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OFTEN IMPOLITIC
TO MENTION
DEFECTS

(By Ruth Cameron)

If people like us, that always dis-
poses us kindly toward them.

Shakespeare wrote a play on that
theme, and even people who know
much less about human nature than
Shakespeare, realize how true it is
that we are impressed by the good
taste of any one who appreciate us,
and are inclined to look at his good
points and turn our backs on the bad.

As someone has said, "Love is the
will to be pleased." Liking is a mild-
er form of it.

It's easy to like people who like
us. But it's hard to like people who
dislike us.

And therefore I think it is a sign
of a worthwhile character to be able
to point to some person and say, "I
know he doesn't like me, but I think
he's a grand person." Or, "I always
felt she didn't approve of me but I
admire her so much." She has such
perfect breeding." Or, "I'm sorry
she doesn't like me for I would love
to be friends with her."

Not to let one's liking and admira-
tion be cancelled by the fact that this
person for some reason—perhaps a
good one, perhaps not—doesn't like
or approve of us.

Not to try to build ourselves up by
running him or her down.

Not to be unable to look past this
dislike and see good qualities.

Not to justify ourselves.

And, of course, it shows still more
character to take the next step.

If you admire a person and know
that he or she does not admire you,
that probably means that you lack
some qualities which you know are
admirable, even if you do not possess
them.

You admire a woman who has per-
fect breeding, you know she finds
some lack in you. How about copy-
ing that which you admire instead
of accepting the fact that you do not
have it as inevitable?

To admire and like a person who
doesn't seem to like you, is one big
step in character building.

To copy his good qualities the next
people who always turn from any
rebuff back to the friends who like
them and flatter them, will never get
anywhere.

Our best friends won't tell us. Our
enemies may not tell us yet may
show us a lot by their unity.

British Union of
Fascists Split by
Rival Group

LONDON, April 14—The British
Union of Fascists, headed by Sir Os-
wald Mosley, today was split by the
formation of a rival "National Social-
ist League," led by Mosley's two for-
mer chief lieutenants.

Many of Mosley's former followers
were said to have gone over to the
rival group, whose leaders are John
Becket and William Joyce, respective-
ly ex-director of publicity and of propa-
ganda for Mosley.

"After four years of experience in
the British Union of Fascists in a
high official position, I can definitely
say the Union has completely failed
to win support in England," Joyce
told the press.

"Mosley's insistence on personal
autocracy and continental heel-click-
ings repelled and will repel the ma-
jority of Englishmen."

The seceders also objected to the
use of "Italian and German" em-
blems, Joyce said.

Fredericton Junction

FREDERICTON JUNCTION, Ap-
ril 13—Three local students, Norman
Smith, Dow Alexander and Miss Dor-
othy Heenan wrote the Dalhousie
University preliminary papers in the
High School here yesterday.

In the B.Y.P.U. last evening Dow
Alexander gave a paper on William
Corey, the great Baptist missionary to
India. H. H. Stuart spoke on Some
Causes of war and how to Prevent It.

... OF ...

Interest to Women

WOMAN DOING MAN'S WORK
NEEDS BE TWICE AS CAPABLE
AND HAVE DOUBLE HIS ENERGY

TORONTO, April 14—"To hold the
same job as a man, a woman must
generally be twice as able and work
twice as hard. We must remember
that we are still living in a man's
world and the millenium for women
has not yet arrived," Ada English of
Brunswick, N.J., speaking of Modern
Trends in Education, declared Sat-
urday, addressing the Zonta district
conference at the Royal York.

While it is becoming a little easier
for women to get internships and
appointments in hospital clinics than
in former years, the path is not yet
one of roses, the speaker submitted.
Executive and professional work
means training, study and great re-
sponsibility, and if women are to
succeed they must have good educa-
tional background for the work in
which they are engaged, a serious in-
terest in their work and a definite
goal, and they must know their emo-
tional and physical possibilities.
Miss English contended.

"Education must enable us to
make an intelligent adjustment to a
complex world. We must become con-
sciously aware of human relation-
ships. In a world of phantasmagoric
speed we need all the education and
culture we are able to acquire to
keep our balance and play our part in

the steady influence upon econom-
ic, political and social conditions,"
she advised.

Dealing with the international status
of women, Helen Rodgers, But-
falo, emphasized that there is need
for closer understanding between the
business woman and the homemaker
before they can be united action for
women's right to work for gain with-
out discrimination because of sex or
marital status. It is also important,
she stated, that there be better un-
derstanding between professional and
industrial workers.

