

DR. G. R. LISTER
: Dentist :
PHONE 531-11
Burchill-Wilkinson Building
QUEEN STREET : Below Regent

HOUSE CLEANING TIME IS HERE

JUST ARRIVED . . .

Shipments of New Spring Tap-
estries, Home Spuns, Slub Repp,
Jungle Repp, Shadow Cloths,
Cretonnes, Casement Cloths and
Draperies, etc.

See our New Curtains in fril-
led, plain tailored, and silks, also
Marquisesettes and nets by the
yard.

Blinds fitted to any size of
window—Also a nice stock of
Curtain Rods, etc.

J. Stanley Delong
Phone 68-11 63 Carleton St.

Do It Now . . .

The earlier you start on the
right road to advancement the
farther you will go. Get the best
commercial training while it is
easy for you to do so, rather
than postpone it until later and
be forced to acquire it under
difficulties.

Write for full information re-
garding our Business Courses.

**FREDERICTON
BUSINESS
COLLEGE**
F. B. OSBORNE, Principal,
Fredericton, N. B.

**HARNESS
OVERALLS
WORK PANTS
GLOVES**

H. A. Burt
TEL. 1234

A TAILORED-MADE SUIT IS
TAILORED OF EXCLUSIVE

FABRICS

We buy only a limited amount
in each pattern and fabric.
That's why you can choose your
fabric and know that you won't
be seeing it on every other man
in town! Our complete line of
fall fabrics are now in. Call and
select YOUR OWN Distinctive
Pattern.

Alex. Ingram
376 KING ST.

ABSOLUTELY FREE . . .

With every FAWCETT RANGE for a
limited time only.

A beautiful 30-piece set of MOSS ROSE CHINA DISHES. These
dishes have a retail value of \$10.00 and can be seen here at any
time.

Select any Range from the FAWCETT Line—The Glencoe,
Montcalm, Big Chief, Beaverbrook or any other style. Fawcett
Ranges are equipped with Fire Box, linings carrying a 3-year guar-
antee.

If you need a range call and pick yours out while this offer
lasts.

J. Clark & Son, Ltd.
FREDERICTON, N. B., AND BRANCHES

FOR YOUR SPRING PICK ME UP TRY A BLOODSTONE

But Wear It, Don't
Drink It --- It Will Go
Well With Your New
Spring Suit.

(By Alice Curtis Desmond)
The bloodstone, or heliotrope, is an
appropriate birthstone for March. It
is that dark green gem spotted with
red which you have admired in men's
rings. Whether you are born in
March or not, it is just the stone to
give you that masculine touch that
will set off to perfection your spring
suit. Particularly, as the wearing of a
bloodstone is the ideal pick-me-up
after a winter's slump, according to
an old Greek superstition:

"Through it the eyeballs with fresh
lustre shine;
E'en impotence it cures if mixed
with wine."

March's gem consists of jasper, of
which the body color is a dark green
chalcedony, caused by the presence
of iron oxide, irregularly mottled
with spots of blood red. It is found in
large quantities scattered over the
world, in India, Siberia, Bohemia,
Canada, Georgia, Oregon and Califor-
nia. The best stones come from In-
dia and the Ural Mountains.

The Egyptians, Arabians and some
American Indians, as did the Baby-
lonians, value the bloodstone as an
amulet when cut in the shape of a
heart. Well does it serve its wearer,
they say, giving him or her courage,
strength and wisdom. For those
born in March an old poem even
promises of the birthstone:

"It gives the wearer with prophetic
eye
Into the future's darkest depths to
spy."

**DAILY CARE
WILL CREATE
LOVELY HANDS**
Housework No Excuse

Today--Keep Skin Soft
With Lubricant

(By Antoinette)
Don't have it said about you that
you are not a fastidious woman be-
cause your hands are not always pre-
sentable. You can't change the struc-
ture of the hands, but you can keep
the skin soft and smooth and your
nails well manicured.

