everywhere. The more relaxed they

not swing your arms. (That's a very

gown from time to time. If possible

carry a purse-that gives you some

thing to do with your hands. For in-

stance, you're carrying the purse in

one hand held about waist high. You

can bring the other hand over and up

to touch the purse-hold it for a mo-

If you do carry a purse be sure to

a little in front of the other foot.

'mechanical asmect that's had."

Lastly, try to walk with rhythm

motically remain straight.

Forget the Snotlight

Posture and carriage, he places sec-

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"A YES MAN"

She talked about her maid's beaux And why the Zulus wear no clothes, The latest styles from Paris, France And had I seen a hula dance? About a friend who bought fox pelts And why fat men will wear belts. listened meekly as we walked And still she talked, and talked, and

She talked about her operation, The taxi fare to the station, How Chopin was just too divine And did I like Australian wine? About the latest thing in skis And stockings running at the knees merely nodded as we walked

She talked about college banners And children with no table manners. About how well her new maid cooked

And how I thought her new hat looked, What I thought of Platonic love

And what had happened Billy Dove? smiled assent as we walked And still she talked, and talked, and talked.

She talked about run-over heels And balanced diet for one's meals, About her recipe for chow

And had I read "The Golden Bough"?

How she must phone another girl And that her hair had lost its curl. quite agreed as we walked, But still she talked, and talked, and talked

She talked about Rupert Brooke, And how her vaccination took About a fellow named O'Hara And that she never used mascara. About another girl who sinned, And had I read 'Gone With the Wind"?

I shook my head as we walked, And still she talked, and talked, and talked.

She talked of Ghandi and his goat If I liked pearls against her throat? She said her girl friend was a hussy And asked me if I liked De Bussy, She asked me what was best for ants And had I ever been in France? mutely nodded as we walked

And still she talked, and talked, and

She talked about bugs on the roses bout the dreadful bill for ice And did I think her compact nice?

he hinted that most men were coarse And asked my views about divorce I didn't answer as we walked But still she talked, and talked, and talked.

She talked until we reached her door Then said most men were such a

That it was such a consolation To have a lovely conversation With me, had done a world of good Because she knew I understood! In silence still away I walked To dream that night that still she

— Н. М. Р.

FIST THINGS FIRST

Teacher-Now, Tommy, supposing would you be?

Tommy-Absent, Miss.

talked!

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PRACTICE WITH FEET AND HANDS FOR EVEN ONE-TIME MODEL'S JOB

Rules for Ladies of Runway to Follow, Whether It's for Charity or Not, by an Authority on Glamour Girls of the Fashion Shows

Amateur society models have been are, the better." etting themselves into a lot of fashon shows this winter. Some of the ond in importance. His first posture debs and young matrons who tread law is to "pull the head out of the the spotlight path to show clothes shoulders and the shoulders out of for various worthy charities are mod- the hips. Pull them out—and keep erately good models. And some of them out," for graceful walking from them are inexcusably bad.

Not more than about two out of ten out any trace of the hump at the who circles the St. Regis Irridium base of the neck that mars so many Room to help along the good work women's postures. Other modeling for the Kips Bay Boys Club on an af- rules are: ternoon last month while paying Practice variations of walking. Try guests sipped tea and cocktails walk- walking along an imaginary straight ed well and gracefully. At the re- line across the room at home, crosscent Miami-Biltmore ball put on at ing one foot slightly across the other the Waldorf-Astoria for the benefit with each step ahead. Always walk of the Goddard Neighborhood Center with the toes straight ahead-even the percentage was somewhat high- slightly turned in-never turned out And still she talked, and talked, and er. In that huge fashion show and in a wide V-shape. Watch yourself dance shindig at least seventy pul- | walk toward a full-length mirror. chritudinous society models wearing gorgeous beach sports and evening gowns came down the steps from the phragm well in. stage with its scene duplicating the Have hands and body relaxed. Do patio of the Miami-Biltmore Hotel at Coral Gables And although they common fault.) Do something with did pretty well-particularly a lovey your hands around the waist. Do any blonde in a black spangled evening thing, just so they're occupied and gown-there was still plenty of room not dangling. Touch the belt of your for improvement.

