

THERE'S LIFE
in your
OLD CLOTHES YET
Fall Suits and Overcoats will
be needed for cold September
nights.
And OUR Cleaning Methods
make them LOOK LIKE NEW.
Fashion Plate
Cleaners
Cor. Regent and King Streets
Phone 945

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General Practice
Ear, Nose and Throat Surgeon
Phone 321

117 YORK ST.
Fredericton, N. B.

Dress Up

The new Fall and Winter
Samples are here and we invite
your inspection.

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CLOTHIERS
TOM BOYD Mgr.

65 Carleton St.

Exclusive Agents for
"TIP TOP TAILORS" and
"CLOTHES OF QUALITY"

We clothe the best dressed men
you meet

WILL IT WORK NEXT WINTER?

Will it heat upstairs and down-
stairs next winter?

Will it consume more coal
than last year? Or will it break
down during the first "cold
snap" and endanger the health
of the family?

From every point of view, now
is the time to assure yourself
that, as soon as cold weather
appears, your heating plant will
be in shape to take care of you.

Call us up and we'll examine
thoroughly; and recommend the
repairs that will make your
heating plant dependable for
next winter.

D. J. Shea
80 Carleton St. Phone 563-11

PERFECT CLEANING PROCESS

Our Patrons have vouched for our
SERVICE

Buzzell's Dye Works

PHONES 487 or 365-11

WE WISH TO ANNOUNCE WE ARE
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NASH CARS

Lafayette from \$945.00 to \$1130.00

Nash "400" from \$1055.00 to \$1220.00

Nash Ambassador 6 from
\$1335.00 to \$1395.00

Nash Ambassador Super Eight, \$1560.00

F. O. B. FREDERICTON

LICENSE EXTRA

CAPITAL GARAGE

PHONE 206 FOR DEMONSTRATION

WAXING AUTUMN LEAVES

At this time of year we usually have
a number of questions about the wax-
ing of autumn leaves, so have gone
through our files and hunted out
some methods given us by neighbors
in the past.

Scribbler sent us the following:
Have your iron just hot enough to
melt the wax. Rub over wax and iron
your leaves on both sides. I have
done leaves this way, and have some
still as bright as when first waxed.
Press flat. I have never had any suc-
cess with green leaves as they are too
fleshy. Best results are obtained by
using leaves after they turn red.
And this is Cardinal Flower's
method:

If you can, get some branches
about a foot or so long and wax all
the leaves. They make a bright dec-
oration when we can't have flowers.
I use paraffin, and melt a cake or
more in a pie plate. It needs to be
hot, but not bubbling. Before you
start dip the fingers of your right
hand in the wax and then you won't
get burned with hot wax. You can
wax three or four leaves at a time.
With your waxed fingers you can
take off any of the surplus drops of
wax. As soon as the leaves come out
of the wax put them in cold water.
That makes them shiny.
The leaves will be flat, and will
stay that way unless the air in your
house is dry. Then they curl.

A SCOUT'S MERCY HIKE

A seven mile hike over Mount Bea-
cher, 4,400 feet, to secure a doctor
for a woman dangerously ill, was a
"good turn" of Scout George Harris
of Victoria, B. C. Driven by the ur-
gency of the case, Scout Harris cov-
ered the mountain trail in an hour
under the time usually taken for the
crossing. He located the doctor at a
camp, and the latter was able to
reach his patient in time.

Fire Side OR Moonlight?

The ballroom or the
beach—

there is a distinctive coiffure
for your trip.

If you are "going native" for
your holiday, or plunging into a
gay social whirl, you should see
us.

Mrs. Walkers'
Beauty Salon
Tel. 1144

... OF ... Interest to Women

FEATHER BED AND SHROUD ONCE PART OF TROUSSEAU

Girls Today Can Assemble Complete Outfit in a Day

(By Florence V. Barrett)
"Here comes the bride,
To-tum-ta-ta . . ."
And so begins the long march
which, incidentally, has made more
history than Sousa's ever did. But
much further away than any church
altar—at least in this country—are
the so-called good old days, when the
brides provided themselves with a
trousseau which consisted of things
to which present-day debbies would
have to be introduced, even if they
saw them in a museum.

