may be pitted, cut in pieces and used

Chocolate Fruit Bread

2 tablespoons melted shortening

oven, 350 degrees F., 45 minutes.

3 cups whole wheat flour

1 teaspoon cinnamon

1 cup sugar

1 egg

1 teaspoon salt

1½ cups milk

3 cups pastry flour

1/2 teaspoon salt

1 egg, well beaten

34 cup cold water

1 cup bread flour

34 teaspoon soda

1/2 cup molasses

34 cup milk

1/2 cup brown sugar

34 cup peanut butter

2 cups graham flour

HIS AGE IS FATAL ERROR

more, but that need not worry him.

time will have plenty to do.

It is unwise to try to push a child

Caught a Cold?

21/2 teaspoons baking powder

1/4 cup sugar

1 cup milk.

3 teaspoons baking powder

2 tablespoons melted butter

1 cup almonds, chopped coarsely

Orange Nut Bread

3 teaspoons baking powder

½ cup orange marmalade

1/2 cup chopped walnut meats

1 tablespoon grated orange peel

Peanut Orange Bread

Almond Bread

4 teaspoons baking powder

21/2 cups flour

1/2 teaspoon salt

1/4 teaspoon cinnamon

1/2 cup chopped nuts

1/2 cup chopped dates

1/4 cup brown sugar

1 cup milk

1/2 cup seedless raisins

1-3 cup melted chocolate

... OF ...

Interest to Women

FANCY BREADS ARE DELIGHTFUL

Mrs. J. D. P. of Norwichtown, Ct., in place of dates or raisins.

(By Marjorie Mills)

Let's supprise the family with vari-

piece of fruit with each bite. Then too

fancy breads are excellent for sand-

bread and a cream cheese filling?

Can't you just hear the 'ohs' and 'ahs'

a platter of these breads with differ-

If you do bake your own bread,

colored breads, red, yellow, orange,

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Fredericton-Grand Falls Sunday with Mrs. Brown's mother also called on T. L. Hanson here. Mrs. Aldon Kelly spent a day re cently in Dumfries the guest of relat

ives and friends.

Miss Grace Corey spent Sunday at her home here. She has been spend-Bus connections to all main points ing several weeks with Mrs. Ralph brown, and others that will produce a

> Friends of Douglas Parent who is a wich making and for teas. Can't you patient at the General Public Hospi- just picture how attractive a sandtal, Saint John, are very glad to hear wich would be made with orange he has improved very much.

day recently with Mr. and Mrs. T. L. at your bridge party?

ent parts of Maine.

ter Mrs. Balfour Parent on Sunday The many friends of T. L. Hanson are sorry to hear he is confined to his home with la grippe, and all wish him a speedy recovery.

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#### **Granite Hill News**

Mr. and Mrs. Joseph Brown spent Mrs. Sarah Hagerman. Mr. Brown

Charles Stillwell spent a weekend recently with his father, Alfred Stil- asks that we print the recipes for well of Grand Lake, Mr. Stilwell who cheese and tomato bread and any has been on the sick list, is slightly other odd and fancy breads that we

Mr. and Mrs. Harry Chown and daughter Kaye, Saint John, spent a ent colored fillings would bring forth

Mr. and Mrs. Herbert Roach have there's not much extra work in varyreturned home after an extended visit ing the plain, white, everyday variety with relatives and friends in differ into a colorful loaf that will delight

Mrs. John Brown called on her sis

#### Cheese Bread 11/2 cups milk

young and old ailke.

1 cup grated cheese 1 tablespoon sugar

1/2 cake compressed yeast 1 teaspoon salt

4 cups flour, approximately

Heat the milk to lukewarm, add the rated cheese and mix. Add the sugand the yeast dissolved in a small mount of the milk before heating. Add one cup of flour and beat with a gether all dry ingredients. Beat egg, stary egg beater until smooth. Let add milk and stir this into the flour ise about one hour, add the salt and mixture. Mix well, Add nuts and Knead ten minutes, let rise until moderate oven, 350 degrees F., for ght, knead again and place in greas- about one hour ed bread pan or make into small rolls When light, bake bread an hour, or if made into rolls, 20 to 30 minutes, first en minutes at 450 degrees F., renaining time at 350 degrees F.

### Tomato Bread

1 yeast cake dissolved in 1/2 cup rm water

1/4 cup sugar

2 cups cooked tomato juice and pulp ressed through strainer 1 tablespoon salt

Flour enough to make soft dough and allow to rise twice. This makes I hour in moderate oven, 350 deg. F. two loaves and is attractive in color. Fruit Bread

3 cups flour

4 teaspoons baking powder

11/2 teaspoons salt

1/4 teaspoon soda

1/4 cup molasses 11/2 cups milk

1 egg

1/4 cup chopped nuts 1 cup chopped dates or raisins

ate oven about one hour. Raw prunes 40 minutes.

(By Angelo Patri)

school with his brother. At first he

"Card says he is just one month

comes for him. There is something that.

