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...OF...

**Interest to Women****KEEP ARMS WELL IN HAND**Here Are Some Hints for Making Them Lovely  
for the New Short-Sleeve Styles

(By Antoinette)

Short sleeves shown in so many of the fall and winter models for daytime wear, as well as the sleeveless evening gowns make it imperative that the arm and hand situation be giving a thorough going over. There is no place in either the day or evening schedule for arms with rough, pebbly skin, for rough elbows, or for hands that show the ravages of a summer devoted to tennis, golf or motoring.

A daily scrubbing with a bath brush and a bland soap, followed by massage with a nourishing cream, will soon restore the offending limb to its normal smoothness. In mild form it will respond to nightly creaming.

When rough, calloused elbows mar the picture, give them care at the same time you cream your face. The rich nourishing creams used have the same softening influence upon elbows as upon the skin of the face. Allow the elbows also to share your hand cream or lotion.

Use a hand cream or lotion after each hand washing during the day, and at night cream with a rich nourishing cream, applying generously, after which you should encase the hands in large cotton gloves, or in cream-treated gloves, and let softening and whitening properties get in their good work.

Wash hands in warm water, not hot and always use a soap free from alkalis, as they are irritating to skin.

**MANY HUSBANDS INCONSIDERATE**With Cruel Nonchalance, They Forget They Are  
No Longer Bachelors

(By Edith Johnson)

One of the first shocks in store for the bride of a man who fails to put his bachelor ways behind him is the light-hearted manner in which he picks up his hat after dinner and sallies forth without asking her if she has any plans for the evening or if she minds being left alone.

With similar nonchalance, the husband refuses to regulate his going and coming in accord with any household plan. What if he should be from 30 minutes to two hours late for dinner? No sensible woman minds that, he assures her.

At no time does a wife feel so

shamefully and cruelly neglected as when her husband, accidentally on purpose, as it seems, absents himself when their child is born. Once the child has been brought into the world safely, he makes a great show of hurry to her bedside. With gusto he makes all of the proud father gestures such as passing cigars and of boasting of the infant's beauty and size.

A reasonable wife does not object to her husband reverting occasionally to his bachelor ways. But if she is left or ignored with a regularity that is disconcerting, that is something else.

**MARRIAGE NOT GOING OUT OF FASHION**Star Thinks It's "A  
Bore" But That's Only  
One Idea

(By Beatrice Fairfax)

Recently, a new find in the way of movie stars flashed from Hollywood to New York to take ship for her native England. In an interview she said:

"Marriage is a bore. I shall never be in a position again where I shall have to ask a man's permission to go out and come in. Never."

But aren't this lady's ideas, for all her vaunted emancipation, a bit Victorian? To find a wife these days who has to ask permission to go in and out, seems to be a case of looking for hen's teeth.

This brings us 'round to the different conceptions or ideals which men and women hold regarding a good husband or wife.

We're beginning to know much more about marriage than we did a generation ago, with nearly every college having a class in domestic relations and the gentle art of staying married once you've gone and done it.

Statistics have been gathered from these college courses, and the average girl's idea of a good companion and perfect husband is one who will continue to be her sweetheart; who knows how to pay a compliment, even though her permanent has become stringy, and whose kisses have at least a dash of movie actor.

Believe it or not, according to these college professors who conduct fact-finding courses for matrimony, feminine girls will ride in a bus and pass up silk stockings, if only friend husband will not forget how to make love.

A man's idea of a good wife, still quoting the same college course authorities, is one who represents him. He wants a woman he can be proud of, whether he's an odd-job man or belongs to the ever-dwindling group of millionaires. He doesn't like to be

regarded as a poor picker when it comes to the lady who bears his name.

**USE YOUR SILVER EVERY DAY**

What are you saving your silver for? You can't wear it out, your children can't wear it out, your grandchildren will inherit it all in good condition, and your great grandchildren will prize it more than any of their possessions.

If you are holding out or delaying buying silver because it's hard to keep clean, you are displaying considerable ignorance about silver and its care.

Silver that is used every day does not require frequent cleaning. Why don't you use it every day? There should never be any best silver. Use all your silver all the time. Nothing gives so much elegance to a table. It is colorful and practical. Just the ordinary washing in soap and hot water that all dishes receive, keeps silver bright and clean, and every time that silver is washed and dried, it is being polished by hand. These countless washings and continuous use are what give to antique silver that patina, that mellow glow that we love and covet.

