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The potent cause lies in the hurried life we lead, in the extreme nervous tension and fever heat with which we follow in the pursuit of wealth, position and pleasure.

Late hours, want of necessary rest, excessive mental or physical exertion all put a strain on the system it is unable to withstand. No wonder then you pass restless nights and get up in the morning with no ambition to go about your daily tasks.

Take Milburn's H. & N. Pills and see what they will do for you.

DREAMIN' AGAIN

If I had gold enough—a miser's share, I'd build a castle on a mountain height And we would dine at eight by candle light, You with a yellow orchid in your hair.

I'd buy you twenty gowns, a peacock train, An emerald ring, a bracelet, and—ah, yes—

The dresden shepherdess your eyes caressed

When we went window shopping in the rain.

You'd never have to hug a paper sack To keep the buns from spilling on the ground;

You needn't hunt the puppy till he's found, Or even look upon a street-car track.

Your feet would dance upon a marble floor—

You wouldn't have to clean it. We'd have books

And firelight and lovely inglenooks—I'd make a lily garden by your door.

Meanwhile, I'll roast some apples just for fun,

You make some taffy while I feed the cat,

We'll have a party out of this and that—

Sweet, turn your red geranium to the sun.

—Jean E. Reid.

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SOCIAL HAPPENINGS



Hats worn by Nellie and Barbara at the Bowers scene in the Gay Nineties in "Gold in the Hills."

Miss Winifred Everett entertained at a small bridge recently in honor of Mrs. James Grey who is visiting Mrs. D. W. Ross. The decorations were in keeping with the season. The prize was won by Mrs. J. H. Kirk and the guest of honor being presented with a guest prize.

St. Paul's W.M.S. Meeting

The regular monthly meeting on St. Paul's W.M.S. was held yesterday afternoon, with the President Mrs. Telford presiding. The devotional period was conducted by Mrs. J. R. G. Armstrong and a solo rendered by Mrs. Skene. The reports of the various secretaries were read and showed 1936 to be a very successful year. 156 calls have been made on those who were ill or a stranger. The Associates Helpers contributed generously to our funds. Our Missionary Magazine is well distributed through the congregation as well as a full membership of subscribers. Bales of warm clothing have been sent to Labrador and outposts of Newfoundland as well as dresses and shirts to Trinidad. Our allocation has been over-reached by some \$30. In connection with the supply work an interesting letter from Rev. Arthur Pochayne of Springdale, Newfoundland, was read thanking Mrs. Annie Reid for stockings she had knit and sent in one of the bales. A letter from Mrs. George King, of Wheel Wei, China, was also read. Friends in Fredericton will remember Mrs. King as Edna Baird. The meeting of the Fredericton Presbyterian was announced, also the World Day of Prayer. Committees were formed for carrying on the work of 1937. The programme from our study book was led by Mrs. Telford, assisted by Mrs. McKinnon.

Beautiful Gowns at State Function

Bearing in mind the competition they would receive from the vivid-toned uniforms of the men worn at the State dinner in connection with the Opening of the Canadian Parliament in Ottawa, the women selected gowns in keeping with the occasion. Her Excellency wore lustrous oyster satin with crossed folded back and gracefully voluminous skirt. Her tiara and bracelets gave a touch of red as did her shoes.

Miss Carola-Peyton-Jones, niece of Lord Tweedsmuir, wore demure white organza embroidered with red roses and white flowers in her enchanting coiffure. Miss Spencer-Smith, Lady-in-Waiting to Her Excellency, was in stately white satin embroidered with pearls over which she wore a pale green cape. Mrs. A. S. Redfern of the Government House entourage, in gold lame made in a strikingly simple style. The women of the Diplomatic Corps were equally thoughtful in their selection of dresses. Madame Raymond Brugere, wife of the Minister of France, wore a deep blue taffeta, svelte in line. Madame S. Kato, wife of the Minister of Japan, was in powder blue.

Mrs. Norman Armour, wife of the Minister of the United States, had a dress of gold lame and Mrs. Silver-cruys-Farnam, sister of the Minister of Belgium, who was meeting many of the official set for the first time, wore a clever dress of black velvet.

Mrs. H. A. Bruce, wife of the Lieutenant Governor of Ontario, who was with her husband, is a guest at Rideau Hall, with her Excellencies, until after the opening of Parliament, wore one of the most admired gowns, a picture dress of black velvet, very bouffant. With it she wore a diamond chain. Mrs. Walter E. Foster, wife of the Speaker of the Senate, appeared regal in silver lame; Mrs. Pierre Casgrain, wife of the Speaker of the House of Commons, was chic in ethereal black chiffon. The company numbered about 500.

