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Will it heat upstairs and downstairs next winter?

Will it consume more coal than last year? Or will it break down during the first "cold snap" and endanger the health of the family?

From every point of view, now is the time to assure yourself that, as soon as cold weather appears, your heating plant will be in shape to take care of you.

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A reliable feminine hygiene regulator, on sale in Canada for over thirty years. Price five dollars. For sale at

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FALL TERM

_ at _

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THEY'RE ALL

that our place is noted for ser-

vice and good food as well as

MOONLIGHT INN

DUMFRIES, R. R. 2

entertainment!

SAYING



Miss Irma Wright, who annexed the Canadian professional speed typing championship, and George L. Hossfield, who was proclaimed world's professional typing champion at the Canadian National Exhibition, Toronto, on September 2nd, are shown after being congratulated by J. J. Seitz, centre, president of Underwood Elliott Fisher Limited.

Fire Side **Moonlight?**

The ballroom or the beach—

there is a distinctive coiffure for your trip.

If you are "going native" for your holiday, or plunging into a gay social whirl, you should see

> Mrs. Walkers' Beauty Salon Tel. 1144

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Lafayette from \$945.00 to \$1130.00 Nash "400" from \$1055.00 to \$1220.00 Nash Ambassador 6 from \$1335.00 to \$1395.00

Nash Ambassador Super Eight, \$1560.00 LICENSE EXTRA F. O. B. FREDERICTON

CAPITAL GARAGE

PHONE 206 FOR DEMONSTRATION

SPEED TYPISTS MADE NOT BORN CLAIMS TYPEWRITER PIONEER Among those present at the Can-| Mr. Seitz saw Rose Fritz win the adian National Exhibition, Toronto, first contest held in 1906 at New

... OF ...

Interest to Women

Typewriting Classic for 1936, was J. minute. With the present marking ident of Underwood Elliott Fisher, equivalent to about seventy words

Asked how the entrants in the Typing Derby could keep up such a withering pace for a solid hour, Mr.

to witness the Internatioanl Speed York with a record of 82 words per J. Seitz, seventy-four year old pres- system, he explained, this would be Former Technical Lecturer with Gen. per minute.

"The present record of 135 words per minute, established by George L. Seitz explained that most of the typ. Hossfield, is not entirely due to typeists go into intensive training for writer improvements, although they the contests just like any other ath- have helped tremendously," he said

Typing Champion and Typewriter Pioneer

to fifty thousand times. That requires of contests.'

sound nerves and physical fitness." conv. generally a book on a serious subject which contains as many difficult words as possible. In the af-

letes. "And they have to," said Mr. | 'Today's speed artists take this mat-Seitz, "for during the hour they will ter very seriously and go into trainstrike the keys anywhere from forty ing three or four months in advance

after at least eight hours sleep, eat for it was he who discovered Miss is very infrequently encountered. a very light breakfast and practice Wright on one of his school tours would like to have more detail. for two hours or so. Then, at eleven and brought her into his company Q. What is the cause of a gra o'clock, they take a full hour's test when she graduated. She soon won bing clutch? Can it be adjusted to under the same conditions as in the the Canadian Amateur Title, and then work smoothly?—J. B. L., Chipman. contest. They type from unfamiliar the World's Amateur Championship

George Hossfield, winner of this ternoon, they practice again and take year's professional crown, will go another hour's test under similar con- down in history as one of the greatditions. They repeat the tests every est typists of all time in Mr. Seitz's two weeks or so to compare records, opinion. This is the ninth time that thus enabling them to see if their ac Hossfield has won the World's Procuracy is improving with their speed | fessional title.

SHOES ARE CREEPING UP FOR FALL -**BOOTEES ARE NOW DEFINITELY BACK**

Ankle Height for the Country — But Footwear will be engineered to prevent chassis Compromises With Tongues for Town—Interest sag due to increased load, beside many matters of lesser importance. Centers in Design Rather Than Ornament

or several seasons, but only this ese figure decorating the flap. year, with the introduction of the un- Shoes this fall harmonize with

at front, usually achieved by a tongue head ornaments occur frequently. jutting up over the instep.

you city people, you.

Step-in Popular are the step-ins which look like tan. monks' shoes and straps which are really step-ins. Oxfords, high seven- Suede, as is to be expected, leads eyelet ones, are shown for afternoon all leathers in first fall shoes. Calf is wear in suede. Straps are wider, and shown widely for town. And patent many trimmed pumps are shown. leather promises to be good during These trimmed pumps give a very the winter, due, doubtlessly to the QUEEN STREET : Below Regent feminine look to the foot. Interesting importance of shiny trim on dresses.

