

Does Your Stomach Rebel After Every Meal You Eat?

**BURDOCK
BLOOD
BITTERS**

The bloated, heavy feeling after meals; the empty, sinking, gnawing before meals; the belching and flatulency between meals; the rising and souring of food, all these and more fall to the lot of those suffering from stomach trouble.

Burdock Blood Bitters tones up the membrane lining of the stomach, and restores the natural process of digestion. Take B.B.B. and get rid of your stomach trouble.

**HARNESS
OVERALLS
WORK PANTS
GLOVES**

H. A. Burt
TEL. 1234

CURTAINS AND DRAPES

JUST RECEIVED...
OUR NEW SPRING RANGE OF
Curtains in plain and figured
Marquises, flail and tusk
nets, Curtains, widths from 27
to 54 inches. Lengths from 2 to
3 yards. Drapes in all the new
shades. Also a full range of Tap
estries and Homespuns.

"See our stock before
purchasing."

J. Stanley Delong
Phone 68-11 63 Carleton St.

WORD O' MOUTH ADVERTISING

Travelling men have no "heart"
when talking about a hotel. To
them, it's either "good" or "bad."

Give them a clean room, abundant
hot water supply, and modern
bathing facilities and you'll
have them "telling the world"
to stop at our hotel.

Modern plumbing fixtures —
easily kept clean—mean more
business. Ask us about economical
installations.

D. J. Shea
80 Carleton St. Phone 563-11

A TAILORED-MADE SUIT IS
TAILORED OF EXCLUSIVE

FABRICS

We buy only a limited amount
of each pattern and fabric.
That's why you can choose your
fabric and know that you won't
be seeing it on every other man
in town! Our complete line of
fall fabrics are now in. Call and
select YOUR OWN Distinctive
Pattern.

Alex. Ingram
876 KING ST.

A MESSAGE TO INVESTORS IN THE MARITIME PROVINCES —

Surplus funds invested in sound development
of natural resources and industry within the
Maritime Provinces will return maximum income—
Increase Purchasing Power—Create
Permanent employment and prove the greatest
benefit to general business. A list of
carefully selected offerings will be forwarded
on request.

IRVING, BRENNAN & COMPANY, LTD.

J. G. BADCOCK, Manager.

Fredericton Office, Suite 1, Loyalist Building Phone 454
Fredericton Charlottetown Halifax Saint John, N.B.

There is hardly anything* in the world that
some man can not make a little worse and
sell a little cheaper, and the people who consider
price only are this man's lawful prey.
(Ruskin)

* Insurance is no exception.

HOWARD H. BLAIR

68 YORK ST. YOU CAN REST ASSURED PHONE 291

LAWN MOWER TIME IS HERE AGAIN

WE HAVE A VARIETY TO CHOOSE FROM.

Federal 14" Bronze Bearings \$ 7.90
Speedy 14" S.K.F. Ball Bearings 9.90
Speedy 16" S.K.F. Ball Bearings 10.25
Garland 16" S.K.F. Ball Bearings 13.35
Garland 18" S.K.F. Ball Bearings 13.90

These Lawn Mowers are all equipped with the Eureka Positive
Drive. The pawls are accurately machined from crucible steel.

J. Clark & Son, Ltd

SUGGESTIO

for
JUNE



HOW BRIDE'S RAIMENT HAS DESCENDED THROUGH THE AGES

Fashion shakes up her bag of
tricks every once in a while, pulls
forth one that hasn't been used for
a decade or so, and all the style-
conscious woman exclaim over some-
thing new. Because it does look new
all over again.

It's a close-up view of the lovely
gowns, all originals or authentic re-
productions, in the "Brides of Two
Centuries" number at the Metropolitan
Theatre this week that gives away
fashion's repetitious habits.