Time was when a woman got by if
she offered as an excuse that she had
done the weekly cleaning that day.
But it's not so now. Too many women
who are busy every day, doing all
their own household tasks, cooking,
cleaning, mending even gardening,
are ready to answer the call to the
bridge table, on short notice, with-
out having to offer any apologies for
the appearance of their hands and
nails. If they can do it, certainly the
business woman can. All it takes is
a little daily care, together with the
weekly manicure.

When you wash your hands, use
warm water, a bland soap and a nail
brush for your hands. Scrub thor-
oughly. After each washing, be cer-
tain to dry the hands thoroughly.
That is most important. Then your
favorite hand lotion or cream. The
lubricant is necessary to keep the
skin soft. Before you go out use a
lotion to protect the skin against the
weather. If there are stains on your
fingers, lemon juice or tomato juice
will remove them.

Once a week give yourself a hand
beauty treatment. At night, massage
a nourishing cream into the skin, ap-
plying it generously. Then put on
gloves. In the morning you will be
delighted to find your hands so much
more velvety, smooth and soft. Keep
the cuticle pushed back to avoid
hangnails. If the nails are brittle,
soaked them in warmed olive oil for
five or ten minutes each night until
the condition is corrected.

... OF ...

Interest to Women

NEW SPRING TABLE DECORATIONS FAVOR VARIED SHADES OF BLUE AND DUSTY PINK

Brown and Yellow Shown, Too --- Modern Silver
Ensembled With Linen and China in Exhibits
---Spun Aluminum For Informal Parties.

(By Elizabeth M' Rae Boykin)
An Easter bonnet is important to a
lady's morale, of course, but it takes
more than a scrap of straw and rib-
bon to set her up properly for spring.
If she's hospitably inclined, she'll
like a few bright extras in table ac-
cessories to give party airs to her
Easter menus.

Without doubt—she'll want some-
thing blue to judge by the previews
of table fashions we've been seeing.
Delphinium, coronation or turquoise
blue suggest the range of the blues
available in accessories for serving.
One important store is emphasizing
peacock blue for table wares—speci-
fically offering china, glass and linen
with peacock predominating—very ef-
fective with lots of colors, but most
especially with the grays and oyster
whites that are stressed in table
fashions this spring. Also with the
yellows or the pinks.

Another significant color family be-
ing featured in things for the table
is the dusty pink to burgundy clan.
Pink scenic porcelain on burgundy
linen, for instance, will give a lift to
most any occasion—especially with
crystal grapes for the centerpiece.

Another version of the pink theme
is an eylet embroidery luncheon
cloth set with pink plates and pink
glassware—then individual nosegays
of violets at each place. Pink and
burgundy crocheted string doilies
inspired one of the newest and nicest
tables—set with an India Tree
patterned china repeating some of

the same tones and with India brass
and pink flowers.

Browns claim a good deal of at-
tention in the spring table picture,
too. They're used a lot with amber,
with dusty pink, with aquamarine,
with brassy and with bamboo place
mats. The yellows, as usual for
spring are beaming around the town.
—Ming yellow particularly—jonquin
yellow—forsythia yellow. One of the
prettiest tables we've seen was set
with pale yellow organdy and match-
ing linen napkins, all made by hand
and with a shell motif, then yellow
tulips for the centerpiece—lilies
would have looked very springy and
Easterlike here also.

Motifs in spring table wares con-
tinue rather simple, with the influ-
ence of modern felt more in this
trend than in the actual use of en-
tirely modern pieces. Provincial de-
signs in porcelains are to be seen
quite widely—and one store features
Quimper patterned linen to repeat
the designs of the Breton pottery
they're carrying. This linen is stamp-
ed and ready to be cross-stitched by a
lady who is handy with her needle.

Flower plates—a different flower on
each one of the dozen—are charming
and suggest a pretty idea for one
course of your dinner. They're on the
Victorian side but so pleasant to see
that they'd fit in lots of other places
and, needless to say, the patterns of
china with the Duke of Windsor de-
signs are selling their heads off, ac-
cording to the store featuring them.