mean in price. They're snuggling up fect achieved by gold stitching, and tremely quiet it will be a year or two to the ankle gradually, and some of little gathered rosettes of the same before it becomes a factor of imthem, such as those reverse calf boot- patent as an ornament. Lovely are portance. es for country tweeds, are actually those, Chinese in motif, with the long even above it. Shoe stylists have been tongue bent over and secured by nailtrying to bring back the higher shoe heads on the vamp, and a gold Chin-

ined, reverse calf, country bootee, has dresses more than ever before. There much success been predicted. And are buckles, buttons, bows, bindings, now, while these little boots are hot braiding, all to blend with details of from the shoemaker, college girls are the ensemble. With this rich, dress- spect the steering gear of your car. bordering them recklessly. But remem- maker look, the average woman will ber these for slushy football weather, find that she will need a larger wardrobe than she has for the last few Many of the suede shoes have patent Even town shoes, though, which are years. Don't let the buttons worry not cut high at the sides, but are you, though, for they're usually just wear. There are some reptiles and pleasantly relieved in silhouette by ornamental and the actual work is kid. the sloping D'Orsay line, have height done by snaps. Metal eyelets and nail Square toes and heels are still

and green are next in popularity, and last persists from spring. Of all patterns, the step-in is the there is some interest in the vintage There is less ornamentation, on the like oxfords. This combination of promise to navy spring costumes. In simplicity. styles is amusing to see this fall. There the browns are copper and Spanish

Suede Leads



IS A BOON By Harry E. Porter

Good nutrition has more than one

asset. First of all there is, of course,

the choice of such a variety of foods

that together they add to the perfect

sum of calories, muscle building,

energy giving, vitamin and mineral-

While some of these foods may

be eaten in their raw form and need

merely the process of digestion to be

absorbed, others need to be prepared

for digestion by cookery. Meat, for

Cereals also need preparation,

While many vegetables and fruits

some of them need cooking for two

make them ready for digestion; the

other to make them palatable. Pota-

toes are the outstanding example of

the latter fact. The raw potato is

unsuited in its raw form to take an

cooked potato, on the other hand, is

Potatoes Hashed in Cream

Melt the butter, add potatoes and

seasoning and stir over fire until

the butter is absorbed. Add the milk

and cook slowly, about half an hour.

Fruit au Gratin

12 canned or stewed pear or peach

Drain the fruit, saving the juice.

Roll fruit in crumbs. Place in but-

tered baking dish, cut side up. Dot

with butter. Bake in hot oven (400

to 425 degrees F.,) until crumbs are

brown. Serve with lemon sauce.

2 tablespoons butter.

Salt, pepper

halves.

Butter.

2 cups rich milk.

Cornflake crumbs.

2 cups diced potatoes.

Add more milk if needed.

bearing foods.

digestive juices.

Motors and Chrysler



VALVE TIMING

Valve timing is the operation of the intake and exhause valves in instance, must be cooked, because the relation to piston travel. To explain human teeth are not strong enough this fully, it will be necessary to to divide raw meat into small pieces cover the subject in three or four which may be easily reached by the consecutive articles.

The operation, however, is very interesting and well worth one's time either by long cooking, by grinding to follow. Valves apply only to a or by pressing by machinery, plus four cycle engine. A two cycle en- a short cooking. The ready-to-eat gine has no valves, its operation be- cereals are examples of the latter ing dependent upon parts and crank- treatment. Flour is also prepared case compression. To enable the by machinery at the mills before it is reader to understand the following made into bread, cakes and cookies. articles on valve operation, it is necessary to understand these first can be eaten in their natural form, fundamentals:

1. A revolution is the complete turn reasons. The first is, of course, to of a crankshaft.

2. A cycle is half a revolution. 3. The automobile engine operates

per cycle, and not per revolution. 4. The valves of an engine open

important place in our diet. The and close completely during the one 5. Spark occurs every four cycles a valuable and delicious addition to a meal. or two revolutions.

6. Cylinder "fires" every two revolutions or four cycles.

That is why an automobile engine is termed a four cycle engine.

Questions and Answers

Q. My 1928 - car misses on number five cylinder and all cylinders have good compression, good spark, and everything in number five cylinder seems to be in perfect condition, still it won't work. -H. S., Oromocto.

A. Unless you have a four cylinder motor and are resorting to levity, I would suggest you look for a Miss Irma Wright's capture of the crack in cylinder head at either in-Asked as to the training routine, Canadian Professional Championship take or exhaust valve seat, or crack Mr. Seitz said the entrants rise early was a matter of pride to Mr. Seitz, in piston. A condition of this kind

car, mileage and perfection of con tiguous parts. The three most common causes of clutch grah are grease on the clutch facings, improper lining, and failure of cushion blades of clutch plate. Have clutch removed by a competent clutch man and trouble corrected.

Don't be at all surprised when you see the 1937 motor truck apparently without an engine. Some manufacturers will build the cab over the engine so as to increase body space for pay load. This accomplishment isn't just as easy as it appears to be, as a complete re-distribution of weight sag due to increased load, besides

Rear mounted power plants are still in experimental stage and unless Shoes are going up, and we don't are those in patent with a plaid ef- the manufacturers are keeping ex-

> Clean chronium plating with body wax only.

Often, worn front tires is due to improper steering geometry and not inferior tire quality. Regularly in-

trim, too, especially for afternoon

shown, but round toes, somehow look In colors, black is dominant. Brown even newer. That comfortable walled

most current. These are tongued, shades, as well as navy and gray, whole, and the interest centers chiefbuckled, buttoned, gored, and some Navy will probably not continue after ly in silhouette and design, giving to of them pretend to be laced, just September, though, as it's just a com- fall shoes a charming and effective

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Present-day married couples are wise—they don't need to dread

SHE doesn't spend half the day running down to the basement

HE has no half-frozen, shuddering look on his face when his gets up at 7.00 on winter mornings. BECAUSE they have a wood burning

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