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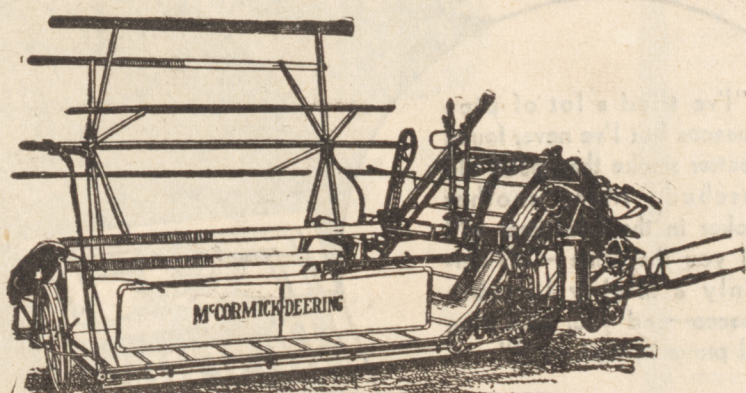
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... OF ...

Interest to Women**DON'T BE TOO QUICK AT PITYING THOSE
BACHELOR GIRLS**Life of Single Blessedness Really Blessed If a
Woman Is Built For It

(By Kathleen Norris)

Dear Mrs. Norris: Inasmuch as most of the letters you quote are from married women all in more or less serious trouble or from girls who are in despair over some man, does it ever occur to you that the happiest state for a woman might be single blessedness? Of course you'd never dare leave a heroine of one of your novels unmarried, but I can assure you that many and many a woman including myself, has deliberately and persistently stayed single, and likes it.

I'm 37, a professional musician of no particular distinction, but one who has been making enough money for ten years to live as she likes. I belong to an old Boston family, and frequently go back home for a visit to my mother and father, or to any of numerous cousins and aunts, or either one of my two married sisters.

"If I yearn for a fireside, a nursery, a family dinner-table, I can always get it, and get a great deal of fun, affection, good talk, companionship with it—but for just as long as I like. When I want solitude, I come back thankfully to my own serene room, my books, my cats and piano, my faithful little colored maid again."

"About 15 years ago I was engaged. Except that the young man wanted to change everything about me before we were married, and I planned to change everything about him immediately afterwards, we were ideally suited. He it was who first suggested that we should part, and although we are still good friends, I have never regretted it. He has an adoring wife, an adoring mother-in-law, four adoring little girls and is very happy. And I'm very happy too. "Seriously, don't you believe in what shall I call it?—unmarriage for women? You never preach it or glorify it or seem to consider it a solution and a vocation. Are you never going to give us a heroine who of her own choice takes singleness, with all its advantages of freedom, privacy, independence?"

"Why should I do something that doesn't appeal to me, just for the excitement of seeing 'Mrs.' instead of 'Miss' on my card? It seems to me you are a little lopsided on the subject of matrimony. Just the same I'm yours admirably. Evelyn."

This is a most amusing letter of yours, Evelyn, and you make a good

point here. I think most women, myself perhaps included, are inclined to think of marriage as the only state for the sex, and a happy marriage or an unhappy one a girl's only alternative. Whereas there really is this third possibility, and the woman who deliberately chooses it and maintains it with dignity and usefulness and content, is very much to be envied. Envy—because only certain natures can live alone. Most women in Evelyn's place would be having unsatisfactory love affairs or conscious that they were being cheated out of what they wanted most in life.

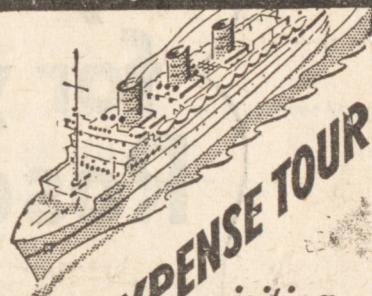
Single blessedness really is blessed. The woman who does not marry never knows all the doubts, changes and humiliations of the first year; she never need experience that alteration in herself that must take place in both husband and wife if they are to make a success of it together. And we cling hard to our sacred personalities, those trifles that make us different, in our own eyes, from everyone else. Little expressions, little weaknesses, certain habits and fancies and prejudices all must be swept away when the other partner sees them, and laughs at them, and is annoyed by them. Old friends often have to be sacrificed; sometimes the beloved members of the home group must.

The coming of children, involving as it usually does physical weakness and moods of doubt and apprehension brings another tremendous change to a woman. The moment she marries she has to share first place in her own plan and interests; the moment her child comes she moves definitely into third place.