When Nellie Custis, Washington's
adopted granddaughter, was married
in 1799, her long, slim, simple gown
of white satin and lace had the up-
ward pointed V waistline that girls
are wearing again for that lithe, long-
limbed look. As First Young Lady
and style leader of the country, she
began the custom in the United
States of wearing bridal veils.

It was her fiancé's compliment, on her
beauty as she stood before a sunny,
lace-curtained window that gave her
the idea. Her choice of white, in-
stead of the usual pastel (except un-
lucky blue) was a factor in making
white the accepted color for youthful
brides. In 1818 it was officially adopt-
ed as the symbol of purity.

The wedding dress of that year is
a close relative of many of this sum-
mer's evening frocks—a mist of dot-
ted net over satin trimmed with satin
flowers and narrow satin bands. With
it, the bride wore what we call a cal-
ot of Duchess lace and satin cords.

The Civil War bride considered cot-
ton as smart a fabric as we do, but

her wedding dress used up no less
than 30 yards of crossbar muslin, 17
yards of lace and 40 yards of grain
ribbon. Ribbons are tops in
fashion again and used almost as lav-
ishly sometimes. More repeaters are
the crocheted buttons that fastened
the fitted bodice, which is too flatter-
ing ever to be out of style for long.

Shirred sheers are nothing new,
really, but we take ours with more
restraint, not added to ruchings, lace,
puffings and tiers. This was the
fashion 100 years ago when orange
blossoms sent from France replaced
the white rose as bridal flowers.

In '86 they festooned satin wed-
ding dresses with magnolias, for all
the world like our today's gardenias.

Nun's veiling has become mar-
quise, rustling taffeta petticoats are
still much desired, and blue and pink
ribbons run through lace beading ap-
pear on the newest lingerie from
Paris.

But there are differences, too,
thank goodness. Old-fashioned dress-
es have to be adapted to modern
figures. For even the slinkiest mod-
els haven't the wasp waists that
were once considered so alluring.
The most prevalent figure problem
today is hips; then it was waists, let
hips spread as they would.

Neither does today's fiancée spend
two years lovingly making her wed-
ding dress by hand with rows and
rows of fine tucking, barely visible
seams and hand-sewn lace, as the
bride of the 90's did.

HOT WEATHER DISHES IN PARTICULAR DEMAND

Marjorie Mills Presents Recipes for Real Treats in Macaroon and Strawberry Chiffon Pies --- Salads for Quantity Feeding

(By Marjorie Mills)

Mrs. Colman of Wollaston has asked
us a question that sent us scurrying
to consult cook books and cooking
experts.

"What is the difference between a
chiffon and a sponge pie," she asks.
"Will you please send us your most
wonderful recipe for a chiffon pie—
one that makes a thick moist filling."

We don't think there is a great
deal of difference between a chiffon
and a sponge pie. Sponge pies are
sometimes made with gelatin and
egg yolks for thickening and egg
whites for fluffiness even as chiffon
pies. Sometimes sponge pies are
made with a flour sugar and milk
base plus eggs for fluffiness and
added thickening. If they are mixed
this way they are baked in an un-
baked pie shell.

Chiffon pies depend on the gelatin
and egg yolks for thickening and are
never baked. Instead they are placed
in the refrigerator to stiffen and
topped with a garnish of whipped
cream.

If you disagree on this distinction
between pies will you tell us about
it?

Have you ever tried macaroon chif-
fon pie? It's delicious and an un-
usually grand party dessert. It has nut
meats included in the recipe but they
can perfectly well be omitted.

And have you sent for your sheet
of chiffon pie recipes? Its yours for
the asking if you'll include a stamp-
ed self-addressed envelope with your
request to Marjorie Mills the Boston
Traveler.

