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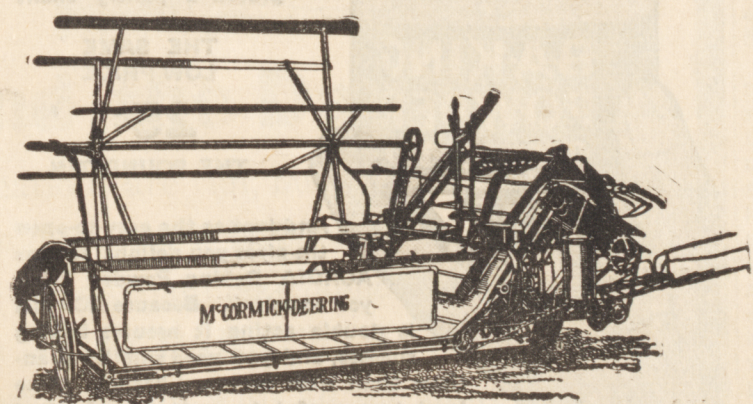
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Interest to Women

THE BOY'S ROOM

Don't Make It Too Fancy—His Tastes Should Be Consulted—It's Wiser To Remember That He's Growing Bigger

(By Elizabeth MacRae Boykin)
Sometimes we think that the less a lady does about a boy's room the better he'd like it. At least we decide that when we see what some boys do to their rooms in the way of construction projects, tinkerage and the like.

Then we see what pride they take in having a place of their own and we're all for forgiving their transgressions in disrupting fancy decorations. Some of them even get a big thrill out of keeping military order if they once get the idea.

An imaginative decorator in one of our favorite stores turned out a boy's room that delights the mamas and papas, if not the boys themselves. And after all, maybe that's the real purpose of decorating children's rooms. The walls of this room were papered in a pine-patterned paper and the double-decked bunk had spreads of striped crash. In a more or less Navajo feeling. But the curtains—of beige duvetyn—were the most exciting because they had cut fringe and were laced with rows of dark flannel, for all the world like an Indian chamois skirt. Animal skins and a row of bows and arrows were hung on the wall. Maple furniture, of course, including a good desk, a wide top table and comfortable chairs.

For Engineers

A young man who hopes to grow up to be an engineer on a streamlined train should enjoy a room with faded blue denim curtains, natural pine-patterned wall paper, a built-in bed with a faded blue denim spread, a low table for his electric train and signal lights over his door or for curtain tie-backs.

And a young astronomer might like a deep blue ceiling with the constellation copied on in silver. Gray walls and modern gray furniture, deep blue draperies and a blue bedspread applied with 'Big Bear' in gray.

The best boy's room we've seen was a gym with a bar to swing on, a punching bag and a wrestling mat. The walls were left plain and white with athletic ornaments for decoration. The studio couch had a football blanket for a spread and the Venetian blinds had a string of base ball mitts and boxing gloves across the top in place of a valance. The linoleum floor was inlaid in a shuffle board design, and in place of a chest this boy's mother got him some regular gym lockers for keeping his clothes right side up.

Nautical Rooms

A good many boy's rooms are running to nautical themes these days. We liked one very much because it looked so shipshape. The room was paneled in pine with a double-decker built-in bunk and seaworthy built-in drawers. A sea captain's chest held boyish treasures and the blue quilt for the bed had a steering gear and gulls applied in white. A blue linoleum floor with compass

points inlaid in it and curtains of blue fish net finished off a room that boyish activities couldn't damage much.

A leading local store exhibits a boy's room in more or less nautical mood. An alcove just big enough to hold the studio couch is papered with a blue paper patterned with ocean-going liners. At either end of the couch are bookshelves that serve for lamps and oddsends. The floor is inlaid linoleum and the furniture is maple.

Horsey Stuff

And we heard about a horsey room that would appeal to the Aintree-minded boy. There was a tack-room air about it with walls in buff a couch spread in dark green flannel and dark green draperies tied back with wooden stirrups. A red leather chair and racing prints on the wall an animal skin rug for winter, and a trophy cabinet to hold a boy's variety of treasures.

For an air-minded boy we'd suggest pale green walls, natural linen curtains, a small shelf at boy's height to hold airplane models, a flying corps insignia applied on a natural linen spread and plenty of blank wall spaces for a boy's own selection of pictures and five-and-ten frames will be all the same to this young aviator.