Evelyn Is Fortunate

The single woman knows nothing of these gradations and adjustments. The men and women who marry, determined to make no concessions, to admit no compromises, might much better stay out of it entirely. Evelyn's position is unusually advantageous because she has a big family behind her, to give her companionship and affection when she needs them. This is very different from the loneliness and emptiness of some unmarried lives.

And in all seriousness I wish a good many girls would think about not marrying with half the eagerness they contemplate leaping into double harness. In hundreds and hundreds of cases they are so anxious not to be considered old maids that at 20, even at 17 and 16, they hurry into partnerships that cannot be successful, and that involve them in very deep difficulties sooner or later.

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**HOW ADJECTIVES
DEVELOP A VOGUE**

By Ruth Cameron

When I used the word "quaint" in describing a house recently, someone observed, "Doesn't it make you feel sad that Barrie is dead?"

Nothing had been said about books or about Barrie or about anything except a funny little house I had seen. But I didn't need to ask what the connection was. I knew "quaint" went with Barrie, it was an adjective much used in the day when Barrie's books were most in vogue. It was used often of him and of anything else that had an odd, unusual charm. It was used and it was used to death as most period adjectives are, and ultimately turned to derision.

Period adjectives are apt to suffer this sea change into something to be mocked and laughed at.

There was "picturesque," that was the adjective which characterized a slightly earlier period than "quaint." The time when the general public first recognized that shanties could be something other than eye sores, could, in fact, be subjects for artists. The time just following the "yard of roses" period when only pretty things had been admired. Picturesque shanties were in the reaction against yards of roses. This was the time when the watchword of the person who wanted to be thought artistically intelligent was, "It's pretty, but is it art?" And ultimately "picturesque" and that watchword, themselves, passed into the limbo of too much used phrases.

"Bourgeois" represented a reaction of another kind. Not so much an artistic one as against a whole background of morals and conventions. It was the pet adjective of the first days of the reaction against the staid respectability, the solid virtue, the simple outlook of the Victorian era. Any one who thought that respectability was a virtue, who admired the poems of Lord Tennyson or the art of Bonheur or Landseer, who liked solid comforts better than a Bohemian existence, was "bourgeois." And in saying that I find I have named another well-known period adjective, the counterbalance of "bourgeois," "bohemian." And now both bourgeois and bohemian are as much old hat as the outlook they themselves attacked.

What are the period adjectives of today?

"Blah" and "phooie" are two. During the past few years blah and phooie have been two words much used. I'm not quite sure whether they are nouns, adjectives or exclamations. But they are used adjectively, so perhaps they will do. Perhaps it is part of the spirit of the age that they are used as all three, in a sort of all-embracing scorn of things as they are.

Well, this too shall pass. In fact it already is passing, I think. And after that, what then? Perhaps there is already a period adjective coming into existence that I don't yet recognize. If any one else does, I'll like to hear about it.

IDEAL PARTY SANDWICHESThe Open-Faced Variety Gets the Call During
Summer Season

(By Cynthia Proctor)

The pleasant custom of afternoon tea hasn't gone into the discard by any means. Change the setting to a cool corner of the porch or the garden, switch from hot tea to long cool summery drinks and make up the daintiest of open-faced sandwiches, each one no more than a mouthful, for this relaxing quiet moment of a busy day.

Edna James of Milton likes to serve such a dainty afternoon tea and wants ideas for open-faced sandwiches. Here they are, a good many unusual ones but so gay and colorful, it's worth the effort.

Ever so many smart hostesses are using the tinted bread for sandwiches—using regular bread dough and tinting it a pale gold or pale pink with vegetable colors.

By all means make use of the lovely paper and cellophane doilies and table mats; for an outdoor afternoon tea use paper napkins and save on laundry as much as possible. Long cool drinks, a tray of open-faced sandwiches, candy mints and icebox cookies, a cool spot and you're ready to entertain in the friendliest way possible.

Flourel Sandwich

Cut white bread in small, thin rounds and spread with creamed butter mixed with horseradish. On this spread a layer of cream cheese, moistened to spreading consistency if necessary with a little cream. In the centre of the cheese lay a piece of pimento the size of a dime. From this radiate like flower petals five slices of black olives.

Open Roll Sandwich3 hard-cooked eggs
¼ pound chopped ham
3 tablespoons chopped green pepper

Mayonnaise and finger rolls.

