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**MANY ATTEND CHURCH SUNDAY DESPITE RAIN**

150th Anniversary of the Founding of St. Anne's Parish Was Observed at Parish Church.

Congregations were large at most of the churches on Sunday despite the drizzling rainfall, which lasted most of the day.

Special services were conducted at the Christchurch Parish church, to commemorate the 150th anniversary of the founding of the parish of St. Anne. There was special music and dedication at the Parish church, with large congregations attending at both services. In the morning, Archdeacon H. A. Cody, rector of the St. James church in Saint John had charge of the service, preaching very eloquently. At this service a tablet in memory of Rev. Canon Charles Lee, a former rector of the church, was unveiled with an impressive ceremony. Archdeacon Cody unveiled it and Ven. Archdeacon Bate dedicated it.

Ven. Archdeacon A. F. Bate preached the evening service and during the service an altar cloth and linen, donated by Miss Edith Quartermain and the Altar Chapter, were dedicated. This service also featured special music by the choir. The fact that the church has recently been undergoing redecoration and renovations, did not hinder worship in the church on Sunday, the occasion of the 150th anniversary. Miss Hilda Shorten officiated at the organ.

Rev. G. W. Gaulon preached both services at the Baptist churches on Sunday. He preached at the Brunswick street church in the morning, and at George Street Baptist church in the evening. Large congregations attended.

At the Christchurch Cathedral, Rev. Dean W. H. Moorhead spoke at morning and evening services.

The usual services were held at St. Dunstan's church, with the usual large congregations present.

The Gibson Memorial United church and the United Baptist churches in Devon featured an address by Miss Eunice Peters, who spoke in the morning at the Gibson Memorial church. The evening service was taken over by Rev. W. A. Burge, whose theme was "Inexactitude." Many gathered to hear the messages delivered during the day.

At St. Andrew's Presbyterian church, Rev. Dr. G. E. Ross spoke at both morning and evening service.

**Hard To Believe**

"I know an artist who painted a cobweb so real that a maid spent a full hour trying to get it down."

"Sorry, old man, but I don't believe it."

"Why not? Artists have been known to do such things."

"Yes, but maids haven't."

... OF ...

**Interest to Women**

YOU MUST WORK FOR A NICE VOICE,  
BUT IT'S WELL WORTH THE EFFORT

Most People Do Not Consciously Hear Their Own Tones, Believes Mrs. Jane Dorsey Zimmerman, Teacher of Speech

The woman who wants to charm with silvery, well-pitched and rhythmic speech should be able to hear her own voice, to discover for herself just how it sounds to others, and compare it with voices that she feels have all the qualities she desires for herself says Mrs. Jane Dorsey Zimmerman, formerly teacher of speech at Smith College and now teaching at Teachers College Summer School. But, she adds, most people do not consciously hear their own voices.

"Every community," Mrs. Zimmerman thinks, "should have a center where its citizens can go and have their speech recorded. Then, armed with a record of his own voice, any one can put it on a machine and hear and study it. Or, it can be sent to some specialist for diagnosis. There are places in New York where one can have such a record made. I know of one department store and one music store. And there are small places along Broadway where records can be secured for 50 cents or even 25 cents."

**Hearing Is Believing**

"Here at Teachers College, we make several records during the summer session of each student's speech. We are just now making our second set. I am always amazed at the inability of people to hear themselves."

"Why, my voice is not high pitched," one may say when my ears are hurt by her thin, high-pitched tone every time she says anything.

"Some people have a whining tone that may have developed in childhood or have as a carry over from some illness. Another, who developed a nasal quality when he had adenoids, may have clung to that quality even though the adenoids were removed years ago. Others have acquired a flat tone or a thickness of blur that makes for indistinctness."

"Such speech habits are unpleasant to our friends and acquaintances to have to listen to, and there seems to be no good reason why those who

possess them should not get down to a little hard work and get rid of them. Moreover, an agreeable voice is a business asset. We have found this out at Teachers College. Our placement bureau reports that candidates for teaching positions have sometimes been rejected for the sole reason: 'I did not like her voice.'

**Listen To Yourself**

"Repeat bits of prose and poetry," is Mrs. Zimmerman's advice to persons who want to grow voice-conscious, "and listen to yourselves. Notice your tone when you speak to the elevator man on your way out. Listen to your own 'Good Morning.' Say ballads as well as sing them. You will not become self-conscious, if, outside your practice periods, you make a point of forgetting all about your speech."

"When you have a paper to read before your club, keep in mind what you have to say and forget all about how you are saying it. Good speech is speech that is first, audible; second, intelligible and third, enunciated in a clear, pleasing voice."

The physical condition affects the voice, Mrs. Zimmerman points out. "The person whose nerves are tense, tied in knots, as we say, cannot speak freely. The whole body must be harmonious in speech as in singing or in playing tennis," she declares. "There is no need for the young child who is healthy to have the high, thin voice that is so painful to hear. And adults should learn that a voice pitched low carries better than one that is pitched high. Many people may not be conscious of the effect on themselves of rasping, high-pitched tones, but such sounds do create a certain tension in the listener."

Mrs. Zimmerman is now engaged in preparing a Study of American English. She is a co-author of "First Principles of Speech Training" which is used as a text book in colleges, and is Assistant Editor of American Speech, a quarterly magazine which is published by Columbia University Press.

