

ARTHUR F. BETTS
Plumbing and Heating
QUEEN ST. PHONE 512

Dr. B. R. Ross
DENTIST

HOURS:—
8-6 or by APPOINTMENT.
404 Queen Street.

95c
Permanents
Electric Dressing
HAIR DYEING
Parisian Beauty
Parlor
Madame Jac. Vermeeren
PHONE 908-11
387 KING ST.

**"HOW CLEAN
IS CLEAN?"**

For years we have endeavored to answer this question for our Fredericton customers with the very best in expert labor, chemical solutions and modern equipment.

**Fashion Plate
Cleaners**
Cor. Regent and King Streets
Phone 945

**IT'S TIME
to think of
Mitts, Gloves and
Hunting Jackets**

Your can be sure of the Best for Less in
OVERALLS, WORK PANTS
and
HORSE BLANKETS
at our place

H. A. BURTT
TEL. 1234

New Fall Hosiery

In Service Crepe and Chiffon.
Sizes 8½ to 10½
From 75c to \$2.00 per pair

Silk and Wool and All Wool
Hosiery, all sizes, from
75c to \$1.50 pr.

Wool Gaiters in all the Wanted
Shades, all Sizes,

At 75c and \$1.00 pr.

J. Stanley Delong
Phone 68-11 63 Carleton St.

Winter Term

— at —

**FREDERICTON
BUSINESS
COLLEGE**

BEGINS

**MONDAY,
JANUARY 4, 1937**

Write, Phone or Call for full
Information regarding our
Business Courses

F. B. OSBORNE, Principal
P.O. Box 928, Fredericton, N. B.

**TURKEYS, GEESE, DUCKS
AND CHICKENS**

Give us your order and
don't be disappointed

YORK MEAT MARKET
QUALITY AND SERVICE

185 YORK STREET

PHONE 592.

NEW TYPE OF CHRISTMAS CARDS ISSUED BY R'WAYS

MONCTON, Dec. 12—A new type of Christmas card has just been issued by the Canadian National Railways and will be supplied to those who purchase tickets as Christmas gifts to be sent to relatives or friends, according to R. J. S. Weatherston, general freight and passenger agent of the company here.

All the purchaser of such a ticket needs to do is step up to a railway ticket office, pay the railway fare required and give instructions to whom it should be sent. At the same time he may secure an announcement card for mailing purposes stating that the ticket is being forwarded with the hope that the recipient will join the family gathering and thus add to the enjoyment of the festive occasion. These cards are available at the principal city ticket offices of the Canadian National Railways from coast to coast. Railway tickets purchased in this way are good between any points in Canada, and also between points in Canada and the United States. An amount for sleeping berth, meals and incidental travelling expenses may also be included as a remittance for the convenience of the travelling party.

Under this plan, all arrangements will be made for safe delivery, no matter where the residence of recipient may be. This relieves the purchaser of all bother about details and because the whole transaction is handled by the railway, the sender is safe guarded in every way.

"Many people desire to have the boy or girl at school, a relative or friend or business associate, join them during the Christmas or New Year holidays and this prepaid ticket plan is proving a very acceptable gift for such purpose," stated Mr. Weatherston.

'VAGABOND CRUISE' SHIP COLBORNE ON ANOTHER TRIP

MONTREAL, Dec. 11—The Vagabond Cruise Ship Colborne, Canadian National Steamships, sets forth on another month long voyage from Halifax on Monday bound for the American colony of Puerto Rico and Barbados, Trinidad in the British West Indies, as well as British Guiana on the coast of South America. On this voyage Christmas day will be spent at Trinidad southbound up to six p.m., when the ship sails for British Guiana, while New Year's day will be spent north bound at Barbados, if the ship adheres to her regular schedule. The Colborne will be back in Halifax or Saint John on January 11th.

Passengers on the present outgoing voyage will be Captain J. O. Grey, shipping master, Port of Montreal; Mr. and Mrs. Adrien Belanger and Master Marc Belanger, of Quebec City; Mrs. N. Johnston, of Toronto; Dr. R. Scott Colclough, of Halifax, N. S.; Rev. Father Kicly, of Sydney, N.S.; and Dr. P. D. Perkins, of Saint John.

The Colborne will also carry a good cargo to the southern ports consisting of motor cars, lumber, shingles, hay, feeds, flour, cheese, footwear, drugs, dry goods, packing house products, fish and a quantity of manufactured articles.

