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...OF...

**Interest to Women****PARTIES ARE HAPPY RECOLLECTIONS OF YOUR CHILDHOOD**

Cynthia Proctor Mentions Recollections of Childhood

(By Cynthia Proctor)

Birthday parties make sweet remembrances as you look down the years, don't they? Little girls seem to love parties most and an eighth or ninth or tenth birthday party will live long in your daughter's memory if it is carefully planned ahead of time.

Pet parties for girls are fun. Invite each little girl to bring her pet—cat, dog, goldfish, rabbit or what have you. (Canaries barred for fear of disaster). Then hold a pet judging contest for the best behaved pet, for the best cared for pet, for the best fed pet, etc. Take snapshots of the winners, and be sure that the proud owner gets a picture of her prize winning pet after the party.

**Centrepiece**

For the centrepiece on your table, make a large mid-Victorian lady of yellow or orange crepe paper, leading a huge Scottie made out of glazed orchid paper. Pile the favors inside. Run colored ribbons to each youngster's plate to pull out her favor.

Serve alphabet soup and crackers and then ice cream and cookies cut in the shape of dogs and cats.

There's everything in knowing how to manage a children's party. Do you know the rules? Keep them busy. Provide a novelty, encourage competition. Set definite times for the party to begin and end. And see that each small girl gets home with some souvenir under her arm.

**Boy's Birthday Party**

Have your invitations read:

"Come to Pirate's Cave"

The treasure will be opened at—  
Give each boy a name for the afternoon, handing him a paper hat with the names lettered on it as soon as he arrives.

Have a treasure hunt, hiding a lot of small toys over the house. As soon as a boy finds a toy he must withdraw from the hunt so there will be only one toy for each boy.

Another good stunt if you are feeling particularly generous and do not mind the disorder, is to spread a great pile of sawdust in one pile, the basement for instance, or on canvas laid over the grass. Then mix 50 or 100 pennies into the sawdust and at a given signal have all the boys dive in, hunt for and keep their spoils.

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**Pirate Ship**

Make a huge pirate ship of silver paper, decorated with orange paper sails and narrow strips of blue paper for rigging. Use black glass plates at each place and tall glasses with a pirate design painted on the sides. Black glass candlesticks with tall orange candles in them and orange paper favors make a decorative table. Serve ginger ale, if the boys are not too small, and gingerbread pirates. Roasted apples, in the pirates' cave, and hot dogs appeal to boys.

**Sweet Sixteen**

To make a centrepiece for a 'Sweet 16' party, take a shoe box and, if it is not white, cover it with white paper, smoothing it on carefully. Wet it with water or a very thin paste and sprinkle sugar on it. Tie a huge pink ribbon about it, with a large bow on top, and there's your lump of sugar. Then run pink ribbons out from the centrepiece to individual lumps of sugar at each place. If your dining room boasts of a chandelier, hang ribbons with sugar lumps on them from it.

If you want to give favors or prizes cut out two sides of your box, covering them with white paper. Then the prizes, tied on to the pink ribbon, will tear right out.

**RELAX FROM YOUR TOES UP**

Here Is One Beauty Prescription That Costs You Nothing

(By Antoinette)

Here is Lucille Manners' favorite prescription for beauty and rest. Coming from this radio singer, who leads a busy existence, I think we can give heed to her advice.

Says Lucille: "My prescription does not cost a cent and is a favorite with the beautiful women everywhere."

"It is simply this—relax and rest."

"Eight hours' sleep every night and a half hour's daily rest after luncheon or before dinner is as much a part of their beauty routine as lipstick."

"Here is the ritual I follow every day: Before I dress I remove all make up, cover my face with nourishing cream, take a relaxing warm bath, and, after massaging the cream into my skin, lie down with pads of cotton saturated with ice water over my eyes."

"Lying flat, I begin to relax, first my toes, then the foot, the ankle, the knee joint and so on up to my head until I seem to be so limp that I

have sunk into the mattress. I lie that way until it is time for me to dress."

"It took me six months to learn to relax in that fashion, but I regard it as the most important part of my daily routine."

"We American women have a tendency to rush about much more than continental women, whether the days revolve about a household, a social program, or a career. The result is usually a saggy face, lack of poise and frazzled nerves—none of which certainly makes for a beautiful woman."

**AN ADOLESCENT**  
**LOVER ASKS**  
**QUESTIONS**

(By Dr. Arthur Dean, Sc.D.)

"Dear Dr. Dean:

"I am a boy of 18, and I go to high school. I would like to ask you a few questions as my father is dead and my mother takes these questions so lightly. I feel that my mother cannot understand these questions as she answers only from a woman's standpoint."

"Do you have to have money for the girls to go with you?"

