

DR. G. R. LISTER
: Dentist :
PHONE 531-11
Burchill-Wilkinson Building,
QUEEN STREET : Below Regent

CURTAINS AND DRAPES

JUST RECEIVED...
OUR NEW SPRING RANGE OF
Curtains in plain and figured
Marquissettes, flannel and tussan
nets. Curtains, widths from 27
to 54 inches. Lengths from 2 to
3 yards. Drapes in all the new
shades. Also a full range of Tap
estries and Homespuns.

"See our stock before
purchasing."

J. Stanley Delong
Phone 68-11 63 Carleton St

Do It Now...

The earlier you start on the
right road to advancement the
farther you will go. Get the best
commercial training while it is
easy for you to do so, rather
than postpone it until later and
be forced to acquire it under
difficulties.

Write for full information re-
garding our Business Courses.

FREDERICTON BUSINESS COLLEGE

F. B. OSBORNE, Principal,
Fredericton, N. B.

HARNESS OVERALLS WORK PANTS GLOVES

H. A. Burt
TEL. 1234

A TAILORED-MADE SUIT IS
TAILORED OF EXCLUSIVE

FABRICS

We buy only a limited amount
in each pattern and fabric.
That's why you can choose your
fabric and know that you won't
be seeing it on every other man
in town! Our complete line of
fall fabrics are now in. Call and
select YOUR OWN Distinctive
Pattern.

Alex. Ingram

376 KING ST.

WALLY WOULD BAR MORE PUBLICITY

Will Not Accept Clothes if Courturier Tells --- Woolens for Country.

PARIS—Wally Simpson has placed
large orders with four different
couture houses for her spring wardrobe
and trousseau. Each big dress house
has been told that she will not ac-
cept the finished clothes of any sort
if publicity is released regarding
her selections.

It is known, however, that she has
ordered chiefly sports and street
clothes and that blue is the out-
standing color in the new wardrobe.
Since she and the Duke of Windsor
undoubtedly will continue to live in
the country after their marriage, Mrs.
Simpson has selected many light-
weight woollen clothes which are
made up on simple, tailored lines.
Part of her charm and smartness lies
in the fact that she never is guilty of
over-dressing and is invariably clad
in simple costumes.

Five or six new straw hats have
been ordered from two large hat
houses in Paris, but gloves, shoes and
stockings have all been sent from
England. Mrs. Simpson has tiny feet
and a special last has been made for
her by her London bootier. As she is
not a sportswoman, she usually
wears high-heeled pumps trimmed
with tiny leather bows.

Mrs. Simpson's taste in lingerie is
as simple as her taste in clothes.
She wears simple nightgowns which
are trimmed with embroidery, as she
heartily dislikes lace. She is fond of
lounging pajamas, which are almost
invariably in some shade of blue.
Two shades are outstanding in her
trousseau lingerie—turquoise blue
and rose pink.

SECOND IN BRAINS

In my estimation, the chimpanzee
is next in intelligence to man, and
the orang-utan is a good second. The
"chimp" is nervous, alert, surefooted
and showy; the orang is sanguine,
calm, steady and rather hampered
by the great length of its toes. The
chimpanzee is the more effective
animal for stage performances
and therefore the better known to
American audiences. Personally, I
prefer the orang, because it is an
animal of better disposition and more
reliable affections.

Cantor Company to Take Singing Lessons

Eddie Cantor and his entire staff,
including Bobbie Breen, Deanna Dur-
bin, Saymore Saymore, Jimmy Wal-
lington, Jacques Renard, and dialect
comic Artie Auerback will learn from
Pinky Tomlin, the composer of "The
Love Bug'll Get You If You Don't
Watch Out," how to sing his hit-
song on the Cantor broadcast Sun-
day, April 25, at 8:30 p.m., EDT,
over the WABC-CBS network.

Jimmy Wallington, not content
with a mere singing lesson, was also
shown how to announce the program
by most of Hollywood's better known
announcers.

In addition to the special features
Eddie, Deanna, and Bobby were on
hand with their characteristic solos,
and Jacques Renard's orchestra ad-
ded its selections to the festivities.

