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... OF ...

Interest to Women

NEW STUNT WILL RAISE GOOD LAUGH AT PARTY

Cynthia Proctor Explains the Operation of This New Version of a Childish Game That Oldsters Will Be Sure to Enjoy

Did you ever have anyone try the new version of "pinning the tail on the donkey" on you? It's really very funny, if you're feeling in good humor. Work the stunt at your next party for a good laugh.

In a room off the general party room, have a donkey pinned on the wall. Each guest is called in separately and the hostess informs him when he enters the room, that he is not to pin the tail on the donkey and that he is not going to be blindfolded. He is to take a good look at the animal, then the lights will be put out and he is to walk across the room and point his finger directly at the place where he thinks the tail should go—holding his finger straight out all the way across the room.

And here's where the fun comes in. As he approaches the donkey, groping in the darkness, someone holds a jar of cold cream right up to the finger, and the "gropers" plunges his digit into it, with a shriek and a yell and the worst feeling of tragedy! Then the lights are put on, and he stays in the room while the next victim appears. All players, after they've had a turn at the cold cream jar, remain in the room to watch and laugh at newcomers.

You could use stove blacking (if you want to be really mean) or a jar of vaseline or cold cream jar, remain in the room to watch and laugh at newcomers.

Change Routine On Vacation Trip, Dr. Barton Says

One of the great services to the health of mothers and children is the Summer camp. There was a time when only children of the well to do could get away for a holiday, but now with the help of service clubs and other organizations, outings are made possible for many thousands of women and children.

But others than women and children need outings, need a vacation at some time during the year and for most of us the mid-summer months seem to give the greatest return for time and money.

It has never been my custom to suggest rules or regulations for these annual vacations that everybody needs. The most important point about a vacation is to do the things you want to do, and no one knows what these things are except yourself. It may mean going to the mountains, to the seashore, or simply loafing around home.

Now, "there's no place like home" as we know, but home is a place where you live or stay when you are not at your work. A real vacation, a real outing, to give best results, should mean a "change" or as was mentioned before, a "vacating" of your usual places—home and where you work—for some other place, whether it be five miles or 500 miles away.

It is nice to have rest of body and this you may obtain at its best at home, but you have more than a body to rest or to give a change, you have a brain which needs a rest or change. Your eyes, your ears, your nose, your taste, although a part of the body, are really your brain, and during vacation they should have new sights to see, new sounds to hear, new flowers and foods to smell and

taste. Even if we are in good health, with no pains or aches to mar our daily life, and even if our home life is one of happiness, there is need for something "different" to maintain our mental health. It may not mean going far, it may not mean much expense; all that is needed is a change from the "usual," the "everyday" that is present with us the rest of the year. This then should be the motive in your thought for a vacation—"change."

Just one more point. The first couple of days after you reach your vacation destination should be spent in resting, then walk, row, golf or do the things you want to do until a couple of days before you return to your home, when a couple more days of rest should be taken. You should thus return home rested and "changed."

Ten Rules Given For Looking Older

An astute male observer offers the following humorous rules for the woman (was ever one born?) who wants to look ten years older than she really is:

1. Don't get too much sleep—four hours a night is plenty.
2. If you are tired, use more make-up before going out.
3. Spend at least three hours a day worrying over trivial matters.
4. Don't have your eyes examined or wear glasses as long as you can see a house.
5. Keep on the go! How can you possibly enjoy life while reading a book or resting?
6. If you are 30 years old, you can look 40 by dressing like a girl of 20.
7. Don't bother to protect your eyes on the beach or tennis court. Toughen them up!
8. Believe your husband implicitly when he tells you that he doesn't mind your being ten pounds overweight.
9. Wear shoes that pinch.
10. Avoid regularity of hours or meals at all costs. Be modern. Live on your nerves, and they will live off you.

STATES TO HONOR SUSAN B. ANTHONY

WASHINGTON, July 14—In response to thousands of requests received by the post office department during the last two and a half years, Postmaster General Farley announced today that a commemorative postage stamp will be issued honoring Susan B. Anthony, pioneer leader in the movement for woman suffrage.

This stamp will be first issued on August 26, the sixteenth anniversary of the proclamation of ratification of the Nineteenth Amendment to the Constitution providing for women suffrage.

In addition to her work in behalf of woman suffrage, Miss Anthony was a leader in every movement which had to do with equal rights for women in the affairs of the country.

The new stamp, which will be of the three-cent denomination, will bear as the central motif of its design a portrait of Miss Anthony.

Central Kingsclear

There was a strawberry festival held at the home of Mr. George Anderson last night in aid of the United Church of this place. There was quite a number in attendance and they all had a merry good time.

Mr. and Mrs. L. E. Cliff and two sons, Arnold and Lloyd and Mr. Doning motored from Presque Isle, Maine, and was the guest of Mr. Cliff's aunt for a few days last week. Mrs. McDonald from Nova Scotia was calling on friends of this place yesterday.

Mrs. H. W. Kilburn who has been visiting her many friends at Presque Isle and other parts of Maine, has returned home after spending a very pleasant two weeks.

Mrs. Charles Murray and her daughter, Marguerite was calling on friends of this place one day this week.

Judson True from Panama and Florida was calling on friends of this place one day this week.

