

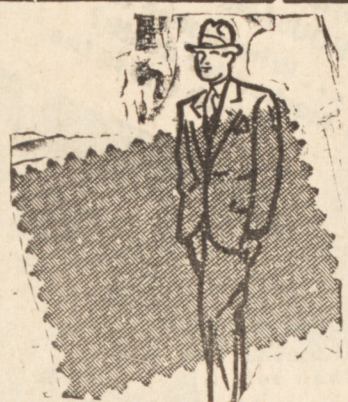
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Interest to Women**THE GIRL WHO WORKS
BEFORE HER MARRIAGE**

She Enjoys Experiences That Can Be Acquired In No Other Way, Says One Father and Disciplines Her Mind

(By Ruth Cameron)
A youngster I know is marrying a girl who has just finished college.

There was some talk of her working a year or two, but he himself is somewhat older and has a job and he didn't think it was necessary. Besides he is proud of the fact that she has never had to work. He doesn't want her working for any other man, he thinks it takes the bloom off a girl.

I wonder if he will be as glad 20 years from now that his wife didn't have the experience that so many girls have nowadays of earning her own living before she was married.

I heard a man give five reasons the other day why he wanted his daughters to work a while before they were married—and live on what they earn. These were the reasons:

"In the first place, it makes a girl realize the value of a dollar in a way she never will if she goes at once from her father's house to her husband's. When we are youngsters we accept board and lodging just as we do fresh air, as our right—something that comes to us without any effort. After we have earned those primal necessities we get a new idea of values."

"Then she knows how tired a man can be when he gets home at night. She doesn't have the idea that he has been away all day and he ought to be ready to amuse her. She knows how

she felt sometimes after a hard day at the office or the shop or in the schoolroom, and how she wanted nothing so much as to rest."

"Also she realizes how many problems there are in business or professional life, and she will be more apt to be a real partner and be ready and able to discuss them with him, when he wants to, than if she had never had experience of that sort."

"It also teaches a woman self-discipline to work for someone, impersonal. If she goes from a family who adore her to a husband who is in love with her, she is apt to be pretty much spoiled. A lot of pretty girls hardly know what it means to be criticized and they make such a rumpus when a husband objects to anything about them, that the only thing he can do is shut up if he wants peace. Men get discipline in their work and it's a darn good thing for women to get the same."

"Of course it goes without saying that it's a good thing for a woman to have a job that she can fall back upon in time of need. But even if she never does, I think she's a better partner for life for having worked. I want my daughters to work a year or two anyway before they are married even if they don't really need to."

An interesting point of view. I wonder what the husband of both kinds of women think about it?

**WALKING IS TELL-TALE
ON FIGURE AND AGE**(By Betty Blair)
See yourself while walking . . . and you'll see yourself as others do.

Do you walk with a light step and graceful carriage or heavyheeled with drooping shoulders, relaxed chest and diaphragm muscles? One is youth; the other is too-apparent middle age.

If you want to cling to youth (who doesn't?), it's up to you. Hold your head high, thrust your shoulders back to their normal upright position and keep them there. Step lightly but surely.

A woman's walk betrays her age—or makes her look older than she is—in spite of all the chic and careful grooming in the world. A step that has no spring to it offsets the most becoming hat and smartest frock.

Try walking before a full-length mirror; it will help you see how you look in motion. Notice your posture—a side view will help here. Correct your posture, and your walk will become more trim, brisk, and youthful. Remember to keep your head and chest up.

Now look at your feet. Putting more pep in your walk depends on how you would handle them. Try to step softly. Don't drag your feet; pick them up and put them down with ease.

When women grow older and heavier, they clump heavily on their heels

calling attention to their weight and the lack of elasticity in their step. You seem heavier when you sound heavy.

Your toes should point straight forward; if they don't you'll look awkward. A few minutes' concentration on this will help form a straight-toe habit—not the least bit difficult.

Walking, you know, is one of the very best exercises for keeping the entire body fit, perhaps because it is nature's own fundamental exercise. A brisk walk will stimulate circulation and drive away the sluggishness that shows even in the condition of your skin. You'll find a healthful glow as the blood courses through your veins, and you won't have as many reducing problems, either.

How much do you walk? Very little probably. Assign yourself a daily walk as part of your beauty and reducing routine, if you want real results. If it makes the walk easier to 'take,' go somewhere each time. Walk to the store instead of driving, walk with the dog, walk to church or to your bridge game. If the distance is too great, be strong-willed and walk part of it. But walk! You'll feel refreshed and invigorated. There'll be a new glow to your skin, a new clearness to your complexion and youthful new vigor in your body.

**NEEDLES CLICKING
IN ALL LEISURE
MOMENTS**(By Elinor Williams)
Busy knitting needles are clicking again—turning leisure moments into smart fall clothes. When you see the new yarns and ideas, your fingers will itch to get started.

Hand-knits reflect all that's high fashion for fall and winter. Yarns are lighter in weight and more comfortable to wear in heated rooms, except for the sports yarns made especially for outdoors. Knitted costumes will look as if they were made of fabric-rich fabric—in color and texture.