Better Walking Even if it's only a matter of being one-time model, with no idea of making it a life work, it seems to us that amateurs ought to practice for better walking form. As Benjamin ment-drop it-and bring it up again Franklin, or Mahatma Gandhi, or later. Make the movements very slow. somebody said, "if a thing is worth | doing at all, it's worth doing well." hold in lengthwise with the fingers The society fashion show throws a running along the bottom. Never hold devastating spotlight. Your best it with fingers curled square under friends sitting around tables watch- Ali lines should be long. And the ing are without a doubt your mean-lengthwise hold makes a lovely curve est critics. They'll pick you apart at the wrist as well as helps carry eral times. in your most vulnerable spots in less out a long streamline to the finger time than it takes Lucius Beebee to tips. announce the next number on the programme. Besides practicing to be you first start along the runway. a model-for-a-night is a good general lesson in graceful walking anyway.

The morning after the Miami-Bilt- are going to take your first stem with Colter, Fredericton. more ball we went straight to John arched slightly on the toe and held Robert Powers, from whose officestudio most fashion blessings flow in the form of those professional models whom you see pictured in magazines and newspapers and floating in the flesh along carpeted runways at trade fashion shows. We asked that authority for a few points on modeling. "Flexibility," Mr. Powers says, "is the most important thing if you're

going to glamourize clothes. Modeling Rules

flexible in shoulders, hips arms, entire body.

GIGGLES A SAFETY VALVE

Express the Happiness of Being Untouched by

Thought, Says Ruth Cameron, Who Compares

Them With Boy's Whistle of Sheer Joy silly joke that has been carried along The street car started, changed its and keeps being brought up? Over

(By Ruth Cameron) of 18 or 19 standing with a group of at all but high spirits? other girls on the platform jerked In an inn where I sometimes stop with the car, tried to catch her bal- there was one year a group of these ance, failed and sat down on the rise giggling youngsters spending a noli at the entrance to the car. She was day. They had by mutual misfortune you were left a million dollars, what pulled to her feet by a man standing the room next to a woman who was on the platform. She adjusted her hat, terribly sensitive to noise of any kind thanked him and retreated into the She bitterly resented their giggling, midst of her group giggling.

your feet." Lots of giggles. "I hope over absolutely nothing like that? the motorman doesn't think you're quiffed and put you off." A final outburst of giggles as the group got ing their breaths after that ran on the who interrupts him. off the car, still discussing the great wall, nudging each other, imitating

iggling. nore silly to criticize when you know after all I'm not so sure that we who "And if that's true of Godlike Shake. what a perfectly grand time they are criticise and decry aren't the silly

me got into at that age?

What We Gigaled Over Over nothing or next to nothing? ecitation, over some secret shared, all the hampiness it can get.

mind and stopped with a jerk. A girl some one's disapproval? Over nothing

and would sometimes rap on the wall. And for the next five minutes both "And then," she would complain, he and all the rest giggled. "You "they would keep still for a minute ooked so funny," Giggles from all, and then burst out again. What could dows? 'I felt funny." More giggles. "Did you they be giggling about? You know I see how he sprang to your assistance? can hear anything they sav, and no him long to vituperate. More giggles. "I shan't take you out body had said anything in the mean with me again if you can't stand on time. Why should any one siggle

> Dammed-up Ginales Can't you just see those girls hold-

then bursting out worse than ever. For a minute I found myself think- Silly giggle is one of those matings that "there is more poetry in being ng how silly to giggle over so little, of nouns and adjectives that seem to young than in the finest song that and then again I thought how much be undivorceable word affinities. But Shakespeare sung.

A boy's whistle and a young girl's sheer youthful joy in them. They express not the happiness of thought, Over a foolish mistake in a school ed by thought. And the world needs

erush on a school teacher, over any I have in my scrap-book a beloved !

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Lower Bear Island

Rev. Mr. Brundage held service in st. John's church the first Sunday of

Miss Hilda Ingraham spent her vacation with her parents, Mr. and Mrs.