Mr. Mitten the station agent at Albert, Albert Co., was in Fredericton one day last week and called on friends of this place.

Mrs. Hedley W. Kilburn spent the week-end at Douglas, the guest of her friends Mr. and Mrs. Normand Hilderbrand, while there she visited Mr. and Mrs. T. Weeb and Mr. and Mrs. McGibbon and other friends of that place, she also attended the baptism Sunday afternoon where there was eleven baptised and taken in the church in the evening by the Rev. Mr. Young, the pastor.

We are pleased to know that Mrs. James Gray who has been very ill is slowly gaining.

REPRESENTATION AT EMPIRE MEET ASKED

SASKATOON, July 14—The Saskatchewan Livestock Producers, Ltd., convention here yesterday passed a resolution urging the Canadian Chamber of Agriculture take steps to assure the presence of a representative of Canadian agriculture at the forthcoming Empire Conference in London.

WHITE SHEETS FOR SAILORS

Ye gentlemen of England
That live at home at ease.
Ah! little do you think upon
The dangers of the seas.

When Martyn Parker uttered that reproof, somewhere in the seventeenth century, the dangers of the seas were rather less than its discomforts, and probably sailors of that time never imagined a day when every seaman should sleep in his own separate bunk and eat of landlubber's food three or four times a day.

Dangers at sea now are scarcely greater than on shore, and apparently even the last of its discomforts, apart from seasickness, are to be abolished.

Until now sailors have had to be content with blankets to cover them in their sleep. They have had to work four hours on and four hours off during each day, and the only holidays they received were a few hours or days ashore in foreign or home ports while their ship was discharging or refitting.

But, despite these facts, landsmen, especially young landsmen, have been inclined to regard the sailor's lot as a perpetual vacation with pay and enough light occupation to keep one interested.

French seamen apparently did not share this opinion. Recently they struck for shorter hours, sheets on their bunks, and yearly holidays with pay. These demands have been granted.

How a forty-hour week is to be managed during a prolonged sea voyage is not apparent. Presumably the ship will be allowed to drift during the eighteen hours each day in which the crew is off duty, unless A.B.'s can be persuaded to amuse themselves navigating while officers attend to stoking, oiling, etc. Something will have to be done too, about preventing storms from rising during off hours. Moreover, some part of the six working hours will have to be devoted to ironing the bed-sheets—or maybe the officers will attend to that, too.

Of course there is the alternative of working five eight-hour days each

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Canadian School Methods Described as "Straight-Jacketed"

TORONTO, July 13 — Canadian school methods are much too "hard-and-fast, cut-and-dried, and straight-jacketed," believes Dr. G. W. Kerby, Principal of Mount Royal Junior College, Calgary, and President of the Canadian National Federation of Home and School Associations.

Hits Examination System

Dr. Kerby is in Toronto completing arrangements for the fifth annual convention of the federation, which opens at the Royal York Hotel tomorrow. About 250 delegates, representing all parts of Canada from Halifax to Vancouver, are expected.

School subjects should have "a more vital relation to the development of the pupil's personality than some subjects held so high in the past," and should be designed to "awaken his creative powers," said Dr. Kerby, in an interview last night.

Hitting at the final examination method as "detrimental to the personal development of the pupil," he said: "By such a system, a richly cultural subject like literature palls on the student and he gets sick of it. There isn't much education in that."

Points to Great Britain

"Children should take subjects like literature, art and drama, subjects which are highly cultural, and awaken the creative spirit; much more than some other subjects, to say the least."

"Our children are treated too much like parrots, when all the time, education is the development of life, personality and thinking."

"They do these things much better in the Old Country, where they don't have even the seats nailed down to the floor in rigid and set rows. The students are more free to manifest their personality."

"The problem of education is the problem of democracy, and the future of our Canadian democracy depends on whether we have an educational system which is a hard-and-fast, cut-and-dried, and straight-jacketed affair, or one that is a vehicle of life."

He mentioned Dr. William Blatz of the University of Toronto as "one of the pioneers" of the new ideas in education.

The Executive Committee of the federation will be guests today of the Vice-President, Mrs. R. S. McLaughlin, at her home in Oshawa.

Dr. Kerby, who is also Vice-President of the International Federation, whose President is Miss Isabel MacDonald, daughter of the former British Premier, arrived in Toronto from Acadia University, Wolfville, N. S., after participating in the organization of a Provincial Federation of Home and School Associations in Nova Scotia.

week and laying off the remaining two; but in that case probably the cooks would object to working on days when their shipmates were idle, and two days' starvation a week would be worse than no sheets.

Holidays with pay are more easily arranged, of course, and if the steamship companies made it their practice to give employees free transportation, possibly a captain would be delighted to have his crew as passengers on one or two trips.

The lot of the French seaman of the future appears likely to be a happy one, and Thackeray might have been speaking for a French sailor of the immediate future when he wrote:

On deck beneath the awning
I dozing lay and yawning;
It was the grey of dawning,
Ere yet the sun arose;
And above the funnel's roaring,
And the fitful wind's deploring,
I heard the cabin snoring
With universal noise.

TILLSONBURG, Alta., July 14—George Foster fired at a woodchuck from 90 paces with his .22 rifle. He found he had bagged two, the bullet passing through both the one he had seen and a half-grown chick directly behind.

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