Macaroon Chiffon Pie

2 eggs
¾ cup sugar
1½ tablespoons gelatin
2 cups milk
2 teaspoons vanilla
¼ cup cold water
½ teaspoon salt
½ cup chopped Brazil nuts
1 cup whipped cream
½ cup crushed macaroons

Soak gelatin in one-quarter of a
cup cold water. When dissolved add
to scalded milk. Add sugar to well
beaten egg yolks and salt. Pour the
scalded milk on egg yolks and sugar
and cook in double boiler until it is
thickened. When beginning to set,
fold in well beaten egg whites flavor-
ing nut meats, crushed macaroons
and one cup whipped cream. Pour
into vanilla wafer crust or baked pie
shell. Chill overnight in refrigerator
and serve with whipped cream on top

Strawberry Chiffon Pie

1 tablespoon gelatin
¼ cup cold water
4 eggs
¾ cup sugar
¼ teaspoon salt
1 cup strawberry pulp and juice
1 tablespoon lemon juice
Red coloring.

Soak gelatin in cold water about
five minutes. Beat egg yolks slightly
and add ½ cup sugar, lemon juice
and salt. Cook over boiling water
until of consistency of custard. Add
the softened gelatin, stirring thor-
oughly. Then add strawberries and
coloring. Cool in refrigerator, and
when mixture begins to congeal fold
in stiffly beaten egg whites to which
has been added the ¼ cup sugar. Fill
baked pie shell and chill in refrig-
erator. Garnish with strawberries.

TIMELY TIPS

K—TIMELY TIPS —Womans ...H

If your kitchen curtain blow
against the screen and are contin-
ually getting soiled, cover a couple of
dress weights and slip them into each
end of the hem. This will keep them
in place and save so much laundry.

To remove screws, apply a little
vinegar to the screw and in a few
minutes it will loosen easily with the
aid of a screw driver.

The between-meal lunch is advis-
able for underweight, or fast-grow-
ing children. It may include graham
crackers and milk, fruit, simple cook-
ies, and fruit juices. In summer,
fresh fruits or egg and milk drinks
are suitable.

Save the water in which fresh
vegetables are boiled. It makes ex-
cellent stock for soup.

Before cleaning the stove rub soap
under your finger nails until they are
quite filled up. Then it is impossible
for the blacking to get under them.

Wall brackets give the best light
in the room for general entertaining,
but have plenty of floor outlets for
the necessary lamps when you desire
the soft, shaded lights for reading.

FOR COUGHS
Colds-Brachitis
Mathieu's
Syrup

'TEEN AGE FATHERS SOCIAL PROBLEM

(By Beatrice Fairfax)

How about those high school boys
who get married with no more sense
of responsibility than if they were
buying a bag of popcorn?

These youngsters are not even al-
lowed to pick out a suit of clothes. To
their rage and indignation, mother
goes along to pass on the cut and
quality. Yet they seem to have no
difficulty in getting ministers and
justices of the peace to marry them
to girls younger than themselves.

In about nine cases out of ten, girls
who are persuaded into eloping with
boys of high-school age soon realize
their folly.

An outstanding case of a lack of
responsibility on the part of a young
father came to my attention recent-
ly. A boy of 19, charged with aban-
doning his infant son, declared he
couldn't support the child and make
payments on his automobile!

The young father's attorney said
the whole thing was the result of "an
unfortunate chain of circumstances."
The baby's mother is in a hospital ill
with tuberculosis.

It's not unusual for a chain of un-
fortunate circumstances to grip the
teen age father. He's just too young
for the responsibility of parenthood,
and should be out on the lot playing
baseball or at home studying lessons.

These very young fathers soon tire
of their wives, and the crying and
care of a baby seem to them a per-
sonal affront. They spend evenings in
poolrooms or taverns, or hang round
street corners with other boys, and
let the child-wife manage as best she
can. All said and done she makes a
better job of it than her 'teen age
husband.

If they are so fortunate as to have
parents these young mothers whose
husbands spend their entire wages
on themselves, never taking into con-
sideration that baby must have food,
shelter and clothes, take their babies
and go home. Or they leave them in
day nurseries and go out to work.
And the very young father, feeling
that domestic problems are a nuisance,
hangs round street corners to
forget his troubles in something else.