Dealing with Careers for Women in
the Retail Field, Violet Symons,
Pittsburgh, stated that women's field
here is as broad as retailing itself.
Since it is recognized that women are
responsible for 90 per cent of buy-
ing, business is demanding woman's
thinking and her point of view in
store planning and policies more and
more.

Writers, artists and dietitians, as
well as executives, could not find a
field offering greater opportunities
today, the speaker contended, adding
that retailing is a fighting job, a bat-
tleground only for healthy, vigorous
minds and bodies.

SEASON FOR RHUBARB
PIE AND MAPLE SYRUP

(By Marjorie Mills)

Every spring we think back to the
days when fresh fruits and groceries
didn't crowd the counters so prodi-
gally as they do now all year round.
We remember when the first lettuce
of the season appeared in our town.
And the first rhubarb pie of the sea-
son. The first mess of dandelion
greens. The first huge freezer of
maple parfait from this year's crop
of maple syrup. Did you get first
lickin's from that paddle? What do
you remember in springtime treats?

The seasons may seem rolled into
one in your grocery stores these days
but there's still the new crop of
syrup to gloat over. There's still the
'melt in the mouth' deliciousness of
the first juicy tart-sweet rhubarb pie.
It's a sort of face-lifting for the
whole menu!

Maple Parfait

½ cup maple syrup
4 egg yolks
Dash of salt
1½ teaspoons vanilla
1½ cups cream

Heat the syrup without boiling,
pour slowly over well-beaten egg
yolks and cook slowly until mixture
begins to coat the spoon. Chill in the
refrigerator, add salt, vanilla and
fold in the whipped cream. A half
cup of pecan meats may be added to
the parfait or used as a garnish.

New English Cream

½ cup maple syrup
¾ teaspoon flour
1½ cup water
1 egg yolk
Pinch salt
2 cups coffee cream
½ teaspoon vanilla
½ teaspoon lemon juice
1 egg white

Heat the syrup, make a paste of
the flour and water and add stirring
constantly. Cook ten minutes or un-
til the mixture is thickened. Add to
the well beaten egg yolk in double
boiler and continue to cook until a
consistency of thin custard is reached.
Cool, add salt and cream and
pour into freezing tray. When partially
frozen remove to bowl and beat
until the mixture is light and creamy.
Then fold in the stiffly beaten egg
white and return immediately to the
freezing tray; allow to finish freezing.

Rhubarb Pie

3 cups rhubarb, peeled and diced
1½ cups sugar
2 tablespoons cornstarch
1 egg
Pie pastry.
Combine, sugar and cornstarch and
roll the fruit in it, coating the fruit
well. Mix with the slightly beaten
egg and turn into a pastry-lined tin.

Cut strips of pastry and criss-cross
them to make a lattice top. Bake in
a hot oven, 425 degrees F. for 30
minutes. Reduce the heat to 325 de-
grees F. for a few minutes longer.
1½ cups of strawberries combined
with 1½ cups rhubarb may be used
instead of all rhubarb, in same recipe.

Jellied Neapolitan
Loaf

Helen G. Bates, B.H.Sc., in a recent
Radio Cooking School talk, gave the
following recipe:

Four cups canned tomatoes (2 No.
2 cans), 1-2 cup diced raw carrots, 1
sprig parsley, 1 teaspoon pepper-
corns, 1 teaspoon salt, 1 cup diced
celery, 1 teaspoon minced onion, 3
cloves, 1 finely chopped green pep-
per, 2 tablespoons gelatine, 1-4 cup
cold water, 2 cups cooked potatoes,
diced; 1-2 cup diced celery, 1-4 cup
mayonnaise, 1 tablespoon chopped
onion, 1 tablespoon chopped green
pepper, salt, pepper and paprika, 2
cups cooked meat or fish, diced.

Simmer tomato mixture in covered
saucepan for 20 minutes. Strain. Add
the soaked gelatine to liquid (there
should be 2-4 cups.) Cover bottom
of mould 1 inch in depth with tomato
aspic, allow to set. Place on this the
prepared potato salad and then the
meat or fish marinated with French
dressing, and cover with remaining
tomato aspic. Chill thoroughly. Un-
mould on platter, garnish with hearts
of lettuce, asparagus tips and pin-
fento.

