# No Happiness In the Home When the Mother Is Sick



The tired, worn out mother cannot make a happy home if she is sick and worried by the never ending household duties. She gets run down and becomes nervous and irritable, downhearted and discouraged, can't rest at night, and gets up in the morning as tired as when she went to bed.

Women suffering in this way will find in Milburn's H. & N. Pills a remedy with which to recuperate their health, build up the run town system, and bring back their bodily vigor.

HARNESS **OVERALLS** WORK PANTS **GLOVES** 

H. A. Burtt

## **CURTAINS AND** DRAPES

JUST RECEIVED . . . OUR NEW SPRING RANGE OF Curtains in plain and figured Marquisettes, filel and tuskan nets, Curtains, widths from 27 to 54 inches. Lengths from 2 to 3 yards. Drapes in all the new shades. Also a full range of Tap estries and Homespuns.

> "See our stock before purchasing."

**Stanley Delong** 63 Carleton St.

A TAILORED-MADE SUIT IS TAILORED OF EXCLUSIVE

## **FABRICS**

'We buy only a limited amount each pattern and fabric. That's why you can choose your fabric and know that you won't be seeing it on every other man in town! Our complete line of fall fabrics are now in. Call and select YOUR ONN Distinctive Pattern.

Alex. Ingram

376 KING ST.

# WORD O' MOUTH ADVERTISING

Travelling men have no "heart" when talking about a hotel. To them, it's either "good" or "bad."

Give them a clean room, abundant hot water supply, and modern bathing facilities and you'll have them "telling the world" to stop at our hotel.

Modern plumbing fixtures easily kept clean-mean more business. Ask us about economical installations.

#### A MESSAGE TO INVESTORS IN THE MARITIME PROVINCES —

Surplus funds invested in sound development of natural resources and industry within the Maritime Provinces will return maximum income-Increase Purchasing Power-Create Permanent employment and prove the greatest benefit to general business. A list of carefully selected offerings will be forward ed on request.

IRVING, BRENNAN & COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building

Phone 454 Saint John. N.B.

There is hardly anything\* in the world that some man can not make a little worse and sell a little cheaper, and the people who consider price only are this man's lawful prey. (Ruskin)

Insurance is no exception.

# HOWARD H. BLAIR

YOU CAN REST ASSURED



# SUGGESTIONS



# DON'T LET SUN RUIN YOUR HAIR

A Mermaid's Locks Need Special Care to Prevent Lack of One or Another of Them is Certain to Drying Out

Fine for beach wear are the new big bandana handkerchiefs (a leading hair firm incloses one as part of their cabana kit) tied loosely over of their cabana kit) tied loosely over the hair peasant fashion. Be sure LEMON CHIFFON the bandana is tied loosely enough to let the air circulate under it so our scalp won't perspire.

The toxins and acids in dried perspiration are bad for the hair. Salt water should never be allowed to remain in the hair. If you get your whole head soaked, cleanse the salt water out as soon as you can, but not under the shower. Do your clean sing with a tonic. It's easy enough to stick a small bottle of cleansing onic in your beach bag.

A stitch in time is a whole lot easer than trying to correct sad-lookng sun streaks after the damage is done. A light lotion sprayed over your curls will protect them just as cream or lotion does shoulders or egs. If the ends of the hair grow brittle and split, rub a little pomade sparingly over them. Either rub it on with the fingertips, or put a tiny bit on a comb and draw i through the ends of the hair several times so the pomade will be distrib-

The more you brush the better, is as true in summer as in winter; truer, even, since outdoor exposure dries the hair and brushing encourages the natural oil and carries it down to the ends of the last curls. Aside from health, brushing brings out the sleek beauty of hair that's o important with the turbans and rownless hats. Nothing looks worse nan a thatch of dried bushy hair ess hat. And with the even more revealing halos, sleekness and a groomed look are frightfully import-

## Convertible

A convertible summer haircut the prize in the scissors bag of a man who does gorgeous hair styling and is just back from Hollywood. He cuts the hair to a four or five inch length over the entire head so that it will easily lend itself to being combed in different directions. For informal sports wear all you have to do is run a comb through it.

Then if you want a formal evening coiffure comb the whole thing back down slick to the head, and hold the hair down with one hand while you pick out small ringlets with the comb wherever you want henf. The way he sets those ringets vou can comb as much as you ike and they'll still snap back into

In Hollywood, he says, they're usng a loose scroll-like curl on sculptured heads. It's a loose, rather open curl with a space of straight hair between the head and the curling ends. Slanted sideways up from the hairline, the scroll curls stay curled longer than straight, tight ringlets close against the scalp.

A Hollywood trick which would be helpful on any beach from California's Malibu to our own Jones is braiding the two pieces of hair on either side of centre part and twisting the plaits into two rosettes pinned above and slightly behind the ear. The top hair is always falling down into your eyes anyway unless you keep it pinned back. And the oraided rosettes with the fluffed ends of each little braid left curly are quaint and charming, and give the effect of high halo curls.

# HAS NO FAITH

(By Arthur Dean, Sc.D.)