Mrs. A. J. Gregory is leaving this afternoon for Toronto where she will spend the winter.

Miss Helen Neil and Miss Mary Neil entertained the bridge club of which they are members last evening at their home on Church street, Miss Catherine Wetmore was the winner of the prize.

Mr. and Mrs. J. C. Veness entertained at a charmingly arranged double dinner party last evening at their home. Covers were laid for ten.

See "Gold in the Hills" next Thursday

Due to the splendid success of the melodrama "Gold in the Hills" which was put on in December by the U. N.B. Dramatic Society and the inability of a great many citizens to attend the first performance, the play will be repeated on Thursday, January 21st in the Opera House. The York-Sunbury Historical Society is sponsoring the presentation which is produced by the U.N.B. Dramatic Society. Plan to attend. Spend a couple of hours with the Gay Nineties and enjoy a good laugh.

John G. Pringle and son Frederick of Stanley are guests of Mr. and Mrs. E. H. Clarkson at their home on University Avenue.

The Fredericton School Board are to hold an informal reception in the auditorium of the Fredericton High School on Tuesday evening at 8.30 o'clock for the purpose of introducing the new superintendent of City Schools, Guy D. Scovill, B.Sc.

St. Paul's Young People's Club

The first meeting of the Club for the new year was held in Fraser Memorial hall, the programme being under the direction of the Endeavour Group. Josephine Belyea presided, during the devotional period. The president, E. A. Skene, welcomed the young people and referred to their responsibilities as they were entering upon a new year. It was decided that January 29th would be "Normal School Night" and Leslie Harper, Jean Kerr and Annie Waterston were appointed as a committee to arrange for the programme. During the entertainment period the following numbers were presented: Solo by Douglas Terry; Dutch Dance by Jean Brown and Irene Fenety; reading by Netta MacMillan; and a Professor Quizz Contest. Mrs. Ralph Albrant had charge of the games and a very pleasant half hour was spent in recreation.

Nashwaaksis Branch W.A. Meeting

The Nashwaaksis Branch of the W. A. met yesterday afternoon at the home of Mrs. Milford Hawkins for their monthly meeting. After the business part of the meeting was over the afternoon was spent in sewing and social chat. A presentation of an electric iron was made to Mrs. Joseph Hill for her kindness in supplying beautiful flowers for the church during the past summer. The presentation was made by Mrs. Earl McDonald. At the close of the meeting refreshments were served by the hostess.

Fredericton Science Club Meeting

In spite of the positively dangerous and icy condition of the roads and streets, twenty members of the club met at the home of F. E. Smith on Church street, to hear a lecture, illustrated by reading, piano and phonograph selections which furnished one of the high spots of interest in the better things of life such as frequently fall to the lot of the club membership. After the reading of the minutes of the preceding two meetings Major F. A. Good proposed the name of Melvin Moore for the club membership.

W. A. Haines, chairman and retiring president, opened the annual meeting for nominations for president, waiving delay for report of a nominating committee. R. P. Gorham on being nominated by and duly elected, became the new president. Mrs. J. Brown Maxwell was re-elected for the new year. G. Alvah Good was re-elected secretary-treasurer. The house committee for the coming year will be Mrs. J. L. Neville and Mrs. S. S. Miller.

The chairman then introduced Robert C. Bayley, B.Sc., L.T.C.L., as the speaker of the evening, his subject being "Music and Poetry—Their Artistic Affinities." Mr. Bayley opened his remarks by stating that Music and Poetry were so closely at one that fine music in a declamatory style differed only faintly from Poetry delivered in the same vein. Both expressed emotion and differed from the plastic and graphic arts in one dimension—Time, having none of the other measurable three. They differed from the plastic arts in portraying a succession of states of emotion, natural phenomena being necessarily considered closely related and necessary. Illustrating with readings, phonographic selections and personal performed piano interpretations, he explained the similarities in style between Bach and Milton, Beethoven and Shakespeare, Schubert and Moore Chopin and Tennyson, Mendelssohn and Longfellow. Your scribe feels tempted to make notes of all these but recollecting the fact that next meeting must not be delayed by a repetition of the full lecture of this, omits so to do.

The chairman voiced the club's gratitude for this delightful demonstration and was followed by R. P. Gorham and J. L. Neville. A light collation was served by the hostess, assisted by Mrs. Kesson and Mrs. Chas. H. B. Maxwell and after a short musical period, the meeting broke up.

