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Locke & Company.

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A reliable feminine hygiene regulator,
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GOOD GROWING WEATHER NOW IN CANADIAN WEST

(Special to The Daily Mail)

WINNIPEG, Man., June 15 — Con-
tinued cool cloudy weather with
scattered showers in many districts
has prevailed throughout the west's
crop growing areas. In the drought
sections showings are patchy and
good rains are necessary. Some
slight frost damage to gardens only
is reported and conditions generally
are fair to good, according to the
weekly crop report of the Depart-
ment of Agriculture, C. N. R.

In all sections of Manitoba the
weather has been fairly wet and cold.
All grains are growing rapidly and
pasture lands are in good shape.
Warmer weather is now required. In
the Dauphin area wheat is standing
seven to nine inches high. No insect
damage is reported from any district.

The regional division of Saskatche-
wan reports weather quite cool with
strong winds and scattered showers
only over small areas. More moisture
is needed, otherwise crop prospects
are poor. In the Central Butte sub-
division wheat is up one to three
inches but patchy and some seed is
not yet sprouted on account of lack
of moisture.

In the Saskatoon division weather
has continued cool with light show-
ers during the week. Grain has made
good progress but warmer weather
with more rain is now needed to
bring crops along. There are no re-
ports of grasshoppers as yet.

The Prince Albert division reports
the weather has been cool and dry
with high winds. Growth has been
good, considering the cool weather,
but is now slowing up. Reports of
frost indicate no damage to crop.
Rains would be beneficial as lands
have dried out very quickly and
there seems to be a scarcity of sub-
soil moisture. Where grasshoppers
have made their appearance they are
under control.

The election saw the obliteration
of most of the hybrid groups in B. C.
politics. The Social Credit League,
never conceded much of a chance,
surprised no one by failing to elect a
single one of its 18 candidates.

Lights Upon the River

The lights upon the river go outward
to the sea,
A voyaging, a voyaging, each light a
mystery
To those who tarry on the shore a
watching them go by,
A voyaging, a voyaging, nor know the
reason why?

The lights upon the river they vanish
one by one,
And not a light is left to greet the
rising of the sun;
Like dreams, they come and go by
night, like dreams a mystery,
The lights upon the river that seek
the mighty sea.

Helen Van Valkenburgh.

Premier Dysart

(Continued from Page One)
brought to Canada a party of some
50 South African lawn bowlers who
will make a trans-Canada tour meet-
ing Canadian lawn bowling teams.

Southern Alberta has experienced
mostly cloudy and cool weather with
some scattered showers. High winds
have retarded growth. The June 2nd
severe dust storm did considerable
damage to crops, estimated from 15
per cent. to 20 per cent. Some re-
seeding has been done. Pastures are
fair but more moisture is urgently
required.

In the Edmonton division similar
weather has prevailed; cool, cloudy
weather with scattered showers only
is reported. Wheat is up about eight
inches in some sub divisions and
making good progress. Slight dam-
age is reported from grasshoppers
but steps are being taken to keep
them in check as well as possible.
No serious damage is reported from
any source, although more rain will
be needed shortly to secure good
growth.

Throughout the Peace River ter-
ritory weather has continued gener-
ally warm and dry. Conditions appear
favorable but rain would be benefi-
cial. No damage from any source is
reported. There is an estimated 10
per cent. increase in wheat acreage
throughout this territory with a
slightly less increase in coarse
grains.

SOCIAL HAPPENINGS

Hon. A. A. Dysart, Premier of New
Brunswick, Mrs. Dysart, Miss Mary
Dysart, Miss Miriam Dysart and Rob-
ert Dysart arrived this morning at
Montreal on their return from the
Coronation. They came by the Em-
press of Australia. The Premier will
proceed to Buctouche from Montreal
before returning to Fredericton some
time next week.

