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...OF... Interest to Women

TWO CHINS ONE TOO MANY

Why Try To Kid Oneself That Extra Chin Isn't There?

(By Antoinette)
In a questionnaire read recently the query was: "Do you look at your profile studiously when you suspect a double chin, or do you fail to do this, trying to hide the truth from yourself?"

An excellent query to put to ourselves when we reach that age at which the extra chin, or two, loves to attach itself or themselves to us. Some of us have the trick down fine of avoiding the truth. Maybe we turn a full face to the mirror always because in that way we do not get the full effect of what is doubling on us. Or by reassuring ourselves that mirrors sometimes do lie, we manage to deny ourselves the privilege of seeing ourselves as others see us.

We women have accomplished the art of 'kidding ourselves' out of all proportion to the honest truth. We can tell the most whopping lies about the pounds we have taken off, when

one look from our audience betrays our innocence. I think of one woman who tells that she has been wearing a 16 size since she was 20.

The fact is that she looks for wide seams in what she buys. It never strikes the blonde one as incongruous. But that's another way we girls fool ourselves.

A little imagination that we are better than facts and figures tell I claim to be all right for a woman, but not to the point of incongruity. One day we are going to have to face the fact that that thickened chin, or extra one, will shout louder than our denials.

Not even looking at ourselves in a dimly lit mirror is going to preserve our audiences from seeing crow's feet and frown wrinkles. Perhaps, if we took a good, long, honest look right now, we'd postpone forever that fatal day.

NEW WEAVES AND FINISHES IN DISTINCTIVE FALL SILKS

Rich! Sumptuous! These are the words that describe the fall trends in silk. New weaves, and new finishes soft and supple or stiff and picturesque share the fashion spotlight.

Silks play an important role in both domestic and foreign fabric lines for fall and winter. Silk metals, aftermath of coronation opulence, strike the keynote of this fall's luxury mode. Metals have been steadily increasing in interest during the last few years.

Featured for formal evening dresses and wraps, blouses, cocktail dresses, trimming details and accessories, they are practical as well as luxurious for the silk core reduces tarnishing hazards and assures the wearer that they will not pull off or sag.

Influenced by the popularity of silk sheers during the past season, many sheer and semi-sheer metals are

shown. Among these are the silk transparent and semi-sheer all over metal crepes. Solid silver and gold cloth types, sheer or semi-sheer are well liked. Some of these silks stimulate sheet metal.

Christmas tree decorations seem to be the inspiration for the iridescent lames favored for fall evening wear.

The silk and metal brocades often elaborate in texture include some with both self and metal faconne and others with silver, gold or colored metal brocaded flowers. In the less expensive price ranges there are a number of silks with multi-colored woven or printed floral motifs shot with metal threads.

Silk satins, particularly in black, will be good for afternoon frocks, blouses, cocktail, dinner and evening dresses for early fall. Satin will probably continue popular throughout the winter for wear under a fur coat.

That Odd Looking Stuff May Mean Big Money

Should you, while vacationing by the sea, observe a mass of oily, odorous substance on the shore that looks like unset concrete, don't kick it aside as worthless. It may be ambergris, a morbid intestinal secretion of the sperm whale used as a base for costly perfumes.

At Longport, N.J., this summer Jas. Schurman, a Canadian visitor from Ottawa, spotted such a mass which had floated ashore. He had a shrewd suspicion what it was, though he had never seen ambergris. A resourceful man, he went to the town library and learned that ambergris will dissolve in hot alcohol. His find passed the test, and a couple of hours later he was on his way to New York with 26 pounds of ambergris, valued at \$16,000, in his suitcase. Local residents are still kicking themselves for passing up such an opportunity.

As 1934 was drawing to a close, young Roderick Crandall of Rockland Me., found a lump of opaque stuff while playing on shore near his grandfather's island home. It looked like yellowish wax. For several days the youth amused himself by pushing it into the water and watching it bob

out again. When his father spied it he guessed that it was ambergris and sent samples to a chemist. Analysis proved that the guess was correct, and with the chemist's report Mr. Crandall received an order for five pounds of the substance from a Midwest oil concern at a price of \$4,380. The total value of the lump, which weighed seventeen pounds, was approximately \$16,000. Meanwhile Maurice L. Decker, an Isleboro fisherman, awaited chemical analysis of a fifty-pound mass of similar substance found by him in Penobscot Bay. Residents believed that the ambergris was deposited by whales in the bay the previous summer.

