, July 7—Hedda Hopper, actress, sometimes called "the best dressed woman in Hollywood," was asked to remove her hat while dining at the Savoy Hotel.

The offending hat, for evening wear, was of pale pink, the tiny straw brim being held together by a net crown dotted with black velvet. "It was a triumph everywhere," Miss Hopper told me. "I was horrified when a head waiter said to me, 'You can't wear that here, madam.' I had to take it off. 'Did I feel foolish, all done up like a plush horse? I asked them why. Seems it is just one of your customs that a woman wears no head covering in a dining room."

Felt Like Arguing

"I felt like arguing. What was the use? I wanted my supper."

"But there will have to be some adjustment. Hats are the rage for evening in America. Merry Widow fashion, you know; elegant . . . bound to come over here."

Dining in a hat is a pre-war fashion. It was pointed out to Miss Hopper that nowadays it is "not done" when men are wearing dress suits. Miss Hopper's hat are famous, sometimes they are a foot high, sometimes nothing more than a

wisp of ribbon. "I'm mad about hats," she said. "Crazy as a coot about them. They are my passion."

The head waiter told me: "Hats are not worn in the circumstances, and Miss Hopper seemed quite happy to comply with my request. It is the sort of thing I would have asked any woman to do."

DINE DELIGHTFULLY

— at —

D-COY INN

Special 6-course Chicken or Salmon Dinner Sunday, 4-7 p.m. 75c

Luncheon and Dinner Parties by Appointment

PHONE 2200-11

OUR BEAUTY SALON

— presents for 1936 —

Truly Lovely Coiffures

Fashioned in less time and with absolute comfort.

Make Your Summer Permanent an Improved Wireless

It's very mild and gentle in its effect on the hair. Better yet, there are no chemicals used to obtain heat and you are not anchored nervously in a chair for several hours.

Excellent for white hair because there is no danger of discoloration. We specialize in children's permanents.

Let Mrs. Vermeeren advise you and help you to select the right permanent.

FOR APPOINTMENTS CALL 908-11.

The Parisian Beauty Salon

339 KING STREET

ABOVE UNCLE SAM'S EXCHANGE

FRESH AS A FLOWER

YOU are going to wear lots of white this Summer. Naturally you will want to feel as spick and span as is possible and at as low a cost as possible. Let us solve that problem for you with our perfect cleaning process.

Buzzell's Dye Works

PHONES 487 or 365-11

VALUE OF NEWSPAPER ADS STRESSED

OTTAWA, July 7—Importance of advertising, especially in newspapers, was stressed yesterday in an address by F. C. Adsett, of Toronto, before the joint convention of the Association of Municipal Utilities and the Ontario Municipal Electric Association.

Mr. Adsett, assistant engineer in the municipal engineering department, of the Ontario Hydro Electric Power Commission, said: "Local newspapers invariably provide a profitable medium for telling consumers and prospective consumers about the advantages of electrical service."

The convention which ended today also heard forecasts by Samuel G. Hibben, of Bloomfield, N.J., of new forms of lighting giving greater efficiency and more beautiful effects. Mr. Hibben, director of applied lighting for the Westinghouse Lamp Company, said the present tungsten-filament lamp probably would remain in use for a long time but that recent research opened other fields of illumination.

A Long Time Between Osculations

It takes a long time to get a kiss from a Hollywood screen star. Screen kisses are just about as rare as stardom.

The feminine flicker favorites of filmdom don't pass out their osculations to every Tom, Dick and Harry. They're mighty particular and will only follow the instructions of their scenario writers, who can't even get themselves kissed.

So, don't think of entering films if in your case it be the lure of screen kisses. Even the male star admits it usually takes a long wait to get them.

Take the case of Lionel Barrymore, who entered pictures in 1909. He had to wait until 1934 to receive his first screen kiss which was in "Strangers Return," and then Miriam Hopkins only kissed him on the forehead. Clark Gable worked in five pictures and the only ones he received were from the various heroes' fists. Finally, he managed a screen kiss in "A Free Soul," but even then he had to struggle for it. But popular opinion has it that he has been well rewarded for his wait.

In Robert Taylor's first two pictures he was cast as a villain and thus had to go kissless, but Robert Montgomery's case was unusual for in his first picture, "So This Is College," he was kissed in each of five out of the six reels. Spencer Tracy went two years without even a hand kiss in pictures, as did Bruce Cabot. W. C. Fields and Robert Greig seem to bear out the old adage that "everybody loves a fat man, but nobody kisses him!"