Celestial Temple Met Last Evening

Celestial Temple No. 19, Pythian
Sisters met last evening in Castle
Hall. Mrs. Walter Howell presiding.
There was a fair attendance of mem-
bers. Routine business was transacted
and plans for future work and social
activities were discussed. The mystery
box donated by Mrs. William Gibson
was won by the presiding officer.

Entertaining at Supper Bridge

Miss Marian Morrison will en-
tain this evening at a supper bridge
in honor of Miss Mary Neill and Miss
Dorothy Palmer, brides of the near
future. Covers will be laid for twelve.

Visiting in Saint John

Miss Willa Arthurs of this city was
a recent guest of Mr. and Mrs. J. G.
Kirtley at Epworth Park, Saint John.

Miss Jean Todd, teacher at the Low-

er Dummies school, was in the city
last week writing the Grammar School
examinations. Miss Todd was the
guest of her parents, Mr. and Mrs.
Gordon Todd. She returned to her
school on Monday.

Entertained at Luncheon

Mrs. Joseph Dalphin and her daugh-
ter Miss Marian Dalphin of Marys-
ville were joint hostesses today at a
luncheon bridge and variety shower in
honor of Miss Mary Neill, who is a
prospective bride. The rooms were
bright with beautiful cut-flowers. Cov-
ers were laid for fourteen.

Entertained for Bride-Elect

The Wednesday Night Bridge Club
entertained at a dinner bridge at the
residence of Miss Grace Olts last
evening for two of its members, Miss
Mary Neill and Miss Dorothy Palmer,
who are being married this month.
The table was most attractive with
white lilies and lily-of-the-valley, with
candlesticks. Each guest of honor was
presented with a Kenwood blanket.
Those present were Misses Mary and
Helen Neill, Miss Dorothy Palmer,
Miss Katherine Wetmore, Miss Mar-
ion Morrison, Miss Margaret Seeley,
Miss Alice Bird, Miss Helen Pond,
Miss Dorothy Pond and Miss Grace
Olts.

Miss Anne Howie, daughter of Mr.
and Mrs. George E. Howie, has sailed
from Southampton, Eng., on her return
from the Coronation. She is expected
to arrive here early next week.

Mrs. John B. Morgan of Pola Alta,
California, is in the city visiting her
brother, A. C. Porter. Mrs. Morgan,
who was the former Miss Margaret
Porter, has been absent from Frederic-
ton for more than 37 years, nine of
which she spent in California.

King's Daughters Meet

The closing meeting of the Golden
Rule Circle of the King's Daughters
and Sons met last evening at the
home of Mrs. Sterling, Charlotte
Street. Miss Eleanor King, president,
presided over the meeting. The meet-
ing opened with the singing of the
King's Daughters hymn, followed by
prayer. Reports from different groups
of Circles were given and plans were
laid for the summer work. Mrs. Mc-
Vey gave an interesting talk on the
Dominion Convention held in King-
ston, Ontario, on June 8th. The meet-
ing closed with the mizpah benedic-
tion.

Special Round Trip Bargain Fares

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WOODSTOCK, N. B.**

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Going Date: Friday, June 25, 1937.

Return Limit: Monday, June 28, 1937.

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FULL INFORMATION FROM ALL AGENTS

CANADIAN PACIFIC

Dominion of Canada Conversion Loan

The Bank of Canada is authorized by the Acting Minister of Finance to receive
[applications to convert Dominion of Canada 5½% Victory Loan Bonds
maturing December 1, 1937, into:

Two-Year 1 per cent. Bonds, due June 1, 1939

Issue Price: 99.25%

yielding approximately 1.38% to maturity;

OR

Five-Year 2 per cent. Bonds, due June 1, 1942

Issue Price: 98.25%

yielding approximately 2.375% to maturity;

OR

Twelve-Year 3¼ per cent. Bonds, due June 1, 1949

(Callable on or after June 1, 1946)

Issue Price: 99.00%

yielding approximately 3.35% to maturity.