To begin with, every bride once
was expected to provide a feather bed
which she had made with what her
lover would refer to as her lily-white
hands, but in reality hands which
were more often calloused from get-
ting in the wood, hauling water from
the well and helping at the husking
bee. The feather bed was considered
an essential part of the trousseau, if
the bride hoped to be regarded as a
lady.

Her cotton underwear was unbleach-
ed. It lasted forever and was handed
down to her daughters and grand-
daughters to form the nucleus of their
trousseaux. But never did America
take up the continental custom of a
bride's having her burial cap and
shroud in her hope chest. When they
said "Till death do us part" in Euro-
pe, they meant it! And the bride
came to her wedding prepared for
burial.

Made Own Outfit

In that golden age it was a poor
bride indeed who did not make all her
own wedding finery by hand, often
starting as soon as her small fingers
could hold a needle. Her trousseau
outfit was intended to last longer
than her own life and to become a
household possession for generations
after. She came to her husband with
enough clothing and bonnets to last
years and years. She must have got
sick and tired wearing them and her
spouse of seeing them.

Anyway, regardless of fashion's dic-
tates, which did not change then as
often as now, the bride of yesteryears
continued to wear her trousseau
clothes when her romance was a yel-
lowed entry in the family bible. Her
velvets and brocades, her satins and
cashmeres, her challis and China
silks, her piques and muslins were
meant to wear well and they did,
even unto the point of becoming heir-
looms.

She began to fill her marriage
chest in her childhood, pricking her
tiny finger over patchwork quilts,
feather puffs and mattresses, working
in soft candlelight making intricate
lace for her multiple petticoats and
pantalettes. She marked, her home-
spun linens with her own initials,
since her husband's name was then
unknown. From this custom has come
the present-day fashion, beginning to
die out, of marking the bride's linens
and silver with her own initials.

If Miss Colonial did not marry she
was, perhaps, the better for her nee-
dlework experience and always had a
store of material from which to select
presents for more fortunate rela-
tives and friends.

Were Heirlooms

Fashioning her wedding gown was
a task which extended over months
and her veil took almost an equally
long period of time. Both of these ar-
ticles, needless to say, were usually
handed down to descendants until
the cloth fell apart from old age.

Not so the bride of today. She is far
too occupied working at her chosen
business career to spend lengthy
hours in sewing. What with the com-
pletely stocked shops of today, the
modern girl can pick up a complete
outfit of clothing, linens and silver in
a day, if she shops personally, or in
a few hours, if she is assisted by the
personal shopping service which most
of the large stores now have.

No longer is it considered the thing
to do to have a sufficient supply of
underwear to last for ten years or
enough linens to last a life-time. Un-
derwear and clothes for one year, or
six months, and linens for two years,
or one, are deemed plenty. Today's
young lady likes variety and new
things. To be forced to forego the
pleasure of her favorite occupation—
shopping—because of a too well
stocked trousseau would be a calam-
ity. Then, too, styles change so rap-
idly nowadays that a dress very much
in fashion at the time of marriage
might be considered extremely out-
of-date a few months later.

So today's bride plans her clothes
for the moment and, from all indica-
tions, today's husbands like matters
that way!

White Satin

What Miss Average Bride of Today
needs in her clothes trousseau is no
more than she requires ordinarily in
her wardrobe with the exception of
course, of the wedding outfit. The
latter includes the bridal gown, veil,
tailored satin slip, brassiere, girdle,
hose, shoes and bouquet.

Miss Irene Cates, bridal specialist
in a leading Boston store, says that
nothing has ever replaced the appeal
of the classic white satin wedding
gown, simply made. Most brides and
bridegrooms, too, prefer this type.
Colored wedding gowns are just a
fad and very few of them are sold.

"The movies," says Miss Cates,
"have influenced bridal fashions like
nobody's business."
The heirloom wedding, very smart
right now, centres around the dress
your mother might have worn, made
of very heavy satin on old-fashioned
lines, with an alencon lace trim at
the throat and huge puffed sleeves.
Bridesmaids' dresses to match are of
satin with square neck lines.

A few bridal gowns are of velvet,
some of lace and, for the older wom-
an, fairs, a heavy corded silk. But
satin is by far the favorite.

STUDY REVEALS EMOTIONS HAVE STRONG EFFECT ON BODY

Heart, Saliva, Stomach, Blood All Show Definite
Reactions During Anger

(By Dr. James W. Barton)
We are all familiar with the effects
of the emotions on some of the organs
of the body—the mouth becomes dry,
the stomach upset, the bowels and
kidneys may become active and the
heart beats more rapidly.