HOW TO CAMOUFLAGE A DISPROPORTIONATE NOSE

(By Elsie Pierce)
The nose has caused more wailing
and fate-bemoaning than any other
feature. And I don't know why it
should. For, after all, in the modern
scheme of beauty the size and shape
of the nose, like the size and shape
of the hands is not of chief concern.
It is the clarity and fineness of
the skin surrounding it, the general
impression of one's face rather than
the feature itself that counts. En-
larged pores, pimples, blackheads on
the nose and wings—these to me are
graver faults than feature imperfec-
tions.

Besides, we have our optical illu-
sions, again. If the nose is very large
remember that you must not part the
hair in the centre because this em-
phasizes the features. You should not
have the hair come forward on the
face or again strain it severely back.
Hard, set waves are not for you.
What coiffure, then? Strive for soft-
ness. Do not leave ears exposed but
arrange hair softly over the ears.
Curls or a bun at the back are good.
Learn the trick of using a darker
shade of powder on the nose. Wear
brimmed hats that shade part of the
nose; hats that are not symmetrical
on both sides are good.

Now suppose your nose is too short
—the pug or retroussé type. You
merely reverse the order of things.
Use a light powder on the nose that
is a shade or two lighter than you do
on the rest of your face. Keep brows
clean above bridge of nose, don't
have them growing together. You can
wear the small or medium hats. Fur-
bans and off the face hats. Face-
shadowing brims are not for you.
Your coiffure should be soft, close
to the face, waves medium in size.
Just as small, corrugated waves make
a large nose look larger by compar-
ison, so heavy, wide hair arrange-
ments will make the small nose look
even smaller by comparison. In ap-
plying rouge keep it a good distance
away from the nose. Ditto with eye-
shadow. But emphasize your lips if

your nose is small, particularly the
upper lip.

The too broad nose takes a darker
foundation or powder along the sides
shading to lighter near the bridge.
The principle is: dark over too wide
or too large area, light to make the
areas seem larger. Strive for vertical
effects to carry the eye up and down
—soft coiffure, hair piled high, high
crowned hats.

SERVE CORNED BEEF AND CABBAGE TO MEN

Menu Hint
Corned Beef and Cabbage
Boiled Potatoes Pineapple Salad
Orange Sour Milk Cake
Coffee

Corned, though originally a meth-
od of preserving meat, has become,
in addition, one of the popular ways
of adding a distinctive flavor to it.
Housewives do well to take advan-
tage of this product to add the need-
ed variety to their meals, for seldom
is there a man who does not thor-
oughly enjoy the old-fashioned dish,
corned beef and cabbage.

The plate and brisket and the
rump are the cuts of beef usually
corned. The proportions of fat and
lean in the brisket seem to be ideal
for this purpose, and it is an econ-
omical cut to use. The rump is lean-
er than the brisket.

To cook corned beef, it is covered
with water and allowed to cook
slowly until done. If the corned beef
is very salty, the water may be
changed, although usually this is not
necessary. The water always should
be kept below the boiling point, as
with any other kind of meat cooked
by this method. Corned beef requires
at least 45 minutes per pound for
cooking. During the last 15 or 20

FIRM JAWLINE UPLIFTS THE FEATURES

(By Elsie Pierce)
Perhaps you've stopped to notice
what a magnificent lift a good lower
line gives a face. A firm, fine, well-
shaped jawline, firm, well-molded
chin. Women who can boast a fine
lower line are wise to use light pow-
der to emphasize it particularly if
eyes or nose are not the best feature.
On the other hand if the chin re-
cedes or if heavy jaws or double
chin mars that lovely line there are
tricks.

