The Excruciating **Pains of Rheumatism**



diseased condition of the blood containing uric acid which is the cause of this irritat-

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Rheumatism leaves in its train, distorted joints, crooked limbs, crippled hands, and the intense pain and agony is almost un-

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SUGGESTIONS



MARMALADE TIME IS HERE AGAIN

Or Maybe It's Jam to You, But the Processes Are Much the Same, the Product Delicious

(By Edith M. Barber) It's time again to bring up the If rhubarb is not juicy enough, add marmalade question. Perhaps you a little water. Mix fruit and sugar call it jam. But in any case you will in kettle and stir over a low fire until probably not be able to resist adding sugar is dissolved. Bring to a boil a few extra baskets of fruit to your market order when berries and oth- three minutes. Remove from fire er fruits are at their best, and at the and stir in fruit pectin. Continue same time at their lowest price. stirring for four minutes, skim, stir Strawberries, raspberries, currants, pineapple, rhubarb and gooseberries jelly glasses. Cover with an eighth

With other fruits you may use it

if you wish to get a delicate flavor

and a semi-solid type of marmalade.

In this case follow directions ex-

actly in the recipes given below or

those which come with the fruit pec-

tin. Color in marmalades made in

this way is preserved because of the

short cooking which the fruit needs.

If you prefer a thinner texture and a

more intense flavor, then you will

need only the fruit and the sugar.

Remember that fruits such as straw-

berries, raspherries and gooseberries

will not jelly no matter how long

they are cooked and that overcook-

ing destroys flavor. The combination

of currants with any of these fruits

Jelly glasses should be washed

thoroughly in soapy water, rinsed in

very hot water and set in a pan of

hot water while you are filling them.

poured over the jelly at once. The

layer should not be too thick. When

the jam has set, it should be cover-

ed with a tin lid or with paper to

prevent dust and yeast plants settI-

ing on the paraffin. The action of

yeast on the sugar will cause fer-

Before the jam is put away, it

dated. A cool, dry place should be

used for storage. If the glasses are

placed in covered boxes for the sum

mer, they will keep cleaner. Boxes

Tutti-Frutti

All summer fruits may be used in

this recipe. As they come put them

in a stone crock with an equal quan-

between the fruit. Add enough

Sun-Cooked Strawberries

Select firm, ripe strawberries. Use

equal quantities of sugar and berries.

Place the strawberries in a preserv-

ing kettle in layers, sprinkling sugar

over each layer about two inches

deep. Place on stove and heat slowly

berries in single layers, with juice,

sunny window rather than in the

Strawberry and Rhubarb Conserve

2 cups sliced strawberries.

2 cups sliced rhubarb.

1/2 bottle fruit pectin.

cups sugar.

tity of sugar, which is put in layers

should, of course, be labeled also.

will of course provide pectin.

will be among your tempters in the of an inch layer of paraffin. Yield: Ten to eleven six-ounce glasses. early summer. Perhaps you have noticed that Black Raspberry Jelly 31/2 cups black raspberry juice. poseberries were sort of an after 7½ cups sugar. hought. Much as I like jam made

1/2 cup Iemon juice. from these tart berries, such sad 1 bottle fruit pectin. memories are associated with them that I was not able to bring myself

Wash about four pounds of ripe berries. To prepare juice, put fruit to use them for marmalade for many years. It all goes back to a in a kettle and crush over a low fire until the juice starts to flow. Then visit at my sister's country place, where the bushes were full of them cover and cook over a low fire about fifteen minutes. Put fruit in double and when I unwisely volunteered to take care of making gooseberry marcheesecloth or one thickness of Canmalade. After a year of what was ton flannel and squeeze out juice. then called domestic science, I qual- Measure into kettle, add sugar and ified in my own estimation as an ex- lemon juice and stir well to dissolve pert. But that marmalade just would sugar. Put over a hot flame, bring not get thick. I added more sugar to a boil, stirring occasionally to make sure that the sugar is dissolvand I cooked it for hours and hours, one day and then another. In the ed. As soon as the mixture boils end a dark gummy mixture with a stir in the fruit pectin, bring to a distinct caramel flavor filled all the hard boil and continue for half a glasses in the house. I am afraid minute. Take from fire, skim quickthat they stayed filled until the next ly and pour at once into scalded jelly summer. I advise you to make your glasses. Cover with an eighth of an gooseberry marmalade with fruit inch layer of paraffin. Yield: Eleven to twelve six-ounce glasses.

tightly until juice flows to the top.

