

ARTHUR F. BETTS

Plumbing and Heating
QUEEN ST. PHONE 512Dr. B. R. Ross
DENTISTHOURS:—
9-6 or by APPOINTMENT.
404 Queen Street95c
Permanents
Electric Dressing
HAIR DYEING
Parisian Beauty
ParlorMadame Jac. Vermeeren
PHONE 903-11
337 KING ST.IT'S TIME
to think of
Mitts, Gloves and
Hunting JacketsYour can be sure of
the Best for Less in
OVERALLS, WORK PANTS
and
HORSE BLANKETS
at our place

H. A. BURT

TEL. 1234

New Fall Hosiery

In Service Crepe and Chiffon.
Sizes 8½ to 10½
From 75c to \$2.00 per pairSilk and Wool and All Wool
Hosiery, all sizes, from
75c to \$1.50 pr.Wool Gaiters in all the Wanted
Shades, all Sizes,

At 75c and \$1.00 pr.

J. Stanley Delong

Phone 68-11 63 Carleton St.

Winter Term

— at —

FREDERICTON
BUSINESS
COLLEGE

BEGINS

MONDAY,
JANUARY 4, 1937Write, Phone or Call for full
information regarding our
Business CoursesF. B. OSBORNE, Principal
P.O. Box 928, Fredericton, N. B.

MERRY CHRISTMAS

TO THE KIDDIES

SANTA MIGHT BRING A

COLUMBIA C.C.M. BICYCLE C.C.M. JOYCYCLE
C.C.M. JOY-TRIKE
C.C.M. JOY-RIDER FLEET WING CART SKI FLIER SLED
COASTER SLED

Store Open Evenings from Thursday

J. Clark & Son, Ltd.

FREDERICTON, N. B., AND BRANCHES

... OF ...

Interest to Women

BEWARE OF MONOTONY IF
YOU WANT TO BE HAPPYVaried Interests in Life Are Essential; You
Need a Philosophy to Avoid Neurosis

In the last hundred years women's expectation of life has extended more than twenty years, writes Dr. Elizabeth Sloan Chesser in the Glasgow Herald. This in spite of the fact that women live more strenuously—that they have invaded the business and professional market in their tens of thousands. Such factors as better hygiene, preventive medicine, and the control of epidemics have contributed largely to longer living. On the other hand, women have lived more interesting lives, much more healthy lives, since 1900. More open air, more exercise, reduce the incidence of anaemia, of constipation, and tuberculosis by raising resistance.

With better physical health, it is strange to note an increase of what is called psychoneurosis. Women are more prone to nervous and chronic fear. "Life is very disappointing," a woman of 40 said to me. "There is so much disillusionment." Anyone who reaches the age of 40 without some philosophy of life is sure to be disappointed and disillusioned fairly frequently.

Life, to those of us who live at all, is conflict and endeavour. "More life wrestling than dancing" it seems in truth to be, with full measure of trouble, and sometimes a little joy if we are lucky. One thing is sure: there is far too much unhappiness that is preventive, ridiculous, pathetic and unnecessary.

Women are miserable through the broken illusions of perfect friendship, ideal love, life without pain. There are women unhappy because they persist in quarrelling with the friends who fail to conform to their standard. Some ignore crimes in acquaintances and refuse to condone trivial faults in friends who are no more perfect than themselves.

We are too easily offended by those we love, especially if we are super-sensitive. Longing for that tender, uncritical understanding love which is so rare that it may almost be disregarded, the supersensitive woman is 'disappointed' with life. Women must expect a few disappointments if they are critical and intelligent.

For myself, I have never believed in the health value of the quiet life. It is not the pace that kills, it is the lack of pace in most lives. It is the monotony, the passing away of interest, that undermines health far more frequently than excitement.

Dreams, day dreams, exciting plays and books, are to many necessary 'compensations' for the dullness and dreariness of life. The reason why many people like exciting films is that they are bored by the lack of incident and excitement in their own lives. For the same reason people drink and drug—to get away from themselves.

If the business woman's life is monotonous, her health will deteriorate. If the business girl underfeeds herself, does her work at a slow pace and loses interest in it, it is time for her to consider how her life can be changed or modified to satisfy her human aspirations.

We all need variety; the more intelligent the type, the more essential it is so to order life that we can make for ourselves new interests and enjoy new associations. We should get at all times full measure of satisfaction from work, from friendship and love, and even from everyday living. When pleasure is labor and work distasteful there is neither health nor sanity.