COMMUNISM IN INDIA

Despite evidence on all sides of the spread of Communist propaganda in this country there has been a tendency in the past to minimize its effect, relying upon the innate conservatism of the Indian cultivator to resist any attempt to wean him from the traditional ways of thought and the old established economic order of village life. This complacent attitude has lately been rudely shaken and it is becoming clear that unless more energetic steps are taken to counteract propaganda which draws its inspiration from Moscow, the seed of discontent that is being sedulously planted in the minds of ignorant workers and cultivators may spread with alarming speed and have disastrous consequences.—Calcutta Statesman.

Mothers!

Don't take chances with colds... rub on Wickes

... OF ...

Interest to Women

CAKES ALSO COME IN ORANGE SHELLS

Marjorie Mills Offers Directions For Their Making --- Glycerine is an Important Ingredient --- Recipes For Honey Cream and Honey Custard.

(By Marjorie Mills)

If you want to give your friends something extra special and original in the way of a Christmas gift this year, how about miniature fruit cakes each in its own candied fruit container of orange or grapefruit? And don't say it can't be done, because it can—and very easily, by invoking the aid of a little glycerine. This versatile help to harried homemakers will keep the fruit shells from getting hard and sugary during the usually difficult candying process; it will help 'age' the cakes so that it isn't necessary to get them all made weeks and weeks ahead; and finally, the fruit in the cakes will have a more appetizing appearance, bright and juicy looking so the slices are simply scrumptious when cut.

Here are the simple directions for using orange or grapefruit shells.

Select large seeded grapefruit of good shape and color. Wash carefully break oil cells by grating lightly on fine grater. Cut slices from stem and remove insides, being careful not to break shell. Cover shell with cold salted water, bring to a boil and cool about ten minutes. Drain off water. Repeat process three or four times. Cool shell.

Put shell in syrup made of equal parts of sugar and water, allowing one tablespoon glycerine for each cup water. Be sure to use sufficient syrup to float fruit. Cook to 200 degrees F., medium thick syrup, and let fruit stand in syrup at least 24 hours. Turn several times during cooling period. Re-cook; heat to 228 degrees F., very thick syrup. Remove from syrup and cool. Fill with fruit cake recipe.

Fruit Cake

½ cup shortening
½ cup brown sugar
4 eggs
1 cup flour
½ teaspoon nutmeg
¼ teaspoon cloves
¼ teaspoon salt

2 cups seedless raisins
½ cup chopped citron
½ cup chopped orange peel
2-3 cup chopped walnuts
1-8 cup glycerine.

Cream shortening and sugar and add eggs, one at a time, beating vigorously after each egg is added. Mix and sift flour, nutmeg, cloves and salt and add to creamed mixture. Rub fruits and nuts with glycerine and add to cake mixture. Fill crystallized grapefruit shell with cake mixture. Steam for one hour and then bake in a slow oven, 300 degrees F., for thirty minutes. Roll fruit in powdered sugar when cool. This amount will fill two or three grapefruit shells depending on size of fruit. From three to five weeks is sufficient for aging the cakes. Store, wrapped in cloth, in dark, cool place.

The addition of the glycerine in the syrup in which shells are bailed will keep fruit soft while it is being candied. The addition of the glycerine in the cake will keep the identity of fruits and nuts.

Candied Orange Shells

Select the most perfect shape oranges possible. Try to get fruit free from marks. Wash carefully, break oil cells by grating lightly on fine grater and cut slice from top of each orange. Remove insides of oranges and be careful not to break shell. Cover shells with cold salted water and bring to a boil, and cook about 10 minutes. Drain off water. Repeat about three times or until bitter flavor is removed from orange shells. Cool shells and put in syrup made of equal parts sugar and water. Be sure enough syrup is used to float fruit. Cook to 200 degrees F., and allow fruit to stand in syrup at least 24 hours. Reheat syrup to 228 degrees F. Remove from syrup and cool. Fill with above cake recipe and steam about 40 minutes and bake in oven 300 degrees F., 20 minutes.

EXERCISE THAT WILL TAKE THE DROOP OUT OF YOUR THROAT

How does your throat line curve? In a smoothly flowing line, or in a scalloped effect below the chin dropping away into a graceless bulge?

With formal gowns your throat and neck will be in the spotlight this winter. Extremely low V's, deep square necks and off-the-shoulder décolletage are beautiful only when the throat and shoulder lines are smooth and graceful. Your throat always tells tales.

Posture is always the starting point in developing the throat and neck. Poor posture is a definite strain on the neck muscles, particularly if you let the head and shoulders slump carelessly. You never see a screen star walking with her head bent forward; they realize that the position is not only awkward in itself, but that it encourages flaccid neck muscles.

Heavy fur collars have a tendency to throw the head forward, developing an extra curve under the chin and a lump at the base of the neck. So right now is the time to watch your posture with a critical eye.