Spided Gooseberries

1 cup vinegar.

cups sugar (brown.) 1 teaspoon whole cloves, Few sticks cinnamon.

1 tablespoon salt.

1/8 tablespoon cayenne. tablespoon lemon juice.

1/2 ounce ginger root.

4 pints gooseberries. Cook the vinegar and the sugar five minutes. Tie the spices in a bag, add with remaining ingredients,

cook slowly one hour. Pack and seal.

FADS AND FANCIES HOLLYWOOD STARS Very hot melted paraffin should be

A bed jacket, that looks for all the world like a large and frothy powder puff, is a new and highly favored item in the summer wardrobe of Joan Crawford. The jacket, of hip length with kimona sleeves, is fashoned entirely from this frothy substance, dved her favorite shade. hould, of course, be labeled and There are bedroom sandals to match.

Silk sandals for summer tapping have been designed by Eleanor Powell. The shoes feature soles heavy enough to rap out smart rhythms, but the tiniest of silk straps anchor them to the feet. She has them in a variety of colors to match her many ractice costumes.

Bow knot veils are chic for this eason, according to Una Merkel. The hat is a tiny sailor of chip straw and poised at the very front in a brandy or grain alcohol to dissolve huge bow of cream colored molines. the sugar each time it is added. The one, large bow loop forms a trick little veil that gives her left Keep covered in a stone crock in a eye a definitely flirtatious appear-

Natural linen decorated by varicolored pompons of raffia creates a smart new play suit in the summer accessory wardrobe of Madge Evans. The suit consists of shorts, a halter top and a cape that miracuolusly transforms itself into a skirt. A raffia 'beanie,' worn at the back of the to boiling point, skim carefully and boil rapidly for two minutes. Place

read, completes the ensemble. To add that chic touch to sports on shallow platters. Cover berries frocks, take a tip from Florence Rice with a glass dish or with plain win- and lay in a supply of vari-colored dow glass. Let stand in hot sun one-half inch kid belts in your wardfrom eight to twelve hours. Pack robe. They are smart with all types in clean, hot jelly glasses or jars and of summer apparel, from play suits seal. The platters with the straw- to 5 o'clock frocks. For dressy ocberries may stand uncovered in a casions Miss Rice advises belts in the new metallic kids, such as gold, bronze and silver.

Among the various heirlooms sent to Maureen O'Sullivan by her mother in Ireland, is a tiny, little-finger ring of gold bearing a black enamel pattern. The ring opens out to display a tiny clasp that hooks into To prepare fruit, slice about one evening handkerchiefs for formal quart ripe strawberries and slice wear. It was a wedding gift from her finely about one pound of rhubarb. mother, and is now one of Maur-When measuring fruit, pack cups | een's prized possessions.

RECOUNT THE ADVENTURES OF A SCAVANGER HUNT

(By Cynthia Proctor)

If you've ever been invited to a cavenger hunt you know what great sport it is and how much fun every

over a hot flame and boil hard for But if you have had to plan one and make out the lists of what to fetch back-or have been left with, say, a pair of bedraggled geese in again and pour quickly into scalded our living room, you know that a careful well-thought out plan is the first thing on your party program.

Make out your lists well in advance and when the guests arrive, divide them into pairs or small groups. Tell them that you will give them an hour or more depending on the length of the list, in which to get them Give each couple a market like a tonic and indeed does contain basket and start them off with your blessing!