Women who seem happy are not necessarily so. We wear masks of cheerfulness or cynicism, and there are only one or two persons in a lifetime to whom we are simple and sincere. Is this self-protection or courage? Most women are much braver, more intelligent than they realize; but they fear to face themselves. They hide their loneliness behind self-assertion, talkativeness, indifference, or laughter.

Why not try to accept life differently, learn to adapt ourselves to work to friends and relations—in a word, to environment. If we cannot do the work we long to, let us make the best of a job we must get through, even if it is only entertaining hosts of acquaintances. If we cannot live with the people we love, let us try to like better the people we live with.

MAKING CANDY FOR CHRISTMAS?

If So, You'll Need These Pointers to Half Insure
the Success of Your Undertaking

(By Edith M. Barber)

Not too soon to be getting ready for that Christmas candy making! Perhaps, if you only go into this at holiday time, you may like to review a few points which will assure that you will maintain good amateur standing, especially when you make fondant only at this time of the year.

A fondant base which may be used for such a variety of bonbons is the better for standing before it is molded. At least one day should be allowed for 'ripening,' as the professionals call it, and several weeks may be allowed. If you are planning to dip your candies into melted fondant of another flavor and color or in chocolate, you should allow them to stand several hours before dipping. These intervals between the various processes of candy making are almost as important as the proper method of cooking the base.

You may choose either water or cream fondant for your foundation. After the ingredients are mixed, they must be stirred constantly over a low fire until the sugar is dissolved and the mixture boils. Then the pan should be covered while cooking goes

on for three minutes in order to prevent the formation of crystals around the edge of the pan. After the pan has been uncovered, it may be necessary to wipe off crystals which form on the sides of the pan with a damp cloth.

To be absolutely sure that fondant is cooked to exactly the right point, a confectioner's thermometer is necessary. The syrup must be cooled either by sitting in cold water until it is lukewarm, or still better, by pouring it on a marble slab where it will cool very quickly. When the edges crinkle, it is ready to be stirred. When it begins to harden the fondant must then be kneaded until smooth. When cool, it may be wrapped in waxed paper and put in a tightly covered jar.

When ready to dip into chocolate be sure that you choose a cool day for this final operation and melt the chocolate over warm, not hot, water, and stir constantly until melted. Then set the top of the double boiler over cold water, stir again and dip to your heart's content.

Cream Fondant

1½ cups milk
2 pounds sugar
2 tablespoons light corn syrup
2 tablespoons butter
2 teaspoons vanilla or flavoring
¾ pound sliced nuts.

Add milk to sugar and corn syrup into saucepan and cook over flame, stirring until the sugar is dissolved. Cook to 238 degrees F., soft ball in cold water. Remove from fire, add butter and allow to stand until the butter is melted. Stir only enough to mix the butter through the candy. Pour on a greased marble slab and when cool, 110 degrees F., add vanilla and begin beating with a fondant paddle or large spatula until fondant becomes creamy. Knead and put into a glass to ripen.

Add sliced nuts. Form into bars, patties or bonbons. Dip in chocolate or in peppermint or wintergreen fondant and then chocolate. Nuts may be omitted.

Fondant

2 cups sugar
1½ cups water
2 tablespoons light corn syrup
1 teaspoon vanilla or flavoring.
Put sugar, water and corn syrup in

SANTA CLAUS, 1936

He Travels in a Trailer, Flies a Plane --- He's
Streamlined and a Camera Sharp

Junior may need a new sweater, but he'd much rather have a trailer. He hears the whole family, and all the neighbors talking about going off to live in one, and this exciting new toy shows him just what it's like. It is a dashing blue sedan, complete with a red trailer, and he winds it up; releases the brake, and it runs a full 150 feet toward the great open spaces.

It has a powerful motor, and all the details and mechanics of a real trailer—so much so that a woman who saw the demonstration bought one for her husband, to teach him how to back their big trailer into the garage. She said he had bought one at the automobile show, but he couldn't learn how to back it in where it belonged.

Aviation

The only objection to giving Sonny one of the new indoor airplanes, with its own pilot, is that Dad and Uncle Jim would never give him a chance to play with it. In the section where it is being demonstrated men stand four deep admiring it.