Camera-Minded

If he's a candid camera addict, better let him have a darkroom quick, unless you don't mind having your best blankets tacked over the bathroom windows and your best towels stained with acid. If you're sure that his interest in photography is permanent and not a passing fad—heavy black curtains to envelop his windows and doors will be the first requirement. A big rubberized sheet to spread on the floor under his tables, or else a big discarded piece of linoleum, will be next if you have any regard for your floor. A big table—an old kitchen model will do—and plenty of old rags will be needed. Running water is a big help though not absolutely necessary. We don't think a sink would hurt the looks of a boy's room anyway and it might be useful in teaching him neatness.

Whatever his hobby, it will be a good idea to encourage it by providing adequate and functional places for its pursuit.

What's Needed

Aside from this need here are the basic pieces of furniture that must be included—bed, chest of drawers, desk and comfortable chair. Unless your pocketbook is full to overflowing, it is a pretty wise thing to buy your child's furniture with an eye to the future rather than become foggy-eyed with sentimentality and indulge in tiny beds, miniature dressers and other pieces of nursery furniture. When a child has outgrown the crib stage it is pretty safe to go

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PARIS PILES UP FABRIC ON NEW FALL HATS

Or a Quill Carries the Eye Skyward—Metallic Threads and Jeweled Ornaments.

(By Kay Thomas)

Now that you've all had quite enough sun on your heads this spring and summer—what with your open crowned turbans and your absolutely hatless days at the beach Paris surprises you by piling on your pretty heads as much fabric as she possibly can manage.

Influences are the Russian tiara cuff silhouette and the Directoire, with its front emphasis, and the influence of 1900. Styles are high peaked toques, berets, bonnets and calots with high ornaments. Stitching is rampant, whether it be the metallic threads of velvet afternoon hats, or the self-colored threads of black or brown town felts.

Rich fabrics, as is usual in the early fall, are in high favor—velours velvets, felts combined with satins. So far ornaments are discreet, and quilts are of felt. Belting and stitching are used all over, but quietly.

Jewelled Ornaments

Occasionally antique ornaments, heavy with stones, are used, and still the rhinestone clips, especially on the severe black antelopes.

For your first hat, see that it is high, one-sided, preferably exaggerated—beret in feeling like the Schiaparelli one we show here. For afternoon try an elaborate black velvet toque. Silhouettes for the very young are the modified bonnet—such as the stitched satin with the large bow or the hairline beret, quite Russian, with the cross bands of belting ribbon.

For Tweeds

For your tweed suit or jacket, get a buccaneer stitched felt, very up on one side, very down on the other, with a slim quill piercing the sky and a creased crown to lend a manly interest.

Wear these—any of them—if you can bear the thought of coming to town in the middle of the summer. If you can't, just stay under that wide-brimmed beach hat for a little while longer. But, remember, that it's the early bird, in hats, like anything else.

MIND THE COLOR!

The acquisition of a sun-tan which transforms a delicate lily-white damsel into a golden athletic girl introduces an entire set of problems which should be seriously considered before the burning rays of the sun are invited, says Anna Lee. The charming little actress, who has the only important feminine role in Gaumont's "King Solomon's Mines," knows whereof she speaks, for several weeks 'on location' on hot desert sands gave her fragile white beauty a tawny tone which, in turn, presented a number of cosmetic and costume problems.

In the first place her entire make-up had to be set aside and a new one purchased to blend with her sun tanned skin. Powder, lipstick, eye-makeup, rouge—even nail polish—had to be replaced by richer, deeper tones.

A surprising discovery the sun-burned Anna made was that, with her newly-acquired outdoor appearance, the ultra-feminine coiffure of ringlets is not quite right. After considerable experimentation she decided on a soft, loosely-waved long bob. All in all, as the result of a desert location, a completely new girl emerged.

The pale pastels which were so flattering to her fair skin were also abandoned for more vivid colors which created a rather startling effect with the golden hair and skin and luminous blue eyes. Both gleaming black and dead white are also extremely good for the sun-kissed maiden who according to Miss Lee, can be strikingly attractive only if she will meet all the requirements of her 'new color.'

right into permanent, 'grown-up' furniture. If your room is to be early American you can buy a single maple bed stool type for a boy or else a double decker that can be converted into a pair of twin beds. For young children you may buy for a few more dollars, side guards for the bed, pieces of wood which are attached to the sides about half-way down from the head of the bed, to keep a rolling child from waking up with a bump on the floor. These guards are removed once the child has gone beyond the rolling stage.

