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Mrs. Simpson

(Continued from Page Two)
and it was Lady Furness, the former
Thelma Morgan, beautiful twin sister
of Mrs. Gloria Vanderbilt, who intro-
duced Mrs. Simpson to the Prince of
Wales.

Shortly afterwards, Mr. and Mrs.
Simpson were guests at Fort Belve-
dere, the royal week-end house near
London. It was not long before the
Simpsons were numbered among the
Prince's most intimate friends. They
visited fashionable West-End restau-
rants and were seen together at din-
ner parties, night clubs, and in the
royal box at Covent Garden.

Last summer, when King Edward
went on a voyage in the Mediterran-
ean, Mrs. Simpson was his guest.
Their friendship has always been
quite open; her name was included
as an honored guest in the Court Cir-
cular at Buckingham Palace, and he
frequently visited her in her flat in
London.

It was subsequent to meeting the
King that Mrs. Simpson obtained a
divorce from her second husband.

The King's deep friendship for Mrs.
Simpson is attested by a Baltimore
woman who has known Mrs. Simpson
since childhood, met her at Biarritz
a year ago and had tea with her.
King Edward VIII, then Prince of
Wales, also was present.

"Whenever Wallis speaks," says
this traveller, "he seems to be sim-
ply enthralled. He hangs on every
word she says, roars at anything that
is amusing—and Wallis is very amus-
ing. His eyes and manner give the
impression that there is no one else
in the room."

ASPIRIN TRADE MARK UPHELD

Exchequer Court Restrains Infringe-
ment of Bayer Company's Rights

The Bayer Co. Ltd., of Windsor,
Ontario, was granted judgment of the
Exchequer Court of Canada Novem-
ber 24th, against Max Beyer of Win-
nipeg, Manitoba.

The Bayer Company alleged that
the defendant, Max Beyer, was in-
fringing its registered trade mark
"Aspirin" by applying same to tab-
lets which were not the Bayer Co.'s
product, and the judgment of the Ex-
chequer Court perpetually restrains
the defendant, Max Beyer, from sell-
ing or distributing products not man-
ufactured by the Bayer Company as
Aspirin and directs Max Beyer to
deliver up all containers, labels or
other matter offending against the
judgment. The defendant is also
required to pay the Bayer Company
damages and the costs of the court
action.

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... OF ... Interest to Women THE PROPER DRESSING WILL MAKE BIRD TENDER

(By Marjorie Mills)

There's no need to wait for the
next holiday to have turkey—not this
year, because dealers report that 14
per cent more turkeys are strutting
the market. And what's more, turkeys
are of better quality and lower in
price than they have ever been in
the past. The Institute of American
Poultry Industries states that this
year there will be a total increase of
2,500,000 turkeys over last year's out-
put. And here's some data gleaned
from the institute itself which may
do justice to this typically American
bird, so that it may come to the table
truly a culinary masterpiece.

If turkeys have been raised sci-
entifically, their feeding has been con-
trolled. This results in streaks of
creamy fat around and between the
muscles, which makes for tenderness
and juiciness; this also increases the
palatability of the skin. A bird's age
can be determined by feeling the end
of the keel bone. If this is pliable,
the bird is young and tender, but if
the bone is not flexible, but brittle,
this is fair warning that the bird is
an old one. Then, too, if the cartilagi-
nous substance shows a healthy
red at the knee where the legs have
been cut off, the bird is young; if
white, the bird is old. Another sure
way of determining the age of a tur-
key is to feel the skin on the feet. It
will be smooth to the touch if the tur-
key is young and tender.

When ordering a turkey, ask the
butcher to cut off the feet instead of
chopping them off. Ask him also to
avoid chopping off the wing tips when
he draws the bird. When removing
the crop, ask him to slit the skin of
the neck, down the centre back.
Then, by pulling the skin away from
the neck it may be cut close to the
body. The windpipe and crop are
easily pulled away from the neck
skin and removed by cutting close to
the body. This leaves the neck skin
over the breast unbroken, making it
far easier for stuffing and trussing
and more attractive when served.
Ask the butcher also to remove the
leg tendons before the legs are cut,
not chopped off. If these tendons are
not removed they become practically
ossified when cooked and the carver
is faced with a hard problem in sur-
gery when he prepares to slice the
dark meat.