It is interesting therefore to read of
a thorough review of the influence
of the emotions on the different parts
of the body as recorded by Dr. Erich
Wittkower (London county council
mental hospital) in the Journal of
Mental Sciences. There were more
than 500 observations extending over
seven years.

These experiments showed the ef-
fects of the emotions on:

1. Heart and blood vessels. The size
of the heart changes with emotional
state. By study of X-ray pictures
there were distinct changes in the
size of the heart under strong emo-
tions; the heart became larger and
smaller.

2. Saliva—digestive juice of mouth.
Increase or decrease of the amount of
saliva may occur under emotional
stress. In states of strong emotion
saliva of a different composition is
produced.

disturbed stomach action were noted
under emotional stress—changes in
acid condition, in quantity of stom-
ach digestive juice manufactured, and
in emptying time of the stomach.
Even the same emotions cause differ-
ent changes in different people.

4. Bile. Most emotions have a stim-
ulating effect on the production of
bile. During anger, however, the flow
of bile is entirely or almost entirely
stopped.

5. Blood. Various changes take place
during emotional stress in the blood,
one of which is the increase in the
white blood corpuscles—the disease
fighters.

6. The amount of urine manufactur-
ed by the kidneys was increased and
decreased by emotional stress.

7. Thyroid gland in neck. The amount
of iodine in the blood was in-
creased by emotional stress just as in
the severe form of goitre. It returns
to normal after the emotion subsides.

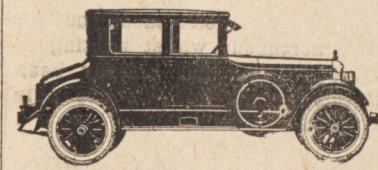
While this is most interesting many
of us know our reactions to various
emotions and are likely doing our
best by means of religion, philosophy
or straight talking to ourselves to
obtain more control over our emotions.

AUTO TOPICS

By Harry E. Porter

Former Technical Lecturer with Gen.
Motors and Chrysler

— Now With —
CREIGHTON & SMITH, LTD.



If your emergency brake stops your
car going twenty miles per hour in
thirty feet, it is in good shape.

The Bureau of Air Commerce re-
cently received fifteen radical appear-
ing airplanes designed "to make
them almost completely fool-proof and
so simple to operate that practically
any person can fly them safely." The
wings slope backward as well as up-
ward while the tail surfaces are car-
ried on two arms which extend from
the rear of the automobile type pas-
senger compartment. An inverted air-
cooled engine developing 125 hp is
placed in the upper rear of the body.
With the engine in the rear, forward
visibility is exceptionally good. Three
landing wheels are used, one at the
very front of the machine to prevent
it from nosing over. Maximum speed
is 95 mph while landing speed is 40
mph.

You'd naturally think that when
you double your car speed you would
double the force of impact if you hit
anything, but scientists tell us that
you multiply the impact four times.

The number of people killed in auto-
mobile accidents is greater than in
accidents of any other type.

Between 5 p.m. and 6 p.m. is the
danger hour for driving.

Medical lists show that a driver
who has "had one or two" will travel
132 feet before he gets his foot on the
pedal, instead of the normal 66 feet.

Questions and Answers

Q.—I have a rough grinding noise
in the left front wheel of my car
but the rim is on tight. Would this
be loose spokes?

A.—I would certainly inspect wheel
bearing at once.

WIPE OUT DIPHTHERIA

(From the Health League of Canada)

TORONTO, Oct. 5.—Manned by de-
partments of health nurses and vol-
unteer clerical workers from the Jun-
ior League, and the Junior Health
League, Toronto is now operating 24
clinics weekly which combine pro-
school examinations for the valuable
work of toxoiding children of all ages
against diphtheria.

The pre-school examinations, start-
ed in July, now fill a gap in medical
care between the ages of two and
five years, according to Dr. Charles
P. Fenwick, formerly assistant Dir-
ector of the Health League of Can-
ada, who is conducting examinations
at one of the centres.

"The health of the city's children
is now guarded from birth until the
end of public school," said Dr. Fen-
wick.