"You have been a boy and you can understand. Mother says 'study and put your mind on your lessons.' My doctor says the same thing."

"There is a certain girl whom I love. I have a little money now, but my father being dead I can't get as much as the other boys get to spend on girls."

"If you did not have any money would this keep a girl from loving you?"

"I certainly will appreciate your answer as I think you can understand better than my mother.—High School Student."

Answer—Although I thank you for your confidence I am not so sure but that a mother really understands love better than a mere man. Much

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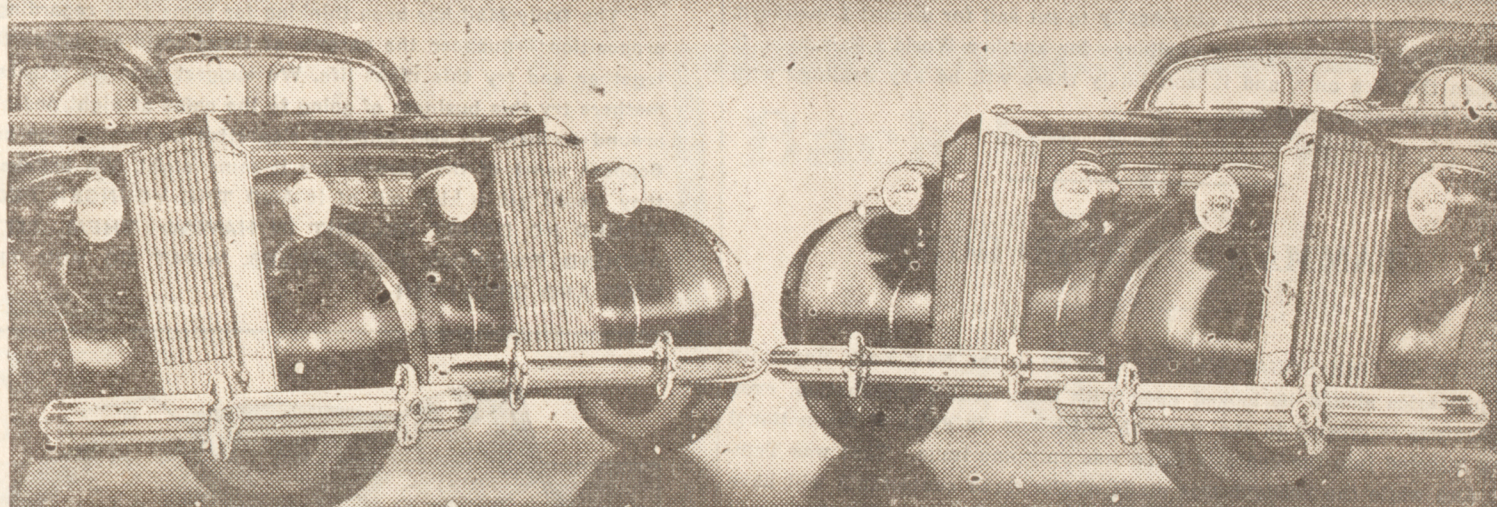
depends upon the quality of a woman's love experiences whether or not she understands adolescent love affairs. If she has had a happy love life herself she usually sympathizes with the love affairs of youngsters. If she is biologically and philosophically minded she knows the significance of their adolescent longings.

Fathers might know as much and more than mothers, but they don't. They like to forget that they were 'calf lovers' themselves.

Parents can laugh about 'calf love' all they want to but let them remember that ridicule doesn't help one bit.

Association with a clean, healthy minded and quick witted girl will do a great deal to give a boy social experience. But he must not let his good times keep him from attending to his lessons. Earning and saving money, thinking about his future and making boy friends.

A boy is never too young to have girl friends. It is better that he grow up used to the company of girls than to reach manhood feeling shy and awkward in their presence. But a boy is more fortunate in having many girl friends, for there is safety in numbers. To some boys, the first love affair is serious, and it does no good to explain that in about four or five years the present love will be only a hazy memory when the boy is ready for serious thoughts of love and marriage.

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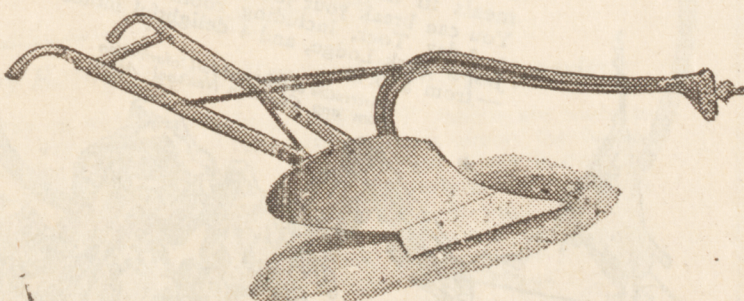
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