

## DR. G. R. LISTER

: Dentist :

PHONE 531-11

Burchill-Wilkinson Building

QUEEN STREET : Below Regent

## CURTAINS AND DRAPES

JUST RECEIVED...  
OUR NEW SPRING RANGE OF  
Curtains in plain and figured  
Marquises, fillet and tusk  
nets, Curtains, widths from 27  
to 54 inches. Lengths from 2 to  
3 yards. Drapes in all the new  
shades. Also a full range of Tap  
estries and Homespuns.

"See our stock before  
purchasing."

J. Stanley Delong

Phone 68-11 63 Carleton St.

Do It  
Now...

The earlier you start on the  
right road to advancement the  
farther you will go. Get the best  
commercial training while it is  
easy for you to do so, rather  
than postpone it until later and  
be forced to acquire it under  
difficulties.

Write for full information re-  
garding our Business Courses.FREDERICTON  
BUSINESS  
COLLEGEF. B. OSBORNE, Principal,  
Fredericton, N. B.HARNESS  
OVERALLS  
WORK PANTS  
GLOVES

H. A. Burt

TEL. 1234

A TAILORED-MADE SUIT IS  
TAILORED OF EXCLUSIVE

## FABRICS

We buy only a limited amount  
in each pattern and fabric.  
That's why you can choose your  
fabric and know that you won't  
be seeing it on every other man  
in town! Our complete line of  
fall fabrics are now in. Call and  
select YOUR OWN Distinctive  
Pattern.

Alex. Ingram

376 KING ST.

A PARTY TO MEET  
"MRS. GRUNDY"Invitations to "Pink of  
Propriety"—Movie  
Butler Adds to Fun

Write your invitations to the et-  
quette party on pink note paper,  
(pink for the pink of propriety, of  
course) in an elegant old time script.

Mrs. Grundy

Requests your presence at  
a very swell soiree.  
So don your high hat,  
Your gloves and all that  
And join the elite at their play.  
Everything must be very 'genteel'  
and 'elegant' at such an affair. Let  
someone dressed as a typical movie  
butler have charge.

Collect all the old gloves you can  
find, a pair for each guest, mittens,  
discarded evening gloves, skiing  
gloves, garden gloves, and present a  
pair to each person on arrival, to-  
gether with a little 'Blue Book,' a  
piece of blue paper folded booklet-  
fashion, containing rules of etiquette  
to be observed during the evening.  
Some of them might be, 'A Lady  
Never Raises her Eyes higher than  
the Top Button on a Man's Vest,' 'A  
Gentleman Kisses a Lady's Hand  
When he Addresses Her,' 'One Never  
Addresses the Opposite Sex With  
out Gloves on,' and so on. Anyone  
failing to observe the rules in the  
'Blue Book' must pay a forfeit.

Hide little squares of cardboard  
all over the house, each square hav-  
ing a number that is some multiple  
of ten. Let them hunt the numbers  
until someone adds up to '400' and  
give that one the prize.

The crowd is divided into sides for  
this stunt, with the men in one group  
and the girls in the other. Have two  
chalk lines drawn down the length of  
the room and give the leader of the  
men, 'the Swells' a top hat, and the  
leader of the 'Belles' a lorgnette. At  
the signal a 'Belle' with her lorg-  
nette and a 'Swell' with his high hat,  
their heads tipped back as far as  
possible, looking at the ceiling, start  
walking down their line. They must  
walk down the line and back with-  
out stepping from it, then give the  
lorgnette and hat to the next in line.  
When anyone steps off the line they  
must be made to step back on it be-  
fore going on.

Now Science Explains  
Why So Many People  
Past 40Feel That They're Slipping  
Losing Their "Grip" on Things

Many people 'round 40 think they're  
'growing old.' They feel tired a lot  
... 'weak.' Have headaches, dizzi-  
ness, stomach upsets.

Well, scientists say the cause of all  
this, in a great many cases, is simply  
an acid condition of the stomach.  
Nothing more.

All you have to do is to neutralize  
the excess stomach acidity.