The clinics are proving a boon to
young mothers, scores of whom as-
sembled for yesterday's clinic. First
the babies are weighed and their
weights recorded on charts. If they
are due for toxoid treatment, either
first, second or third, they are taken
into a room where doctors await
them.

In two seconds it is over. A tiny
prick of the doctor's instrument, and
the infant is immunized against the
dread diphtheria, probably for life.
Three treatments on different days
are necessary.

"We believe that the toxoid treat-
ment is good for all time," said Dr.
Fenwick, "and experiments are now
being carried out to prove this. At
any rate, it is good for the school life
of a child.

"In Toronto health education and
the operation of toxoid clinics have
run parallel, commented Dr. Gordon
Bates, director of the Health League
of Canada. "This isn't true of many
other Canadian communities. It is
useless to provide facilities for toxoid
clinics unless the people are educat-
ed that toxoid will definitely prevent
diphtheria."

He pointed out that in four Can-
adian cities, Toronto, Hamilton,
Brantford and St. Catharines, no
deaths have been recorded from dipht-
heria in an entire year, as a result
of toxoiding, while in the same pe-
riod there were 232 deaths from dipht-
heria in the remainder of Canada.

"These 232 deaths represent over
2,000 cases of diphtheria," Dr. Bates
said. "There are an indication of
failure to educate and organize in the
area where they occurred. Health
departments and volunteer health
organizations all over Canada should
take the lead in this fight against
diphtheria."

Dr. DeVan's Pills

A reliable feminine hygiene regulator,
on sale in Canada for over thirty
years. Price five dollars. For sale at

Ross Drug Stores

KEEP STEADY EYE ON YOUR POSTURE

(By Elsie Pierce)

Your first fall dress may cost under
five or over fifty dollars but the
mark on the tag is not nearly as im-
portant as how and how much the
dress looks on you. I say how and
how much because I've seen women
lend a million-dollar look to inexpen-
sive outfits by the way they wore
them, or rather, carried them. Again
I've seen women, and I'm sure you
have, too, who invested in expensive
clothes but their clothes never looked
as fine on them as on the store
hanger. And when human flesh and
form can't do more to flatter than an
inanimate hanger, there's something
sadly wrong. Like as not there's a
slump somewhere.

A flat or flabby bust, a protruding
abdomen, an exaggerated S curve in
back, a too prominent derriere. At-
tention called to the figure flaws rather
than to the fashionable fittings
that should but don't grace that fig-
ure.

Think about your posture, the more
the merrier. Frequently during the
day take a minute or two to pull up.
If you make it a habit so much the
better. But in the meantime pave the
way to the habit by the "every day in
every way" drive. Every time you're
conscious of it (and try to be 10, 20
times a day) stand, sit, walk tall;
head erect, shoulders back and down
—no strain—abdomen up and in,
chest held naturally which can't help
but be high if the abdomen is in, but-
tocks and thighs should be tucked in
and down, spine straight.

The posture test is a good one:
stand against the wall feet parallel,
knees slightly relaxed. Heels touch-
ing the wall. Now, every part of the
back touching the wall; shoulders,
small of the back, buttocks, calves.
That small of the back isn't so easy
to get back. Practice makes perfect.
Bear that in mind. Don't force the
buttocks back in an attempt to get
the small of the back to touch the
wall.

That was the fault of the old
school. That's why so many of us
are sway back. Teacher called "at-
tention!" Heels were clicked together
heads and heads pulled up and out
exaggeratedly and the lower half of
the figure just as exaggeratedly for-
ced down and back. That's where we
got that S curve that so many of us
are trying so diligently to correct.
It isn't easy.

That in itself ought to be a chal-
enge to try, try again. The posture
test and the perpetual pulling up will
eventually turn the trick, pulling up
the value of your frock thereby.

FALL TERM

— at —

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BUSINESS
COLLEGE**

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This is the Time to equip
yourself with a Business Train-
ing so you can take advantage
of the opportunities which come
your way.

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ARTHUR F. BETTS

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tions for the out of town friends.

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in lotions will give your hair
a beautiful, fresh, lasting curl.
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price for this new French lotion
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comes those wide-
awake breeders who
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price pelts. This isn't
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sults already prove
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& SON**

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the winter.

SHE doesn't spend half the day running down to the basement
to fix the furnace.

HE has no half-frozen, shuddering look on his face when he
gets up at 7.00 on winter mornings.

BECAUSE they have a wood burning

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