How mother helps to PREVENT MANY COLDS



At That First Sniffle
— or sneeze — signs that a cold may
be coming on . . .



Quick! A Few Drops
of Vicks Vapo-r-nol up each nostril



It S-p-r-e-a-d-s
Its scientific medication swiftly spreads
through nose and upper throat—
where 3 out of 4 colds start

Mother relies on Va-tr-o-nol for help
in preventing her own colds, too. She
can feel the tingle as this scientific
medication spreads through the trou-
ble zone in her nose and upper throat.
Va-tr-o-nol is specially prepared to
stimulate Nature's defenses in this
area. Used in time, Va-tr-o-nol helps
to prevent many colds . . . and to
throw off head colds in the early stages.

Quickly relieves "Stuffy Head"

**VICKS
VA-TR-O-NOL**

Look in your Va-tr-o-nol package for the
interesting story of Vicks Plan for Better
Control of Colds in the home. In clinic
tests among 17,353 people, this Plan
cut sickness from colds more than half!

Follow Vicks Plan for Better
Control of Colds

FORMAL SILKS ARE HIGH STYLE FOR SUMMER EVENING WEAR

Usually rich and formal silks are
being shown for summer evening
wear, not only for evening gowns,
but for the huge, enveloping wraps
necessary to cover satisfactorily the
billowing skirts of the new gowns.

Silk satin as a coating is decidedly
new. Molyneux used stiff slipper
satin for his dramatic evening wrap
shirred from a circular back yoke
and the adaptations of this impor-
tant wrap are being done in the same
fabric. On day coats for spring,
Paquin uses supple silk satin com-
bined with wool, with a wide diag-
onal waist section of the satin.

Duchess satin is being used for
evening gowns and dinner suits. Soft
drapable silk satin is also being sug-
gested for the "lampshade" silhou-
ette indorsed by Molyneux. One of
the originals has an enormous hoop-
skirt of silk satin caught up in soft
folds like tufting.

The ribbed silks continue to be

important for summer, for both day
and evening. Silk grosgrain in the
silk and cotton 18-inch width is used
for voluminous evening wraps and
capes. Supple all-silk grosgrain in
wider widths makes tailored daytime
dresses, suits and coats. Pleated silk
grosgrain ribbon is an important
trimming for the dressier daytime
coats which have entered the fashion
picture.

The silk daytime coat is a fashion
revival of first importance, and for
these the featured silks are heavy
poult de sole, silk faille taffeta and
silk and wool bengaline. They are
featured for coats with the vertical
look from shoulder to hem for red-
ingotes; for reefers with fan pleated
back panels, the swaggar coats in-
spired by Vionnet and Molyneux;
and for suits and dresses with cir-
cular swing skirts, the fullness concen-
trated at sides or back.

HOW TO KEEP YOUR HEALTH

Diet For Children Who Refuse Food

"My child won't eat. I'm at my
wit's end. What can I do about mak-
ing him take his food?" This is a
question mothers often ask, and
there has been a great amount of
study given to answering it.

The conclusions to date can be
summed up about like this: Many
specialists believe children are spoiled
and are given altogether too much
attention when food is placed before
them. So the youngster refuses to eat
so that he may get attention and
more spoiling.

Other doctors believe that lack of
vitamin 'B' has much to do with poor
appetite. They think that our mod-
ern diet does not have enough of
this important vitamin which is
needed to stimulate appetite.

Still another group of doctors em-
phasize that some children eat too
much sugar and starch. This is likely
to cause them to lose their appetite
for other needed foods.

Less Starch and Sugar Advised
Working along the line of this last
idea, Dr. F. H. von Hofe, of East
Orange, N.J., has developed some in-
teresting facts. He thinks that chil-
dren given a diet low in starches and
sugars, with milk omitted for only a
time, will regain their appetite.

