

## ARTHUR F. BETTS

Plumbing and Heating

QUEEN STREET

PHONE 512

Dr. B. R. Ross  
DENTISTHOURS:—  
9-6 or by APPOINTMENT.  
404 Queen StreetFINEST  
FABRICSThey're here now! The  
last word in flannels,  
cheviots, worsteds and  
tweeds. Pick out your  
favorite pattern.Alex. Ingram  
378 KING ST.HARNESS  
OVERALLS  
WORK PANTS  
GLOVES

H. A. Burt

TEL. 1234

A MESSAGE TO  
INVESTORS IN THE  
MARITIME PROVINCES —

Surplus funds invested in sound development of natural resources and industry within the Maritime Provinces will return maximum income—Increase Purchasing Power—Create Permanent employment and prove the greatest benefit to general business. A list of carefully selected offerings will be forwarded on request.

IRVING, BRENNAN &amp; COMPANY, LTD.

J. G. BADCOCK, Manager.

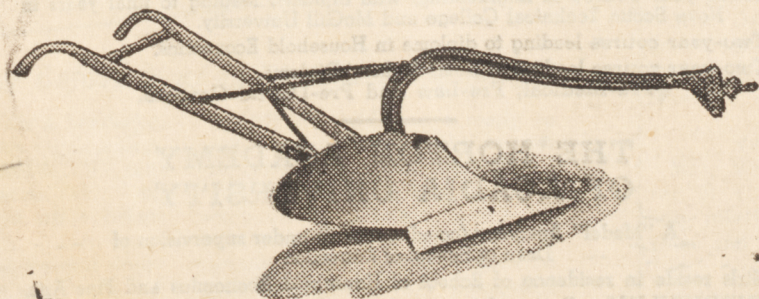
Fredericton Office, Suite 1, Loyalist Building  
Fredericton      Charlottetown      Halifax      Saint John, N.B.

## HONESTLY ... IT'S THE BEST POLICY

Disability Benefits are paid for Life. Every sickness and every accident covered. Additional benefits to cover hospital expenses. Double Indemnity for Travel Accidents. Full, Honest Coverage on Infection and Blood Poisoning. Benefits paid in full every month. All Premiums Waived in Case of Permanent Disability. Policy not affected by change in occupation. Air Travel Coverage. Financial Aid—if Injured Away From Home.

HOWARD H. BLAIR

68 YORK ST.      YOU CAN REST ASSURED      PHONE 291

McCORMICK - DEERING and FLEURY  
PLOWSARE HERE IN GREAT VARIETY. WE HAVE A STYLE TO  
SUIT YOUR REQUIREMENTS.

J. Clark &amp; Son, Ltd

— "A GOOD PLACE TO DEAL" —

... OF ...

## Interest to Women

## A CHAPTER ON POTATO SALAD

It's a Fairly Simple Dish To Prepare But What Is  
To Be Done Should Be Done Right

(By Edith M. Barber)

Nothing is better than a good potato salad and nothing is worse than a poor one. Of course, I realize that there may be differences in taste so perhaps I had better merely talk about the kinds of potato salad that I like.

First of all there are the potatoes themselves which must not be overcooked. I think that they are better boiled in their jackets and peeled as soon as they are cool enough. The potatoes will cut better if they have been chilled in the refrigerator before they are sliced or diced, as you prefer. I will allow you that much leeway. I like to mix the potatoes plus some minced onion with a little French dressing and allow them to stand for some time before I add the other ingredients. For these I choose diced cucumber, and sometimes diced celery. Sometimes I use diced dill pickles instead of cucumber, especially in the winter time.

Now about the dressing. What is known as boiled dressing thinned with sour cream is marvelous with potato salad. So also is the cooked dressing, which has a basis of bacon fat, and I do like bits of cooked bacon mixed with any kind of potato salad. I also like sliced hard-cooked egg for a garnish unless deviled eggs are served with the salad.

If I use mayonnaise for the dressing, I like to blend whipped cream, flavored with tarragon vinegar with it. You may, if you like, use an ex-

tra amount of French dressing for marinating and simply serve mayonnaise as a garnish on the salad or you may pass it at the table.

And have you ever served hot potato salad? This is a savory accessory for a cold meal.

## Potato Salad

4 cups boiled potatoes  
1 chopped onion  
1 cucumber or 2 pickles  
¼ cup French dressing  
4 slices cooked bacon  
Cooked salad dressing  
Cut the potato into dice or slices, add the onion and sliced cucumbers or pickles. Mix with French dressing which should be very well seasoned and minced bacon and let stand in refrigerator 1 or 2 hours. Mix with the salad dressing, serve on lettuce, and garnish with parsley. Celery cut into cubes, or celery seed may be used with the other ingredients if desired.