When you have one of these acid  
stomach upsets, take Phillips' Milk  
of Magnesia after meals and before  
going to bed. That's all!

Try this. Soon you'll feel like  
another person! Take either the  
familiar liquid 'PHILLIPS' or the  
convenient new Phillips' Milk of  
Magnesia Tablets. Made in Canada.

ALSO IN TABLET FORM:  
Phillips' Milk of Magnesia Tab-  
lets are now on sale at all drug  
stores everywhere. Each tiny tab-  
let is the equivalent of a  
teaspoonful of  
Genuine Phillips' Milk of  
Magnesia.

PHILLIPS'  
Milk of Magnesia

## LAST CALL

FOR THE FREE SET OF DISHES WITH THAT

Fawcett Range

Order your range now as this order will be withdrawn on  
SATURDAY, MAY 8th.

J. Clark &amp; Son, Ltd.

... OF ...

## Interest to Women

HER FIRST ATTEMPT AS  
HOSTESS IN NEW HOME

(By Marjorie Mills)

We've had several requests from  
brides who find themselves at sea  
when it comes to planning a menu  
for their first company dinner, so  
we're glad to print the Edison  
Friendly recipes for this week. The  
Tuesday and Thursday afternoon  
classes of the Edison Friendly Kit-  
chen are devoted this week to help-  
ing the spring bride entertain.

Don't you think this menu would  
be grand, too, for the homemaker  
who is planning to entertain on  
Mother's Day?

You know, there's nothing that  
seems to go over with the men as a  
good juicy steak. And with these  
fancy 'fixings' your meal is an assur-  
ed success. If she will follow direc-  
tions even a brand-new bride will  
find that she can make a strawberry  
shortcake like mother used to make.

The Bride Entertains  
Cream of Pimiento Soup  
Broiled Tenderloin Steak  
Peas in Pimiento Cups  
Savory Brussels Sprouts  
Buttered Minted Carrots  
Fluffy Potato Border  
Golden Salad

Old-fashioned Strawberry Shortcake  
Cream of Pimiento Soup  
1/2 small can pimientos  
1/4 teaspoon tabasco sauce  
Speck of cayenne  
3 tablespoons fat  
3 tablespoons flour  
3 bouillon cubes  
2 cups hot water  
1/2 cup milk  
Press pimientos through a sieve,  
add tabasco sauce and cayenne. Add  
this to the unsalted cream soup bas-  
is, ingredients listed above. Serve  
very hot with a bit of whipped cream  
and garnish of parsley.

TEN 'DON'TS' TO  
HELP GIRLS ON  
BEAUTY BENTHollywood Make-up  
Artist Uses Them on  
Flicker Stars

(By Elsie Pierce)

A feminine authority and make-up  
artist to some of the leading Holly-  
wood screen stars sets down ten  
'don'ts' that should help every young  
girl on beauty bent.

For daytime, this make-up artist  
recommends conservative make-up.  
For evening, you can let yourself go  
a bit.

But don't try to imitate any one  
else's make-up. Stick to your own  
type and be confident.

Don't put lipstick on too thick.  
Many women particularly very young  
women, do this in the hope that it  
will achieve an effect of sheen. It  
doesn't help to mix grease over  
grease—it merely gives a 'smeared'  
unfinished look. Mix in a bit of vas-  
eline in the coloring or apply a thin  
film of cream or vaseline first.

Don't put rouge plump on your  
cheekbones. This merely emphasizes  
the bones. It achieves a china doll  
effect that is passe. Blend the rouge  
outward instead, into the sides of  
your face and toward the ears and  
how far out you blend depends upon  
the width of your face, stop a good  
distance from the ears if your face  
is too round.

Blend your eyebrow pencil into  
the brow to give a natural effect.  
Don't use eyebrow pencil in a hard  
obvious line.

Mascara should be confined to the  
upper lashes only, and then to the  
tips of the longest of the winkers,  
emphasizing their length. Don't use  
mascara on the lower lashes be-  
cause that will make you look wan  
and hard.