A PLEA FOR NEWS

If anyone has—

Died.
Eloped.
Married.
Left town.
Embezzled.
Had a fire.
Had a baby.
Sold a farm.
Come to town.
Broken a limb.
Bought a home.
Committed a murder.
Fallen from an aeroplane.
That's News—Telephone 67.

... OF ... Interest to Women INTRODUCE YOURSELF TO A LITTLE EXERCISE

(By Elsie Pierce)

I think an introduction to exer-
cise ought to be pretty much like an
introduction to a stranger. You would
not get too friendly at the first or
second meeting, would you? You'd
maintain a certain aloof dignity—"go
slow" for a while.

So let it be with exercise. If you
really have been completely inactive
for some months (or a longer period)
take it very easy at first until you
are completely accustomed to exer-
cise.

After a slothful winter and with
the approach of summer, women be-
gin to think of how their figures will
appear on the bathing beaches. And
many are impelled to begin to exer-
cise in order to hide that bulge at
the waist, the overpadded hips, the
flabby "uppers." Heavy winter coats
cover a multitude of curves, but the
summer dresses are line-revealing.
This, then, is the season when the
woman leaps to the middle of the
room before breakfast, and with her
window wide open begins her daily
dozen.

Being human she desires to reach
her goal in one or two attempts, for-
getting that muscles long unused
will not suddenly become supple. The
usual result is that after the second
day's exercise our heroine cannot

raise her arms without reproachful
creakings. The sports writers call
wrestlers the "grunt and groaners"
and this well describes the woman
who exercises not wisely, but too
well.

To begin a series of exercises, one
must proceed slowly. For the first
week of your introduction no attempt
should be made to put any strain on
muscles long unaccustomed to such
treatment. Simple limbering up move-
ments are the only things permitted.
If there is any warning twinge at all,
any pain, a day's rest is indicated.

Begin by bending from the waist
with arms extended. Try to touch
the floor. Keep knees unbent. Don't
strain yourself to touch the floor,
however. The chances are you won't
be able to do it the first few times,
and then suddenly you'll find your-
self limber. Ten times is the max-
imum for a first attempt. Then—10
easy bends to each side—no strain,
remember. And five knee bends—
squatting done cautiously. Then five
deep breaths at the beginning and
end of this simple routine. That's
all. And it's a fine introduction paving
the way for a more intimate
acquaintance, more strenuous exer-
cises the second week. Of course, if
you are in good physical shape and
limber this routine can be used to
introduce each day's set of exercises.

MISBEHAVIOR IN PARENTS AND CHILDREN

(By Dr. Herman N. Bundesen, For-
mer President American Public
Health Association).

One of the most pathetic scenes in
family life is to see discouraged par-
ents trying to find the reason why
their child misbehaves. They look in-
to the company he keeps; they investi-
gate the schools he attends; they
study his habits of play. In all of
these things may be found reasons
for bad behavior.

But Dr. Geo. Kerr of Edinburgh,
a well-known student of childhood
behavior, believes that deep-seated
infections, hidden away somewhere
in the body, are often overlooked as
the reason for misbehavior in a child.

You have noticed many times how
your youngster's temperament changes
when he is sick; how he be-
comes cross and irritable; you have
also seen how quickly his tempera-
ment becomes happy and joyful when
he gets well.

Doctors know that any infection
of teeth, tonsils, or sinuses, which is
poisoning the body of the youngster
and continually wearing him down,
may cause him to be cross and irri-
table. Unfortunately, many parents do
not realize that such infection may
be present.

In recent years we have learned a
great deal about the glands in our
bodies. For example the thyroid
gland in the neck makes a secretion
that speeds up body activities. The
pituitary gland at the base of the
brain forms secretions that, among
other things, regulate growth and
weight.

If something goes wrong with
these glands, the child may have an
entirely different temperament from
what he should have. If something is
disturbing the pituitary gland, the
youngster may be tired; may over-
eat; may be sleepy a great part of
the time; or, in some cases, may be-
gin to gain weight rapidly.