"Yes," said mother, cheerfully, 'he

is only 4, but I wanted him to be

ready for what was ahead of him, so

I put him in school now. You see I

told him that he need not study; just listen, do what he could and let the

rest go. Of course the others can do

short of 6. His brother is only a

my life. He is just a baby."

'How old is he?"

the matter."

PUSHING A CHILD BEYOND

## **BOTANICAL NOTES** FOR NOVEMBER

(By E. W. Hart, Division of Botany, Central Experimental Farm, Ottawa) With the fall of the leaves, with the passing of Indian Summer, Nature's kindly but timely warning; with the advent of frost and snow, comes Nature's sweet restorer-repose.

The universal instinct of repose, FOR TEAS AND SANDWICHES The longing for confirmed tranquility nward and outward, humble yet sub-

The life where hope and memory are as one."

In November most plants relax from their labours, but not all, for some still bloom in spite of the elements with that strange and almost debonair energy which comes to all life often as a harbinger of death.

Buttercups, round-leaved mallows, mustards, goldenrods, michaelmas daisies, lobelias and witch-hazel may still be found in flower in sheltered

In the woods, the yellow, ragged-Sift flour, measure, add baking petalled flowers of the dauntless powder, salt and cinnamon and sift witch-hazel are very attractive. Later three times. Add ntus, raisins and come their woody seed capsules, dates. Beat the egg, add brown sugar which take many months to mature and milk, and combine with flour Care must be taken, however, not to mixture along with shortening and examine these capsules too closely, chocolate. Stir well and turn into well as a bombardment of the bullet-like oiled pan and bake in a moderate seeds ejected with very considerable force may take place in the same manner as the seeds of the violet and touch-me-not

For a very long time an atmosphere of poetry and sentiment has gathered round the witch-hazel, and it was formerly draped by those versed in the occult arts with a veil of deep mystery. It has been, and doubtless still is, used as a divining rod. In the eighteenth century Jonathan Swift 1/2 cup hazel nuts, chopped coarsely Sift flour, measure, then sift to- wrote:

"They tell us something strange and

About a certain magic rod nix to a kneading dough with flour. melted butter. Bake in greased pan in That, bending down its top divines Where'er the soil has hidden mines, Where there are none, it stands erect Scorning to show the least respect."

> This versatile plant also extends its 'magic" to the famous "Witch-Hazel' of the pharmacy.

Indian Tobacco, perhaps the least attractive of the usually beautiful lobelias, may also continue to bloom in November. It is readily identified by the very small flowers and inflated Sift together dry ingredients. Add seed-vessels. emaining ingredients, mix well, and

The name might have arisen either turn into a well-greased bread tin. from the peculiar tobacco-like sensa-Combine as other bread mixtures Let stand ten minutes and bake % to tion imparted to the tongue and stomach on chewing the leaves, or from the fact that the Indians often smoked the dried leaves to produce the drugged effect of

"The insane root

That takes the reason prisoner." However, it has some use in the fluid extract of the dried leaves as a cure

Many people doubtless quite natur-Sift flour, baking powder and salt Dissolve sugar in water. Add milk are entirely devoid of botanical intogether. Dissolve soda in molasses and molasses. Sift flour, salt, soda, terest. A few walks in the woods, and add to flour. Add milk and slight- baking powder and unsifted graham however, will prove that such is not y beaten egg. Flour nuts and fruit flour. Combine mixture, beat in soft- the case; for the spruce, pine and fir and stir in. Turn into a greased pan. ened peanut butter, fold in orange trees when in repose exhibit extreme Let rise 15 minutes. Bake in moder- rind. Bake in 350 degrees F. oven, interest and beauty both of sight and sound, the latter inspiring Wordsworth to write:

At every impulse of the moving

The fir-grove murmurs with a sea-like sound."

His comparison is a very apt one, the soothing, slumbrous sound of the conifers is very suggestive of the The first grade teacher was trou- So one little boy got a bad start in breaking of the surf on a distant beld. "There is something the mat- school. He was asked to face a situ- beach. And what a sight is that glitter with Mitchell. His mother entered at an far beyond his ability to cope tering fairyland when, on frosty days, him last month, so he could be in with, and to do work far beyond what the sun shines on the rime-covered of development permitted. twigs! An attraction for the lover of seemed to like it, but now he is afraid He lived under a cloud of failure. His plant life far surpassing that of the He cries most of the time, and I can't health was shaken and his belief in soothing, slumbrous atmosphere of get a bit of work out of him to save himself shocked severely. Maybe time the fireside. will cure the hurt. I hope so, but

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The following property will be sold at Public Auction in front of the County Court House, Fredericton, N.B., at twelve o'clock noon on the 28th day of November. 1936.

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ber, 1936.

WILLAM McINTYRE, PROPERTY,
McAdam, York County, N. B.
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be, could it? I'm asking his mother his protection. We are certain to



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