Stand and walk with your head up, shoulders down and drawn slightly back. Pull in the abdominal muscles and flatten the lower curve of the

back by pulling down the rear muscles. Grow tall! The chest will take care of itself if the abdominal muscles are pulled in. The head should be held well back, but with no strain in the neck muscles. Imagine the back of the head is resting on an imaginary Elizabethan collar. Be careful that the muscles of the neck and the shoulders are relaxed.

A few simple exercises, practiced faithfully every day, will help immensely in firming the throat contour. Here they are:

1. Drop the head back until the chin is high in the air. Rotate the head, turning it slowly to the left, then forward until the chin touches the chest, then slowly to the right and back. Repeat five times.
2. Grasp the neck with both hands, fingers meeting at the back. Slowly bring the shoulders and neck as far back as possible. This exercise will stretch the chest muscles. Repeat five times, relaxing between times.
3. Place the hands at the neck at back of the head, letting the chin drop forward on the chest and relaxing the shoulders. Pull the head slowly upward, using resistance of the rear neck muscles, until the head and elbows are pulled well back. Repeat five times.

MANY EXHAUST THEIR SURPLUS ENERGY

(By Elsie Pierce)

Most humans, women particularly, get along on surplus, or nervous, or excess energy. And because they do, they think they can go on forever, that the storage battery will never give out. This is true at this season of the year more than ever. We're buoyed up by the spirit of the season by the feminine thrill of shopping, the unselfish quality of giving. And so we rush and race and cut down seriously on rest. Yet we don't seem to suffer for it. We tell ourselves that we feel fine, we look well, there's bound to be a gleam in the eye at this season.

But alas, the reaction comes too soon. Once the major shopping is over you suddenly begin to feel all fagged out and let down. Every woman in the home knows this 'reaction.' She can hang on 'by the skin of her teeth' going through the million little chores—cleaning, mending, cooking, serving—full speed all day long. She doesn't stop to think about herself. And the truth is she doesn't know whether or

not she feels tired. But when the last dish is washed, dried and put away, when the children are asleep and the day's work done she suddenly feels too weary to drag her own weight around.

We react precisely the same way to shopping. It has its effect on skin, hair, eyes, general appearance. Carried to excess it has its effect on health too. Fatigue is one of the worst enemies of health and beauty. Remember that.

Many women, at this season, have two things with which to contend. There's a full social calendar and shopping. Those who come through both shining are those who have the good sense to balance racing with rest. Relaxation and plenty of it is what we all need and the fuller the programme the more time we should devote to rest. Where to find the time? That's up to you.

How do you think busy social leaders manage to hold on to their looks? Club meetings, sports, active and spectator sports, parties, social welfare

Dr. DeVan's Pills

A reliable feminine hygiene regulator, on sale in Canada for over thirty years. Price five dollars. For sale at

Ross Drug Stores

COINS AND STAMPS PROBLEM IS RAISED

Cabinet Must Decide if
Edward's Effigy Will
Appear on Them

OTTAWA, Dec. 14—Whether the effigy of King Edward VIII will ever appear on a Canadian coin or stamp is to be decided by the Cabinet.

While it is one of the minor problems arising out of the abdication of King Edward and the accession of King George VI, it is nevertheless an anxious one for the officials of the Mint and the Postmaster General's Department.

It is an old tradition that neither coins nor stamps bearing the head of the sovereign shall be issued beyond the year in which he has ceased to reign. Accordingly, none bearing the effigy of King George V may be issued after the end of 1936. Similarly, if precedent is followed, the head of Edward VIII could only be used this year.

So far, no coins or stamps carrying Edward's portrait have been issued, but elaborate preparations had been made and dies and plates were about ready.

It takes months of work to get new issues ready and officials are concerned about the possibility, having regard to the approach of the year-end, that this work will have been in vain. The possibility is seen that the rule may be relaxed under the circumstances.

One of the mysteries about the issue of these commonplace necessities is where all the pennies go. In the past four years, for instance, the annual issue of pennies has averaged more than 10,000,000. Last year the amount was 7,500,000. The 1935 issue of silver coin totalled \$601,000 and the value of nickel coin was \$194,000.

Similarly, the issue of postage stamps and post cards runs into big figures. The face value of the 1935 issue was \$26,303,000. This was in addition to \$3,619,000 postage paid in cash through meter machines.

PARKER'S RIDGE

PARKER'S RIDGE, Dec. 14—The weather for the last few days has been very cold and disagreeable.

Mrs. Judson Spencer and Mrs. Wm. McLennan were calling on Mrs. Alfred Carson and Mrs. Douglas Spencer on Wednesday evening.