Often, when a child has these dis-
turbances, parents are not sympat-
hetic with him. They may become
cross and unkind because they do not
understand what is happening. They
think the child is spoiled instead of
sick. The result is that his condition
is aggravated; he feels that he has
no friends and that the world is
against him.

For example, let us take the case
of the fat, sluggish child, who is
overweight because of a disturbance
in one of his glands. He may find it
hard to keep up with other children.
He cannot do the things that they do.
He finds himself "slowing" in school.
So, in order to "cover up," that is,
to draw attention away from his poor
showing, he oftentimes deliberately
misbehaves.

Solving the problem of misbehav-
ior in children may be a very diffi-
cult one, for there is the question of
the inheritance of certain tempera-
ments from the parents.

The disciplining of children is im-
portant, so that they may develop
good habits. The sleeping hours must
be regular. With few exceptions,
children should go to bed at the same
time every evening. The habit of eat-
ing, without complaint, properly-pre-
pared food and the habit of regular
bowel movements are all-important

in the youngster's life; so also are
the habits of hanging up clothes,
cleaning up after play, and numer-
ous other things that a child should
do as part of a social group—the fam-
ily. He must understand that he
owes something to each one in the
family.

Parents, too, must watch their own
habits. They should learn to be even
tempered and to do everything pos-
sible to be just and fair to their
children, no matter how excited or
worried they are. Parents should not
change their attitudes toward their
children because of something that is
worrying them. They should never
reveal their unhappiness by "taking
it out" on the children.

Whipping the youngster may be a
cause of serious bad behavior. The
child may refuse to obey and develop
a dislike for his parents, who, he be-
lieves, are his enemies rather than
his best friends. We must remember
that often the most imaginative and
most creative children who misbe-
have develop into brilliant men and
women.

Radio Stars Welcome Daylight Saving Time

Now that New York and other east-
ern states have moved their clocks
ahead an hour, under daylight sav-
ing time, Gotham's radio stars have
found good use for the extra hour of
daylight.

Kate Smith, for example, is a cam-
era enthusiast. Lately she has been
shooting sunsets from the roofs of
her apartment. This hobby has inter-
fered with her dinner hour but the
new time set-up allows her to have
her dinner first before she experi-
ments with her camera angles.

Guy Lombardo now has time on
Sunday after his 5:30 CBS broadcast
to speed out to Long Beach and go
out on his 60-foot boat.

Bob Ripley has constructed a new
handball court on BION Island where
he will use the extra hour for after-
work games.

Arthur Godfrey, the Washington an-
nouncer who is also heard on the
Prof. Quiz CBS broadcasts, is a lit-
tle bit put out by the new arrange-
ment. Each Friday night he arrives
in New York for his Saturday assign-
ment on the Quiz Show. Saturday
morning he's up at seven a.m., to
broadcast his local Washington Pro-
gramme directly to the Capital City
from the CBS New York headquar-
ters. Washington, D. C., has no day-
light saving time so Godfrey is out
an hour of sleep.

**MATHIEU'S
SYRUP
COLD
BRONCHITIS
GRIPPE**
STOPS COUGHS

STOCKING RUN LIKE INDIAN AMBUSH

(By Ruth Cameron)

All women, said Kipling, are sis-
ters under the skin.

And since, of Julia O'Grady and
the colonel's lady whom he bumped
together in that poem, the first
probably didn't read him, and the
second was none too pleased, he
didn't add to his popularity thereby.

And yet I'm going to risk writing
about a certain matter in which all
women, Julia O'Grady, the colonel's
lady, and even most likely the Duke
of Windsor's lady-to-be are sisters on
top of the skin.

In the exasperation they feel when
a certain creepy sensation slips on
down their leg.

Of course the Duke of Windsor's
lady probably doesn't mind as much
as the other two because new stock-
ings are less of a problem to her, but
she must recognize, and to some ex-
tent be annoyed by that little slid-
ing, creeping feeling which means a
run in her stocking.

If I were a poet, I would write a
lament for a lost stocking.