Victory Loan Bonds accepted for conversion into any of the maturities of the new
loan must have attached the final coupons due December 1, 1937, and will be valued
at a price of 102.25% (the coupons due June 1, 1937, detached).

Bonds accepted for conversion will be exchanged for interim certificates of the new
loan on June 1, 1937, when the resultant cash adjustments in favour of the appli-
cants will be made.

Bonds will be dated June 1, 1937. Principal and interest will be payable in lawful
money of Canada. Interest will be payable, without charge, semi-annually June 1
and December 1, at any branch in Canada of any chartered bank.

Denominations: 1 % Bonds, \$1,000
2 % Bonds, \$1,000
3¼% Bonds, \$100, \$500 and \$1,000

No part of this loan will be offered for cash subscription.

Applications may be made to the Head Office of the Bank of Canada through any
branch in Canada of any chartered bank or through any recognized dealer, from
whom copies of the official prospectus containing complete details of the loan may
be obtained.

The application lists will open on May 5, 1937, and will close as to any or all of the
maturities, with or without notice, at the discretion of the Acting Minister of Finance.
The Acting Minister of Finance reserves the right to limit the amount to be issued
in any maturity.

OTTAWA, May 5, 1937.

TAKE THE HEAT ON HIGH (or Keep In High Gear This Summer)

WHEN the heat comes, some
people, like old cars, can't
make the grade—they have to slip
into "second" or into "low". The
heat slows them, saps their "horse-
power". Why can I, a youngster
of almost 80, who, judged by con-
ventional standards, should be on
the scrap heap, drive in high
through the hottest summer, defy-
ing Mr. Sol, just as in winter I
scorn Mr. Zero? The answer is
foods. People give no thought at
all to the foods they ought to eat,
only the foods they like. They fol-
low the herd. Herd intelligence is
notably no intelligence at all.

If people would really think, they
would realize that bodily health
depends upon the blood that feeds
the body cells. The blood depends
upon the kind of foods which build
the blood. Therefore the kind of
blood that flows through our bodies
can make us shrivel and shiver
on cold days and wilt and wither
on hot days. The cause of both is
viscid, ropy, toxic blood, derived
from denatured, dead, demineral-
ized, constipating foods.

Here is how to prove me right or
wrong. During the hot spell, make
your breakfast of Roman Meal,
Bekus-Puddy or Lishus, all you
can enjoy with milk or cream,
raisins or chopped dates, not body-
heating sugar. Make thick enough
to chew thoroughly. If hot cereal
is not liked, cook any of them the
previous night, allow to cool, place
in refrigerator and serve for
breakfast, with sliced or canned
peaches, ripe bananas, fruit jelly,
y-cserve, or honey with cream or
milk. Drink iced Kofy-Sub, sweet-
ened with brown sugar, or prefer-
ably honey, added while hot, a
very delightful and healthful bever-
age. For noon meal a salad of
fresh fruit or raw vegetables, iced
Kofy-Sub. For evening meal, a
large fruit or vegetable salad,
sprinkled with grated nuts, grat-
ed cheese or cottage cheese, or
lightly steamed vegetables if
salads are not liked, as second
choice. Any kind of juicy fruit
for dessert. Iced Kofy-Sub or hot
Kofy-Sub if hot drink is preferred.

Train the intestines to eliminate
after each meal. It is of utmost
importance to exercise all groups
of muscles briskly, fifteen or
twenty minutes daily, to the point
of deep breathing, to burn up in-
ternal poisonous waste. If you do
not know how, send fifty cents
for my book "SYSTEMATIZED



The above is from a photograph
of Robt. C. Jackson, M.D., taken
in his 77th year.

Robt. C. Jackson, M.D.