He has used this diet now for a
period of ten years in a large num-
ber of patients, and says that within
a period of two weeks, as a rule, the
children begin to eat satisfactorily.
The diet has been so successful that
the child who does not seem to im-
prove within this period of time, is
examined for some other troubles
which may be affecting him, such as
infected tonsils or constipation.

This is the plan Dr. von Hofe uses
for the five or six year old child:
The breakfast is made up of bacon
and egg, a piece of rye bread and
butter, stewed fruit, and a well-ri-
pened banana. At noon, the children
get a bowl of soup (not creamed)
meat and vegetables (but no potato)
gelatin, and stewed fruits and, again
a well-ripened banana. And, in the
evening, the meal is made up of soup
or broth, vegetables, a fruit or vege-
table salad, cottage cheese, rye bread,
and gelatin or stewed fruit, and a
banana.

Let Him Eat Alone

The fruits are stewed with little or
no sugar. When the child is having
his meal, the mother and all others
leave the room. At the end of from
20 minutes to half an hour, the table
is cleared, regardless of how little
has been eaten. If the mother is too
sympathetic and worried about the
youngster, it may be necessary to
have some outsider carry out the
treatment. It is also important that
the child be kept from getting over-
tired.

If this diet is continued for the
two-week period, it will be found that
at the end of that time the youngster
is quite hungry. Then starches and
sugars may be gradually added, in
limited amount, and, later on, milk.
The amount of milk is gradually in-
creased until the child gets the 1½
pints a day which he needs.

The youngster may be kept on the
diet, low in starches and sugars, and
with only a limited amount of milk,
for several months, if necessary. If
his appetite, later on, again begins to
get poor, he should be put back on

the original diet. But this need be
done for only a few days.

During the first week or two of the
treatment, it was found that the chil-
dren lost some weight. But as their
appetite improved, this weight was
quickly regained. A diet of this type
is low in lime (calcium), because of
the fact that it does not contain
milk. Therefore it is suggested that
during the time no milk is in the
diet, some preparation of lime, such
as dicalcium phosphate, be given in
the form of capsules or tablets.

Whether or not this diet is the
thing which overcomes the poor ap-
petite, or whether it is due to the
fact that parents are instructed to
ignore the child when he does not
eat, is not clear. Yet, the fact that
this method seems to have given
good results, and is an easy one to
follow for most mothers, makes it
worth trying.

'SOFT' X-RAY FILMS PICTURE POISON

Movies Show Progress of Attack and Effect on Living Tissues

LOS ANGELES, June 11—The first
"soft" X-ray movies ever taken were
shown to motion picture engineers
at Hollywood today.

The pictures revealed the hitherto
invisible motion of poison in its at-
tack and progress through living tis-
sues, and the possibility of watching
major chemical changes of life as
readily as looking at the bones of
the body.

"Soft" X-rays, also called Grenz
rays, are weak in penetrating pow-
er. As a result they cast shadows
easily. They even make shadows of
water and liquids.

Today's pictures showed the first
movies of the digestive processes of
a worm, a yellow variety that spoils
corn meal. They also disclosed a
new attack on crop pests developed
at Cornell University.

The movies were taken by Profes-
sor Guy F. MacLeod, economic re-
search entomologist at Cornell. They
were exhibited by Harold P. Sher-
wood, of the Eastman Kodak Re-
search Laboratories, where the new
technique was perfected.

Professor MacLeod fed the yellow
worms on puppy meal, a dog food.
This was necessary because liquids
from ordinary food make too many
blurring shadows. But on dry dog
diet the worms' insides showed
everything.

Either speeded up the peristaltic
waves of digestion, contrary to its
human effects after a surgical opera-
tion. The most important discoveries
were made with sulphur, a chemical
widely used to kill food crop insects
and parasites of domestic animals.

"To our delight," Professor Mac-
Leod wrote, "we could see the sul-
phur and much of the action which
it had on the worms, the whole pro-
cess being projected on an enlarged
scale from the motion picture ma-
chine."