It has two remote controls, one for speed and the other to do tricks with. You pull the lever—or is it the joy stick—and the plane loops the loop, or goes into a nose dive, or settles down to a safe landing. The big idea is that it is attached to its own foundation by a flexible strand, so that it may be safely operated within the room, in a five-foot radius, and it can't get away to dash into things.

Streamlined

Electric trains are streamlined this year, and there are many new features. Among them is a 'chugger,' to add to the whistle of last year, and it certainly does 'chug,' exactly like a real train.

The very newest and smartest wagon in the toy world is also streamlined like an automobile. It has new spoke wheels, and even the hub caps are streamlined. In ivory, with red trims; with electric lights, and the proud owner's name on the side.

If you had thought of giving a shooting gallery, which, incidentally, trains the eye and muscles and gives co-ordination, it should be the new model, which is so regulated that the balls can't go either to the left or to the right or above the target. This is a safety feature mothers will appreciate.

A Crow Shoot

Another new shooting excitement consists of seven crows, swinging on a line between two upright posts, with two popguns to shoot them off. The bullets are cork and it's heaps of fun.

For the small boy there is an interesting 'King Arthur's' horse in full panoply. It's really a flat piece, into which he steps, with the decorated gray covering coming down to cover up his legs, so that he becomes the active part of the horse. If you want to add to the effect of King Arthur's court you may have an accompanying costume.

For the Girl Tots

On the feminine side of the toy world things have also been brought thoroughly up to date. First of all there is the tremendously exciting new 'incubator' baby, amazingly done up in a regular incubator with an isinglass side and top, so the small mother can see just how her child is getting along. It has an attached thermometer and oxygen funnel and a hot water bottle, as well as an array of clothes. But the crowning touch of bliss is the nurse's cap, which the mother puts on and has the time of her life playing nurse.

The ever-popular Dionnes appear as they look today, a year older than last year, with lovely lustrous curls. They come in three sizes in a variety of different costumes, and a pleasing feature is the little gold-finished name plate for each.

And while the Dionnes have been growing, Shirley Temple, it seems, has been going backward. This year she appears as she was at two years of age, with five of the cutest little teeth you ever saw. She's a mamma doll and rolls her famous eyes and goes to sleep and has rubber panties. She comes in various sizes.

A New Camera

They call it a toy but it really goes beyond that. Any girl or boy can make photographs in five minutes, any place, any time! Doesn't that sound exciting? It's a small affair, which may be held in the palm of the hand, and it takes snapshots or time exposures, even in sunlight. The nice part about it, of course, is the fact that you may develop each individual film without waiting for the entire roll to be developed. It is one of the few box cameras which hasn't a fixed focus and it may be adjusted from three to one hundred feet and on. It takes pictures about two by one and a quarter inches.

For the Small Housekeeper

A gift which serves two purposes, since it is made by the blind, is an attractive little cleaning set consisting of broom, two mops—one long and one short—a sweeper and a shiny duster. They come nicely boxed and are really large enough to keep any play house spotlessly clean.

EVENING GOWNS APPEAR
IN CHIC KNEE-LENGTHSBelts Lower Than Now Indicate Radical Change
in Style --- Leather Earrings

NEW YORK, Dec. 16—It seems there's a possibility, almost a certainty, that knee-length evening dresses are coming back, with belts slung inches below the normal waist line. Not since the hot-cha days after the Great War, the gay days along about 1923, have women appeared on dance floors in short, low-belted formal gowns; but now there's a definite 'trend' and every one is awaiting the January opening in Paris to see how many are shown there.

Mrs. Reginald Fellowes, a great style-setter, started the excitement, about three weeks ago by appearing at the Ritz in Paris in an evening dress reaching her knees.

This week, Marjorie Dunton, Canadian-born Paris designer, arrived in New York with her new collection, which included one print evening gown with a floor-length skirt front

and back so cut that it reached the knees at the sides.

"I believe that by next summer evening dresses will be anything from the ankle to the knee in length," one style observer said today, "and will look something like tennis dresses—backless, but of better material."

