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Interest to Women**HEMLINES RISING, SHAKE A LEG!****Shorter Skirts for Fall Call for Trim Underpinnings—Try These Exercises**

(By Antoinette)

It must be fairly discouraging to read about skirts tripping up 15 inches above the floor line when you haven't the underpinnings for them.

Well, one of our noted couturiers just the other day advised women who didn't have the legs for the short skirt to stick to a length that, at least, hides the bulkiest part of the leg.

We have a better idea. For who wants to be tripping around in skirts an inch or two above the ankles, looking like a last year's number, when all the other women are shorter-skirted?

We do not say that it is easy to get the legs trimmed down neatly. But we do say emphatically, that with few exceptions, it can be done. There are women who have very large legs and no flesh elsewhere, who have enormous difficulty in getting their leg girth down a fraction of an inch. Frankly, I don't know what can be done about it if exercise and massage will not accomplish the desired result.

But I speak of the ordinary cases of leg thickening, coming from riding around too much with scarcely a mile

walk in a month of Sundays. Often there is a general slowing down along with the leg thickening. Just sort of lazy about getting up and standing on one's feet or stepping around on them or dancing on them.

There's an old Hindu proverb, "No man is better than his legs," which applies to women likewise. If the calves of the legs go weak and flabby you are in danger of having trouble with your feet. By strengthening the calves, your foot troubles are greatly lessened. So, exercise. The more you walk the better shape your legs will be. The more you bend the feet in all directions, the better shape the ankles will be.

Bending and shaking and kicking exercises are most effective. Try this shaker: Cross the right leg over the left; extend the right foot and shake the leg, foot and ankle until tired. Rest. Then slowly stretch the right leg outward at right angles to the body, downward and sideways. Alternate and repeat the exercise. Another exercise is to stand with feet about 12 inches apart and swing forward on the toes and back of heels, throwing weight on the outside of the feet.

INDUSTRIOUS BOY FINDS
WORK A GOOD TRAINING

(By Arthur Dean, Sc.D.)

"Dear Dr. Dean: I like your articles because they give me much to think about. Like you, I believe that boys ought to work, and I don't believe in this child labor act, that would keep boys from earning money. I am 16, and have delivered papers, sold magazines, worked in a stable, sold candy and even cared for graves in a cemetery. In all of these my father has never opposed me or made me work, and never has he asked me for any of my earnings. But I voluntarily hand over some of the money. If I had been forbidden by the child labor law to work, I know that would have meant the loss of valuable training."

—A Boy.
I have kept two young people rather busy this summer in my office and around my farm. If the proposals of some well-intentioned people should go through neither of these young people could have done any work for me at all because they would have been prevented by the proposed child labor amendment. Both have used the money they earned for furthering their education; buying clothes, taking trips, going to the movies, buying magazines and other things. Neither one has been killed by his employer and both have been a great deal happier than they would have been if they had spent the day on the streets of the town or at the railway station dressed in shorts and parading for the benefits of others.

Useful work has greatly developed all of us. We would still be on all fours if we had never started out by building shelter for ourselves; to grow crops; keep house, etc. The human race has arrived at its present standard largely because of its industry. To rob young people of the privilege of working is to me a crying shame. I am not saying that young people

should be working in factories or at drudgery or in sweat-shops for hard-hearted employers. But to have them stay in idleness until they are 15 years old is nonsense.

LOVE HAS BLIND-
ED THIS GIRL**Sees Nothing Wrong In**
Loving Married Man

(By Beatrice Fairfax)

We can't stare too long at the glowing face of the sun without becoming temporarily blind—and one of the primary effects of intense love is that it also dazzles the happy victim to a degree approaching blindness.

Sometimes it is merely an additional delight of love that this blindness serves to enhance so greatly the charm of the beloved one. But sometimes the fact is fraught with serious danger.

"I'd be the most blissful girl in the world," a pretty 19-year-old confided recently, "if it weren't for one thing. The man whom I adore, who adores me, and who would know how to make me supremely happy, isn't free to marry me. He would leave his wife and marry me, but there are two children and he is so conscientious that he hesitates."

My family keep telling me that I must have nothing more to do with this man. I hate to go against their wishes but the man's love has first claim on me, don't you think so?"