MUSCLE EXERCISES", illus-
trated.
Rub the body down with rough
towel wrung out of hot water in
hot weather; cold water in cold
weather. Relax muscles, nerves
and mind. Do not fret or worry
and—well, I stake my reputation
on this assertion:—follow this
program for one month, or at
most two, and so remarkable will
be your improvement, you will
always follow it. Write for Uni-
versity proof that Roman Meal,
Bekus-Puddy, Lishus and Kofy-
Sub are wonderfully rich in blood-
forming minerals, also other im-
portant health literature free.
Address: Robt. C. Jackson, M.D.,
Vine Ave., Toronto.

A & B CLUB HOLD ANNUAL MEETING LAST EVENING

Officers Elected and
Yearly Reports
Presented

Reports of the different committees
B. Club was held last evening in
the rooms with a large attendance
of members. Donald F. Smith, pres-
ident of the Club was in the chair,
and Kenneth Moore, Secretary.

Reports of the different committees
were submitted and passed. Frank
B. Osborne, Chairman of the Man-
agement Committee in his report
stressed the terrific damage done by
the flood of 1936 necessitating ex-
tensive repairs and painting to the
club house of which the labor to a
large extent was donated by Messrs.
Phillips & Pringle, Lim., M. Ryan
& Son, Limited, J. Clark & Son,
Limited, Kitchen Bros. Limited, J. S.
Neill & Sons, Ltd., Doctor G.
Clowes VanWart, R. G. Fulton
and Alderman F. S. Mundie. Mr. Os-
borne stated that all of this work
had to be done at once as both the
St. John Boat Clubs were scheduled
to arrive here in July for a joint re-
gatta.

Alderman F. S. Mundie reporting
for the Entertainment Committee
stated that the usual entertainments
for season were held and that the
Ragatta put on in connection with
the visit of the R. K. Y. C. and the
St. John Power Boat Club was the
outstanding event of the year and
highly successful there being more
than 100 boats in the combined
fleets of the three clubs and consti-
tuted one of the greatest armadas
ever to ascend the mighty St. John
River "The Rhine of America." It
is estimated that more than 10,000
people attended the regatta both
afternoon and evening. Miss Mar-
gerie Cowan of the R. K. Y. C. was
crowned Queen of the Regatta and
received a beautiful Silver trophy
the presentation being made by
Premier Allison Dysart.

Special mention was made of the
death of several of the members
since the last Annual Meeting es-
pecially of the late Harry Woods,
past president of the Club who was a
valuable member for a number of
years. Jarvis Purdy will also be
missed when the annual cruises of
the R. K. Y. C. are made to this
City, he having passed away since
the cruise made in July.

About 30 silver trophies and prizes
were donated by the citizens of
Fredericton for the regatta.

President Donald Smith spoke in
very favorable terms of the retiring
treasurer, J. E. McMullen, who
has been treasurer for the past 20
years. The St. John Power Boat Club
will visit here this year probably in
July while the R. K. Y. C. will
cruise the Grand Lake waters, it was
said.

Doctor G. C. VanWart, Honorary
President of the Club was absent
at last evening's meeting it being the
first that he has missed for a great
many years. Doctor VanWart is
slowly recovering from a very seri-
ous accident of last December.

The election of officers are as fol-
lows, with the exception of the
Treasurer and Secretary which will
be appointed at the next meeting:
Honorary President, Dr. G. Clowes
VanWart.

President, Ex-Mayor R. L. Phil-
lips.

Vice-President, M. A. Johns.
Commodore, G. Walter Kitchen.
1st. Lieutenant, Major F. H. Rowe.
2nd. Lieutenant F. Emerson Edge-
combe.

Auditors, Messrs. Nash and Cropp.
Management Committee, F. B. Os-
borne, Chairman, G. Leslie Mavor
and Richard Chestnut.

Entertainment Committee, Ald. F.
S. Mundie, Chairman, T. P. Hatt, W.
E. Vaughan, D. B. Tims, N. C. Dough-
erty.

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to have your Furs repaired and
remodelled. Thus you will not
have to wait when you need
them with the arrival of the
first cold snap of Fall.

Bring your Furs to...

**MRS. JENNIE E.
JOHNSTON**