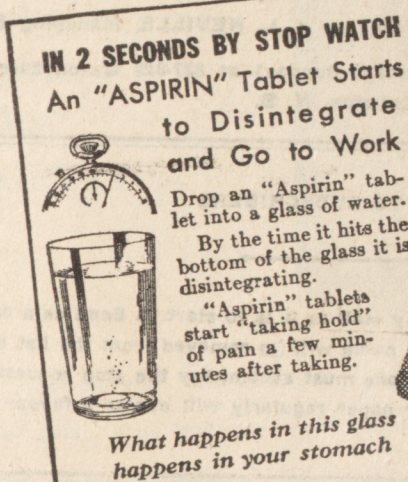
Chop eggs, add ham, pepper and mayonnaise. Split rolls and spread with mixture.

Open Cheese and Pimento Sandwich
Spread rounds of graham bread with cream cheese and lay two strips of pimento crosswise on the cheese.**Open Date and Pecan Sandwich**
Spread rounds of white bread with dates, put through the food chopper. Press a row of pecan halves around the edge.**Open Face Sardine Sandwich**
Spread rounds of rye bread with sardines worked to a paste and garnish with slices of stuffed olives.**Open Tuna Fish Sandwich**
Mince the tuna fish fine, salt, moisten with mayonnaise and a few drops of tabasco sauce. Spread lightly on white bread and garnish with chopped parsley and a little chopped pimento.

Variations: Shrimp, crabmeat or lobster may be used instead of tuna.

Mysteries

Chop coarsely equal parts of raw carrots and salted peanuts. Mix with mayonnaise and spread on rounds of bread, decorating with slices of stuffed olives or small pickles.

Open Ginger and Nut Sandwich
Chop candied or preserved ginger. Add chopped nuts and moisten with soft apple jelly or the syrup from orange marmalade. Spread on white bread and garnish with walnuts.**Open Chicken Salad Sandwich**
Chop the chicken, add same amount of chopped celery, moisten with mayonnaise and spread on rounds or fingers of white buttered bread. A very thin ring or strip of green pepper may be pressed into this filling as a garnish, and a little finely chopped egg may be sprinkled over all.**For an Early Morning
Headache—DO THIS****Enjoy Relief Before You've Finished Dressing**

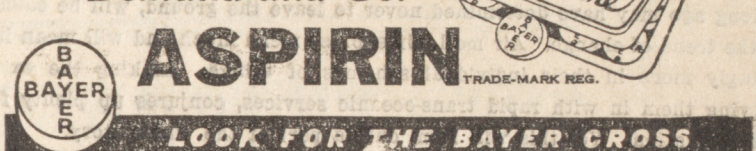
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**'KNEES FLEXIBLE
BUT NOT LOOSE'**Rule For Good Carriage,
Shoulders Shouldn't
Be Forced Back

(By Antoinette)

Yesterday, in the posture-smartening course we've been covering this week, we started with the feet pointed straight ahead and weight falling not on heels nor balls of feet but directly over arches and ankle bones. Now, beginning from the ground up, today we arrive at knees. If you have been carrying yours rigidly for a long time (locked tightly and stiffly), you'll have a little difficulty at

first in loosening the tension of the whole body that accompanies the stiff knee hold.

The knees should be held easily, flexibly, but not loosely. One sees people walking along whose knees seem to be propelling them along. This is not right. Knees are held straight, but not stiffly. For proper body balance a good deal depends upon the knee action.

The chest position is important. You don't want to go around propelling a formidable dowager's chest, naturally. The chest position you should aim for is the very position you'll earn when you pull your head up tall and drop your shoulders easily but straight. Not easy and slumped, you understand.

If you strain on the shoulder muscles to keep the chest up you look strained. You do not throw the shoulders back. You wouldn't in a thousand years, swing a tennis racket or a golf stick with shoulders forced back that way. They must be free, wing freely. Pull them neither forward nor backward, and think of them as free and wide like a bird's wings, ready for flight or other action.

cream cheese and lay a slice of stuffed olive in the centre. Arrange half-inch long strips of pimento one-eighth inch wide so that they flare, pinwheel style, from the olive.

Daisy Sandwich
Butter rounds of graham bread (or white) and put a circle of devilled hard-cooked eggs yolk in the centre. From this radiate petals cut from hard-cooked egg white.**Ring Sandwich No. 1**

With a large cutter stamp out slices of white bread in rounds. With a smaller cutter cut circles out of half of them, leaving rings of bread. Spread the large rounds with butter and mayonnaise, place a slice of tomato on this and fit on a bread ring. The small rounds may be heated with some other filling.

Ring Sandwich No. 2

Chop the firm part of a cucumber and season with grated onion. Mix with mayonnaise. Chop four hard-cooked eggs fine and add to cucumber mixture. Spread on large rounds of bread, fit on rings and put a slice of stuffed olive in the centre.

Pinwheel Sandwich

Spread a small circle of bread with