Always remove remaining makeup  
before applying or renewing the  
make-up. Don't try to put one layer  
of makeup over the other if you  
want a fresh, smooth result.

Don't rub your powder, don't grind  
or pound it into your face. Dust as  
lightly as possible and quite gener-  
ously. Then remove with powder  
blending brush or fresh puff or pad  
of cotton.

The little lipstick tissues are life-  
savers. Carry them with you. Re-  
move traces of lipstick from fingers  
with these tissues (not with your  
hostess' guest towels).

Don't pluck eyebrows from above,  
but from under the brow and not too  
thin.

Don't put daytime make-up 'on'  
under an electric light. Try to apply  
all make-up in the same type of light  
that you expect to appear under.

Set thermostat to 'Broil.' Turn the  
broiler unit only on 'Broil' position.  
Heat five minutes or until broiler is  
red. Have meat room temperature.  
Place meat on broiler pan 1 1/2 inches  
from unit and leave door open, to  
keep air circulating in oven which  
relieves smoking. Broil thoroughly on  
one side, turn and partially broil on  
other side. Remove to plunk. Place  
mashed potatoes around edge, and  
place peas in pimiento cups, and  
sprouts around plunk. Place under  
broiler to finish cooking steak and  
to brown potatoes and heat vege-  
tables.

Savory Brussels Sprouts  
1 tablespoon cornstarch  
2 tablespoons lemon juice  
1 egg, well beaten  
2 cups boiling water  
1/2 teaspoon salt  
1/4 teaspoon pepper  
1 box cooked Brussels sprouts.  
Combine cornstarch with lemon  
juice and egg. Add boiling water  
slowly, stirring constantly over low  
heat of electric range. Cook two min-  
utes, season and add the brussels  
sprouts to heat.

Old-fashioned Strawberry Shortcake  
2 cups flour  
5 teaspoons baking powder  
1/2 teaspoon salt  
2 tablespoons sugar  
4 tablespoons shortening  
2-3 cup milk

Sift dry ingredients. Cut in short-  
ening with pastry blender or in elec-  
tric food mixer. Add milk. Place in  
small oblong pan. Bake in 450 de-  
grees oven 12 to 15 minutes. Split  
lengthwise. Brush with butter. Cover  
with sliced strawberries. Cover with  
crust. Add sliced strawberries to top  
crust. Cover with sweetened whipped  
cream. Garnish with strawberries.

SEES RIGHT  
FOOD AS KEY TO  
LONGER LIFEEat the right kind of foods and  
you'll live longer, according to ex-  
periments recently conducted at Col-  
umbia University.

Revealing the nature of his re-  
search in nutrition, Dr. Henry C.  
Sherman, chemistry professor at Col-  
umbia, told a gathering at the New  
York Academy of Science, that the  
life of a group of rats had been pro-  
longed by control of the food habits.

'The increase in the average  
length of adult life,' he said, 'was  
such as would correspond to an in-  
crease in the human adult life-ex-  
pectation from the long-standing 70  
years to 77 years.'

Raising the question whether  
longer life was desirable, Dr. Sher-  
man concluded that it was.

In presenting the results of his ex-  
periments, he made no mention of  
specific foods which would lengthen  
the life span, but recommended the  
consumption of a larger proportion  
of the 'needed nutritional calories.'  
For him, he explained such foods  
would be the ones containing ten or  
more essential minerals, such as  
milk, eggs, green and yellow vege-  
tables and fruits.

Asked if there were any certainty  
that the same results would hold for  
men as for rats, Dr. Sherman point-  
ed out that the chief point of known  
difference between rat and human  
nutrition was that human beings are  
more responsive to dietary improve-  
ments.

The public to get more value from  
its diet need not spend more money  
the Columbia chemical expert point-  
ed out.

DELEGATES  
REPORT SUGAR  
AGREEMENT

LONDON, April 30—Agreement has  
been reached in broad outline by de-  
legates to the International Sugar Con-  
ference, it was officially announced  
yesterday at the plenary session pre-  
sided over by J. Ramsay MacDonald.  
The embodiment of the agreement in  
a convention is expected to be finish-  
ed by next week, when it will be signed  
and the conference adjourned.