Almost as much fun as the hunt tself are the stories told when the hunters return. Its' fun to settle down over the refreshments and let of the season makes this a good time each group or couple recount the

most exciting moment of the hunt. Ask two or three non-active members of your party to stay at home and not join in the hunt so they can act as judges when the loot begins to come in. Award the high prize to the couple bringing home the largest number of articles. Let this little judging group play bridge while they are waiting if you wish.

Here is a sample list of objects to bring back in a scavenger hunt. You may want to change it to suit your own locale and guests any way you

1. Three needles threaded with green silk. 2. A phonograph record of 'Dar-

danella.

3. Pair of black stockings.

4. Chicken feather.

5. A stone weighing over half a

pond and less than a pound.

6. An old-fashioned nightshirt

7. A used stub pen point. 8. A pair of brown rubbers.

9. A mushroom.

10. A plume,

11. A dill pickle.

12. A picture of yourself.

13. A piece of home-made cake.

14. A spool of lavender thread

15. A calling card (not your own) 16. A telegram.

17. A pair of black cotton gloves. 18. An autograph book,

19. A yard of pink baby ribbon, 20. A side comb.

21. A square of mosquito netting. 22. One of the Elsie Dinsmore

books. 23. A tintype

24. A bandanna.

25. A necktie clip

This crowd are going to be mighty | much it does for her appearance. hungry when they gather around clenty of food. Here's a suggested uffet supper menu: Tomato Juice and Pineapple

Juice Cocktails Pretzel Sticks Assorted Relishes

Noodle Ring, Cramed Salmon and Mushrooms Spiced Orange Slices Potato Chips

Hot Buttered Rolls Lettuce Salad Bowl French Dressing Fresh Strawberries Angel Food Cake

PICNIC

The annual Picnic of the Knights of Pythias (Fredericton) will be held this year at STANLEY

(Agricultural Grounds) Thursday, July 8th

All the usual games. SUPPER-Adults, 40c Children 12 years and under, 25c

DANCING IN EVENING

McGinn's Orchestra Everybody welcome to come. Bus leaves Capital Transit at

1.30 and after. Return fare 75c

Best for You and Baby too

CONCERNING RHUBARB PIE

Humble Garden Plant Makes Wonderful Fruit

(By Katharine Baker) Rhubarb Pie To know that the dessert which is 31/2 cups prepared fruit

so thoroughly enjoyed by grown-up 11/2 to 21/2 tablespoons quick-cookmembers of a family is, at the same time ,a healthful and nourishing 1 to 11/4 cups sugar

1/4 teaspoon salt dessert for the youngsters is one of 1 tablespoon melted butter the greatest of all satisfactions to

Combine ingredients and let stand true of rhubarb, either as palin 15 minutes, or while pastry is being made. Use as filling for 9-inch pie. Bake in hot oven, 450 degrees F., 15 minutes; then decrease heat to moderate, 350 degrees F., and bake 20 to 30 minutes longer, or until fruit filling is cooked and crust is delicately browned. This recipe can be used for plum, grape, strawberry, raspberry, blackberry, huckleberry

or cherry pie. Pie Crust (Plain Pastry) 21/2 cups sifted cake flour

2-3 cup cold shortening 1/2 teaspoon salt 1-3 cup cold water (about).

Sift flour once, measure, add salt, and sift again. Cut in shortening until pieces are about size of small pea. Add water, sprinkling small amount pies, is the tendency it has to run over flour mixture and mixing with fork only enough to make flour hold Continue until all flour isn't necessary and the simple trick together. has been mixed in separate portions. Wrap in waxed paper. Chill thorbinder in all fruit ples is the answer oughly. Roll out on slightly floured by making this pie and solve the board using light springly touch and difficulty of watery pies once and bake in hot oven, 450 degrees F., 15

the homemaker. This is particularly

There is something so tangy and

summerlike about the taste of rhu-

barb that no family would want to

seems to symbolize the good fresh

fruits and vegetables which are to

follow all summer long. It's almost

healthful minerals, among them iron

which we need in our diet. The col-

or of the early rhubarb is particular-

ly pleasing and the fact that it is

more tender and tasty at the start

The trouble most cooks encounter

with rhubarb pie, as with most fruit

all over the place. This, of course,

of using quick-cooking tapioca as a

to that problem. Try it for yourself

to serve rhubarb pie

miss it when it is in season.

stewed fruit with cake, or in a pie.

low who wants to be in the category of "perfect all the time.' Anita Louise should know, so here are the seven rules she has set down in her

little black book, 'Rules for Success.' 1. Cleanliness. It's better to have an accessory that doesn't perfectly match an ensemble than to wear a soiled one that does.