Turkey Cookery Tricks

In preparing for roasting remem-
ber that no salt should be used, as it
often causes blistering and cannot
possibly penetrate meat underneath
the skin. If desired, however, the
bird may be salted from the inside.

An uncovered roasting pan is re-
commended, as this seems to bring
out a better flavor. If a cover is used,
this means that part of the time the
turkey is being steamed whereas it
takes bona fide roasting to really
bring out the rare savouriness of tur-
key. A cheesecloth may be saturat-
ed in a mixture of melted fat and
water and laid over the bird in order
to keep the breast meat moist. Addi-
tional pieces of cheesecloth may be
dipped in the same solution and wrap-
ped around the legs while trussing.

DISCUSSES IRREGULARITY IN STUDY

(By Arthur Dean, Sc.D.)

Personally I'd rather see a high
school boy really study for one hour a
day than to see him mess around with
his books for three hours pretending
to study. I never expect to live long
enough to see the right sort of home
study.

"But, mother dear, I forgot to bring
home my note book." "My fountain
pen has run dry." "The teacher did
not give out any lesson today." "To-
morrow is a holiday and I can study
later." "I've lost my lesson." "I had
not time to copy the questions from
the board." "Anyhow, the questions
had been erased before I had chance
to copy them." "I will get up early
tomorrow morning to study."

It's a pity that excuses and fooling
one's self haven't places on the re-
port card. If there were a place some-
where boys and girls would get 100 in them.

Schools are to blame in that young
people do not know the first prin-
ciples of home studying. Parents are
at fault in that they listen to and
believe all the stories their young-
sters tell them about "No lessons to-
day." "I did it in school," and so on.

We must remember that students,
and for that matter, adults, follow
the lines of least resistance. If the
teacher is "easy" the students are
just as easy on their lessons. If
home interruptions to studying are

them, as this keeps the skin from
shrinking and cracking during roast-
ing period.

Butterscotch Refrigerator Cookies

1 cup butter
2 cups brown sugar
1 egg
1 cup all-bran
3 cups flour
2 teaspoons baking powder
Cream butter, add sugar gradually
and beat until thoroughly mixed. Add
eggs and all-bran. Sift flour with the
baking powder and add to the first
mixture. Shape into roll about 1 1/2
inches in diameter, wrap in waxed
paper and store in refrigerator until
firm. Cut into thin slices and bake
on ungreased cookie sheet in hot oven
for ten minutes.

Fudge Squares

4 squares chocolate
1-3 cup butter
2 eggs
1 cup sugar
1/2 cup flour
1/2 cup all-bran
1/2 cup nut-meats
1 teaspoon vanilla extract
Melt the chocolate over hot water
and add the butter to it. Beat the
eggs until light, add the sugar and
beat well together. Add melted butter
and chocolate. Stir in flour, all-bran,
nuts and vanilla. Pour into a greased
pan, making a layer about one-third
inch thick. Bake in a moderate oven
for about 20 minutes.

Corn Flake Macaroons

2 egg whites
1 cup sugar
2 cups corn flakes
1/2 cup nut meats
1 cup coconut
1/2 teaspoon vanilla extract.
Beat egg whites until they are stiff
enough to hold their shape, but not
until they lose their shiny appear-
ance. Fold in sugar carefully. Fold
in cornflakes, nut meats and coco-
nut. Add vanilla. Drop on a well
greased baking sheet. Bake in moder-
ate oven about 15 to 20 minutes. Re-
move pans from oven, place on damp
towel and remove macaroons immedi-
ately with a spatula or sharp knife.
If macaroons become hardened to pan
they may be put in the oven for a
few minutes to soften.

A standard measuring tablespoon
which has a round bowl may be used
for shaping macaroons. This insures
a regular shape and better appear-
ance. Either brown or white sugar
may be used.