No quota figures have been given  
out, but it is known that most of the  
export figures presented as minimum  
demands by various sugar producing  
countries have been more than half-  
ed.

NEW TREATMENT FOR  
POISONING IN PREGNANCY(By Dr. Herman N. Bundesen, For-  
mer President American Public  
Health Association).

Every pregnant woman should vis-  
it her doctor at least once every  
three weeks. Doctors everywhere  
give that advice and often mothers  
want to know why we insist on this  
important rule.

One of the important reasons is  
that the doctor can watch for the  
first signs of toxemia, or poisoning.  
The doctor does not wait for convul-  
sions and other dangerous signs to  
appear. He looks for the early signs.  
He takes the blood pressure. If it is  
higher than it should be, he suspects  
toxemia.

If there is albumin in the urine, if  
the woman has persistent headache,  
if she vomits too often, if her legs  
are swollen, and if her eyesight is  
disturbed, he knows that these may  
be early signs of poisoning.

There are various treatments for  
this condition when it is recognized  
early. Among other things, the doc-  
tor will suggest a special diet and  
rest. Doctors have always been puzzled  
as to why certain women, who  
appear to have been given every  
care and taken every precaution  
during pregnancy, develop toxemia.

The answer to this question may  
have been discovered by Doctors J.  
M. Robson and J. H. Paterson, of  
Edinburgh, Scotland, in recent work  
they have done on this subject. Be-  
fore telling you of their experiments,  
I want to recall something I have  
mentioned before in this column.  
The various glands of the body pro-  
duce secretions which regulate the  
body's work. These secretions are  
called hormones. When a woman is  
pregnant, the ovary produces several  
important hormones, which help her  
through this perfectly normal pro-  
cess of having a baby.

Doctors Robson and Paterson reas-  
oned that mothers often develop  
toxemia because they do not have  
enough of these secretions. So they  
decided to treat a number of women  
who had developed toxemia with in-  
jections of one of the ovary secre-  
tions, prepared from the ovaries of

animals. The secretion they used is  
called progesterone.

They reported on 12 cases, and the  
results were striking. Ten of the pa-  
tients had been given other types of  
treatment such as a diet low in pro-  
tein foods—meat and eggs, for ex-  
ample. They also were given plenty  
of rest in bed. They did not seem to  
make much progress. But, after the  
doctors injected the progesterone hor-  
mone, the symptoms of the toxemia  
gradually disappeared and the wom-  
en recovered.

The progesterone was given in  
doses of five milligrams per day  
(about the weight of one-fifth of a  
grain of rice). These injections were  
made each day for three or four  
days. After that, the injection was  
given when the condition of the pa-  
tient showed that she needed it.  
None of the patients developed convul-  
sions, and every one improved.  
Headaches, eye disturbances, vomit-  
ing and swelling of the legs gradu-  
ally disappeared. There was less albu-  
min in the urine, and the blood pres-  
sure became normal.

There is another important result  
of the secretion. Progesterone not  
only seems to have good effect on  
poisoning or toxemia, but it also  
tends to keep the pregnancy from  
ending before the normal time. It  
helps to prevent the baby from be-  
ing born too soon.

In a mother-to-be with toxemia, it  
may not be wise to have pregnancy  
go the full length of time, because of  
the danger to the expectant mother.  
For this reason, in the last eight  
cases treated by Doctors Robson and  
Paterson, as soon as the condition of  
the mother became satisfactory 'lab-  
or' was started without waiting for  
it to begin naturally.

Pregnancy was allowed to con-  
tinue until it was felt that the baby  
had developed enough so that he  
would live after birth, even though  
perhaps, he was a month or six  
weeks premature.

What a wonderful blessing this  
discovery will be to mothers, if it  
proves to be as valuable as these  
first experiments seem to indicate!