Screen villain Joseph Calleja feels that he'll have to turn over a new leaf if he is to expect any consideration from the screen's heroines.

Figures show that comedians fare almost as poorly as villains, proving that "love and laughs" don't mix.

Charles Butterworth leads the comic field with a score of 10 kisses during his stage and screen career, while Stuart Erwin is a close second with eight. Jack Oakie has managed to get third place with six "screen" kisses.

Harpo Marx has been chasing blondes through a dozen pictures and has not even been able to get a running kiss. His brothers are also scoreless. As for Robert Benchley, the closest he got to a screen kiss was in a short subject, "How to Train a Dog," when an affectionate pup kissed him on the nose, he says.

But the younger screen players seem to have a laugh on their elders. For Freddie Bartholomew, Jackie Cooper, Mickey Rooney and David Holt have received at least one kiss in each of their pictures.

Violence in Spain

MADRID Spain, July 6—Hatred between Rightists and Leftists flared anew in this capital.

Socialist dairy workers leaving a meeting met a hail of gunfire. Two were killed and four were seriously wounded.

The attack was believed in some quarters to have been made by Fascists who sought to avenge the slaying of two men and the wounding of five when sub-machine gun fire was poured into the Cafe Roig, a Fascist meeting place, early today. Another man dropped dead of heart disease.

Arches Adjusted

Science has proven of late that in most conditions of Foot Trouble and in many cases of Rheumatism, Arthritis, etc., the cause can be traced to fallen arches and ill-fitting shoes.

These arch adjustments can be scientifically given at our office or home if necessary the correct shoe recommended.

— Start Getting Well Today —

G. K. BELL

D.C., Ph.C.

Chiropractor and Osteopath
(P.S.C. Graduate)

606 Queen St. Phone 415

CHICKS Means CHEQUES

A lot of smart people have found out that there's money in chickens. Some of them are turning "chicks" into "cheques" on poultry farms.

—And the most successful by far are those who are starting their chicks on

PURINA CHICK STARTENA

— Sold by —

A. H. VANWART & SON

FREDERICTON, N. B.

IT TAKES GOOD CLEANING

... But that's the only kind we do.

So you're perfectly safe, perfectly wise in sending your Cleaning to

Fashion Plate Cleaners

Cor. Regent and King Sts. Phone 945

WE WISH TO ANNOUNCE WE ARE NOW DEALERS FOR

NASH CARS

Lafayette from \$945.00 to \$1130.00

Nash "400" from \$1055.00 to \$1220.00

Nash Ambassador 6 from \$1335.00 to \$1395.00

Nash Ambassador Super Eight, \$1560.00

F. O. B. FREDERICTON

LICENSE EXTRA

CAPITAL GARAGE

PHONE 206 FOR DEMONSTRATION

COMFORT! FIRE PROTECTION! ECONOMY PROFITS!

Are all embodied for YOU in the CRANE AUTOMATIC RUNNING WATER SYSTEMS.

A family of four uses 36,500 gallons of water per year. Think of the drudgery of pumping that much water by hand! Turn the job over to a CRANE AUTOMATIC WATER SYSTEM.

DECIDE TO DO IT NOW!

LET US EXPLAIN THE CRANE LIBERAL BUDGET PLAN TO YOU

A. J. GUNTER

Phoenix Square — Tel. 290

THE NEW BRUNSWICK CONTRACTORS,

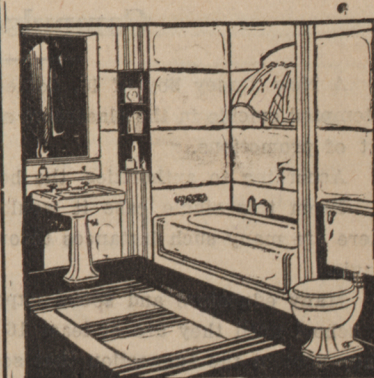
Limited

CONTRACTORS and BUILDERS

OFFICE, 604 QUEEN STREET

PHONE 689

FREDERICTON, N. B.



Modern Plumbing AND HEATING

You can now have all the comforts of Modern Heating and Plumbing on easy terms.

As Low as \$10 Monthly. Small Down Payment. Write, phone or call for particulars

D. J. Shea

80 Carleton St. Phone 563-11