Only a profoundly love-blinded girl could speak of a man's existing marriage (which, for all she knows, may be a perfectly happy one) as a mere detail, a trifling obstacle to the attainment of her own desire.

It may be that this poor child loves with a really great love. But, alas, how unwisely she has bestowed it!

If it were not for her loveblindness she could easily see that, since the man she loves is married and expects to stay so, her only conceivable course is to break off with him, short and sharp.

The claims of love? In this case they have, of course, no weight whatever, since the love affair has no reasonable foundation, no right to exist at all.

I cannot blame any girl whom a man, older and stronger, has emotionally swept off her feet and brought to the point of blindness. But I must very greatly blame the married man who has allowed a young girl's ardor to grow to the point where she is

WHY "MR. A" DINES
AT RESTAURANTS**He's Fed Up on His**
Wife's Complaints

(By Beatrice Fairfax)

Mr. A. doesn't go home to dinner any more. Sometimes, you find him dining alone in a restaurant, and again at a solitary table in his club—anywhere but at the expensive home he built for his family.

It's a very nice house that Mr. A. sneaks into late at night, with the fond hope that his wife may be sound asleep in her pink bedroom and not tell him about all the grief she has endured since he went to his office at nine.

Mr. A. is a highly successful business man. When he married, less than 20 years ago, he was wildly in love with his wife. He was handsome, an answer to any maiden's prayer.

Today he is bald, homely, and has an uneasy way of looking over his shoulder, as if he might be dodging something. He is! He is dodging his wife's constant complaining. She is a 33rd degree nagger, and knows all the grips.

In addition to the lovely home, she has a handsome car and a chauffeur. Besides the chauffeur two other maids are kept, and the iniquities of these three (chauffeur, cook, housemaid) form the burden of Mrs. A's dirges. She waits up for her husband in the pink bedroom to tell him of all the deviltry the three have been engaged in during the day. They do things to spite her; she changes servants but it is always the same.

Her daughter's unpopularity comes next. No wonder she's unpopular. She has been brought up by a whiney nagging mother and whining and nagging are the only mediums of expression the poor girl knows.

The atmosphere of that lovely house is about as cheerful as the

considering her life for his sake.

If this girl can regain her vision and realize the cruelty and selfishness of the man who has made love to her, I am sure she can recover from her heart wounds and comfort herself, in time, with an honest love.

FRINGE BOLERO

Is there a dress—day or evening—in your wardrobe with lots of wear left in it, but no glamour at all? A new lifesaver this season for such frocks is a bolero made of row after row of swaying fringe. Slipped over a simple frock, it brings out the enchantress in you. Try it if you are doubtful. The boleros are black, pink, white, royal blue and jade green to match or contrast. You could wear a pink bolero with a black frock as Paris combines them, for example. Or a royal blue bolero with a white frock. An inexpensive way of giving your self a dress, dated fall 1937.

BUDGET FROCK

A fall version of the always neat shirtwaist dress that fills so many chinks in your wardrobe is made of washable acetate challis printed with lovable wire-haired terriers on dark grounds. You can wear it smartly at the office, in school, and when you're an informal daytime hostess, and yet for all its day after day usefulness, it is a budget item, one of the lowest. The skirt is frontpleated, and the blouse buttons up to a crisp white collar with a chest pocket for the hanky. Navy, black or wine.

waiting room at an undertaker's.

Mr. A. has endured all this until he seems but a parody of his former self. No one knows why he puts up with these things, but put up with them he does.

Mrs. A. belongs constitutionally, and by preference, to that great army of people who are happiness wasters.

They live in the past, which, if the truth were only known, they were just as wretched about, or in an impossible future, which never will dawn for them because they lack the ability to make the most of the passing hour.

Meantime, Mr. A. and all the other husbands of 'Calamity Janes' dine anywhere, to escape their complaints. Don't be a happiness waster!

A modern wife may not be so soothing as the sweet, old-fashioned kind, but she is a lot more stimulating; and whatever her husband may die of, he never dies of boredom.