## Cooked Salad Dressing

1 teaspoon salt  
1 teaspoon mustard  
2 teaspoons sugar  
Cayenne  
1 tablespoon flour  
1 egg or two yolks  
½ cup milk  
½ cup vinegar  
Mix dry ingredients and add to the egg. Add the milk gradually, and then vinegar, and cook over hot water, stirring constantly until thickened.

## TEACH DAUGHTER HOW TO COOK

Poor Cooking Has Caused Many Broken Homes

(By Angelo Patri)

During the free-from-school months two of the most valuable months of the years in a growing child's life, things to do are often scarce. That is things the children want to do and which their parents would be glad to have them do.

Cooking is a fine pastime, and a very useful accomplishment. A good cook is a benefactor of the race and I would rather give a medal to a boy or girl for cooking a fine dish than for running a race or clearing a hurdle. Ministering to hungry people is listed among the deeds that achieve merit with the saints and most sinners will agree that the judgment is worthy.

Pancakes are a good dish for the beginner. There are many kinds, all good, some of them the product of highly specialized art, some the result of the simplest mixture stirred and dropped on the pan by the crudest of campers. By all means, begin with pancakes.

Of course all children want to make candy and that is what they should do. Give them what they need and leave the kitchen to them the only stipulation being that they must leave the place in as good condition as they found it. Don't allow any burned pans and caked spoons to be left in the sink for someone else to clean up. The cleaning up is one part of the cookery job. It goes with it always.

Little girls ought to be encouraged to learn to cook. There are junior electric stoves on the market, and kitchen utensils to fit them, that would delight a little girl's heart. If circumstances allow such a luxury what a fine birthday gift they would make. The little girl could invite a couple of friends and they could cook and serve their own refreshments.

Cooking food is an art that brings health and happiness to those fortunate enough to enjoy the service. Poor cooking is one of the chief causes of illness, broken homes, human misery. We have been having a campaign for better cooking these past few years and greater interest has been taken in the preparation of our food. But not enough. It will not be enough until we are a nation of good cooks and appreciative eaters.

We have the finest food in the world. We have a greater variety of

## SMART BELTS ..

A trio of finds to give your waist a line of beauty:

Blue suede flowers stud the front of a black suede belt with a flat fringe of blue hanging at the side.

Gold kid and black suede woven together to make an inch-wide belt. Just right for a simple black dress that's both tailored and rather dressy.

And last, gold kid piping endows with chic another narrow black suede belt.

## PEOPLE WALK AS THEY THINK

There Is the "Go-to-Work" Walk, the Business Walk and the Lazy Saunter.

(By Ruth Cameron)

How many different manners there are in which people can accomplish the simple act of walking along a city street! Haven't you sometimes noticed the different tempo, the different feeling in the movements of the various walkers?

From half past seven to nine or so in the morning you can observe the go-to-work walk. It is generally brisk and purposeful. There is often a morning jauntiness about it. The worker may hate his work but he seldom shows it in the manner of his approach. As the individual deadlines 8, 8.30, 9, approach the walks often become very hurried, a stride for the male, a scurry for the female. Unless she is of the more modern order who can stride about as well as a man.

By 9 this type of walker has pretty much left the streets, he (generic gender) is in the shop, the office, the factory that daily swallows him up. In his place comes a mixture.

There are the strollers, the people who are just out for the fun of being out with no definite place to go. They walk generally in groups, they stop to look in windows, they pause to consider signs; you can tell by their manner of walking that they have no definite goal. Perhaps an errand or two but nothing pressing.

And then there are the at-business walkers. They haven't quite the briskness of the go-to-workers, but they have a purposefulness, they are doing the errands, making the contacts, of the big world of business.

And there is another kind of purposeful walkers, people who are in town on business though it is the private business of buying. I mean, of course, the shoppers. They do not stroll or saunter like the walkers who are just out for the fun of being out. They move with an air of definiteness from shop to shop. Briskly, hurriedly, leisurely, as fits their need and mood, but with that definite air of one who has something to do.

Then there are always a few nowhere-to-goers, people who walk with a forlorn and lost air. Perhaps jobless, perhaps unhappy over some private ill, not knowing what to do with themselves and so tottering disconsolately along.

And of course you've seen the always in hurry walkers. The always short of timers who weave a strenuous course in and out of the city traffic on the sidewalks and often risk their idiotic lives to save a few seconds on the crossing of a street.

And by and by as the day passes you get the home-going-walkers. Some of them trudge with a heavy weariness and some of them show a resur-

gence of the morning's briskness in their swift movement toward home or toward the vehicle that is to take them to home and rest or pleasure.

If you can see a person's walk even without seeing his face or studying his clothes, you can give a pretty good guess as to what his presence in town signifies.

HOW CAN ONE TALK  
ABOUT LOVE?

(By Ruth Cameron)

How much of falling in love is actual love of the object and how much is due to the sense of flattery at being loved?