THE UNIVERSITY PLAYERS

sponsored by the Historical Society again present

GOLD IN THE HILLS

— or —

The Dead Sister's Secret

— at the —

OPERA HOUSE

THURS., JAN. 21

CURTAIN 8 p.m.

Adults 35c Students 25c

FIVE AIRMEN

"GROUNDED" FOR OVERLOADING

OTTAWA, Jan. 16—Five Canadian air pilots have been grounded for overloading their machines and thus endangering life, it was stated at the Department of Transport tonight. Some have been suspended for fifteen days, others for thirty days, depending on the gravity of the offense.

Inspectors of the department found aerial transport companies in Ontario and Quebec violating departmental regulations by loading their machines beyond the safety limit.

Inspectors were undertaken in the regular line of duty and were not prompted by recent serious accidents in the United States, it was explained by the authorities here.

In addition to the danger to lives of pilots and passengers there was also to be considered the element of unfair competition, where one company which overloads its machines carried freight to the mining camps at a lower rate than its rivals.

TRIP BY PLANE

Premier A. A. Dymally and Hon. F. W. Pirie, went to Saint John this morning, going via the air route with J. C. Folkins piloting the plane. Premier Dymally will proceed to his home at Buctouche. All the out-of-town cabinet ministers have left the city for their respective homes about the province.

Service Council's Meeting

The annual meeting of the Social Service Council of Fredericton and Devon will be held in the Council Chamber, city hall, on Monday, Jan. 18 at 8:00 o'clock.

"DO IT NOW"

Buy your ticket now for "Gold in the Hills" from University Players or members York-Sunbury Historical Society.

TOKIO, Jan. 15—To promote construction of airports throughout Japan, the government announced it will issue 1,000,000 yen worth of patriotic postage stamps April 1.

The Man Who Knows

Whether the Remedy You are taking for Headaches, Neuralgia or Rheumatism Pains is SAFE is Your Doctor. Ask Him

Don't Entrust Your Own or Your Family's Well-Being to Unknown Preparations

BEFORE you take any preparation you don't know all about, for the relief of headaches, or the pains of rheumatism, neuritis or neuralgia, ask your doctor what he thinks about it—in comparison with "Aspirin."

We say this because, before the discovery of "Aspirin," most so-called "pain" remedies were advised against by physicians as being bad for the stomach; or, often, for the heart. And the discovery of "Aspirin" largely changed medical practice.

Countless thousands of people who have taken "Aspirin" year in and out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: "Aspirin" is rated among the fastest methods yet discovered for the relief of headaches and all common pains... and safe for the average person to take regularly.

"Aspirin" Tablets are made in Canada. "Aspirin" is the registered trade-mark of the Bayer Company. Limited. Look for the name Bayer in the form of a cross on every tablet.

Demand and Get "ASPIRIN"

Magdalen

(Continued from Page Four)

main features of the panorama, but, later, went with us over most of the ground itself. As we looked over the larger islands, which lay at our feet like a checkerboard, we were struck by the tiny trees, which lie in patches in between the pastures and farmed land. These are very dwarf spruce and fir; never more than five or six feet high; and we were told that, when the French settled the islands, they cut what timber they found carelessly, and had not replanted to any extent. The winds, always waiting round every corner, too, preclude any high growth of timber. We crawled through tunnels in these Lilliputian woods; it was as much as we could do, to get through in places. We also found a very dwarf cedar; what in the Old Country would be called an American Arbor Vitae; this grows along the ground, like moss, and no higher.

Great quantities of birds inhabit the islands. One afternoon we set out to explore a crane rookery. We got almost within camera range of a dozen, standing on tall shanks in a shallow creek; when all made off, just so far. We followed warily, the wind, too, was in our favor, but every time, our quarry got us bested. Believe it or not, but after watching for an hour, we came to the conclusion that cranes had a sentry in the shape of a curlew, which always hovered high over them, and every time that we came at all close would come low down and start the whole rookery off in a direction always in front of and away from us.

The high spot among bird sanctuaries hereabouts is the Bird Rock, 40 miles to the north, towards the Straits of Belle Isle. This gaunt granite crag rises 200 feet sheer from the Gulf. We were not able to get out to it, though it is possible to make the trip by motor boat in a day each way. (But the fine weather season was over (this was in the middle of August.) The Rock contains, on the top, an acre of pasture land, supporting three families; a lighthouse keeper, a radio operator and a bird warden; for here the birds are preserved. People and provisions reach the top, by either climbing up steps almost vertical, or by being hauled up by crane and trolley; a dizzy experience, no doubt.