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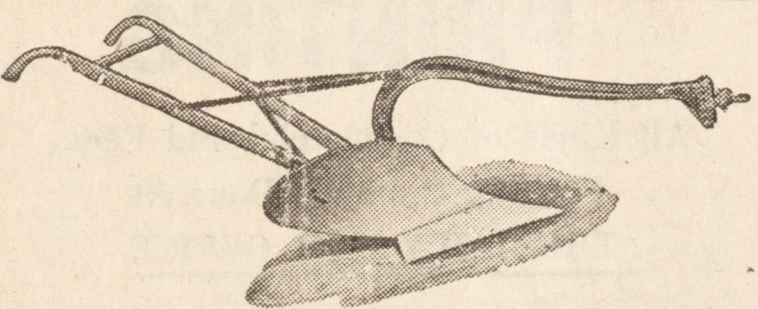
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— "A GOOD PLACE TO DEAL" —

HOUSE SMUGGLING
FOUND IN STATES

WASHINGTON, Oct. 4—The Treasury Department has reported the first case of a house being smuggled into the United States.

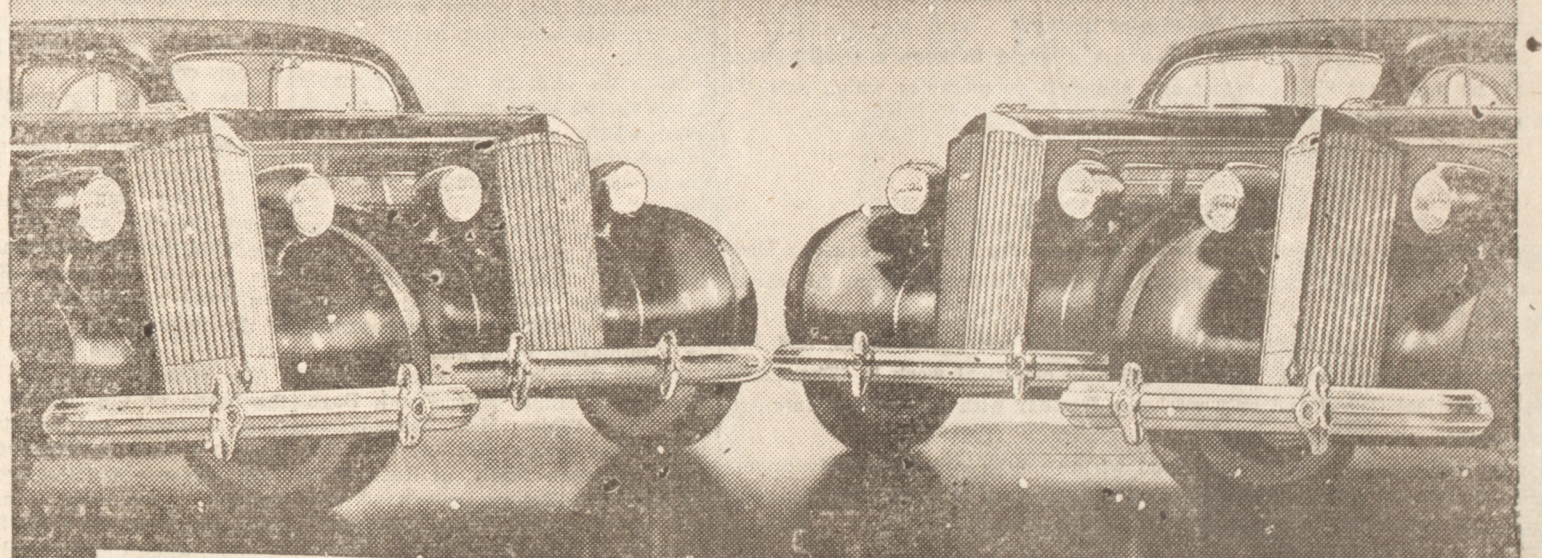
Two customs patrol officers seized the house, a log dwelling, near Pine Creek, Minn., for non-payment of duty. It had been torn down in Canada, and hauled across the border on a wagon and reconstructed on the American side.

The customs officers seized the wagon and the horses as well.

BANK WOULD QUIT
ALL RESTRICTIONS

LISBON, Portugal, Oct. 4 — The Bank of Portugal asked the Government yesterday to abolish all restrictions imposed on free exchange and free circulation of capital since 1914.

It said: "Gold reserves and foreign exchange owned by the Government are now more than sufficient to guarantee stabilization and the value of Portuguese currency."

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