Nubby yarns and mixtures look like woollens, perfect for cold weather in the city, autumn in the country, and sports anywhere, almost any time of year. Tweed yarns are as striking in color combinations as the glamor tweeds of the season. They feature two contrasting colors like deep wine and soft blue or are flecked with three or four vivid tones.

Acetate and wool is a lightweight, good looking new combination, perfect for fall; for the wool feels cozy and warm; the acetate thread makes the yarn light in weight and durable.

Lovely soft cashmere type yarns makes dresses that are easy to fit and comfortable to wear. For more formal designs, dashing smart suits

two-piece or three, tailored dresses for sports and general daytime wear, and slim frocks for afternoon are in the picture. Patterns and charts will make it easy to follow directions inch by inch, measuring your work accurately as you progress. Then, when the costume is finished, you can block it yourself with the aid of the chart—an added convenience and a money-saver.

Good fit is important, for these new garments are slim; there's also more detail! You'll find yourself making wedge pleats in the garter stitch at the hem of a skirt, crocheting a trim ming to use like soutache braid, making slenderizing cablestitch panels on a coat dress, and bordering a jacket with the saddle stitch. These are the little details that will add a world of chic to your masterpiece.

**BABY KNOWS the Difference**
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MIXED FAMILY SUCCESS**

(By Ruth Cameron)

Here is the very interesting story of a woman who has obviously made a success of the mixed household at which she may fall. You may be interested in her methods.

"I have made a success, I think, of the kind of a mixed family of which you write today."

"My family consisted of my husband, my school age daughter and myself. To it was added during the last few years quite a different assortment of people consisting of my son and his wife, my older daughter and her husband and baby, my husband's brother and a friend of my husband. If any one had told me that such a collection of different personalities could live in harmony under one roof, I would have termed it impossible."

"But somehow or other the winter passed pleasantly and with really no friction to speak of. I think the fundamental reason for this was that we all entered into this mode of living feeling that we were profiting thereby and that we would do our utmost, each one of us, to make it successful. The family numbered ten at times, but at other times when the different men were away on business, it would drop to six or seven, as the case may

be. Life was never monotonous, there was always a foursome for bridge, some one to go to the movies with or to take a walk with. We all gathered around the dinner table with good appetites enhanced by the tales of the day. Current topics were freely discussed. The house is large, but it meant giving up of our guest room and my husband had to share my closet which was a real tribulation to him (and to me as well). My younger daughter had to give up her room to the daughter with the baby, but she did this cheerfully because she loved the baby and enjoyed thoroughly having her sister home again for a while."

"I will admit that, as the one who had to plan enough food to fill all these hungry people and supervise much of its preparation, I felt at times as though I should go mad. But now that they have all dispersed for the summer, I am going to have a much needed rest. Whether we shall get together again this winter, I do not know. But I do feel that it was a real experience, that it was a success, and that we all profited by it. But it could never have been a success if we had all been walking around with a chip on our shoulders."

We each felt that the arrangement was of benefit to us, therefore we must perforce do our share in making it a success. The labor seemed to be very equally divided, each seemed willing to shoulder his part.

"Most of the complaints came to me and I did my best to rectify any situation that arose that seemed unjust in any way. I did not take the complaints as personally against me for I realized that there must be one person who was responsible for the working out of the scheme. When a question came up, I would weigh and consider both sides of it and try and effect some compromise. For instance my son loves his radio and has one in his own room which is at the top of the house, but it is over the room of husband's friend. One night the friend complained that he couldn't get to sleep and asked that son's radio be shut off. I could see his point of view. He is a busy man and knew that he had a hard day coming the next day and was anxious to feel fit for it. My son at first was a little up in the air that he couldn't do as he liked in his own room. I went over the situation carefully and told him that on the nights the friend was away he could play the radio all night if he wanted to. On the nights he was retiring early my son could come down and play our radio which was on the other side of the house and would bother nobody. The point was amicably settled and did not come up again."

"I really do think that in any such arrangement a vacation from the rest of the family is absolutely essential for each unit. But I do feel that it can be worked out if each one feels his own responsibility for the success of the scheme."

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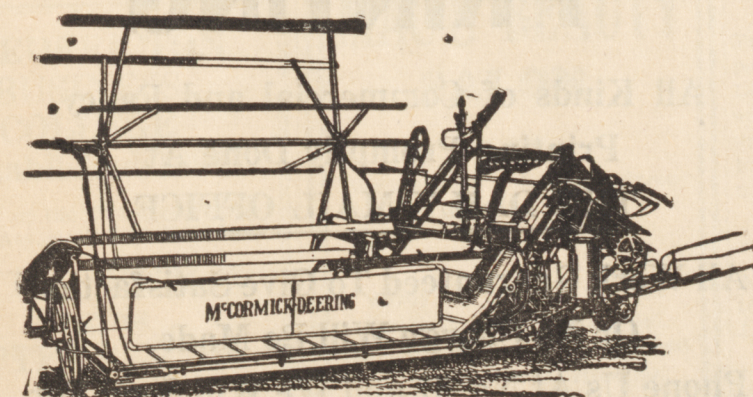
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