# MAKING

# YOUR

# CHRISTMAS

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LV	8.11	Hartland	Lv. 6.49
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... OF ... Interest to Women

of Partners --- Some of Them May Be Used

dancing and having a good time.

#### Find Your Partner

is given by young married couples. and noise. He gives calls for the to try to catch it as it falls. It is an-

starts and the leader calls a grand he prove that he really caught it. right and left. To do this partners After everyone has found his partlows the grand right and left with wrapped with Christmas paper. other calls such as (1) Boys behind girls; (2) Girls inside; (3) Stop and

#### Wreath Partners

doorway. Run through it lengths of vari-colored narrow ribbon, the ends ends of the same ribbon are partners. ing partners.

# EXERCISES CORRECT DEFECTS IN FIGURE, SAYS MISS LANG

Flat Chest, Double Chin, Round Shoulders All Banished By Persistent Effort

whenever you have spare time.

Sit or stand straight and clasp

your hands on the opposite arms just

above the wrist-left hand on right

arm and vice versa. Then hold your

on your arms muscles with both hands simultaneously and then push,

alternating the movements. Do this

vigorously and rather fast. You will

see that it has a definite pull on the

A lovely throat is another absolute

essential to beauty and there is no-

thing better than the old-fashioned

'head roll' for this, if it is done faith-

full every night and morning. Stand

or sit straight and roll the head all

the way around first to the left and

then to the right, throw the head

so that you feel the muscles stretch.

Keep Chin Slim

hope I'll never get! Throw the head

I never sleep on a pillow, myself,

the shoulders. Round shoulders will

firm. I play golf and tennis and

Now, for that 'tummy' that needs

Stand straight, with hands on hips,

then to the right, vigorously-and

don't swing the hips. Do this twenty

Bend back as far as you can with

The 'side-sway' strengthens the

And to those who stand all day, I'd

Dr. DeVan's Pills

A reliable feminine hygiene regulator,

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venra. Price five dollars. For sale at

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NOTICE OF SALE

Notice is hereby given that pursuant the Provisions of the Towns Incorporation Act, 1927, and amending Acts and der and by virtue of a Warrant to me ected dated the 7th day of November, D. 1936, and issued by the Town reasurer of the Town of Devon, in the bunty of York for taxes against Thomas hitehead, I will sell at public auction front of the Town Office, in the Town Devon, in the County of York and ovince of New Brunswick on Tuesday e twenty-second day of December, A. 1936, at ten o'clock in the forenoon, right, title, interest, claim and demand the said Thomas Whitehead in and the following lands and premises, mely, "All that certain lot, piece or recel of land situate, lying and being the Town of Devon formerly called dramed the Village of St. Mary's erry in the County of York and Pronce of New Brunswick and described follows: Commencing at an iron spike aced on the northwesterly side of the iramichi Road at the easterly corner of lot of land owned by H. M. Blair and mining along the northeasterly side of lot and office and fifteen inches distant from the

said road a rectangular distance of thirt feet six inches or to the place of be ginng."

A variation of this exercise is the

(By June Lang) Everyone nowadays, and for years past has been talking about reducing! But, of course, a good figure should be round as weil as slender.

So, if your chest is too flat to be in clasped arms in front of you, extendproportion, here is an exercise that ed on a level with the shoulders. Pull will help develop the bust-and do it

#### **Open-Mindedness** is a Virtue

That his Excellency the Governor General of Canada does not believe in the alleged jewel-like quality of consistency is not surprising for few thinking men today are favorably impressed by a public personage's unswerving fidelity to first opinions.

Speaking at Edmonton recently. Lord Tweedsmuir had this to say of away back and forward as it rolls, the individual who refuses in all circumstances to become a "turncoat"

"Dull inelasticity is a doubtful virtue-in fact, I think it is no virtue at 'nod.' Nod first down in front, then There is no value in sticking to turn your head as far right as posprinciples if they are wrong principles sible, and nod, then as far left as you or to views if they are meaningless can, and nod. Do a lot of these views. In the first case, you are mere- The 'rabbit nibble' is also good for ly a consistent rogue, and, in the an incipient double chin-which econd, a consistent fool.'