(Continued on Page Seven)



TAKE IT EASY MONTHS FOR HOMEMAKERS

Marjorie Mills Sets Aside July and August As the Time to Conserve Energy When Work and Meals May Be Reduced to Minimum

(By Marjorie Mills)

July and August are the take-it-easy months for most homemakers. If they aren't they should be! So even if you are driven by boundless energy to be up and doing, do take things easy around the house.

Reduce meal preparations to a minimum. Use paper napkins, paper towels and place mats, etc., as often as possible. Get the hard part of the dinner preparations done early in the morning and then spend your leisure to your own good advantage.

Explore your town and find out all the history about it if that's a yen you've had for some time. Take time out for summer reading. Visit friends you've not seen often enough the past year. Do something different from the usual routine no matter what it is soak in as much sunshine as possible and come back to regular schedules in the fall with a sparkle in your eye, feeling years younger.

That's enough of a sermon from a lazy cook, isn't it? But here's one practical suggestion to help make it effective.

Servantes

We've discovered something new in paper dollies and table mats and napkins for the smart and thrifty—and yes, the lazy hostess! They are called servantes and are made up of moistureproof dollies and table mats in coloured backgrounds with unusually attractive designs and paper napkins to match.

The practical and stunning looking Servantes may be used for all types of table service, under vases, in china closets, buffets, under glass table tops, etc., and since they are moistureproof, they may be wiped off with a damp cloth and even pressed with a warm iron should a few wrinkles appear.

TAKE THE HEAT ON HIGH (or Keep In High Gear This Summer)

WHEN the heat comes, some people, like old cars, can't make the grade—they have to slip into "second" or into "low". The heat slows them, says their "horsepower". Why can I, a youngster of almost 80, who, judged by conventional standards, should be on the scrap heap, drive in high through the hottest summer, defying Mr. Sol, just as in winter I scorn Mr. Zero? The answer is foods. People give no thought at all to the foods they ought to eat, only the foods they like. They follow the herd. Herd intelligence is notably no intelligence at all.

If people would really think, they would realize that bodily health depends upon the blood that feeds the body cells. The blood depends upon the kind of foods which build the blood. Therefore the kind of blood that flows through our bodies can make us shrivel and shiver on cold days and wilt and wither on hot days. The cause of both is viscid, ropy, toxic blood, derived from denatured, dead, demineralized, constipating foods.

Here is how to prove me right or wrong. During the hot spell, make your breakfast of Roman Meal, Bekus-Puddy or Lishus, all you can enjoy with milk or cream, raisins or chopped dates, not body-heating sugar. Make thick enough to chew thoroughly. If hot cereal is not liked, cook any of them the previous night, allow to cool, place in refrigerator and serve for breakfast, with sliced or canned peaches, ripe bananas, fruit jelly, preserve, or honey with cream or milk. Drink Iced Kofy-Sub, sweetened with brown sugar, or preferably honey, added while hot, a very delightful and healthful beverage. For noon meal a salad of fresh fruit or raw vegetables, Iced Kofy-Sub. For evening meal, a large fruit or vegetable salad, sprinkled with grated nuts, grated cheese or cottage cheese, or lightly steamed vegetables if salads are not liked, as second choice. Any kind of juicy fruit for dessert. Iced Kofy-Sub or hot Kofy-Sub if hot drink is preferred.

Train the intestines to eliminate after each meal. It is of utmost importance to exercise all groups of muscles briskly, fifteen or twenty minutes daily, to the point of deep breathing, to burn up internal poisonous waste. If you do not know how, send fifty cents for my book "SYSTEMATIZED



The above is from a photograph of Robt. G. Jackson, M.D., taken in his 77th year.

Robt. G. Jackson, M.D.

MUSCLE EXERCISES, illustrated. Rub the body down with rough towel wrung out of hot water in hot weather; cold water in cold weather. Relax muscles, nerves and mind. Do not fret or worry and—well, I stake my reputation on this assertion.—follow this program for one month, or at most two, and so remarkable will be your improvement, you will always follow it. Write for University proof that Roman Meal, Bekus-Puddy, Lishus and Kofy-Sub are wonderfully rich in blood-forming minerals, also other important health literature free. Address: Robt. G. Jackson, M.D., Vine Ave., Toronto.