"What do you think of these in-

elligence tests?—Reader." They claim they test intelligence They do not. A foot rule tests length A gallon measure tests liquid meas- kinds of intelligence. Thorndike long ure. A thermometer tests, or meas- ago attempted to make this clear hy ures temperature. Each does a good job in its own field. A spelling test there are at least three sorts, abcan test spelling ability or a mechan stract, concrete and social; or other ical test can measure to a degree wise stated, the capacities for handcertain mechanical skills. But when ling ideas, for handling things, and hese 'intelligence tests' claim to test for handling people."

Green Hem Border in er, Too.

rench couturiere who dresses most favors chiffon for summer evening

One of her most successful gowns variating bands from the bodice to the hem, where it becomes a deep emerald green. The gown is made with a low-cut decollete in back, al- effective in the cure of pellagra. It though the front corsage is built high. The waist is fitted but unbelted, and the skirt is extremely full and bouffant. This costume is worn with a long black cape which is lined in the same chiffon that shades from lemon green to deep emerald.

White crepe is used for another Vionnet gown which is worn with a transparent jacket of white chiffon that is heavily embroidered in silver beads. The high round neck of the jacket is banded in the silver beads and the flaring basque is embroiderticking out of the top of a crown- ed. And the short, puffed sleeves are banded with a border of silver

White organza is used for a third gown, which is trimmed with a hand painted design in gold and green paint, while the belt is entirely of gold kid. The extremely full skirt is edged in a hand-painted border of gold and green stripes.

Crinkled mousseline in multicolored floral prints also is used a great deal at this house. The mousar to that of a rough crepe, but is much lighter and cooler. The gowns usually are made with tight, low-cut bodices, pulled-in waists and enormously full, bouffant skirts.

intelligence, they are, to put it mildly, overstepping truth.

There are at least three sorts of intelligence. I, the ability to handle ideas; 2, the capacity for handling things; , the power of handling peo-

Your boy may be good in handling ools and materials and not so good handling ideas from books. Your girl may be perfectly grand in her chool work and a different child socially. Your husband may be a great salesman, 'can sell anything,' you say, but he has no interest in culture. The wife may be socially gracious and yet be neither proficient with the needle or using her brains.

There is a very sane specialist in child guidance in Boston by the name of Dr. Wlliam Healy who is

"Rating in terms of the intelligence quotient, or of mental age, or of percentile distributions, certainly does not cover all of these, and yet they have all some importance in relation to the development of personality. I may fairly state that with the general use of so-called intelligence ratings, there has grown up the notion in many quarters that if the I. Q. is settled a great deal is known known about the personality and a great deal can even be predicted concerning behavior tendencies of the individual. Of course, this is very far from the truth.

We should be critical of the use of the term intelligence. In these days of widespread utilization of intelligence ratings scales, we cannot do better than continually remind ourselves that there are several

# WHERE A VITAMIN ISN'T, DISEASE IS

Contribute to a Physical Disorder

This Color Shades Into throughout this country and others. sential difference in the use of vit-It is being recognized that lack of

one vitamin or another is a factor in Effective Gown--White the cause of a number of serious diseases as well as in conditions which might be called low states of Shown by This Design- which might be called low states of health. In England, for instance, it has been found that the normal vitamin A count of the liver is lowered by such diseases as tuberculosis, measles, pneumonia, head infections PARIS-Madeleine Vionnet, the septic diseases and heart diseases. Vitamin A is apparently a factor in of the Parisian film and stage stars, the prevention of a formation of kidney and bladder stones. It has been found that ulcers and burns heal more quickly when ointment conis in lemon chiffon which shades in taining cod liver oil, with its high vitamin A content, is used.

Vitamin B2 or D n both yeast and liver extract has been found to be is also reported that vitamin B2 has proved beneficial in the treatment of

At a recent meeting of the New certain forms of heart disease. Vita-York State Dietetic Association, Dr. min B2 or G has been found to be a Walter Eddy, professor of physiolog- factor in the prevention of cataracts ical chemistry at Teachers College, It has been accepted for a long time Columbia University, reviewed the that vitamin D is a factor in the preenormous amount of work on the vention of rickets. A study of over vitamin problem which is being car- twelve hundred infants by Drake of ried out in scientific laboratories Toronto shows that there is no esamin D in cod liver oil, other fish oil concentrates, milk and other food to which irradiated cholesterol has been added or those which have been irradiated directly.

It has recently been found that both vitamins A and D can be absorbed through the skin when applied by means of oils, creams and soaps which contain them.

Creamed Eggs on Deviled Ham Toast 3 cups white sauce

6 hard-boiled eggs, sliced. 6 slices toast Deviled ham

Combine white sauce with eggs, re neat and serve on toast which has been spread thinly with deviled ham Garnish with chopped parsley.

Italian Meat Balls 1 pound chopped meat

Chest Colds OVER 17 MILLION JARS USED YEARLY

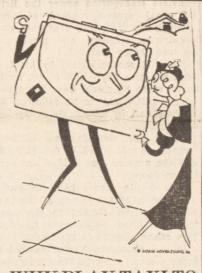
1 cup soft bread crumbs

1 tablespoon chopped pimento.

1 tablespoon chopped onion 2 tablespoons butter

½ cup milk. Mix all ingredients and form into

very small round balls. Fry in oil or other fat until brown on all sides. Cover and let cook over low fire until done. Serve with tomato sauce 1 tablespoon chopped green pepper made of Italian tomato paste.



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Pkg.

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