The world, of course, is continually back as far as you can, push your renouncing the views it once held, chin out, and go through a chewing and that it should do so is of the es- motion. You're doing it properly if sence of human progress. Strenuously you feel a strong tension of the as it held to its early opinion that throat muscles, the earth was flat, for instance, it was not until it accepted the fact of because this, too, helps to keep the the world's roundness that any ad-neckline straight and it doesn't hunch vance was made in navigation.

The public which once maintained speil the loveliest natural figure! that nothing could supersed the When it comes to sports, there is horse and coach as a means of public nothing better for straight shoulders conveyance was forced eventually to than swimming. In fact, swimming is admit its error, and to concede that fine for the entire figure. It develops the steam locomotive had its points the bust and makes all the muscles of superiority.

So, through every human advance, swim and ice-skate but I don't advise that which is held to be the ultimate horseback riding, for it broadens the in perfection today is scrapped with hipline. little hesitation tomorrow, and its place is taken by some improvement

on what was believed unimprovable. flattening there are several simple Yet in many quarters it still is exercises. ield that there is something inherentdisgraceful in changing one's pol- toes parted a little, heels in, swing itical views, and even in admitting the torso far around to the left and that one's political creed can ever be mistaken in the slightest detail.

The falsity of this idea is shown by times. Try to keep your shoulders even the briefest reference to British back. history. Gladstone, the great Liberal leader, started his public career as a the arms out straight behind. Come Conservative. Lloyd George, who so back to a standing position and reably guided the destiny of the Empire peat. Don't bend your knees. Do ing the Great War years, was a "Little Englander" at the time of the Boer war and opposed that campaign. waist and also keeps fat from accum-Both Winston Churchill and his fam- ulating. Moving only from the waist ous father changed their political up, bend as far as you can first to the views many times. Even the Conser- right side and then to the left. Let vative Party in Britain has introduced legislation which in any other swinging the left arm over your head country would be regarded as social as you bend right, and vice versa.

There is no special virtue in "dull like to say: "Don't spread the legs nelasticity" of political thought. The and don't stand on one hip! Both statesman who may hope to make distort the figure." line. Can you think of anything gold one for daytime, collar pins, tie history is the one with courage vorse than a modern Christmas? fasteners, rings, particularly signet or enough to say, "I was wrong in my previous views.

Emerson, in his essay on Self-Relireal tree, holly, plum pudding, Christ- evening jewelry, crystal and tiny ance, declares: A foolish consistency mas carols, stockings bulging and pearls, pearls both black and natural is the hobgoblin of little minds, ador-

old wassail bowl, steaming; and home and not too expensive. Handsome Tweedsmuir adds: So, the advice I made fruit cake—and presents. Let's sleeve buttons for daytime in gold and would leave with you today is not not go gadgetty for Christmas. Give silver or paltinum with colored pre- hastily to call any one inconsistent real presents, spend time selecting cious stones, are shown by all the as a term of abuse. To be open to them and let them be fewer and best jewelers. Give 'him' a ruby or new light and new ideas is a proof emerald scarf pin and see how he renot only of a vigorous mind, but of out of date, and a gift that each mem- precious stones, emeralds, or rubies, a course, is nothing but a nuisance; but ber of the family may enjoy and keep star sapphire brooch circled with di- equally so is the stand-patter. Lightamonds, a ring or star ruby or sap- mindedness is a vice, but open-mindedness is a virtue

And the little people, rings, bracelets watches and long delicate chain neck laces. The boys and girls want, of course, watches, wrist watches for both sexes, chain barcelets and rings. The college boy and the debutante mesh bracelet worm outside the clove. well, there is so much for them. mesh bracelet worn outside the glove popular. These are almost always in

> gold, wide but flexible; watches of every size and shape, new, smart, and the Velvet Ball, very smart women watches, for afternoon and evening, have never been so popular as they wore long pendant earrings. Earrings an or the young matron and set off

> Beautiful jewel encrusted flowers Necklaces of all types are available are to be found in the best jewelry for the gentlemen who wish to give shops. These would gladden the very handsome presents, and since all heart of the most sophisticated of

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'PHONE 592.

LEVER HOSTESS PLACES TABOO ON WALLFLOWER

Cynthia Proctor Proposes Suggestions in a Choice Before Each Dance

The Christmas bells are ringingcalling for fun and galety! Much in Prepare duplicate slips each bearlemand for holiday dances are nov- ing the name of an expression, Trielty numbers and suggestions for umph, Hope, Despair, Joy, Pride, Anmatching up partners. You know that ger, and the like. The men draw slips if you're a clever hostess, who wants pression noted on his slip.