There are times when it isn't a bad thing to stop and ask this of oneself. Not so much in the matter of young love as in the matter of that eruptive, destructive emotion that causes matrimonial triangles.

I have just heard of a case where a young married woman, with two children, had gone completely haywire over a workman with whom she came into contact when she and her husband were building their home. He is somewhat younger than she is and hasn't her educational background. But he has great aspirations—he wants to educate himself further. They became interested in each other when she noticed something he was reading in his lunch hour and suggested further reading. From that their intimacy progressed rapidly, and now there is actually talk of divorce.

She is a woman who married young marrying her first love, and has been absorbed in the bringing into the world and rearing of her two small children. They have passed the age where they take all her time, and just at this critical stage this man came into her life. She seems, so her friends tell me, simply carried away by the affair. She has no fault to find with her husband, who has always been very good to her, but she wants to spend all her time with this man, drinking in his admiration and devotion.

This is the kind of thing I mean:

The woman unquestionably thinks she is in the grip of a great love. But is she?

Her friends doubt it, but they do not think she will find it out until too late.

If there is any way that love could be taken into the laboratory and analyzed, how much of it would assay the pure gold of love and how much the dross of a tickled vanity?

## SHERIFF SALE

The following Property will be sold by Public Auction in front of the County Court House, Fredericton, N. B., at twelve o'clock noon, on the Eighteenth day of September, 1937.  
For Delinquent Parish and County, Road and School Taxes, with costs.  
WILLIAM R. KETCH, ESTATE  
QUEENSBURY

All that certain lot, piece or parcel of land situated in the Parish of Queensbury, in the County of York and Province of New Brunswick and more particularly described and bounded as follows:

All that certain piece or parcel of land and premises situate lying and being in the Parish of Queensbury aforesaid being one fourth part of lot number fourteen granted to Charles Hazelton and adjoining Lot No. 13 now in possession of William Dunham commencing at the base line or rear of said lot and running in toward the River St. John one half the length of said lot, thence measuring twenty rods or one half the width of said lot, from which place running parallel with the side line of said lot to base line containing fifty acres more or less.

Parish and County Taxes	Roads	Schools
1924 .....	\$ .70	\$ .40
1925 .....	.65	.40
1926 .....	.80	.40
1927 .....	.80	.40
1928 .....	.85	.40
1929 .....	.85	.40
1930 .....	.80	.40
1931 .....	.80	.40
1932 .....	.80	.40
1933 .....	.90	.40
1934 .....	.95	.40
1935 .....	1.00	.40
1936 .....	1.10	.40
1937 .....	1.00	.40
	\$12.00	\$5.60
		\$19.20

Del. Parish and County Taxes \$12.00  
Del. Road Taxes ..... 5.60  
Del. School Taxes ..... 19.20

Total ..... \$36.80

C. N. GOODSPEED,  
High Sheriff for York County.

Fredericton, N. B., Aug. 19th, 1937.

Isn't it easy for any of us humans to get into these situations because we are all so greedy for admiration, especially sex admiration, that we too easily confuse affection with vanity?

Ellen Key, that great student of the relation between the sexes, has this pertinent and pregnant comment to make. A lot of people won't accept it, but maybe it will make them think a bit even if they don't wholly agree with it:

"At all seasons there are men and women for whom everyone is a half that sets their fancy or their vanity in motion.... This game is the sole inventive faculty of spiritual poverty, the mark of erotic ill-breeding."

"and it's easy to pay for under"

## HOME IMPROVEMENT PLAN

Do you need a modern home? Are you dissatisfied with the out-of-date interior, the shabby exterior of your house? Then why not make those improvements you have always wanted, and enjoy a brighter, happier place to live in? You can do it so easily — and comfortably — under the Home Improvement Plan. Decide on the work you want done and get an estimate of its cost.

**SIMPLIFIED FINANCING**  
Any contractor, supply firm or architect can help you arrange a Home Improvement Plan loan if you need it, to finance the work for you, or you can apply direct to your banker. No security or endorsement needed: you simply show that you can repay in installments and the loan is made, the work proceeds, your home is made brighter and more livable and men get needed jobs.

Full information on the Home Improvement Plan and what it covers may be obtained from your local committee, your Provincial Chairman, your bank or the National Employment Commission, Ottawa.

### NATIONAL EMPLOYMENT COMMISSION

UNDER THE AUTHORITY OF THE DOMINION GOVERNMENT

(The cost of this series of advertisements sponsored by the National Employment Commission, has been defrayed entirely by public spirited citizens and individuals at a contribution towards that "Nation-wide co-operative effort" envisaged by the Parliament of Canada in the National Employment Commission Act.)

NEW CUPBOARDS

A FIREPLACE

PORCH SCREENS

PAINTING

EAVETROUGH

A NEW FURNACE

REMODEL EXTERIOR

A NEW BATHROOM

A GARAGE