EVEN SLIM FIGURE  
NEEDS CORSET

(By Antoinette)

Every figure, no matter how slight  
is better looking for foundation gar-  
ment control. New foundation gar-  
ments being shown for summer wear  
are made of tropical cloth and cool  
net, with some of the garments  
weighing as little as seven ounces.

Virginia Ottosen, 21 year old mod-  
el, well known for her perfect fig-  
ure, recently told a convention of  
women who sell corsets that she has  
worn a foundation garment since she  
was 16, as 'figure insurance.'

Stout women, one learns from the  
corsetiers, are easier to help with  
their figure problems than are others  
because they have no false illusions  
about their appearance.

We learn in another paragraph of  
corset news that at least an hour  
should be spent in choosing a founda-  
tion garment. You want to be leis-  
urely in your selection and expertly  
fitted.

Well made foundation garments,  
we are reminded, thrive on launder-  
ing. A good corset may be laundered  
as frequently as once a week.

Measurements for foundation gar-  
ments must be taken sitting down as  
well as standing up, for the body has  
a spread of three inches when in a  
sitting position.

A correctly fitted foundation gar-  
ment will take away as much as  
three inches of unwanted girth by a  
redistribution of flesh.

Many women find that a corset  
having a slightly shorter skirt line in  
front than in the back gives the ut-  
most freedom in walking.

It's wise economy, we learn, to  
buy two foundations at a time. 'Rest-  
ing' each garment in between wear-  
ings lengthens the life of each.

A cheap dress over a good founda-  
tion garment will look a million  
times better than an expensive frock  
over a badly fitted undergarment.

Baby's  
Own  
SoapBest for  
You and  
Baby tooARTHUR F. BETTS  
Plumbing and Heating

QUEEN ST.

PHONE 512

HAWKINS FRUIT  
&  
PRODUCE CO. LTD.

WHOLESALE DISTRIBUTORS  
FRESH FRUITS  
and  
VEGETABLES  
PHONE 313  
NORTH DEVON

THE  
GREATEST  
PLEASURE

... is obtained from your shower  
bath when the force and tem-  
perature of the spray is easy to  
control.

The triple valve gives you a  
shower which can be hot or cold  
at will, and either like a gentle  
rain or a sharp, needle-like  
spray—with all the grades be-  
tween.

Let us install this conven-  
ience for you—it's not expen-  
sive and mighty nice to have.

D. J. Shea

80 Carleton St. Phone 553-11

CHICKEN  
DINNER  
Saturday and  
Sunday

SPECIAL SALE  
on all MOIR'S and GANONG'S  
Chocolates including FANCY  
BOXES and other CANDIES.

THE  
NU-PALMS

480 Queen St. Phone 937-41

INSURANCE  
HOWARD H. BLAIR

MOVING!

It is necessary that you notify the Company holding your In-  
surance when you move the insured property to a different location,  
otherwise the policy is void.

If your Agent is not handy notify this office and we will get you  
a removal permit.

YOU CAN REST ASSURED.

68 YORK ST.

PHONE 291

A MESSAGE TO  
INVESTORS IN THE  
MARITIME PROVINCES —

Surplus funds invested in sound development  
of natural resources and industry within the  
Maritime Provinces will return maximum in-  
come—Increase Purchasing Power—Create  
Permanent employment and prove the great-  
est benefit to general business. A list of  
carefully selected offerings will be forward-  
ed on request.

## IRVING, BRENNAN &amp; COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building Phone 454  
Fredericton Charlottetown Halifax Saint John, N.S.

Weak, Tired, Nervous Women  
Nourished Back to Health

Many women wake up in the morning feeling as  
tired as they went to bed, and the simple household  
duties seem a drag and a burden.

They become nervous, cross and irritable, weak  
and worn out, and everything in life looks dark and  
gloomy.

Milburn's H. & N. Pills is just the remedy they  
need to restore them to the blessing of good health,  
and the health improved the daily tasks become a  
pleasure, not a burden.

Try a few boxes. See how soon you will feel the  
beneficial effect.