All-Bran Date Bars

3 eggs
1 1/2 cups brown sugar
3/4 cup flour
3/4 teaspoon baking powder
1/2 cup all-bran
1 cup chopped nut meats
1/2 cup chopped dates.
Beat the eggs until light, add the
sugar and beat well. Add flour sifted
with baking powder. Add all-bran,
nuts and dates. Spread mixture in a
layer one-half inch thick in a greas-
ed shallow pan. Bake in a moderate
oven for about 20 to 30 minutes. Re-
move from oven while warm, cut into
squares or bars. Roll pieces in pow-
dered sugar, or serve as pudding with
whipped cream.

allowed the excuse for non-concen-
tration is right at one's elbow. If the
assignments for home study are ir-
regular the student will study so ir-
regularly that he finally becomes per-
fectly regular in his irregularity. If a
student is not called upon, or asked
to submit a paper, or examined regu-
larly he will get as careless as any
adult worker does who has no super-
vision. If the assignments are un-
fair or unreasonable they throw a
wet blanket on good intentions.
Principals should make it their
business to see that the combined
assignments of individual teachers do
not make an impossible task for any
boy or girl. Teachers should state
clearly and definitely the home
study assignment.

When it was found that camels
moved too slowly in the streets of
Jaffa in Palestine, they were barred
before anyone had a chance to sug-
gest ethyl oats.

Chest Colds
... Yield quicker to the
Poultice-Vapor action of
VICKS
VAPORUB

CORRECT POSTURE IS IMPORTANT TO GOOD CLOTHES

(By Kathleen Enright)

One of the big questions of the day
is—How can I get that streamline
look without spending a fortune on
my clothes?

There is no doubt that most of the
women in the world would love to be
able to spend more money on their
clothes. Many of us think "Who could
not looking stunning and well dressed
in expensive clothes?" Or, "I could
look just as well as Mrs. So and So if
I could spend as much money as she
does on my wardrobe."

Well, maybe, but here's a great
fashion hint: It isn't so much what
you spend on your clothes as it is
how you wear your clothes. The most
expensive dress in the world will look
frumpy, and possibly even cheap un-
less the wearer has that certain some-
thing that brings out the best points
of the dress.

For example, you can be wearing
the most costly garment obtainable
and if your posture is poor the dress
will not show up to advantage. Many
women could improve their appear-
ance and attain that chic look so im-
portant to modern fashion if they
only would stand erect instead of
slumping along with rounded should-
ers and caved in chest. The very
women who permit their shoulders to
get round and their chests caved in
are the ones who mourn the fact that
they can't wear such and such a style
because they have a protruding ab-
domen. They do not seem to realize
that an erect posture would correct
their appearance about 100 per cent.
And that isn't beauty talk, it's fash-
ion advice. It may surprise you to
learn that you can cut down your
dress budget considerably by cutting
down your figure to its correct pro-
portions.

VARICOSE ULCERS RESPOND TO NEW TYPE TREATMENT

(By Dr. James W. Barton)

One of the discouraging sights
about hospitals just a few years ago
was the number of cases of middle-
aged and elderly men and women
with varicose veins and varicose ul-
cers. Some of them had been in the
hospitals for many months.

This was before the value of in-
jecting varicose veins was fully
known. This simple injection meth-
od not only got rid of these enlar-
ged and thickened veins but helps to
clear up the varicose non-healing ul-
cers so often present.

"These varicose conditions are
common amongst all classes of the
community, and give rise to a large
amount of discomfort, pain, and dis-
ability, and on account of the compli-
cations of phlebitis, inflammation of
the vein, skin inflammation, and ul-
ceration, lead to a great deal of crip-
pling and ill-health. Experience has
shown that the newer methods or in-
jections, are simple, safe, and effec-
tual and that they are capable of pre-
venting the more serious complica-
tions of varicose diseases.

Dr. Reginald T. Payne, St. Barthol-
omew's hospital, London, describes
his experience and the methods used
in over 1,000 personal cases in the
British Medical Journal.

Unfortunately, it is only too true
that nothing is known as to the
cause of varicose disorders although
varicose disorders grow progressively
worse. Some of the observations
made by Dr. Payne are:

1. A family history of varicose
veins was present in 50 per cent of
the cases.

2. Varicose diseases are invariably
progressive, arrest is unusual, and
natural cure is rare.

3. Operation is the best method of
treatment where the veins are of such
colossal size that the discomfort and
length of time necessary by the in-
jection method is out of the question.

4. Small recent varicose ulcers heal
quite rapidly with injection of the
veins and the application of a cala-
mine dressing to the ulcer. Larger and
older ulcers with hard swollen tissue
surrounding them respond rapidly to
injection treatment combined with
use of elastoplast. The injections
should be carried out at fortnightly
intervals at the time when the elas-
toplast is changed.

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