A musical game much in demand for young people's dances and parties The most important need is to have a good leader, someone with a voice which can be heard above the music the air while the man rushes forward

Hang a Christmas wreath in a dance,

#### here are those of the male sex who from one basket, the girls from anre just too shy to saunter over and other. Each man then hunts a partask their heartbeat for a dance. So, ner who seems to be wearing the exno wallflowers draped on chairs in He asks the girl he suspects, "Are corners, you'll keep them busy select you Gloom?" or "Are you Joy?" If ing partners in all manner of ways- she answers 'No,' he continues his and that's the way to keep the crowd search for a partner. As soon as the

partners are found, the couple starts to dance, others joining the dancers as they find mates.

Falling Stars

The men line up on one side of the room opposite the girls. Each girl is given a numbered cardboard star and at a given signal tosses it high into nounced beforehand that a direct The participants form a double catch entitles the lucky man to a sircle, with the boys comprising the kiss from his partner. This, naturally nner circle. Both circles face clock- starts such a stampede that it bewise. One extra player stands in the comes practically impossible for any centre of the ring. A lively march man to be lucky. Then too, how can

take right hands and all start alterner, an elimination dance begins. nating, left and right hands, men go- When the music stops numbers are ing to the right counter clockwise, called out and those holding stars of and ladies to the left, clockwise. It these same numbers leave the dance might be well to give a demonstra- floor. The last couple to go is pretion of this before starting. He fol-sented with a large box of candy

Leading Lady Dance Portraits of well-known feminine face partners; (4) Find your partner. movie stars are cut from movie mag-At the call of Find Your Partner, azines and pasted on cardboard stars. all turn to their original partners and These are strung on silver cords during the scramble the one in the and distributed among the girls who centre takes a partner. This leaves wear them necklace fashion. Cards out a different person who goes to bearing the names of these movie the centre and so the game continues. queens are given to the men who seek

out their leading ladies for the next

Santa Claus Partners Cut red pasteboard or stiff paper finished with flowers or knots. The in Santa Claus shapes. Cut each Sanmen pick up ribbon ends on one side, ta in two pieces, each one divided in the girls on the other. When the a different place, Boys choose a part eath is cut at the bottom, those of Santa from one basket, girls from who find themselves holding the two another. Parts are matched for find-

# WE ADMIT WE'RE OLD FASHIONED WHEN IT COMES TO CHRISTMAS

This is to be a jewel year, an old acts. If it is good, he will like it.

This is to be a jewel year, an old acts. If it is good, he will like it.

For the debutante, pearls, clips of public duty. The weathercock, of

always. Even the baby may have again a phire, delicate little chain and tiny locket.

For the boy, sleeves buttons, an ev- are the debutantes special dish. ening watch and chain, a pearl pin

Give us a good, old-fashioned holi- enamel with college or fraternity emday time, with Christmas greens, a blems; beautiful eigarette cases. For sagging, hanging precariously from for dress clothes and dinner clothes, ed by little statesmen the mantle; snow, sleigh belis, the platinum and crystal are also favorite And to this his Excellency Lord

Gold bracelets, gold ear clips and =

the peeresses will wear tiaras instead women. of crowns at the coronation of King Edward, a tiara will be the proper Rings are to be had in all manner

Christmas will never go stream- for his morning clothes and a smart

gold, wide but flexible; watches of um or gold. ome very beautiful jewelled bracelet are also excellent for the older womthe simple black clothes so popular high favor.

Edward, a tiara will be the proper gift for all elegant lady whose grace and charm is heightened by the most lovely example of the jeweler's art.

Rings are to be had in all manner

A hick town is a place where people don't buy Sunday dinner. They just go out in the back yard and wring its neck.

A hick town is a place where people don't buy Sunday dinner. They just go out in the back yard and wring its neck.

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A hick town is a place where people don't buy Sunday dinner. They just go out in the back yard and wring its neck. gift for an elegant lady whose grace ple don't buy Sunday dinner. They

Mesh bracelets of three shades of with diamonds and may be of platin-

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