Suppose the chin is too small or
recedes. Remember the principle of
a light powder foundation and a light
powder to make areas seem larger.
Use a light, finishing preparation
and powder on the lower half of face,
and a trifle darker finish and pow-
der on upper half. Remember that
hair parted in the centre throws
features into relief. Avoid that. Also
avoid severe style, exposing ears.
Softly waved over ears is good.
Fairly high coiffure is good. Don't
have the hair too low on face or too
low in a mass or curls or bun in the
back. This will carry eye down em-
phasizing receding chin. Focus at-
tention on a good forehead, inter-
esting hair arrangements there, make
up brows, eyes, lips. Keep rouge
high. The trick is to carry the eye
up away from chin.

Again—draw eye upward. Some
authorities recommend darker pow-
der on lower half of face or better
yet a bit of rouge blended over so
carefully under the chin to create a
shadow and make the sagging less
noticeable. You have to be quite ad-
apt at this trick, however. The best
thing to do, as already mentioned, is
draw eye upward. Rouge high on the
cheeks. Emphasize eyes. Keep hair
arranged softly waved around upper
part of face. In addition to calling
attention to upper part of face this
makes eyes seem larger and more
prominent. Dress hair high in back
too. Avoid a roll or bun at the chin-
line.

Women with quite heavy jaws
should use a darker powder on lower
half of face, keep hair high. Keep
necklines soft and simple, the less
conspicuous the better particularly if
the neckline is high enough to carry
eye to underchin. Avoid choker neck-
laces (any necklace, for that matter)
as again the eye is carried to under-
chin. Asymmetrical hats are better
than symmetrical ones, medium brims
or high hats that do not shade upper
part of face, otherwise lower part
will be emphasized. This business of
optical illusions is part common
sense, part eye effects. Good tricks,
however.

START BEAUTY CARE OF THE THROAT EARLY

Don't Wait for Wrink-
ling and Crepiness ---
Downward Massage Ad-
vised.

(By Antoinette)
One of those arguments that go on
and on revolves around a question of
throat massage movements. There
are those who contend that the
throat movements should follow the
same upward and outward motions
that are unanimously approved as
applicable to facial treatment. But,
one beauty authority argues for the
"downward" throat massage move-
ments.

Every massage application should
be made with an upward and outward
movement, except for the throat,
where movements should be down-
ward, are the instructions.

The massage work isn't finished
with the wise selection of creams
and lotions. The method of applying
creams is as important as their wise
selections.

The skin never must be stretched.
With skin stretching you invite wrin-
kles, or more wrinkles, as the case
may be. The skin should not be
pounded or heavily patted, we also
are told. This breaks down the brac-
ing musculature and causes the con-
tour to drop and the cheeks to fall.
It is seldom that a woman consid-
ers her throat line seriously until
around 40, which the writer main-
tains, is a mistake. Don't wait for the
wrinkling and crepiness to set in.
Thirty, even 25, is none too early to
begin to look to the youth of the
throat.

Surely and steadily the Chinese
people are moving forward toward
the goal of unity with democracy—
Chiang Kai-Shek.

minutes of cooking, add a quartered
head of cabbage to the corned beef
and allow it to cook in the meat
stock if other vegetables such as
carrots, potatoes and turnips are
used, these should be added just
long enough before serving that they
are done, and not overcooked.

CARE OF SICK CHILDREN

Five year old Tommy had been ill
for many weeks. 'My, my, he's irrit-
able,' says his older sister. 'But we
must be patient; he'll get over that
when he is up and around again.'
An eminent physician, Dr. David
Forsythe, of England, tells us that
the disposition of sick and invalid
children may be changed so that the
effects may continue after they get
well, sometimes even all through
their lives.

As a rule, these changes in the dis-
position come on so gradually that
they often are not noticed, and the
parents rarely realize that they have
occurred. Sometimes a young child
who is ill with pain and discomfort,
believes his sickness is caused by
something living, that is gnawing
and biting him.

When a child is a little older, he
sometimes thinks of sickness as a
punishment for some wrong he has
done. Such resentment and bitter-
ness will, of course, have a bad ef-
fect on his disposition.