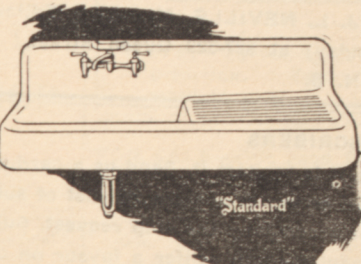
Mrs. Dunton arrived on the same boat as did Schiaparelli, and the two designers looked equally beguiling—Schiaparelli because of her eyelashes which were tinted bright blue; Mrs. Dunton because of her leather earrings, which were as large as half-dollars. She loves leather, and has a specially built machine with which to stitch it. She designs leather town suits and sports ensembles. For example, there is in her collection, a town suit, with tailored jacket and skirt, made of black antelope, worn with a printed silk blouse; and a golf outfit, with Norfolk jacket and skirt, made of natural pigskin.

to a saucepan and cook, stirring constantly until sugar is dissolved. Remove the spoon and do not stir the candy again during the cooking.

When the candy begins to boil cover the saucepan and cook for three minutes. The steam formed washes down any sugar crystals which may be thrown on the sides of the saucepan. Remove the cover and continue cooking.

From time to time wash away any sugar crystals which appear on the sides of the saucepan. For this purpose, a fork covered with cheesecloth and dipped in cold water, may be used. Cook until the temperature 238 degrees F. is reached, or the soft ball stage. Remove from the fire and pour at once on a cold wet platter, or a greased marble slab. Cook in 110 degrees lukewarm. Beat with a fondant paddle or a spatula until the fondant becomes white and creamy. Add vanilla and knead until the mass is smooth and no lumps remain.

Put away in a crock or glass jar and allow to ripen for two or three days before using. The fondant can be kept for three or four weeks if waxed paper is laid over it, and it is kept tightly covered. If it begins to become dry, it should be covered with a damp cloth.

WHY NOT
HAVE COMFORT?

A Modern Sink, an indoor Water Closet, a Modern Bathroom! These are sanitary necessities that can all be on your farm.

Make the coming year's housework lighter and pleasanter for your wife. Install a Water System for Christmas. It requires little attention and is easily and economically operated.

We have one for Your Farm

D. J. Shea
80 Carleton St. Phone 563-11

TURKEY
DINNER

Saturday and
Sunday at the
NU-PALMS

A complete assortment of
Christmas Candies
Moirs' and Ganong's
Christmas Boxes
Tom Smith's Xmas Crackers

THE
NU-PALMSINSURANCE
HOWARD H. BLAIR

RELIABLE BRITISH and CANADIAN
COMPANIES

PHONES — Office 291
Residence 345-11

68 YORK
STREET

—You Can Rest Assured—

OUR BROOMS

ARE SPLENDID VALUE AT

38c and 49c EACH

WELL MADE AND WILL GIVE EXTRA LONG WEAR
SEE OUR ASSORTMENT BEFORE YOU BUY.

HAROLD YERXA'S

89 YORK ST.

PHONE 306

A MESSAGE TO
INVESTORS IN THE
MARITIME PROVINCES —

Surplus funds invested in sound development of natural resources and industry within the Maritime Provinces will return maximum income—Increase Purchasing Power—Create Permanent employment and prove the greatest benefit to general business. A list of carefully selected offerings will be forwarded on request.

IRVING, BRENNAN & COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building
Fredericton Charlottetown Halifax

Phone 454
Saint John, N.B.

OUR DRUGGIST SAYS . . .

"A prescription filled at ROSS DRUG UNITED always lives up to expectations—always accomplishes the exact results your doctor expected it to. That's because our registered prescriptionists know the meaning of ACCURACY . . . and they practice it faithfully in all the work they do for you."

SPECIFY

Ross-Drug-United

PRESCRIPTIONS and be SURE

TURKEYS, GEESE, DUCKS
AND CHICKENS

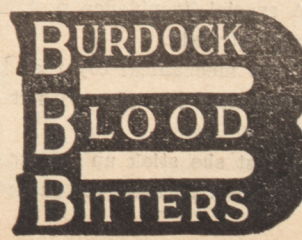
Give us your order and
don't be disappointed

YORK MEAT MARKET

QUALITY AND SERVICE

135 YORK STREET

PHONE 592.

Does Your Stomach Rebel
After Every Meal You Eat?

The bloated, heavy feeling after meals; the empty, sinking, gnawing before meals; the belching and flatulence between meals; the rising and souring of food, all these and more fall to the lot of those suffering from stomach trouble.

Burdock Blood Bitters tones up the membrane lining of the stomach, and restores the natural process of digestion. Take B.B.B. and get rid of your stomach trouble.

HELPS AVOID
MANY COLDS

Especially designed
aid for nose and
upper throat, where
most colds start.
Used in time, helps
prevent many colds.

VICKS V-A-TRO-NOL