**CHILDREN TAUGHT TO WATCH FAULTS IN OWN POSTURES**

(By Dr. James W. Barton)

That proper poise and balance of the body and proper posture—standing or sitting—is important to the body and mind of children is the belief of many school teachers.

Thus in some schools a "shadow-graph" of the standing position of the pupil is made on a large sheet of paper at the beginning of the term, or with the "posture" pictures in front of them the class is asked to put one another in his or her posture class. His or her posture is described as (a) excellent, (b) good, (c) fair, (d) poor (e) very poor. At the end of the term the class is again asked to put one another in their posture class so that any improvement or non-improvement can be noted.

The value of this little class exercise is that the pupils become posture conscious and have it in mind not only during school or play hours, but in the home and elsewhere. The teacher points out that while a good posture improves the appearance and helps the morale (making some lose their inferiority complex) it also greatly helps the general health of the body. A stooped-over or slouchy attitude means that the upper parts of the lungs will not receive sufficient air and the blood going through the entire body will not be as pure as when the body is held erect.

Many teachers in teaching correct posture have the pupil stand sideways to a mirror and then ask him to place himself in the posture class to which he belongs. It's rather strange but most boys and girls as

they look into the mirror and compare themselves with the posture chart on the wall usually place themselves—poor as it is sometimes—in the proper posture class.

The teacher then asks them to do just one thing, that is "to stand as tall as they can." Immediately the protruding abdomen is drawn in, the shoulders go back, and the chest stands out. The pupil by simply standing tall has gone up from D to E—poor and very poor—to A or B—excellent or good.

The first point pressed home on the pupil then is that he should always stand tall and sit tall.

Of course muscles must be developed to "hold" him in his tall position.

And the most important muscles in attaining and retaining a good posture is not the muscles back of the shoulders, important as they are, but the abdominal muscles in front of the abdomen.

By simply keeping the knees straight and touching the toes or trying to touch the toes, 20 times, night and morning, these muscles will usually tighten up and draw in the abdomen in six weeks to three months.

With this simple exercise and doing the breast stroke swimming motion to develop muscles back of shoulders, 10 times twice daily, a good or excellent posture can be attained.

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FREDERICTON, N. B.

**HANDBAGS ARE INTRICATE IN DETAIL**

Smartness is "in the bag" this year. The handbag story this season is downright exciting—you'll probably be tempted to go far beyond your budget when you see the stunning new models.

Paris cables report increasing interest in smart ornamentation for fall handbags, and new and novel catlin trims are outstanding among recent imports. Intricate detail, emphasizing "dressmaker" lines are featured, and antelope suede is the favored material for both dressy and street models.

It is being tucked, folded and pleated into infinite variety. Calf and other smooth leathers, however, are still holding their own for sport and tailored fashions. The average size is 10x6 inches, with smaller bags prominent for dressier occasions. For afternoon and formal street wear, a black antelope suede model, ornamented with bright jade green catlin is particularly stunning. A modified square in shape, the silhouette tapers upward. The handle placed in the center of the frame, consists of a two-inch strip of the suede, crushed into a frame of jade catlin, an inch and a half square. The handle blends onto the body of the bag gathered at the top with a narrow band of suede, and flares out to lie flat across the bottom.

A rectangular crystal frame forms a bright touch on another solid black model. Measuring 10x6 inches, the flat envelope style is banded across the top with a three-quarter inch strip of matching suede. The bands loop around either side of the crystal frame holding it in place in the center. This design is equally striking in brown calf with the trim of tortoise shell catlin.

A flat swirled tortoise shell catlin ornament offers dramatic trim on the back of a khaki colored suede pouch envelope. The ornament cuts in and out of the leather in two places, giving a smart dull and shiny contrast. For late afternoon and dressy affairs, the smaller bags are frequently trimmed with jewel fasteners, and elaborately carved crystal. Particularly effective is a dome-shaped pouch, outlined with a quarter inch wide frame of delicately ridged crystal. The suede handle is attached to the center of the frame with a matching ring of the ridged crystal. You'll like this equally well in brown or black with a tortoise shell catlin trim.

The vanity bag is a new innovation for sports and tailored wear. In both calf and suede the rectangular shaped envelope is banded on either end with curved pieces of tortoise shell catlin. By a flip of the catlin bands, the bag opens at the sides instead of the top.

Another bag, adaptable for both sports and dress costume, has high polished flat frame of brown or jet catlin on a shirred kidskin pouch. A double handle of matching leather attaches at either end of the bag. This style also comes in suede.

**JULY EXPORT OF WHEAT FLOUR**

The July export of wheat flour was 444,905 barrels valued at \$1,707,265 the average export price being \$3.83 per barrel. A year ago the export was 395,232 barrels at \$1,459,983, on an average price of \$3.69.

During the four months ended July the export was 1,604,891 barrels valued at \$6,299,266 compared with 1,434,921 barrels at \$5,661,789. For the twelve months ending July the amount was 4,978,917 barrels at \$20,020,094 as against \$4,750,310 barrels at \$18,237,933 in 1935.

**An Old Hand**

Park Keeper: "Sorry to disturb you, but we are closing the park now." Bashful Youth: "We had no idea it was so late. You see, we are going to be married next year." Park Keeper: "Did you think I was fool enough to think you were married last year?"

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