Start 'antiquing' your own silver—by use. It lasts longer than glass, china, furniture and rugs, and is less perishable than any of the objects d'art one collects.

The Silversmiths Guild makes fine plated and sterling silver, in old and modern designs. Their established names are back of their products, and patterns that have been made many years ago can still be acquired by notifying these reliable firms.

New silver of contemporary design can be added for certain courses and for occasional pieces and will look well with your other silver. We often see French, Dutch, and English antique used together. The main thing is to have silver and give an element not only of stability and dignity to your home, but all the distinction that any fine thing lends to its surroundings.

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**C. N. R. EQUIPMENT  
WILL BE READY  
BEFORE END YEAR**

MONTREAL, Dec. 2—More than half of the new equipment ordered by the Canadian National Railways in 1937 has been delivered, and most of the other cars will be completed before the end of the year, according to John Roberts, chief of motive power and car equipment.

Already delivered are two thousand steel box cars, 275 freight refrigerators; 300 gondola cars, 30 steel sand cars, 100 gondola cars for the Grand Trunk Western, 100 freight refrigerators and 200 automobile cars, also for use on United States lines. 49 flat cars were purchased second hand and 15 snow plows are still to come.

Passenger equipment ordered includes ten mail and express cars, which will be ready within the next month, ten baggage cars and 50 first class air-conditioned coaches. Of the coaches 35 have been delivered.

The Canadian National shops at Transcona, Man., are building 125 freight refrigerators. Other builders are the Canadian Car and Foundry, the Eastern Car Company, the National Steel Car Corporation, the Major Car Corporation, and the Pullman Company.

The 3,000 box cars are all steel sheathed with steel ends in all the new freight trucks, snubber springs are provided to stabilize riding and prevent too much vibration. They are a protection to the lading and to the car and are easier on the track. Practically all stock cars have been equipped with them.

All the refrigerator cars have liquidometer thermometers, which take the temperature at the floor and

**Athletic Girls—**  
After a hard game it is not only the delicate fragrance of Baby's Own Soap which pleases, but also the wonderful restfulness imparted by its refreshing lather.

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SOAP**

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**"SALADA"  
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Call this music, this marvellous invasion of sounds mysteriously burdened through the captivated ear. What odd persuasion

Coils into strings and pipes that they can do Such subtle violence to any brain?

How is it that a finger touching wire Or that a tip upon a whittled straw Can wall a room with wings—by waving fire Compel the languid pulse to drum in awe?

Now there are meadows in the mind with grain Too bright for harvesting, too strange for bread;

Now there are stretches of a sea instead Where gaunt waves crash upon the earthly rock.

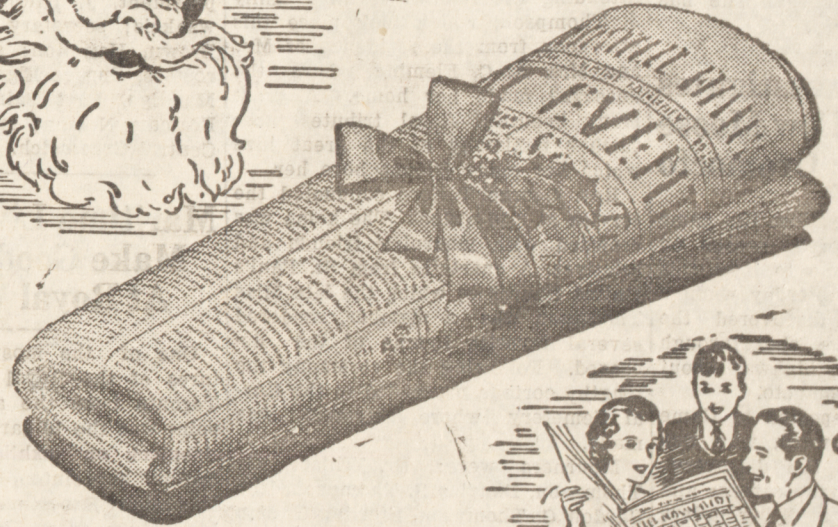
From heights where unimagined echoes fall Fleet disembodied voices scarcely heard,

Crying in overtones a breathless word Of incommunicable power, unlock The gates which have been closed against us. Call This intricate illusion what you will: With song we are allowed in Eden still.

—George O'Neil.

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