I would then probably be able to
describe properly, since convincing
description is the poet's province,
that funny feeling which tells us too
well that a run has started.

It is so slight that one who has
not worn silk stockings and become
used to their treacherous ways will
never notice it.

It creeps along almost as imper-
ceptibly as the hostile Indian was
supposed to creep through the un-
derbrush towards his prey. And with
as murderous intent.

Now and then one thinks one feels
a run and looks and is reassured. But
seldom does it turn out so happily.

Occasionally, of course, a run gets
by us or appears between wearings,
and we do not know about it until
we start to put on the stocking.

Is there anything more depressing
than to start to put on a pair of clean
stockings and to find a run in them?

Maybe it's after a hard day, you
have your clothes laid out to dress

up for dinner or to go out for the
evening. You reach for that particu-
larly nice pair of stockings and
draw them on, and down the leg, way
down below the high water mark of
short skirts, is a horrible double run.
Talk about last straws, last runs are
even worse.

Once I almost had to call up and
cancel an engagement when I start-
ed to get ready, found that the first
pair of stockings had a spot of black
grease from the car, the second had
been caught across the ankle so
that they had a break, and the third
had a run. That ended my reserve
as I was very low, but I borrowed a
pair from the maid and went.

Since then I have tried to keep in
reserve one brand new pair.

There's nothing that makes a wom-
an feel richer than a reserve of silk
stockings. I suppose the Duchess of
Windsor-to-be has so many she can't
even count them, but the colonel's
lady and Julia O'Grady and the rest
of us, can seldom have enough, and
that ought to solve the male's gift
problem. I only wish that there
were something that he invariably
wants as much as we want the silk
stockings and which would be as
simple to buy and so much within
the reach of almost any purse.

Now Science Explains Why So Many People Past 40

Feel That They're Slipping
Losing Their "Grip" on Things



Many people "round 40 think they're
"growing old." They feel tired a lot
... "weak." Have headaches, dizzi-
ness, stomach upsets.

Well, scientists say the cause of all
this, in a great many cases, is simply
an acid condition of the stomach.
Nothing more.

All you have to do is to neutralize
the excess stomach acidity.

When you have one of these acid
stomach upsets, take Phillips' Milk
of Magnesia after meals and before
going to bed. That's all!

Try this. Soon you'll feel like
another person! Take either the
familiar liquid "PHILLIPS'" or the
convenient new Phillips' Milk of
Magnesia Tablets. Made in Canada.

ALSO IN TABLET FORM:
Phillips' Milk of Magnesia Tablets
are now on sale at all drug
stores everywhere. Each tiny tablet
is the equivalent of a teaspoonful of
Genuine Phillips' Milk of
Magnesia.

PHILLIPS'
Milk of Magnesia

INSURANCE HOWARD H. BLAIR

MOVING?

It is necessary that you notify the Company holding your in-
surance when you move the insured property to a different location,
otherwise the policy is void.

If your Agent is not handy notify this office and we will get you
a removal permit.

YOU CAN REST ASSURED.

68 YORK ST.

PHONE 291

FIRST CLASS GROCERIES

MEATS AND FISH
Slipp & Flewelling Sausages
Always in Stock

TRY US WITH YOUR NEXT GROCERY ORDER

HAROLD YERXA'S

89 YORK ST.

PHONE 305

A MESSAGE TO INVESTORS IN THE MARITIME PROVINCES —

Surplus funds invested in sound development
of natural resources and industry within the
Maritime Provinces will return maximum in-
come—Increase Purchasing Power—Create
Permanent employment and prove the great-
est benefit to general business. A list of
carefully selected offerings will be forward-
ed on request.

IRVING, BRENNAN & COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building
Fredericton Charlottetown Halifax Saint John, N.B.

Phone 454

SEEDS

WHOLESALE AND RETAIL

Timothy and Clovers

Choice Seed Grains

Turnip and Mangel Seed

Field and Garden Seeds.

WE SELL QUALITY SEEDS.

GET OUR PRICES FIRST.

J. Clark & Son, Ltd.