On the beach near Portland, Ore., J. W. Parker of Manzanita stumbled upon an amber colored lump weighing ten pounds. A University of Oregon chemist, after ten tests, pronounced it genuine ambergris. It was valued tentatively at \$2,000 a pound, and was said to be the largest single piece found on the Oregon coast in recent years.

The increasing scarcity of whales and the great distances to their oceanic abode made the finding of ambergris more uncertain. In order to stimulate collectors, advertisements were run in fishing and marine periodicals of the Pacific Coast some sea-ago. Prices offered were from \$12.50 to \$20 an ounce.—N. Y. Sun.

"HEAVY WATER" TRACES PATH OF FAT IN BODY

Body Manufactures Fat Although None Eaten, American Chemical Society Is Told

ROCHESTER, N. Y., Sept. 15 — The secrets of getting fat, revealed clearly for the first time by "tagging" food fats with heavy water, were reported to the American Chemical Society here today by Dr. Rudolf Schoenheimer of the Columbia University School of Medicine.

There were two highlights for those who are annoyed by fat.

1.—Though you eat no fat at all, your body manufactures fat from all other foods, even from protein which has been usually supposed innocent.

2.—What happens after you eat fat depends on the kind of fat. Some fats go straight into the areas of the body between the skin and the muscles, and stay there for days and days. Others don't get there at all, but are "burned" virtually as soon as eaten.

On Trail of the Fat

The "tagged fats" were fed to white mice, standard wheel horses for human diets. Heavy water is made with heavy hydrogen, and hydrogen is a part of all fats. It was found, said Dr. Schoenheimer, that the heavy hydrogen from the water would replace the ordinary, light hy-

drogen, without at all changing the fat. Consequently this "tagged" fat was normally digested. The heavy hydrogen, however, stuck to the original fat. Therefore, the Columbia scientists were able to identify its presence, and the trail of the fat, at every step.

So remarkable is this heavy hydrogen as a trail-marker, said Dr. Schoenheimer, that "if a man weighing 160 pounds would drink as little as 20 to 50 drops of heavy water, chemical methods would reveal the presence of heavy water in the water of the body fluids."

"The work disclosed," he added, "that from one-fourth to one-half of whatever fat is taken into the body is stored in the fat tissues, mostly situated between the skin and the muscles. This rule holds even when the amounts of fat received are very small, and part of it can be detected in the animal after many days."

Especially interesting to the Columbia scientists was learning that when mice are fed stearic acid, they convert it into oleic and palmitic acid, both necessary to mouse life. Stearic acid is not necessary.

Why Corns Ache When Rain Nears

COLUMBUS, O., Sept. 15—When Grandpa announces it's going to rain because his corn hurts, don't scoff. He has science on his side, the National Association of Chiropodists agreed today.

Dr. William S. King, Memphis, who is attending the association's convention here, explained it this way: "As the air fills with moisture, the skin's function of eliminating liquid waste is gradually diminished and taken up by the kidneys."

"This physiological change requires a re-adjustment of the blood supply and the nerves which control it bring about a proper balance. For a time the outside pressure on the foot is greater than the inside pressure."

This causes your shoes to press more tightly on the corn, causing pain until the pressure is equalized. Once this equalization has taken place, the shoe no longer pinches and the pain ceases.

"That's why corns hurt before it rains."

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WILFRED MILLS

WEEK - END

Avoiding fligid platitudes
And arbitrary attitudes,

We comment on the state the world is in;

Resplendent in our coats of tan,
We carefully proceed to pan.

The city—for its squalor, heat and din.

In cultivated rural nooks,
Among the ants and last year's books,

Complacently, we let our tresses
down;

And having settled world affairs
With that irreverent phrase, "Who cares?"

We wonder what the weather's like
—in town.

CECILY CURRAN.

Second Game of N. B. Finals At St. Stephen Today

Word from St. Stephen last night stated that the weather had cleared considerably and that it was possible that the second game of the N. B. senior baseball semi-finals between St. Croix and Saint John Pontiacs would be played today. The game was rained out on Saturday and again yesterday.



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