We were told that, when spending the first few nights on this rock, sleep is impossible, owing to the noise made by the birds, which find a nesting-place in every conceivable nook and cranny. A true-to-detail model of this rock has been made by a Grindstone lighthouse keeper; every one of the white objects in the model represents a nesting bird.

Every evening, we used to go down to the shore to watch the fishermen at work. Early mornings, they go out, in scores, to fish the cod. Their craft are motor boats, each carrying a crew of four. When not fishing, these boats are moored in the wide coves that indent these coasts; inhospitable anchorages; for, in a wild storm not so long ago, the local fishermen saw their all go, when over 40 of these boats filled and sank.

All along the shore where there are towns and villages, we found fish factories, where cod and lobsters are prepared for export. The cod, on being landed, are placed on small tables at the water's edge, are ripped open with a sharp knife; livers are separated from the main body, which, after being split down the backbone, is thrown into a barrel of brine. The offals are, alas! thrown out on the beach, there to feed myriads of flies and to taint the prevailing wind, until such time as an extra high tide wafts them out to sea, to feed other cod. At the time of our visit, the fishing was poor, owing, we were told, to the fish having gone too deep.

A word in general, about the people of the islands: In all, the population numbers 10,000 souls, of mixed Breton, Norman, Jersey and English and Scottish origin. All now live in harmony, and it is hard to say where French ends and English begins, though, paradoxically enough, Grosse Ile harbours a population exclusively

English; while across the water by ferry, East Island and Coffin Island are French of the French. Two churches minister to the religious needs of the people: Roman Catholic and Anglican. The Anglican diocese has its headquarters at Quebec, and Bishop Carrington, himself a keen Rover Scout, delights to tour this outpost of his diocese by fishing boat. The one and only stone building the church and convent at Grindstone, includes a college, under the local Vicar. There are 130 miles of good highways, 80 cars and trucks to travel on them; no trains, though, strangely enough, almost everyone on the islands has travelled by aeroplane, although few of them have ridden in a railroad train. In winter, when navigation becomes difficult, there are excellent air services to Charlottetown and Moncton. There are 29 schools, the teachers being ladies. Four doctors look after the physical well-being of the people; there is as yet no hospital, and this is sorely needed; on our return to Souris, we had, on the Lovat, an appendix case, being taken to Charlottetown, 18 hours away, for an operation.

The standard of living is high, somewhat ahead of that found on the North Shore of New Brunswick; though there is no electric light, no hydro being available and fuel being prohibitive in cost. The islands are equipped with powerful radio stations; and the submarine cables to Prince Edward Island and the Mainland have recently been implemented by radiophones, installed jointly by the Marconi Company and the Federal Government.

A highlight of our stay was when, one afternoon, M. Binet invited us to join the Highway Engineer for a trip from Grindstone to East Island. This involved a run of fourteen miles along the sands. Magnificent sands they were, too. It was possible to drive at the highest speed with scarcely a jolt to the car, and scarce a track to mark our progress. Though one must keep to a narrow ribbon of sand, right at the water's edge; a yard too high, and one is among quicksands; a yard too low, one is caught by the tide, which is swift in the extreme. The Highway Engineer told us how, once, he was caught by the tide and his car became derelict, and subsequently ruined by the salt water.

East Island harbours a small town, remarkable in that its main street is composed entirely of sand. In stormy weather this sand piles high into ridges and drifts into the houses like driven snow.

The whole beach is strewn with feathers from a host of seabirds, among them were the largest clam and whelk shells that we had ever seen.

On the last evening of our stay, we heard, at dusk a steamer's whistle, fairly close to Grindstone. We knew that it could not be the Lovat, as she was not due until early the next morning, and not many other ships come close there, in the ordinary way. Next night, at ten o'clock Akela, who was on deck, spotted to port the lights of a small freighter, which we followed for a time. The little freighter seemed rather off her course, and next day, at Charlottetown, we learned of a little Norwegian steamer, the Fido, which had run aground on Grindstone Island during a fog on the previous evening, when we had heard that whistle. So putting two and two together, it was she that we had heard, and later seen. Back in Charlottetown, we went our several ways; Charlie home to his family; Baloo home to Moncton; and Akela, to Cain's River, N. B., there to run a district Scout Leaders' Course amid surroundings remote from the Fredericton-Newcastle highway, but rich in scenic beauty and big game. For there, three deer and a fine cow moose visited our camp.

—R. P.

PLAY AT OPERA HOUSE

The play "Gold in the Hills" or "The Dead Sister's Secret Revealed," will be given at the Opera House next Thursday night. See ad. on page five.

Special Round Trip Bargain Fares

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