Sickness that keeps a youngster in
bed for a long time is likely to have
an effect on his mental development
and intelligence and may cause what
is known as regression toward in-
fancy, a going back to infancy, in the
way he behaves. The restricted ac-
tivities required when a child is sick
in bed may play a part in hindering
mental development.

Occasionally a child may develop
great fear because of sickness, par-
ticularly in the sort of sickness that
causes blocking of the air passages
and brings a feeling of suffocation.
Sometimes a fear of death is built up
when a youngster is operated on,
without telling him what is about to
happen, or when an untruth is told
him to conceal the facts. Such ex-
periences are never forgotten or for-
given. It is a mistake not to reassure
the child before the operation takes
place, because neglect in doing so
may leave the youngster with an ex-
aggerated fear of death, which for
years may affect his activities.

We all know that crippling causes
great changes in a child's behavior.
A youngster with such crippling de-
fects feels that he is different from
other children. He begins to feel in-
ferior. It is plain that we must do
our best to increase a child's confi-
dence, to see to it that he is able to
accomplish things, and to praise him
when he has accomplished them. This
is especially true in the bed-
ridden or crippled child.
Insofar as possible try to make
him feel that he is otherwise the
same as any other child; that he can
do things, study or read. Stirring his
ambitions and keeping him occupied
will help to keep him mentally fit.
Above all do not 'baby' him and give
him unnecessary attention.

The good neighbor is tolerant, but
his toleration does not include those
who would introduce discord from
elsewhere.—Cordell Hull.

ARTHUR F. BETTS
Plumbing and Heating
QUEEN ST. PHONE 512

**HAWKINS FRUIT
&
PRODUCE CO. LTD.**
WHOLESALE DISTRIBUTORS
FRESH FRUITS
and
VEGETABLES
PHONE 313
NORTH DEVON

Modernize Your Plumbing and Heating

Would you like to have
BATH, BASIN and TOILET
in your Home?

We can furnish and install
a Three-Piece Bathroom Outfit
for a small down payment and
monthly payments of \$10.00.

Install new Heating System
or repair old one on the same
basis.

First class workmanship guar-
anteed.

D. J. Shea
80 Carleton St. Phone 563-11

Discriminating epicures unani-
mously select the

NU-PALMS
for their Steaks, Lunches,
Meals.

For unexcelled banquet facilities
'phone 937-41.

**THE
NU-PALM**
480 Queen St. Phone 937-41

**INSURANCE
HOWARD H. BLAIR**
RELIABLE BRITISH and CANADIAN
COMPANIES
PHONES — Office 291 68 YORK
Residence 345-11 STREET
YOU CAN REST ASSURED

**FIRST CLASS
GROCERIES
MEATS AND FISH
Slipp & Flewelling Sausages
Always in Stock
TRY US WITH YOUR NEXT GROCERY ORDER
HAROLD YERXA'S
89 YORK ST. PHONE 306**

A MESSAGE TO INVESTORS IN THE MARITIME PROVINCES —

Surplus funds invested in sound development
of natural resources and industry within the
Maritime Provinces will return maximum in-
come—Increase Purchasing Power—Create
Permanent employment and prove the great-
est benefit to general business. A list of
carefully selected offerings will be forward-
ed on request.

IRVING, BRENNAN & COMPANY, LTD.
J. G. BADCOCK, Manager.
Fredericton Office, Suite 1, Loyalist Building Phone 454
Fredericton Charlottetown Halifax Saint John, N.B.



Feel Chilly—Start to Sneeze Nose Starts to Run

Then comes the cold which, if not attended to
immediately, shortly works down into the bronchial
tubes, and the cough starts.

On the first sign of a cold or cough go to your
drugist's and get a bottle of Dr. Wood's Norway
Pine Syrup.

You will find it to be a prompt, pleasant, re-
liable and effectual remedy for your trouble.
It has been on the market for the past 44 years.
Don't experiment with a substitute and be dis-
appointed. Get "Dr. Wood's".