2. Over-matching. If too many accessories match, an outfit has a deliberate, studied appearance. I particularly dislike to see a hat of the good rule to follow is to blend hose and shoes as closely as possible to the skirt or dress. Gloves, bag and scarf may go together or gloves, bag and hat. Rarely should the six maj-

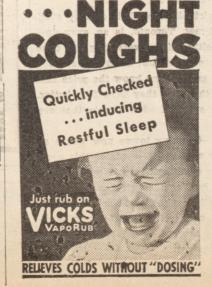
or accessories be of the same color. 3. Following trends. There are enough different styles every season so that any girl can find something that flatters. She'll make a mistake if she blindly buys the most talkedof style with high disregard for how

4. Seasons. Don't rush them. Frewith the spoils ,so provide them with quently the cuts and fabrics that are pushed the hardest the first season are out of date in another month. 5. Colors. Cling to the shades that compliment your own coloring. There

s never a season that I don't have one or two evening dresses in a special shade of yellow, which I've discovered is grand under electric lights. 6. Originality. Make up some

things, such as a new way to tie a scarf or a new place for a hanky. Ann Sheridan attaches a huge chiffon hanky to an evening purse and ets it trail away like a panel on the

7. Suitability. Dress appropriately wear the simpler ensemble. Kay



HOUSEHOLD

(By Mrs. Mary Morton)

Menu Hint Asparagus on Toast Rhubarb Relish

Banana Salad Poppy Seed Cake

You will find this an exellent recipe for spaghetti. Wedd do I remember once serving it to a young man who refused to eat any meat whatvery same material as the dress. A ever I really didn't know he would not have eaten a bit of bacon if he had known about it. He thanked me effusively for a nice 'vegetarian' meal. I am including the rhubard relish so that you can make several glasses to store for winter. It is very good.

> Spaghetti-Cut up eight pieces of bacon in small pieces add two finely cut onions and fry until brown. Add one can tomatoes and let cook onehalf hour. Cook spaghetti in salted water until tender then mix together put into a buttered baking dish, spread grated cheese and bread crumbs on top, and bake 15 minutes. Banana Salad-Select firm, ripe bananas cut slice of top off each, remove pulp, keeping skin in shape

> of boat. Fill with equal parts of celery and banana, cut in small pieces, and dress with any preferred salad dressing. Sprinkle chopped nuts on top ,and garnish, if you wish, with whipped cream and cherries. These are omitted of course for general

Sour Cream Salad Dressing-One tablespoon sugar, 1/4 teaspoon mustard, 1/4 teaspoon paprika, one cup sour cream, one tablespoon vinegar for the occasion. When in doubt or lemon juice, Mix dry ingredients, add to sour cream. Stir in vinegar Francis, whose fashion reputation and lemon juice slowly. Serve over s world famous, is a model of stark shredded cabbage, lettuce, or good on any salad.

Cooked Sour Cream Dressing .-Two eggs or four egg yolks 1/2 tablespoon sugar, 1/2 teaspoon salt, 1/4 teaspoon dry mustard, one cup sour ream, four tablespoons vinegar. Reat egg or egg yolks in the top part of a double boiler. Add dry ingredients and sour cream. Stir in vinegar slowly. Cook over hot not boiling water until mixture coats the spoon. Remove from stove and cool.

Ambassador Has Been Asked to Accept Post

(Special to The Daily Mail) FRANCE, June 22-The new French Cabinet will probably be completed within the next two days and there s some discussion in regard to the Finance Minister. The French Ambassador to the United States has been asked to accept the position.