Carrot and Cabbage
Salad

This is one of the recipes given by
Helen G. Bates, B.H.Sc., in a recent
Radio Cooking School talk:

Two cups finely shredded cabbage,
1 cup grated raw carrot, seasonings,
mayonnaise.

Prepare vegetables, and combine
with seasonings and mayonnaise.
Chill. Pile on crisp lettuce. Garnish
with watercress.

If you would like a dress-up cab-
bage salad, crushed pineapple and
shredded almonds may be added.

You will find sliced cold meat, po-
tato salad and this cabbage salad
make a very attractive and appetiz-
ing plate, particularly if you use let-
tuce cups, watercress, celery curls
and olives or pickles on the plate.

Dr. Wood's

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STUDY OF LION'S NERVE
SYSTEM REVEALS ODDITYBlow Near Shoulder Produces Instant But Tem-
porary Paralysis of Body --- Tests Made in
Africa---Dr. Crile Returns to Cleveland With
Valuable Data.

NEW YORK, April 15—A big-game
hunter casually remarked to Dr.
George Crile, of Cleveland, the sur-
geon and neurologist, that a "shoul-
der shot" was for more effective in
bringing down lions than a shot
through the heart. Dr. Crile had
heard something like that before in a
roundabout way, but here was first-
hand information.

Why, he puzzled, should a shot in
the heart kill a man instantly where-
as a lion might continue to charge
100 feet or more after a bullet had
pierced his heart? From what he was
told, the shot in the shoulder appar-
ently was the only sure way to stop
a lion in its tracks. Nerves, he con-
cluded, must be the answer.

Dr. Crile, accompanied by his wife,
Grace, embarked for England, writes
a correspondent of "The Milwaukee
Journal." From there they flew to
Africa and set up a jungle laboratory,
and operating room. With the help of
hunters and other medical experts,
Dr. Crile experimented on scores of
wild beasts and birds to compare
their organisms and behavior with
those of human beings. As a result,
he made revolutionary discoveries
about nervous disorders and diseases.

Wife a Game Hunter

Mrs. Crile, a big game hunter her-
self and now then author of
jungle stories, has written a book on
her husband's expedition, "Skyways
to a Jungle Laboratory," describing
in detail how the work was accom-
plished. It fell upon Mrs. Crile to
weigh and measure all of the vital
organs.

Naturally, one of the first animals
Dr. Crile sought was a lion. A trap
laid near the camp caught a fine
specimen. Several hours of surgery
soon solved the "shoulder shot" puzzle.
Three great nerves spread fan-
like from the brachial plexus, near
the spine, to the lion's shoulder mus-
cles. A sudden, violent impact against
the nerves will deaden them instan-
tly, paralyzing the body temporarily.

Dr. Crile learned much about the
peculiarities of other wild beasts.
Rhinos are known for toughness. It
was necessary for the Crile party to
use axes in carving through the hide
of one particularly good specimen.
The doctor learned that, strange as
it may seem, the rhino depends a
great deal on a "stowaway" bird for
its "eyes" and "ears." A chirp out
of the bird warns the rhino of ap-
proaching danger. If the rhino charges
and the bird suddenly leaves its
back the animal is aware that its
enemy is close. The rhino has de-
pended so long on the bird to "see"
for it that its eyes are extremely
weak, images apparently appearing
as nothing more than blurs.

Doctor Announces Remedy

Dr. Crile returned to Cleveland
with a wealth of information and a
large cargo of bones and pickled or-
ganisms. After months of close study
of his notes, he has announced that
he had found a remedy for high blood
pressure and nervous ailments. His
experiments with some of his human
patients confirmed his belief.

Blood pressure, for instance, has
been relieved by Dr. Crile by the re-
moval of the celiac ganglion, a nerve
centre attached to the main artery
from the heart and under the breast
bone, and by denervating the aortic
plexus, another mass of nerves im-
mediately beneath the celiac gang-
lion. Operations of this nature were
performed on 27 persons and not one
resulted in failure.

Dr. Crile also reported that his re-
searches in Africa had shown him
how the human mechanism, with its
disorders and diseases, which have
been difficult to prevent or control,
varied from that of wild animals,
which do not suffer from the same
afflictions. Briefly, he concluded,
mankind suffers from nervous disor-
ders because the average man, theo-
retically, is under a constant strain
of worry, mental fatigue and over-
work, whereas wild animals are un-
der a strain only periodically. They
relapse into relaxation until faced
with new threats, thus sparing their
mechanism while man wears his out
prematurely.

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