Friends are sorry to hear that Alex. McLellan who has been confined to his bed through illness, does not show much improvement.

Mrs. Hedleigh McCloskey and Mrs. Festus Fairley of Boiestown were calling on Mrs. C. E. Boies, Tuesday.

Maurice Carson who was employed in Fredericton for the past few months, has returned home.

Franklin Calhoun has been busily employed hauling wood for Chester Boies.

Mr. and Mrs. Howard Bonnar have returned from Sheffield and will take up their residence in this place.

Jack Barrett of Fredericton has been trucking wood for Geo. Woods for the past few weeks.

Miss Roberta Morrison was calling on Mrs. Earle Greene recently.

Mrs. Frank Parker has gone to Fredericton where she will spend the winter.

Verdun Boies, Russell Spencer and Everett Parker left for Renous on Monday.

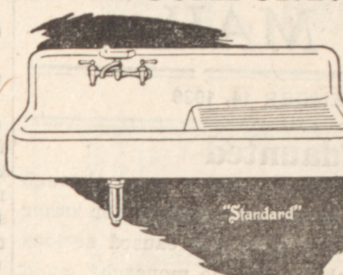
Knitting is the order of the day.

NO MENTION OF REPUBLIC

Mr. E. de Valera delivered an important speech to his supporters of Fianna Fail last week for a whole hour on his future plans for the Free State, and the strange thing about it is that he never once mentioned the word "Republic." It was surmised that when he was dealing with first-class Irish affairs that he would make reference to a republic for the 26 counties or for 32, but the idea (in words) seems as far away as ever. He has retained land annuities which should have gone to England; he has abolished the oath of allegiance to the Crown; he has done away with appeals to the Privy Council; he has abolished the Senate; and he is fashioning a new constitution, but he said nothing about the word "republic."—The Impartial Reporter, Enniskillen.

work, entertaining and being entertained, managing their household, shopping tours. Perhaps they are spared the worry of budget balancing. Perhaps they have a good deal of time perhaps they do have regular appointments at beauty salons. But more than anything else the most successful value of relaxation. It doesn't matter what hours they keep, how late they stay up, it is the hours given over to resting up after the rushing racing, late partying that helps them keep up their health and their looks.

WHY NOT HAVE COMFORT?



A Modern Sink, an indoor Water Closet, a Modern Bathroom! These are sanitary necessities that can all be on your farm.

Make the coming year's housework lighter and pleasanter for your wife. Install a Water System for Christmas. It requires little attention and is easily and economically operated.

We have one for Your Farm

D. J. Shea

30 Carleton St. Phone 553-11

Specials for This Week

Hot Chicken Sandwich	20c
Tea or Coffee	15c
Hot Meat Sandwich	15c
Tea or Coffee	10c
Ice Cream Soda	10c
Any Flavour	10c
Milk Shake	10c
Any Flavour	15c
HOT FUDGE	
SUNDAE	

Afternoon Teas for Christmas Shopper from 2-5 p.m.

**THE
NU-PALMS**

**INSURANCE
HOWARD H. BLAIR**

RELIABLE BRITISH and CANADIAN COMPANIES

PHONES — Office 291
Residence 345-11

68 YORK
STREET

— You Can Rest Assured —

OUR BROOMS ARE SPLENDID VALUE AT 38c and 49c EACH

WELL MADE AND WILL GIVE EXTRA LONG WEAR
SEE OUR ASSORTMENT BEFORE YOU BUY.

HAROLD YERXA
89 YORK ST. PHONE 306

A MESSAGE TO INVESTORS IN THE MARITIME PROVINCES —

Surplus funds invested in sound development of natural resources and industry within the Maritime Provinces will return maximum income—Increase Purchasing Power—Create Permanent employment and prove the greatest benefit to general business. A list of carefully selected offerings will be forwarded on request.

IRVING, BRENNAN & COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building
Fredericton Charlottetown

Phone 454

OUR DRUGGIST SAYS

"A prescription filled at ROSS DRUG UNITED always lives up to expectations—always accomplishes the exact results your doctor expected it to. That's because our registered prescriptionists know the meaning of ACCURACY . . . and they practice it faithfully in all the work they do for you."

SPECIFY

Ross-Drug-United

PRESCRIPTIONS and be SURE

BUYING

FOR A

LIFETIME!

There never was anything made that someone could not make worse and sell for less.

FURNACES ARE NO EXCEPTION

A Furnace made to sell at a CHEAP PRICE is COSTLY in the long run. You will like McCLARY'S MAGNET FURNACE because Winter Comfort has not been sacrificed to Price Appeal.

— Sold by —

A. J. GUNTER

Phoenix Square — Tel. 290