Harvey Ingraham, Mrs. George Hargrove is spending few weeks with her sister. Mrs. William Howland.

Mrs. Simon Goodine spent a few days recently with her daughter Mrs. George Joslin

Miss Eva Henry is spending the winter months with Mr. and Mrs. Fred Sinnott.

Percy Rosborough was successful n capturing a large bobcat recently. Mrs. Selby Embleton and Miss Bessie Embleton were guests of Mrs. Frank Joslin on Sunday last. the hips and a swan-like neck, with-

Mrs. Donald Rosborough and childen have returned home after spending a few days with her parents at

Miss Ruth Miller of Nacawick was alling on friends in this place last

The young folks of this place have een enjoying the excellent skating. Our school has again opened under he management of Miss Gladys Tom-

Miss Hazel Murch, R.N., of Bar Harbor, Maine, is spending a few Diaphragm In 1
Always remember to hold the diaweeks with her mother, Mrs. Martha

Mrs. Amos Jordan spent an after 100n recently with Mrs. Russell Mor-

Miss Hazel Howland who has been spending her vacation with her parents has returned to take up her duties at Hainesville. Russel Embleton who has been em-

ployed in the woods in St. John, spent hristmas at his home here. Harry and Hazen Ingraham motor-

d to Fredericton on Saturday. Mr and Mrs. Wallace McNally were unday guests of Mr. and Mrs. Simon

PARKER'S RIDGE

The weather has been very wet and stormy and the roads are just sheets of ice and some folks has upset sev-

Quite a number of teams left this morning for the woods. Three teams went for the Hunter Co on McBean Brook. A crew of men left on Mon-Stand still for an instant. Stand solday and Wednesday for the new idly on one foot. Hold the foot you road on Southwest Renous for A. A.

The lumbering men and contractors are looking forward for snow to commence hauling off the vards. Some Forget about the spotlight, or the have as high as seven or eight thoucamera lens, otherwise vou'll have a sand cords to haul off the yards and others have hardwood and lumber. Above all, don't slouch. Carry the Snow is badly needed.

head easily but well up and back on Those who spent Christmas with the have of the neck, Hold the shoul- Mrs. C. E. Boies were Mrs. Festus ders loosely down and back (not Fairley of Boiestown; Mr. and Mrs. squared back stiffly like a Woot Clair Hunter and Mr. and Mrs. Pointar) and vour spine will auto- Wm. Scott of Hayesville.

Miss Evelyn McDonald entertained "No part of the body should be not only rhothm to the music by New Years. The first song sung was held stiffly. And models must be with a rhythmic co-ordination of the The Wild Mustard River, by Walter

Miss Vivian I. McLellan was the guest of Miss Evelyn McDonald on Christmas Eve.

Mrs. William N. McLellan gave a chicken supper for a number of her riends. Covers were laid for eight. Our mail carrier Judson F. Hinchey has been very busy delivering Christmas parcels, Judson wearing a very

Miss Roberta Morrison was a guest of Mrs. Earle Greene

Miss Grace C. Smith is spending her vacation at her home with her mother, Mrs. Bessie Smith. Murray Smith left this morning for Southwest Renous on the new road

job for Ashley Colter. Alexander McLellan died on Sunday evening and was buried on Tuesday in the cemetery at Boiestown. Mrs. Wm. McLellan left Monday for Boston on a vacation to visit her

A GOOD CONSTITUTION

daughter Mrs. Frank Slipp.

Is your husband better, Mrs. Mea-

Yes, thank 'ee, sir; it doesn't take

little poem indited to the whistling boy by the poet who is trying to write a sonnet and does-to the boy

The poet, Theodore Maynard, medidventure, casting eyes back at the the objector probably, damming up the tates as to which the world most ero who had rescued her, and still giggles in an effort not to giggle, and needs, "his happy laughter or my threadhare screeds." And decides

> speare, well-Whistle the 'Marsellaise' and ring

the bell un than those silly giggling spells happy giggle have the essence of And chase the cat and lose your temnis ball,

but the happiness of being untouch- Scalp a red Indian, sail the Spanish seas.

Do any mortal thing you damn well please.

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